



■ Scene takes a look at use and effects of the nutritional supplement, creatine.

■ Parisian teenagers riot to protest overcrowding in their school system.

Tuesday

OCTOBER 13,
1998

Scene • 10-11

World & Nation • 5

THE OBSERVER

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Chambliss brings theater to locals

By JOHN HUSTON
News Writer

After building his own career in the entertainment industry, Notre Dame senior Dan Chambliss is helping up-and-coming Midwestern students build theirs.

Originally a member of the class of 1975, Chambliss dropped out of Notre Dame during his senior year to pursue a career in show business. After several stints in acting, Chambliss became a casting director, most

notably casting such efforts as the Oprah Winfrey movie "There are no Children Here," as well as the Michael Jackson music video "Jam." In August, Chambliss, now 45, returned to Notre Dame to complete his education.

Since returning, Chambliss has undertaken several projects benefiting underprivileged local youths. Last year, he was elected president of the South Bend Urban Arts Company, an amateur volunteer troupe which performs various theatric productions.

Chambliss is also working for Lincoln Elementary School in South Bend to build a drama workshop for children interested in the performing arts.

"I try to get them to work on original pieces," Chambliss said. "I've written two or three plays for them to work on."

Chambliss encourages the young students to write their own works, in addition to performing one play each

see THEATER / page 4

New offering will help combat stress

By LAURA ROMPF
News Writer

The University Counseling Center just started a series of monthly columns that will offer new perspectives on enhancing academic life, personal growth and mental health.

"In academics, not many realize that one's mental attitude makes a difference in academic performance," according to an announcement from the counseling center.

'OBSESSING ABOUT WHAT MIGHT HAPPEN TO YOUR GPA TAKES AWAY FROM YOUR FOCUS ON SHOWING WHAT YOU KNOW.'

STRESS WORKSHOP PUBLICATION,
UNIVERSITY COUNSELING CENTER

"Many students will not work on improving their productivity by working on the way that they think or work, rather they focus only on how much time they are putting into their work," it continued.

To combat this problem, the University Counseling Center has recently offered workshops for students offering to help them maximize their academic performance by teaching them new techniques. Four of these include conditioning oneself to the workspace, becoming process-oriented rather than outcome-oriented, handling academic setbacks and dealing with anxiety.

The workshop will explain that conditioning oneself to the workspace means choosing an area that will only be used for academic work.

"In this way," the statement said, "you create a dynamic in which the place is associated with work and so your productivity

see STRESS / page 4

'Tri'-ing times for an artist...



The geometric sculpture located on the southwest corner of Riley Hall of Art and Design was treated to a new coat of yellow paint Monday.

The Observer/Daniel Feighery

■ CAMPUS LIFE COUNCIL

Social space discussion dominates meeting

By FINN PRESSLY
News Writer

Debate over the place of student involvement in allocating campus social space topped the agenda at yesterday's meeting of the Campus Life Council.

A resolution encouraging the Office of Student Affairs to increase the amount of social space on campus and securing student involvement in such improvements was proposed by Matthew Mamak, chairman of the community life committee.

"I'm concerned that if Student Affairs has already recognized this as something they want to look into, why do we need a resolution?" asked Student Union Board manager Ryan Stecz.

Mamak responded that he while realized that the issue has already been addressed by Student Affairs, he felt that a resolution from the CLC would formalize their position on the issue.

"It does show our stance as a community

body. ... We want to recognize this as a Campus Life Council," said Mamak.

The next point debated by the council focused on the amount of student involvement in the planning of future campus social space.

"It could be that the current situation and current needs need to keep students involved, and for there to be any value, students always need to be involved," said Father David Shiedler, rector of St. Edward's Hall. "I suspect the need for social space will evolve over the years. I don't see the value of putting a resolution in place."

Bill Kirk, assistant vice president for Residence Life, said that students would be involved in the consultation portion of the process, rather than the actual decision-making, which is up to those with the ultimate financial responsibility, such as the University officers. Kirk also noted the suc-

see CLC / page 4



In the latter stages of last night's meeting, Tim FitzSimons (center) voiced concerns about the class registration system and the difficulty of finding open classes.

The Observer/Daniel Feighery

■ INSIDE COLUMN

Controlling Tuition

Notre Dame's massive endowment now totals \$1.8 billion. This investment fund has grown 20 percent each of the last three years, apparently providing more money than the University knows what to do with.

Rather than using the endowment's sizable appreciation to immediately fund University operations, almost all of the growth is reinvested to fuel further accumulation, leaving tuition increases to bear rising costs.



Derek Betcher
Assistant News Editor

During the last twelve months, costs of attending Notre Dame rose from \$27,200 to \$28,700. At the same time, the endowment grew \$288 million, and amazingly only \$35 million of that was actually spent. The rest was reinvested. Such financial conservatism strongly contrasts the sizable tuition increases confronting Notre Dame students year after year.

The unnecessary fiscal caution of endowment planners constitutes an especially costly manifestation of the University's excessive conservatism. The Investment Office says it fears spending too much money and shrinking the endowment, but in today's era of unusually low-inflation and historically bullish capital markets, the only real tradeoff lies between increasing either the payout or the principle. It's a choice between productive funds and protected funds.

Facing this decision between helping students of today or students of tomorrow, future Domers seem to be winning. Winning big. The University's responsible planning may sound attractive to the Class of 2015, but it offers no consolation to families who watched this year's tuition increase \$1500. Efforts to control tuition growth stumble when they collide with the goal of preserving the endowment's principle. This is far too bullish a financial era to let abstract worries about global depressions shortchange today's students.

The Investment Office projects to spend only five percent of the endowment every year — and again, that's nearly one-quarter of a billion dollars unused and reinvested from 1997 alone. This misallocation takes place in the name of caution.

Who controls these payout rates and continually approves stingy spending formulas? The Investment Committee of the Notre Dame Board of Trustees—hardly a group noted for its progressivism and attentiveness to students' concerns.

"It's not fair to save all of the money for students tomorrow," University vice president Jeff Kantor told The Observer last fall. "It's a tradeoff you have to wrestle with."

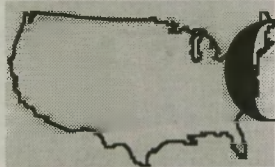
That grappling match is far too one-sided, however. Notre Dame needs to reconsider its priorities and increase its endowment payout to benefit the campus now. Long term financial responsibility is commendable, but not when planners take such a long view that they lose sight of their immediate duty to ensure a rewarding and affordable education for current students. Notre Dame risks not becoming the institution it hopes to be when alienating the students of today with suffocating costs in the shadow of a richly productive and untapped endowment fund.

The views expressed in the Inside Column are those of the author and not necessarily those of The Observer.

■ TODAY'S STAFF

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Brian Kessler	Viewpoint
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Outside the Dome

Compiled from U-Wire reports

Student walkout urges improvements in campus diversity

ANN ARBOR, Mich.

Yesterday, as the nation recognized Christopher Columbus' voyage to America, university students walked out of class at 11:45 a.m. and gathered on the Diag at noon to celebrate Indigenous People's Day.

Student groups such as the Native American Students Association and Alianza hoped to use the event as a springboard for advancing awareness of Native American issues on campus.

Although the rally acknowledged past struggles faced by Native Americans, the focus was on making campus improvements to benefit the more than 220 Native American students in the University community.

Shannon Martin, Native American coordinator for Multi-Ethnic Student Affairs, said students' desire increase Native American awareness at the University stems from



student's pride in their culture.

"Over the years, assimilation has been replaced with a conscious decision to change back," Martin said. "Our parent's generation was raised to say they were not Native Americans. Now this generation embraces their culture and is trying to rebuild it."

Native American students hope to embrace and learn more about the native culture through developing a Native American Studies Department.

Although the department of American culture offers classes on Native American studies, Joe Reilly, co-chair of NASA, said a separate department is essential to a school that emphasizes diversity.

"There is a lot of talk about diversity," said Reilly, an SNRE junior. "Yet to be truly diverse (the University) also needs to be inclusive and have places for native students and students of color."

Reilly said having such a department would facilitate a more thorough exploration of history than what is available to students at this time.

"The perspective you get most, and the perspective you get at the University, leaves out Native peoples," Reilly said. "In order to get our side heard, we need Native professors and new focuses of study, instead of the Eurocentric one."

■ UNIVERSITY OF WYOMING

Gay student dies from brutal beating

LARAMIE, Wyo.

Matthew Shepard died at 1 a.m. Monday morning at Poudre Valley Hospital in Fort Collins, Colo. from injuries sustained during a beating Wednesday. Shepard, 22, was a University of Wyoming political science major. Russell Arthur Henderson, 21, Aaron James McKinney, 22, Chastity Vera Pasley, 20, and Kristen Leann Price have been arrested and charged in connection with the murder. Henderson and McKinney allegedly kidnapped Shepard from the Fireside Bar Wednesday. They allegedly tied Shepard to a fence one mile northeast of Laramie and beat him with the butt of a .357 magnum and left him to die. Passing bicyclists found Shepard almost 18 hours after the beating. Henderson and McKinney will appear in court Oct. 13 at 2 p.m. for a preliminary hearing and Pasley, who waived her arraignment, will appear in court Oct. 15 at 11 a.m.

■ PENNSYLVANIA STATE UNIVERSITY

Security tightens for Homecoming

STATE COLLEGE, Penn.

Homecoming security is being heightened this year because in previous years security has been unreliable, a committee chair said. "In the years past, it seemed (security members) would ask the (Homecoming) overall chair what to do when they should have been at their station doing their job," said John Dalesio, Homecoming security chair. Dalesio said some internal changes were made to security procedures to make this year as safe as possible. Security team members have been better educated, Dalesio said, so they can work more independently. The increased security is not intended to affect the spirit of Homecoming, he said. Each competing organization participating in Friday's parade submitted five people to be part of the security team, Dalesio said. The members met Tuesday night to organize and learn their positions within the team.

■ RUTGERS UNIVERSITY

Student dies after alcohol-related fall

NEW BRUNSWICK, N.J.

A 20-year-old University student was pronounced clinically dead yesterday from head injuries sustained after a Thursday night fall down the basement stairs of his fraternity house. College of Engineering junior Jason Greco, a resident of the Theta Chi fraternity house on Mine Street, and several friends are believed to have spent Thursday evening at the Olde Queens Tavern, where he was served alcohol. Greco was kept on life support yesterday at Robert Wood Johnson University Medical Center to keep his organs viable for donation. Middlesex County Prosecutor Glenn Berman said Greco is believed to have had beer and may have had other alcoholic beverages at the tavern. He said there is no evidence Greco had taken any other intoxicating substances. It is not yet clear how Greco, who is under the legal drinking age, obtained alcohol at the tavern, but Greco was not known to have been carrying false identification.

■ UNIVERSITY OF FLORIDA

Mandela's advisor speaks to students

GAINESVILLE, Fla.

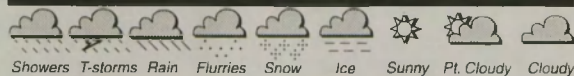
He was at once diminutive, a lone figure on stage, and enormous, a cog in the wheel that crushed South African apartheid. Ahmed Kathrada, senior political adviser to South African President Nelson Mandela, described at the Reitz Union Auditorium on Friday the 26 years he spent in prison for participation in the African National Congress. Before a sparse, awed collection of students and faculty, Kathrada spoke of past injustices, present-day statistics and future expectations for his beloved South Africa. Kathrada did everything but languish while caged in Robben Island prison for a bogus conviction of sabotage, he recalled. Aside from submitting to hard labor that caused "blisters and bleeding hands," Kathrada earned degrees in history and South African politics and participated in hunger strikes with politicized prisoners, he told the audience.

■ SOUTH BEND WEATHER

5 Day South Bend Forecast

AccuWeather® forecast for daytime conditions and high temperatures

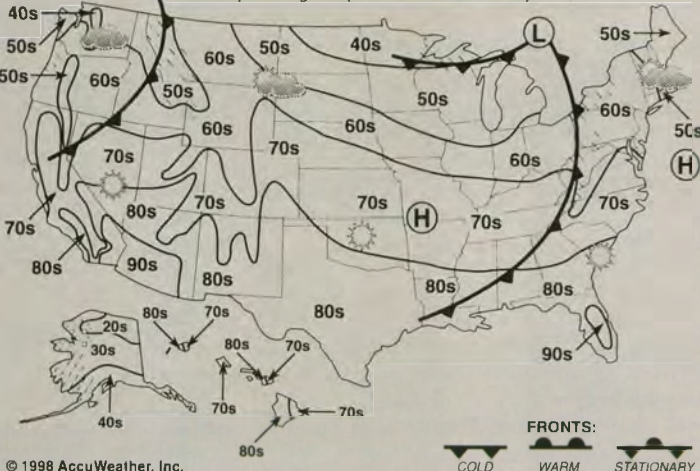
		H	L
Tuesday		59	40
Wednesday		56	36
Thursday		56	44
Friday		56	44
Saturday		67	46



■ NATIONAL WEATHER

The AccuWeather® forecast for noon, Tuesday, Oct. 13.

Lines separate high temperature zones for the day.



Atlanta	52	80	Columbus	40	64	Miami	75	89
Austin	62	85	Dallas	45	56	Minneapolis	35	55
Baltimore	46	66	Denver	63	85	New York	47	63
Boston	45	57	Hartford	41	57	Sacramento	58	73
Chicago	45	56	Indianapolis	37	63	Santa Fe	44	75

Industry, technology, architecture inspire art exhibit

Hand-sewing, digital color set apart SMC art displays

By EMILY McCORMICK
News Writer

The creative genius of artists Jessica Gondek and Margery Amdur are now on display in Saint Mary's Little Theatre Gallery.

Their exhibits, featuring computer-aided work and interactive sculpture, opened Oct. 9 and runs until Nov. 6.

Gondek's exhibit, "Memory, Machines and Modern Life," was inspired by industry, technology and architecture. Living in the industrial cities of Chicago, St. Louis and

Pittsburgh influenced her interest in mechanical artistry, she said. Her works have a strong visual appeal executed by use of color, line and texture, aided by her use of computers to generate images of geometry and technology.

Gondek's work is intensive in the mediums of painting, drawing and print-making. While there are many vibrant colors in Gondek's most recent pieces, her earlier paintings were mainly done in earth tones.

"I was afraid of color, initially," she said. Her use of computers allowed her to experiment with a vibrant pallet of digital colors.

The computer became part of her work when she lived in rural Texas. Gondek said that because the area was not urban, she had to reinvent her source.

"The dialogue with the computer has become integral to

my work," she said, adding that the computer inks she uses are comparable to water colors, but with available technology she can execute fine art painting

'THE WORK IS A REFLECTION ON THE PAST, LOOKING TO THE FUTURE.'

MARGERY AMDUR
ARTIST

with an industrial printing process.

"I reinvent painting with the computer as a means," she said.

The second exhibit on display in the Hammes Gallery, Amdur's "Threads of Continuity

— A Right to Passage," is a silver mono-chromatic garden of different-sized, suspended roses.

"My work has a visual appeal for many, but an understanding of art and art history is helpful to get the real meaning in my art," she said, referring in part to the heavy symbolism in her work.

The neutral tone in her work is symbolically important, for example, because it represents the ghost of what the viewer knows.

"The silver color scheme is part of the tension of the piece, it is a catch-22 — it raises the question of what is wrong with this picture," she explained.

Amdur's display design creates the feeling of a maze, with its free-standing walls creating a sense of dislocation for the viewer.

Suspended roses central to the display were created by

hand-sewing window screen material as if it were bolt fabric. Amdur admitted that stage of the art-making was very tough on her hands.

The roses hang upside down, and are symbolic of memories, according to Amdur. Roses are hung to dry for preservation, and her roses are representative of preserving memories, she said.

Amdur claims an interest in women's issues, and explained that the work and craft that went into the piece relates to the generations of past women who also crafted and worked with their hands.

"The work is a reflection on the past, looking to the future," she said.

The gallery hours are Tuesday through Friday, 10 a.m. through noon and 1-4 p.m. On Saturday hours are 10 a.m. through noon, and the gallery opens from 1-3 p.m. on Sunday.



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8:00 a.m.	10:10 a.m.	9:55 a.m.
9:00 a.m.	11:10 a.m.	10:55 a.m.
10:00 a.m.	12:10 p.m.	11:55 a.m.
12:00 p.m.	2:10 p.m.	1:55 p.m.
1:00 p.m.	3:10 p.m.	2:55 p.m.
2:00 p.m.	4:10 p.m.	3:55 p.m.
4:00 p.m.	6:10 p.m.	5:55 p.m.
6:00 p.m.	8:10 p.m.	7:55 p.m.

Self-esteem an issue for stressed-out students

By MAUREEN SMITHE
News Writer

With the academic year finally in full gear, the state of student self-esteem is in question because the stress of school affects almost everyone and many students hope for successes in the classroom to boost their self-image.

"Knowing that you put time and effort into a paper or project and receiving a good grade really helps build [your] self-esteem for the next project," says freshman John Bauters.

Onkar Ghate, a Ph.D from the Ayn Rand Institute, defines self-esteem as having confidence in one's abilities based on efforts to make oneself successful.

"It is not of [feelings without cause], but of certain knowledge about yourself. It rests on the conviction that you — by your choices, efforts and actions — have made yourself into the kind of person able to deal with reality," explains Ghate.

"It is the conviction — based on the evidence of your own volitional functioning — that you are fundamentally able to succeed in life and, therefore, are deserving of that success."

Ghate questions the state of self-esteem in a school environment.

"There is indeed a lack of self-esteem

among our students. The real tragedy, though, is that the educators' irrational view of 'positive self-esteem' not only prevents a solution to this problem, but is itself the very cause," he said.

"Today's child lacks self-esteem precisely because modern educators encourage him to dispense with his mind, and to indulge his feelings," he explained.

Ghate is developing new methods of encouraging and promoting self-esteem among students that involve abandoning the old techniques for different, but logical, approaches.

But Patrick Utz, director of the University counseling center, pointed out that there are strong support systems throughout the Notre Dame campus.


"What I do notice is the residence halls and the classrooms. The teachers and rectors do take an interest in the students, promoting a very positive atmosphere," said Utz, who noted that the University offers a wide range of counseling programs.

"On a broad level, we are giving people a variety of chances to succeed. Any environment that provides various opportunities for success is positive. For example, Notre Dame encourages both musical and athletic excellence. The counseling center here does offer both group and individual counseling," he said.

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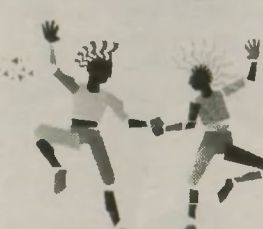
•Wednesday, October 14th and Thursday, October 15th
•6-7 p.m. at the C.S.C. Coffee House



Artwork by Core Community Member David Devine

"I was a stranger and you welcomed me." Mt. 25: 38-40

"We Cannot love God unless we love each other, and to love we must know each other. We know God in the breaking of the bread, and we know each other in the breaking of the bread, and we are not alone any more."—Dorothy Day



PLEASE COME!!!!

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Stress

continued from page 1

increases."

Another method is to become process-oriented.

"Obsessing about what might happen to your GPA takes away from your focus on showing what you know in every question [on a specific test]," the announcements said.

The third method, dealing with academic setbacks, recommends students not focus on errors they have made, rather to learn from the mistake.

"If you do [focus on your mistake], you end up unconsciously rehearsing the error over and over," the statement warned.

"Instead of recounting the failure, say how it can be successfully done the next time," it continued.

Lastly the statement advises students on dealing with anxiety contagion.

"When you are surrounded by people who are preparing for exams or papers, such as during midterms or finals," the announcement said.

"Excessive anxiety can spread like wildfire in the dorm or the department. What happens is students become anxious not because they need to be, but because everybody else is anxious."

To anyone who is interested in these techniques, look for the next workshop offered, call 631-7336, or visit the counseling web site at www.nd.edu/~ucc/.

Theater

continued from page 1

semester. The first production of the year, "95th and Vop Street," is scheduled for late November. Last spring, Chambliss undertook a similar school project for Studebaker Elementary in South Bend.

"I really enjoy working with the kids," Chambliss said. "I enjoy the opportunity to instill proper qualities that [children] need to have later on in life, such as self esteem."

Chambliss adds that he cherishes his work as a casting director because it gives him the opportunity to give new careers to people who otherwise might not have been exposed to acting.

"There's an awful lot of [overlooked] talent in the Midwest," Chambliss said, noting the lack of enthusiasm among local talent agencies to forward the careers of many potential actors.

Chambliss also hopes that his productions will be diverse and send a meaningful message to the audience to help break down ethnic stereotypes.

Chambliss is looking for tutors and mentors from Notre Dame to help with the Lincoln Elementary play this semester. Work on the upcoming production is set to begin after fall break. Dan Chambliss can be reached at 233-3582.

CLC

continued from page 1

cess of having students participate in such recent projects as the renovations in Morrissey and Sorin Halls, as well as the construction of the new dorms on West Quad.

Shiedler, however, thought that the resolution as printed did not reflect this idea of student consultation.

"I find that in the resolution, the wording of the resolution is asking that the Office of Student Affairs invites student input at the time of the decision. It

sounds like it's talking about decision-making, not consultation," said Shiedler.

Sister Kathy Haas, rector of McGlinn Hall, added that it would be helpful for the resolution

process.

Tim FitzSimons, chairman of the academic committee, proposed a friendly amendment to that effect, which was then accepted by the community life committee.

The council also made a motion to send the resolution back to the community life committee for further revision and to renew discussion at the next meeting.

Looking to the future, some CLC members know that work lies ahead.

"What we need to know now is how we're going to convince the rest of the administration of this need," said Matt Mamak.

'THE WHOLE DREAM OF SOCIAL SPACE IS JUST THAT. ... WE NEED TO CONVINCE THE UNIVERSITY THAT THIS IS OF SIGNIFICANT FINANCIAL PRIORITY.'

BILL KIRK

VICE PRESIDENT FOR RESIDENCE LIFE

Grain prices fall again after reports of successful harvest

Associated Press

Grain and soybean futures retreated on the Chicago Board of Trade as market participants bet the government would report farmers made substantial crop progress in the past week.

Futures prices gave back some of the sharp gains from Friday, when the USDA's crop estimates for corn and soybeans were smaller than expected. Investors bet the government on Tuesday would report harvesting of the nation's corn and soybean crops remains well above the five-year pace and that planting of winter wheat has picked up after rains helped replenish bone-dry soil in the Plains.

Investors were particularly concerned about a growing storage shortage, which comes as exports fell sharply this year amid a global economic crisis that has made U.S. goods more expensive.

The storage shortage could force farmers to sell much of their crop early, despite weak prices. Soybean futures also were pressured by reports cash-strapped Chinese buyers

have canceled some U.S. cargoes of soybeans.

Wheat also faced continued pressure from the government's prediction that global production will remain high at a time of weak demand.

December wheat fell 6 1/2 cents to \$2.90 1/4 a bushel; December corn fell 1 1/2 cents to \$2.20 a bushel; November soybeans fell 7 cents to \$5.57 a bushel.

Coffee futures fell sharply Monday on the Board of Trade of the City of New York as exports from the world's largest producer reached a five-year high, threatening to flood the market at a time when roaster demand has been weaker than expected.

On other markets, frozen concentrated orange juice futures rose sharply for a second session, while grain and soybeans fell sharply.

Coffee futures tumbled on Friday's report that Brazilian exports for the month of September were sharply higher than expected, as producers there flooded the market with supplies from that country's largest crop in 11 years.

Look for full coverage of tonight's address by Father Malloy to the University faculty in Wednesday's issue of The Observer.



Happy 21st Birthday
CeCe
Love, Dad, Mom, Rea & Tony



Kathy Cowan
IRISH FOLK SINGER

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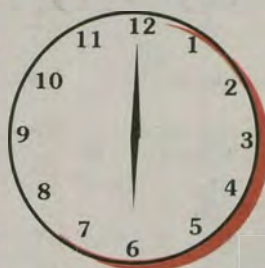
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WORLD & Nation



Tuesday, October, 13, 1998

COMPILED FROM THE OBSERVER WIRE SERVICES

page 5

WORLD NEWS BRIEFS

Satellite to join asteroid orbit

MADISON

A small satellite launched more than two years ago is just weeks from becoming the first manmade object to be placed into an orbit of a distant asteroid, researchers said Monday. The Near Earth Asteroid Rendezvous, or NEAR, spacecraft will fire rockets on Dec. 20 to settle into an orbit of an asteroid called Eros that is streaking across space some 163 million miles from Earth. Andy Cheng, a Johns Hopkins University researcher and the project scientist for NEAR, said that all instruments on the spacecraft are working well and that the small satellite is on target for its deep space meeting with Eros. The rocket firing comes while NEAR is still distant from Eros, and the satellite will not start orbiting the asteroid until January 10, 1999.

Movie star shoots rare buck

NEW DELHI

One of India's most popular movie stars was arrested Monday, accused of shooting rare antelope during a break from filming in a wildlife preserve. Salman Khan was held without bail for allegedly killing two blackbucks and a chinkara, said Alka Kala, the western Rajasthan state's highest forest official. The charge of poaching endangered wild animals carries up to seven years in prison. Members of the local Bishnoi tribe, who worship the endangered black bucks and chinkaras, alerted forest officials to the killings in Jodhpur, a town about 300 miles southwest of New Delhi. Another popular actor, Saif Ali Khan, and actresses Sonali Bendre, Tabu and Neelam were granted bail, officials said. Tabu and Neelam use only their first names. "All were involved, but the judge found that it was Salman who pulled the trigger," Kala said, speaking from the state's capital Jaipur.

Da Vinci work returns home

ROME

A Leonardo da Vinci painting is finally returning home to Italy next week, after nearly 200 years in Poland. "Lady with Ermine," painted around 1490, will go on display first in Rome at the Quirinal Palace, the building that houses the president's office. It will also be shown in other cities. Polish prince Adam Jerzy Czartoryski bought the portrait as a gift for his mother Isabella around 1800 while he was traveling in Italy. Its temporary return from Poland is part of a cultural exchange between the countries. The person portrayed in the painting is thought to be Cecilia Gallerani, a striking figure at the Milan court who was a poet and friend of poets. She is shown holding an ermine.

FRANCE

Students plea for school improvements

ASSOCIATED PRESS

PARIS

Angered by classroom overcrowding, thousands of high school students took to the streets in several French cities Monday to demand that the leftist government hire more teachers and buy more equipment.

Chanting "solidarity," the students set off at midday from squares in the east and south of Paris, and headed for the Education Ministry, where they held a rally in the late afternoon.

"Through strikes you can dream," said stickers the students slapped on lampposts and telephone boxes along the way.

"We're angry students ... and fed up with the chaos," others sang.

Students have been protesting in a number of French cities over the last 10 days, barely weeks after starting the new school year. Monday's demonstration was the first in the capital.

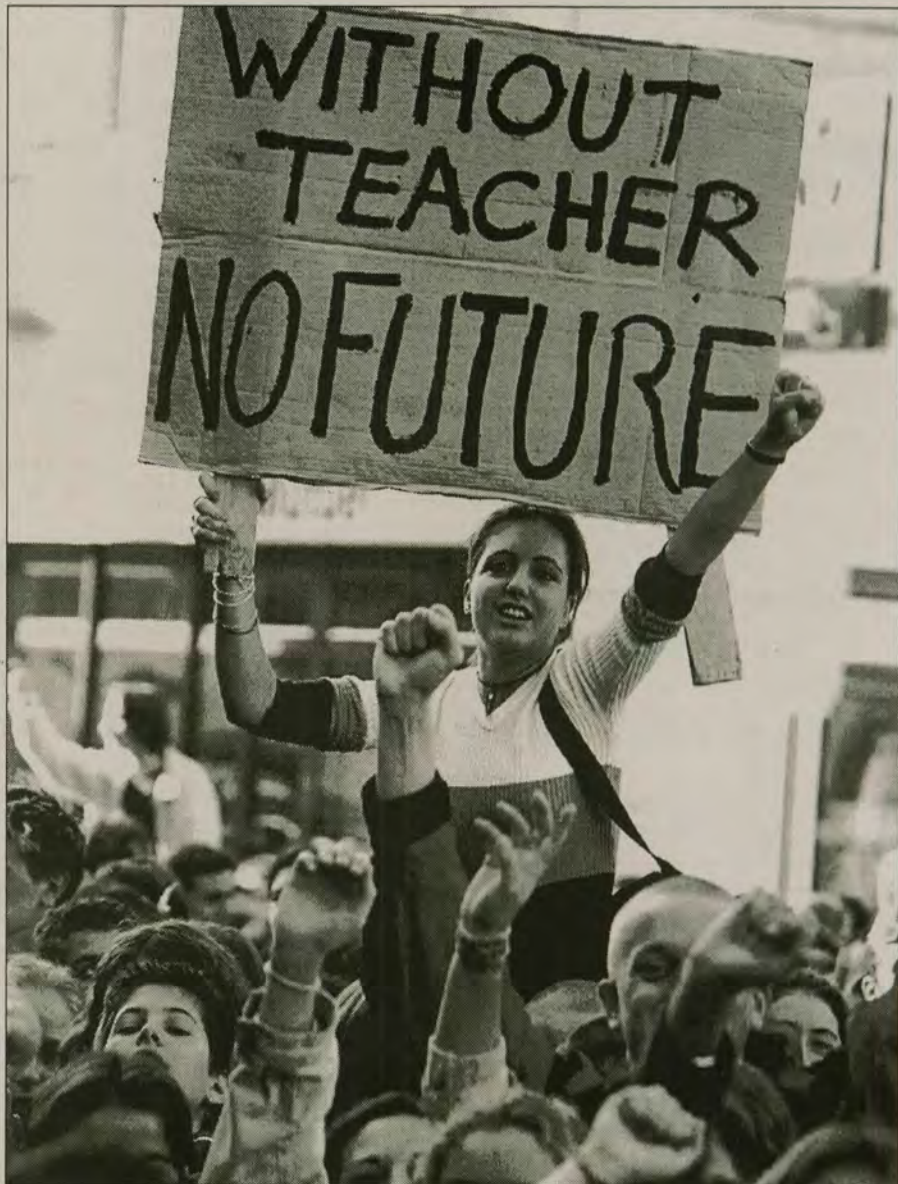
The protests began after students returned from summer vacation and found little change from the year before. Classrooms remained too full, and instruction materials, including lab equipment, was often in short supply. Some students even complained of broken chairs, and of classes held in prefabricated buildings for years.

Protests were held in more than a dozen cities on Monday, with as many as 10,000 demonstrators in Paris, 8,000 in Bordeaux and 7,000 in Toulouse.

Police patrolled the Paris demonstrations, which are often marred by violence, but did not cut off traffic, leaving the students to maneuver in and out of passing cars.

Police intervened to disperse hundreds of students who were rampaging through a shopping center in Montparnasse, in southern Paris. Dozens of others, their faces masked, stole from music shops and bakeries, police said. A scooter was set on fire.

Several people were detained in Thionville, a town in eastern France, after dozens of students wielding sticks and throwing stones smashed



AFP Photo

Students from across France began protesting yesterday for educational reforms.

shop windows and turned cars over.

Education Minister Claude Allegre said he understood the students' concerns, but suggested they be patient. "There will be improvements — but Paris wasn't built in a day."

Late Monday, a student delegation met at the Education Ministry with Bernard Toulemonde, director of scholastic instruction. He reminded

the group that Allegre has already announced the creation of 3,000 teachers for next year and 20,000 student jobs. Allegre is constrained by the Socialist Prime Minister Lionel Jospin's determination to keep the budget deficit under 3 percent of the gross domestic product, as required for the euro single currency that takes effect at the end of the year.

House affirms landmark Internet bill, hopes to stop sex criminals on Web

ASSOCIATED PRESS

WASHINGTON

Pedophiles who find victims on the Internet would face new and increased penalties under a bill the House passed Monday and sent to the White House.

The administration supports the measure, which the House endorsed 400-0.

Lawmakers said use of the Internet by more than 10 million children has opened a new window through which pedophiles can terrorize children anonymously.

"Sex offenders who prey on children no longer need to hang out in parks or malls or school yards," said Rep. Asa Hutchinson, R-Ark. "Instead they can roam from Web site to chat room seeking victims with little risk of detection."

Among its provisions, the bill would:

- Establish fines and up to five years in prison for anyone using the mail, Internet or other means to contact a minor for criminal sexual activity.
- Double from five to 10 years in prison the penalty for luring a minor to cross state lines for illegal sexual activity, and increase from 10 to 15 years the maximum penal-

ty for persuading a minor to engage in prostitution.

- Allow federal investigations of child kidnapping cases to begin immediately.
- Increase from 10 to 15 years the maximum penalty for transporting a minor across state lines for sexual activity.
- Prohibit unsupervised access to the Internet by federal prisoners, encourage state officials to take similar steps and require the U.S. attorney general to survey state policies.

"These predators think that they can hide behind the faceless, voiceless world of the Internet," said Rep. Jennifer Dunn, R-Wash., a co-author of the legislation with Rep. Bill McCollum, R-Fla. "Make no mistake: they are wrong."

The House originally passed the bill 416-0 in June. The Senate amended it last week by deleting a provision for mandatory life imprisonment for certain serial rapists, Hutchinson said.

The Senate also eliminated a three-year minimum term for anyone using a computer to entice or coerce a minor to engage in illegal sexual activity, the congressman said.

Market Watch: 10/12

DOW JONES	AMEX:	
8001.47	581.01	
	+6.28	
	Nasdaq:	
	1546.08	
	+53.59	
	NYSE:	
	492.95	
	+6.25	
	S&P 500:	
	997.71	
	+13.32	
+101.95	Composite Volume:	
	691,020,000	

VOLUME LEADERS

COMPANY	TICKER	% CHANGE	\$ GAIN	PRICE
DELL COMPUTER	DELL	+6.15	+3.25	56.06
CISCO SYSTEMS	CSCO	+4.62	+2.31	52.38
MCI WORLD COM INC.	WCOM	+5.43	+2.44	47.31
INTEL CORP.	INTC	+1.94	+1.63	85.44
UNIT GROUP INC.	CCI	-1.41	-50	34.94
COMPAQ COMPUTERS	CPQ	+3.07	+8.81	27.31
YAHOO INC.	YHOO	+8.34	+8.81	114.44
MICROSOFT CORP.	MSFT	+2.97	+2.88	99.75
APPLIED MATERIAL	AMAT	+13.49	+1.19	26.81
BAAN COMPANY NV	BAAN	-24.48	-4.38	13.50

■ IRAN

Group raises bounty for Rushdie's death

Associated Press

TEHRAN, Iran — An Iranian foundation has raised its reward for killing Salman Rushdie to \$2.8 million, firing its first shot at efforts by Iran's moderate president to distance his government from the bounty.

The move by the head of the Khordad Foundation was a striking show of the dissention within Iran's fractured government between hard-liners and moderates.

President Mohammad Khatami has been trying to improve relations with the West since he took office last year. His government said last month that it was distancing itself from the reward for the author's death.

"I, as the head of the Khordad Foundation, add \$300,000 to the reward for implementing the edict," Ayatollah Hassan Saneii was quoted as saying. The semi-official foundation initially offered \$2.5 million to anyone who killed Rushdie, a British citizen.

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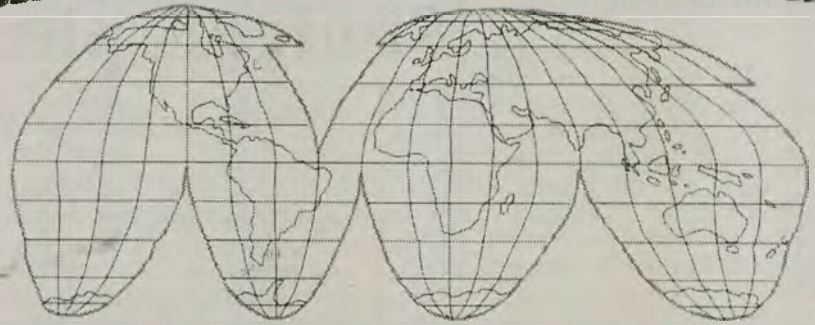
REGISTRATION BEGINS 7:45AM, WED, 10/14 @ THE RSRC. CALL 1-5965 FOR MORE INFO.

INFORMATION MEETING

Tuesday, April 21, 6:30 p.m., Carroll Auditorium, Saint Mary's College
OR

Thursday, April 23, 5:30 p.m., Hesburgh Library Auditorium, Notre Dame

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You are strongly encouraged to turn in your completed application by 4:30 pm on Friday, October 16, 1998.

Applications will be accepted until 4:30 pm on Monday, October 26, 1998

page 7



— Dave Matthews

■ NOT PEACE, BUT THE SWORD

Be Not Afraid, The Truth Will Set You Free

There has been a raucous debate over the past several weeks at Notre Dame concerning the inclusion of the words "sexual orientation" in the University non-discrimination policy. This debate culminated in a "rally" at the Fieldhouse Mall last Wednesday. The speakers

Sean Vinck

at this rally bemoaned the fact that the University has not elected to change its discrimination policies. They chortled that they were there to simply promote "tolerance," ignoring the moral and religious ramifications of this policy change. When asked about the moral and religious freedoms which might be compromised by this policy change one PSA member said "Oh, it isn't about that, it's about student rights." This debate has little to do with student rights — it's the attempt of some left wing activists to undermine the moral foundations of our University. They seek to replace it with a secular institution guided only by relativism.

What if it could be legally claimed that bestiality is a "sexual orientation"? What about the North American Man-Boy Love Association, a regular at most gay-pride functions? They believe that a grown man having sexual relations with a young boy is not pedophilia, that it is a normal "sexual orientation." With the liberals' track record of decriminalizing sexual deviancy, could it not be rational to assume that they will head to NAMBLA's demands and begin to legitimize pedophilia? Most people in the PSA, GLND/SMC, and the College Democrats don't want you to hear about this. I'll bet most people haven't considered the logical implications of our actions, however good our intentions might be. The leftists would have you believe that they are merely working to help people. Beware of these pushy gay activists, they are dangerous.

It is wrong for homosexuals to be ostracized from society or abused in any way. That is immoral. Uncharitable acts towards anyone are sinful. The use of hateful terms against homosexuals is deplorable; we must all be vigilant to project compassion to our brothers and sisters, regardless of who they are. Hate in any form is contrary to the mission of the Church.

The Catholic Church has a number of Pastoral Outreach Initiatives to homosexuals. Organizations like COURAGE have made a real difference by assisting in giving homosexuals the Catholic Church's position on their sexuality, guiding them to lives of holiness. Here at Notre Dame, we protect our students against discriminatory harassment in accordance with our moral beliefs. In Du Lac, the University defines discriminatory harassment as injurious behavior accompanied by "intentionally demeaning expressions concerning the race, gender, religion, SEXUAL ORIENTATION, national origin, or disability of the victim." So

homosexuals and everyone else are protected from the kind of harassment that we all agree is deplorable.

Let us follow the mandate of the Pope — "Be not afraid!" Instead of engaging in secular political protests, we should

unite under the guidance of the mother church, with humility and yes, DOCILITY — a willingness to be taught.

Fidelity to our religious traditions will bring us all closer to holiness. Vatican II teaches that all Catholics, lay or otherwise, are called to Sainthood. We have a mandate not only to perfect our own souls, but to also evangelize, which is the essence of Tertio Millenio Adveniente. In order to achieve this holiness, we must begin lives of prayer, literally walking with Christ. This means that the discord and division that is caused by insidious, pointless political activism a la PSA would no longer occur. We would instead have productive, thoughtful discussions of issues informed by the light of faith integrated in reason.

As I have said, hatred to homosexuals is uncharitable and immoral; we must always show compassion to other human beings. However, blindness to sin is also uncharitable. While loving and being compassionate to our brothers and sisters, we must be vigilant about lifestyles and behavior that are destructive. The revised Latin text of the Catechism terms homosexuality an "objective disorder," and states that homosexual behavior is immoral. A good example is alcoholism. We legally and justly discriminate against alcoholics for good reason. I myself have lost family to alcoholism and believe firmly that although alcoholism isn't sinful in and of itself, yet alcoholic behavior is sinful and destructive. Likewise, while the homosexual inclination is not sinful, homosexual behavior is. Instead of a blind "acceptance" of homosexuals, we should display a true compassion. This means stating that the practice of homosexuality has led to the destruction of many, physically and spiritually. Catholics must proclaim that we are all called to a life of chastity in the example of St. Maria Goretti; though under no circumstances can we use our faith as a means to exclude or marginalize others—the Gospel teaches wholeheartedly against this.

The words "Be not afraid" serve as a good motto for our political debates. Our discourse should be conducted under the guidance of informed faith, without the taint of unbelief, for as the Gospel says "The Truth will set you free."

Sean Vinck is a sophomore PLS major. His column appears every other Tuesday.

The views expressed in this column are those of the author and not necessarily those of The Observer.

■ PROGRESSIVE STUDENT ALLIANCE

A Call For "Civil Re-Engineering" in America's Political Discourse

Martin Luther King, Jr. said, "We must combine the toughness of the serpent and the softness of the dove; a tough mind and a tender heart." This statement was originally

Paul Ranogajec

intended as a guide for individuals in living their lives with reason, responsibility, and compassion. However, the idea can be abstracted to cover the realm of public discourse as well. Through the application of the reason, responsibility, and compassion advocated by King's view, we may come to develop a civil, intelligent, and relevant public discourse, as opposed to the current sensationalism and malevolent antagonism that has characterized the forum for some time now.

Last week, the PSA was attacked everywhere from The Observer, to Right Reason, to the stalls of dorm bathrooms. Spencer Stefkó's "Eleven Variations on a Theme of Progressive Student Alliance," and Right Reason's back cover were the lowest points. (My favorite "variation" from Stefkó's column was "Preposterously Schizophrenic Alliance"). It seems neither Right Reason nor Mr. Stefkó has bought any stock in civility or truth.

And, if I may digress for a moment, Stefkó claims that he hopes "the administration ignores all student voice on this topic." ("This topic" refers to the issue of adding sexual orientation to the university's existing non-discrimination policy). Mr. Stefkó doesn't seem to have an idea of what his statement entails. If he does, I cannot imagine he would have written it. His remark implies that the administration, which at its core is dedicated to the maintenance of fair school policy to serve students and faculty, should actively disregard student voice on an issue that directly affects students. To eliminate student voice from policy-making decisions is a grave ill that is not at all desirable. This is a fact no matter your political persuasion.

To get back to the main concern of this column, I quote Thomas Jefferson: "Were it left to me to decide whether we should have a government without newspapers or newspapers without government, I should not hesitate a moment to prefer the latter." Jefferson was one of this nation's greatest proponents of free speech, and its brother, free press. He thoroughly understood the valuable role newspapers play in maintaining a free nation's vitality. Besides the important role of reporting news and disseminating information to the public, newspapers also serve as forums for public debate through their opinion pages and columnists. The newspaper thus has an inherent responsibility to promote civil debate and discussion. Though it is justly protected by the first amendment to do otherwise, it has the responsibility in serving the public to do so with integrity and decorum.

Does this responsibility rest on the individ-

ual writer or the paper itself? That is not an easily settled question. But one thing that is without question is that those who write with civility make sure that what they present as facts really are so, and that opinion is demarcated as such so that they don't lie to their readers. They also don't rely on juvenile name-calling and smear-campaigns. They understand that they are the better for silencing opposition through reason, fairness, and coolness.

Admittedly, there is a fine line between biting, poignant, civil commentary and coarse, disrespectful banter. It can sometimes be hard to distinguish, and in these cases we must set aside politics and examine the nature of the commentary to determine if its goal justifies its tone and character, thereby determining civility.

Much of what passes for public discourse now is simply trash. Political talk shows on MSNBC and CNN, and radio shows such as those of Rush Limbaugh have replaced civility with contests to see who can shout louder than his opponent. The most flawed and asinine logic and reasoning is allowed

to go over the airwaves and be printed in newspapers that once had respect for their intelligent and civil commentary.

Political campaigns are not run on issues of substance, but

rather on finding dirt on the other guy and destroying his name. The entire

Clinton/Starr saga demonstrates this point in a most unfortunate way. The nation's

media have discussed the most lurid details of the

President's private life with supposedly great concern for truth,

morality, and constitutionality. The truth is,

it's much easier to talk and write about sex and to spread

trivial gossip than it is to take the time to think about important issues and formulate intelligent, reasonable opinions.

The results of all this can be seen in the public's distrust of the media; in the public's low turnout rates at voting time; in the realization that as we waste time debating inconsequential events, the problems that need solutions are progressively deteriorating. And when we do discuss important issues, a rare thing indeed, it is on such a shallow, meaningless level that we might as well not even bother. This all spells trouble for the democratic republic that is the United States of America.

In trying to move public discourse into the realm of civility, it would do us all well to read the speeches of Martin Luther King, Jr., of John F. Kennedy, and of Thomas Jefferson, to name just a few masters of the form. The manner of discourse utilized by these men is the epitome of civility. Though we may not be nearly as eloquent as they were, we can certainly learn valuable lessons from them, in what they said as well as how it was said.

Thanks to Professor Manier for his guidance.

Paul Ranogajec is a freshman living in Morrissey.

The views expressed in this column are those of the author and not necessarily those of the PSA or The Observer.



■ LETTER TO THE EDITOR

Llull's Column Misinforms Regarding Non-discrimination Clause

I fully believe that everyone has the *right* to their own opinion. However, when an opinion becomes a source of misinformation, then there's a problem. There is one part in Eduardo Llull's article "The PSA, the Student Senate and the Blind Pursuit of Rights" that I find falls into the latter category and hope that I may be able to set some things straight.

Towards the end of his article, Llull mentions recent events in the Student Senate and my role within them. He is correct in saying that I co-wrote the non-discrimination clause resolution that was just passed last week. However, he fails to mention that the other author is the one he holds in such high esteem — Spencer Stefko. Moreover, the clause I presented to the senate was almost identical to a clause the senate had passed just a year and a half ago. The only changes made consisted of fine-tuning grammar usage and a redirection of the focus of the resolution (to the academic council instead of the officers of the university). That's it.

Furthermore, he mis-quotes me during the debate on this topic (as did Tim Logan in his article a week ago) as saying, "it seems like common sense." What I actually said was that "to me it seems like common sense." I am fully aware that what seems like common sense to me does not to most people; hence, the qualification.

I try very hard to be open-minded and fair to all people. I do not feel as though Llull was fair to my office as Lewis hall senator in his article. I do not propagate my own agenda in senate ... I ask my dorm what they think of certain issues and vote accordingly. I am not the PSA's senator, but Lewis Hall's. I think that that's an imperative distinction to make.

However, I cannot help but be delighted that Llull thinks that the PSA is influential enough to persuade Senate (one of the most powerful forums for the student's voice on campus) into voting for Bradley's letter and the non-discrimination clause. Have we really come this far in less than seven months? or is Llull simply trying to both ignore and trivialize the inevitable? Students on this campus are becoming more aware and active ... whether that has anything to do with the PSA or not, I don't know, but heck — we'll take credit for it.

Sophie Fortin
Student Senator, Lewis Hall
October 8, 1998

■ LETTER TO THE EDITOR

Correction of Error in Article on Non-discrimination Clause

In The Observer's front-page coverage of last week's Academic Council meeting regarding the non-discrimination clause issue, you included a box containing the "Recent History of Sexual Orientation at ND." The box contains one error, namely, that the Faculty Senate originally passed its resolution calling for the addition of sexual orientation in the non-discrimination clause in May 1998. The resolution was originally passed in May 1996, not 1998. Your error is understandable, however. In the first instance, the Senate submitted its resolution directly to the Officers of the University. After lengthy consideration, the Officers voted against making any change. Therefore, in May 1998 the Faculty Senate reaffirmed its May 1996 resolution and submitted it this time to the Academic Council, where the Senate has the right of agenda. I was chair of the Faculty Senate when the resolution was first passed in May 1996. I supported the resolution then and continue to support it today, as a member of the Academic Council.

Rev. Richard P. McBrien
Crowley-O'Brien-Walter Professor of Theology
October 12, 1998

■ LETTER TO THE EDITOR

Student Senate Justified in Passing Bradley Welcoming Letter

I am writing in response to the Oct. 6 letter by Notre Dame/St. Mary's Right to Life criticizing the Student Senate for ignoring them during our discussion of a welcome letter to Senator Bradley at our meeting last week. These are serious charges being brought

against the body charged with representing the undergraduate students at Notre Dame, and I feel the need to clarify what happened.

First, this organization's comments were more than welcome at our meeting. The problem was, however, that the members of the Academic Affairs Committee (who sponsored the letter to Bradley) were very concerned about the debate degenerating into one about abortion which, we feared, would become heated and, in the end, not have accomplished much. For that reason, we sought to limit the scope of the debate to just the letter and its merits. That said, there was a proper place on the agenda for ND/SMC Right to Life to speak. We reserve a portion of our time for "podium" in which members of the community

can speak to us on any topic and can field questions from the Senators. This would have provided the best opportunity for them to air their concerns in a positive and productive way. Before the meeting, I recommended to a member of this group to speak to our Chairperson to get on the agenda for podium. Unfortunately, this did not occur.

However, this does not excuse the Senate from not listening to their arguments. Ignoring a group that represents the view of the majority of Notre Dame students was

never intended. All in all, it was a misunderstanding on both of our parts. I can assure you and all other groups on this campus that we had a serious discussion as to why this occurred and have taken steps to assure that it does not happen again.

Before I close, I must stress that the letter to Sen. Bradley was written with the best interest of the Student Body in mind. In my presentation of this letter to the Senate, I stressed that it was not geared against ND/SMC Right to Life, who, I believe were taking positive steps to raise awareness about the Senator's voting record on abortion. This letter came in response to the Alumni group who insisted on embarrassing themselves and Notre Dame by flying those "Dump Bill Bradley" banners around the stadium at our first two home games. Raising awareness and allowing people to make informed opinions is more than legitimate; showing nothing but hostility and an unwillingness to hear someone's opinion is childish and moronic. By sending this letter, the Senate sought to distance itself from the blemish caused by this Alumni group and, in effect, support the efforts of our fellow students who were trying to raise awareness and start a dialogue on a serious and pertinent issue. I hope this sets the record straight!

Ryan D. Constantini
Student Senator, Morrissey Manor
Co-Chairman, Academic Affairs Committee
October 12, 1998



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Studying, exercising and dr

Maximizing Academic Performance

The University Counseling Center is pleased to introduce the first in a series of monthly columns which will offer you new perspectives on enhancing your academic life and your personal growth.

When you were in grade school or high school, did any of your teachers spend any class time on improving your skills in maintaining concentration, memorizing, or dealing with the anxiety which normally occurs with tests and papers? Most students have never had any training in improving how they learn. The emphasis in academic training is typically on how much content you have learned, not on improving your ability to learn and improving your academic performance. The assumption is that your ability to concentrate and create is set and cannot be improved. Successful athletes, however, never make this assumption.

It is widely acknowledged that one's physical performance in a sport can be hampered or enhanced by one's mental performance or attitude. That is, if an athlete anticipates that he or she will not do well in an event, that pessimistic attitude can harm performance even if he or she is in the best physical condition compared to the other athletes. Successful athletes, therefore, take the time to prepare themselves mentally by having "dress rehearsals" and preparation rituals which get them ready to focus on doing their best in the sport.

In academics, however, not many realize that one's mental attitude makes a difference in academic performance. Many students (and faculty) will not work on improving their productivity by working on the way that they think or work rather than focusing only on how much time they are putting into the work.

For instance, many students engage in the fallacy of thinking that the quality of one's work on tests and papers is a function only of amount of time and effort spent — the more time I put in, the better the grade, the more likely my work will be published, etc. But apply what we know from athletics. If a person said, "I am preparing for a long distance running event in the Olympics and I am doing this by running 18 hours a day," we would say something like, "That's stupid! Your body will fall apart way before the Olympics because you are not taking time to rest, eat well, and do other things your body will need to last in a marathon."

Yet such thinking is common in the academic world. It is as if we believe the mind is not really connected to the body. The mind is thought to be in this 'etheral realm and it does not really matter what is done to the body in order to get the mind to think more. It is a belief that the brain is not flesh and therefore it can be cheated of sleep and good food and still be expected to perform well.

Over the last few years the University Counseling Center has conducted workshops for graduate and undergraduate students on maximizing academic performance by discussing techniques to improve the way students do their academic work, many of which sport psychology uses to train elite athletes. Here are a number of techniques which have been some of the favorites of past workshop participants:

Conditioning yourself to your workspace: Create a space or choose a place where you only do academic work. In this way, you create a dynamic in which the place is associated with work and so your productivity increases. If you need to worry or procrastinate by socializing, surfing the net, or writing letters, then leave that place so that it does not become associated with putting off work.

Be Process-Oriented, Not Outcome-Oriented: The bases are loaded, it's the last inning of the game, and you are up to bat. If you start thinking about how much the outcome of the game depends on you, you will miss the ball. As they say, keep your eye on the ball; that is all you have control over. The same is true with papers and exams. Obsessing about what might happen to your GPA takes away from your focus on showing what you know in every question.

Dealing with Academic Setbacks: When you make a mistake in answering a question in class or do poorly on an exam, there is the temptation to tell friends how badly you did or to ruminate on the error. If you do this, you end up unconsciously rehearsing the error over and over. Instead, rehearse success. For example, ask yourself what was the problem or what skills do you need to develop to do better the next time. Instead of recounting the failure, say how you will do it successfully the next time. If you watch elite athletes when they are interviewed after making a mistake, they will usually avoid rehearsing what they did wrong and will focus on how one does it better.

Dealing with Anxiety Contagion: When you are surrounded by people who are preparing for exams or papers, such as during midterms or final exams, excessive anxiety can spread like wildfire in the dorm or the department. What happens is that students become anxious not because they need to be, but because everybody else is anxious. Ways to deal with this include: 1.) Acknowledge the anxiety contagion and make fun of it as a way to distance yourself; 2.) Give yourself ways to get perspective like studying some place else or going to the mall or Chicago for a little while; 3.) Clarify your priorities; do not let others contaminate you with their expectations or their less-than-productive study strategies.

If learning more about these techniques is of interest to you, look for the next time this workshop is offered or call 631-7336 to arrange for the Counseling Center to do this workshop for your dorm or department.

Find out more about the University Counseling Center at www.nd.edu/~ucc/

The intent of this series of articles is not to provide counseling but to provide information about a variety of mental health topics. To seek help with your individual concerns, please contact the University Counseling Center at 631-7336 to schedule an appointment.

Working off the te

Notre Dame students take advantage of the various on-campus athle



Left: Students take advantage of the opportunity to learn Karate in the Rock. Middle: Rolfs Athletic Facility and the Rock both provide stairmaster equipment. Right: A student takes advantage of the free weights available in the Rock.

Creatine: to take or not to take?

Unknown side effects create uncertainty about the benefits of taking creatine supplements

By JANELLE WILLIAMS
Scene Writer

The race is over. The record was broken. Baseball fans everywhere cheered wildly as Mark McGwire of the St. Louis Cardinals smashed Roger Maris's 1969 home run record into oblivion. But this historic achievement was not without controversy. During a news conference in late August, McGwire admitted to the use of performance-enhancing drugs, namely, the dietary supplement, creatine. As a result, sales of this powdery, synthetic version of a substance produced by the liver and kidneys, have skyrocketed.

Creatine was first used by British hurdlers and sprinters in the 1992 Olympics. Since then, thousands of professional, college and high school athletes have begun taking it to increase muscle mass and gain an edge in performance. Off the field, creatine may also prove helpful in countering the muscle waste typical of AIDS patients, the elderly and people with cancer.

So what is creatine?

Creatine is an amino acid made in the liver and kidneys and acquired from a diet of animal protein foods, such as meat and dairy products. It allows the muscles to train intensely and become stronger and more developed.

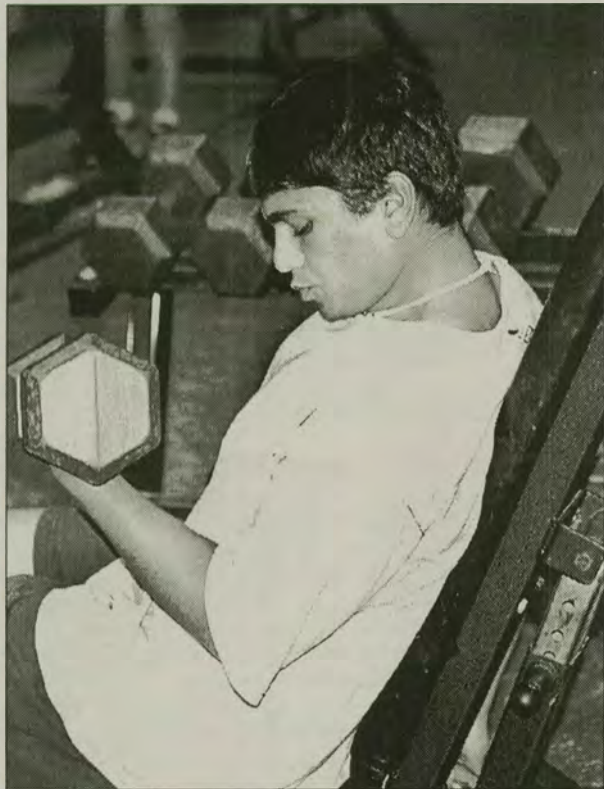
More specifically, creatine works in this way:

In the muscles, cellular energy is housed in a molecule called adenosine triphosphate. The molecular bonds between phosphate and adenosine are loaded with energy and when a bond is broken, the result is adenosine diphosphate, which must be restored to a form the muscles can use as an energy source. Creatine, stored in the muscles as phosphocreatine, facilitates this restoration. The more of the compound in the cell, the more energy it can release. Thus, saturating the muscle cells with creatine should enhance

inking: what's best for you?

ension ... naturally

tic facilities to get in shape the right way.



photos by The Observer/Dan Feigherty

muscular ability. Reportedly, it increases muscular energy levels by 8.33 percent.

Unlike anabolic steroids, creatine does not cause hair loss or make the testicles shrink. And because creatine is a substance produced by the body and found naturally in common foods, it would be impossible to detect whether an athlete got it from a slab of meat or from GNC.

Not everyone can benefit from creatine usage. Studies have clearly shown that benefits are limited to anaerobic activities that involve short bursts of energy, such as sprinting, jumping and weight training. Endurance athletes will reap no benefits from creatine. In fact, they may even be slowed down by supplementation due to the resulting weight gain.

Likewise, creatine offers no particular reward to a sedentary person or someone who works out sporadically. It has proven only beneficial to those training intensely and regularly.

So, what is the controversy? If the benefits of creatine supplementation are positive and it is a naturally occurring substance, what's the big deal?

The problem is uncertainty. Despite the one million dollars worth of testing last year, the long term effects of creatine are still not known and evidence of side effects remains inconsistent. Some side effects include gastrointestinal distress, nausea and muscle cramping. Creatine also increases the likelihood of dehydration and should therefore not be taken when exercising in extreme heat or when trying to make weight in wrestling.

Perhaps most frightening is the lack of FDA regulation. Because creatine is sold as a supplement and not a drug, it does not have to meet standards for purity and content.

"[Creatine] is not consistent. You don't know what you're getting from batch to batch," according to Dr. Jeffrey Diaz, a member of Major League Baseball's health advisory group.

For this reason, the Association of Professional Team Physicians, 100 of the top sports physicians in the country, recently released a survey indicating that 85 percent of its members would not recommend the use of creatine until further research is completed.

But, creatine does have its supporters. Despite the concern of some NFL league officials, high-profile players such as the Denver Bronco's John Elway, Shannon Sharpe and Bill Romanowski, promote creatine products. Romanowski has said that he is a big believer in the supplement.

In April, Bronco's trainer, Steve Antonopolis, said that he believed creatine to have no harmful side effects. Opinions from across the professional sports world seem to be similar.

With such conflicting messages, where does the truth lie?

The real facts on creatine consumption can only be found in scientific literature, not in reports or speculation and at the present moment, NO side effects have been reported in scientific or medical literature. Therefore, most theories about adverse effects contain no physiological basis.

According to research and clinical studies, short term supplementation is effective in enhancing high-intensity, repetitive-exercise performance. It promotes greater gains in strength, fat-free mass and sprint performance.

The bottom line is, yes, research on the long term effects of creatine supplementation seems insufficient. This uncertainty does cause some concern. But, current studies indicate no medical risk its usage.

In purchasing creatine, as with any supplement, select a reputable brand. Although prices vary greatly, creatine is relatively expensive. So a "bargain" may not be a bargain at all. Next, be sure that the container says "pure", in order to avoid ingesting unknown and possibly harmful ingredients. And, finally, follow the directions for dosage on the container carefully. Over doing it will not only be wasteful, but could be harmful as well.

Alcohol & Drug Help Columns

Q. What is normal drinking, and what is "too much"?

A. First of all, let me say that "too much" varies by the person. Although there are standard definitions of high-risk or binge drinking, any level of drinking can be "too much" if you are experiencing a growing sense of unease about your drinking habits. If you ever drink more than you intended to drink, that's a drinking problem.

It may be time to take a second look if alcohol causes problems such as fighting, injury, unprotected or unplanned sex or even forgetfulness about the who, what, when, where or why of your life.

Here's a guideline. Generally, binge or high-risk drinking is defined as four or more drinks on one or more occasion over a two week period for men and three or more for women. Factors of weight and the speed with which the alcohol is consumed are also important. A drink is defined as a 12-ounce beer, 4 ounces of wine, a 12-ounce wine cooler or a 1-ounce shot of liquor (whether straight or in a mixed drink).

Although college is a community where students often drink far more than these standards, there's no magical law of nature that exempts college students from the effects of alcohol. On the other hand, there's no magical law of nature that says college students have to drink at all.

"I'll just drink while I'm here for four years and then I'll stop" is a common notion, but it is not necessarily that simple. College habits are hard to break. There is also the factor of people who come from an alcoholic background and for whom any drinking may be too much.

So whether your alcohol consumption is "high-risk" or merely "at risk" (14 drinks per week for a man; 7 for a woman), college is a good time to take an honest look at your habits and to get help if you feel out of control.

Q. College is about partying. How do I fit in if drinking is not my thing?

A. Many people know how to drink responsibly or not at all and are still thought of as "fun" people. It is not an all-or-nothing proposition. Those people who make it clear their personal decisions about alcohol aren't just tolerated. They are respected. If you want to be part of the party without going home drunk, try these tricks:

- Avoid drinking games where the sole point is to get drunk fast. Chances are you'll notice someone else who's not playing or who's sitting out a few rounds. Maybe you can hang out together for a while. He or she may be the most interesting person there.

- Slow down. Drink to enjoy the taste. Maybe you can become the resident connoisseur, refusing to drink anything but the "good stuff." Try alternating alcohol with non-alcoholic beverages. Nurse a soda all night to keep something in your hand; you'll be less likely to reach for a beer. People are too busy with their own drinking to notice what or how much you drink.

- Eat before you go and also at the party. Alcohol gets absorbed more quickly if you've got food in your stomach — a good excuse to eat some high-fat calories!

- It's best to go to a party with a plan — for example, "I'll have two drinks and then switch to soda," or "I'll have a 'buddy system' with a friend to hold each other accountable to stay in control."

College can include lots of drinking, some drinking or no drinking at all. Just make sure you are doing what you want to do and not what you think college students are supposed to do. Real friends will respect you for who you are not for how often you get loaded.

You can always ask for help in figuring out what's right for you, given your family history, values, temperament and goals. It's as easy as a phone call.

These columns are provided by the Lowe Family Foundation and the University of Notre Dame Office of Alcohol and Drug Education. Contact LFF at kapetel1@ibm.net for comments, questions or more information.

WOMEN'S INTERHALL

Weasels wins battle of unbeaten Pasquerillas

By MIKE CONNOLLY
Sports Writer

The West was best on Sunday as the undefeated Purple Weasels of Pasquerilla West downed their arch rivals, the previously undefeated Pyros of Paquerilla East, 13-12.

Mary Laffin got the Weasels on the board first, taking a reverse from quarterback Liz McKillop and scampering into the end zone to give PW a 7-0 lead.

The Pyros came right back though on their next possession, closing the gap to 7-6.

Defenses dominated the rest of the first half as the excellent PW defensive line of Mary Hepburn and Lisa Rodriguez kept pressure on Pyro quarterback Elizabeth Plummer.

Early in the second half, the Pyros made an interesting decision not to punt facing a fourth down deep in their own territory. The fourth down play failed and the ball was turned over to the Weasels.

Liz McKillop wasted no time in finding Mark Laffin for a 30-yard touchdown pass on first down, extending the PW lead, 13-6.

The Pyro offense again answered the Weasel score with a drive of their own. Plummer completed all three of her passes and rushed for 12 yards to lead the Pyros down the field, before hitting Melissa Gorman for a 7-yard touchdown pass.

With less than three minutes to play, the Pyros elected to go for two and the victory instead settling for a tie.

Plummer, facing a strong rush from Hepburn and Rodriguez was forced to throw the ball before she was set.

The pass fell incomplete and the Pyros still trailed 13-12.

PW got the ball on its own 15-yard line. Needing only one first down to run the clock out, Liz McKillop attempted the option right. The right side of the Pyro defense collapsed around McKillop stopping her for no gain. On the next play, the Weasels tried to pass for the first down but the ball was slightly

over thrown and fell incomplete.

McKillop again dropped back to pass on third down. Seeing an open receiver down the sideline, she launched a pass. However, that receiver only appeared open. PE cornerback Alison Healy quickly stepped in front of the intended receiver and intercepted the pass. Returning the ball to the PW eight yard line with under a minute and a half to remain, the stage was set for a dramatic last few plays.

On first down, Lisa Rodriguez came up with yet another big defensive play for PW, stuffing the PE running back for no gain.

On second down the running attack was again stuffed by the PW defense.

On third down, Plummer attempted to keep the ball herself and score but he was chased out of bounds at the seven yard line.

Finally on fourth down, from the seven yard line with under a minute to play, the Pyros lined up for their last chance to preserve their undefeated record and claim the number one seed in the playoffs.

Plummer took the snap from center and rolled right. Under heavy pressure from Hepburn, she fired a bullet toward the back corner of the end zone. But the pass never reached its final destination. An excellent defensive play by Michelle Williams knocked the ball to the ground, sealing the Weasel victory, 13-12.

"Six-and-0 don't mean jack without the patch," PW head coach Martin Marxuach said. "We want to go to that stadium. This was a nice win but we can't lose site of our goal N the championship."

"We just need to put this game behind us," Healy said. "We have to focus on our next game and get ready for the playoffs."

Welsh 12 McGlinn 7

The West Quad Alliance that formed on Saturday night for the West Quad Formal soon crumbled under the powerful forces of

interhall football as West Quad rivals McGlinn and Welsh Family Hall squared off in interhall action.

Despite missing their entire coaching staff and their captain, the McGlinn team did not play dilapidated. The aggressive energy and enthusiasm of the McGlinn squad kept them in the game.

Welsh Hall struck first on a 59-yard bomb from quarterback Stephanie Eden, who completed seven of her 17 passes for 123 yards and a touchdown, to wide receiver Sara Lett, who finished the day with four catches for 98 yards and a touchdown.

The two-point conversion attempt failed but Welsh still lead 6-0.

McGlinn utilized a two-headed quarterback system on offense. Leah Ashe was used primarily for running plays and short passes while Nicole Benjamin's better arm was used in long passing situations.

Benjamin led McGlinn on a scoring drive following the Welsh touchdown.

Hitting Mary Lenzin for 34 yards, Benjamin finished off the drive by connecting with Jamie Glasser for one of her four catches on the day for a five-yard touchdown pass.

The PAT failed and the score was tied at halftime, 6-6.

McGlinn opened the second half with an another long drive, but as the Welsh defense was back into the shadow of its own goal post, it grew stronger.

Welsh cornerback Maria Feilmeyer broke up three passes before the Welsh defensive broke through the McGlinn offensive line and sacked Benjamin, turning the ball over on downs.

The Welsh offense, taking its cue from the inspiring defensive effort, put together a long drive of its own. Eden connected on four of her nine passes to lead the Welsh offense down the field.

Welsh regained a 12-6 lead when Eden hit Katie Rak in the back of the end zone.

McGlinn had once last chance to score but Feilmeyer again



The Observer/Liz Lang

Welsh Hall proved to be too much for its West Quad rival, McGlinn, as they pulled out a 12-7 victory.

shut down the Shamrock attack. Registering two tackles and breaking up two more passes, she finally sealed the Welsh victory when she picked off Benjamin's pass on the last play of the game.

Despite the loss, the Shamrocks remained enthusiastic about the game.

"We played a pretty good game," Interim coach, captain, and defensive mastermind Patty Sullivan said. "We just ran out of time. I think we had a good season. Everyone had a lot of fun."

For the women of the Welsh, the victory over their West Quad rivals made up for an otherwise difficult season.

"We were circling the McGlinn game all season," Lett said. "We said that if we only won one came all season, we wanted it to be against McGlinn."

Farley 12 Off-Campus 7

The Off-campus crime machine were no match for Farley Hall as Farley's Finest defeated Off-campus, 12-7.

Off-campus' offense never seemed to get in gear as both the running game and the passing game was shut down by the stifling Farley defense.

Crime running back Lisa Thode was held to just 24 yards on seven carries and Crime quarterback Brita Hyllengren threw two interceptions, one of which was returned for a touchdown.

Farley opened the scoring with a impressive 40-yard drive to take an early 6-0 lead.

They later added to their lead by returning an interception for a touchdown and a commanding 12-0 lead.

However, the Crime did not give up and fought back for a late touchdown.

Hyllengren hit Anne Faust twice for 20 yards as Off-campus cut the Farley lead to five, 12-7.

But time would run out on the Crime and Farley would emerge victorious.

"This was a disappointing loss," Crime coach Chris Mignaneli said. "I just don't think we were physically ready to play today."

Classifieds

The Observer accepts classifieds every business day from 8 a.m. to 3 p.m. at the Notre Dame office, 024 South Dining Hall. Deadline for next-day classifieds is 3p.m. All classifieds must be prepaid. The charge is 3 cents per character per day, including all spaces. The Observer reserves the right to edit all classifieds for content without issuing refunds.

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crazy, what are we going to do
about corliss?

Uncle Sam is after you!



The Irish had a chance to run on this year's National Championship course at the Rim Rock Farm. The Observer/Kevin Dalum

Irish

continued from page 20

placed 89th, 90th and 112th respectively.

Head coach Joe Piane indicated that the bid to the NCAA Championships was one of the top priorities of the weekend.

"We mildly helped ourselves," said Piane. "There were a few teams that should get automatic bids that we did beat, but there are some above us that we also needed to defeat. The

goal of the meet was to improve our status on a bid to the NCAA Championships. We didn't get the job done."

One of the positives the team can take from the meet is that it is now familiar with the National Championship course at the Rim Rock Farm.

"The course is difficult, but that is not an excuse," Piane said. "We should have been ready to run and, for whatever reason, we were not. This puts more pressure on a good performance at the Big East and

District Championships."

"We know there is room for improvement," Maxwell said. "We have seen the course and know what to do next time."

The ultimate measure of the season will be whether Notre Dame can make its big run when it is needed. The team from last weekend will get this weekend off while the men's B team and the women's A team compete in the Central Collegiate Championships at Kalamazoo, Michigan.

■ NATIONAL LEAGUE CHAMPIONSHIP SERIES

Tucker's homer gives Atlanta comeback win

Associated Press

SAN DIEGO

Michael Tucker and the Atlanta Braves did what they had to do to stay alive in the NL championship series, staging a stunning comeback against no less than Kevin Brown.

With the Padres just five outs away from reaching the World Series for the first time in 14 years, manager Bruce Bochy's strategy to bring on Braves-killer Brown blew up when Tucker hit a go-ahead, three-run homer that sent Atlanta to a 7-6 win Monday night in Game 5.

Bochy's move looked good in the seventh, when Brown came on with a 4-2 lead, a runner on and no outs and retired the side, but now it will be heavily questioned.

Tucker's homer highlighted a five-run rally in the eighth that made it 7-4. Tucker drove in Atlanta's first five runs.

Pinch-hitter Greg Myers hit a two-run homer in the ninth off Braves reliever Kerry Ligtenberg, and then Atlanta manager Bobby Cox made his own unusual move — bringing in four-time Cy Young winner Greg Maddux from the bullpen.

Maddux, who had not relieved since 1987, closed for the first save of his pro career.

Maddux struck out pinch-hitter Greg Vaughn, playing for the first time since straining his left quadriceps in Game 1, and retired Quilvio Veras on a grounder. After Steve Finley drew a rare walk from Maddux, the Atlanta ace got Tony Gwynn on a game-ending grounder.

The Braves still may have to beat Brown, who pitched a shutout in Game 2, one more time. He had been scheduled to pitch Game 6 Wednesday against Tom Glavine, but the Padres might change their rotation after Brown threw 41 pitches.

Either way, Atlanta already has made history. No team that trailed a seven-game series 3-0 had ever come back to win two games.

If Game 7 is needed

Thursday night, Maddux is scheduled to start.

Brown didn't look nearly as sharp as he did when he won 3-0 on a three-hitter Thursday night in Atlanta. He walked Ryan Klesko leading off the eighth and Javy Lopez reached on an infield single. With one out, Tucker lined a 3-2 pitch over the right-field fence to give Atlanta a 5-4 lead.

With the crowd of 58,988 sitting stunned, Tucker, who finished with five RBIs, pumped his fist as he rounded first and looked at the spot where the ball landed, as if amazed he really did it against Brown.

The Braves added two more runs off reliever Donne Wall, keyed by Tony Graffanino's double.

Tucker was booed when he came to bat in the ninth.

The Padres were nine outs from clinching the pennant Sunday night when Atlanta rallied for six runs, capped by Andres Galarraga's grand slam in the seventh, to win 8-3.

Ken Caminiti and John Vander Wal hit clutch two-out, two-run homers off John Smoltz, whose 11 postseason wins are the most ever. Caminiti's homer came in the first inning for a 2-0 lead and Vander Wal's in the sixth for a 4-2 lead.

Smoltz came in 3-0 with two no-decisions in five postseason starts when Atlanta faced elimination this decade. He beat Chicago in the division series for his 11th postseason victory, the most ever.

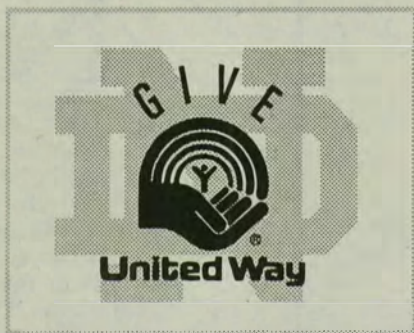
Vander Wal, acquired late in the season mainly because he hits Braves pitchers so well, broke a 2-all tie when he homered to left on an 0-2 pitch with two outs in the sixth.

Vander Wal, hitting .438 lifetime against Smoltz, made his second start in place of Vaughn, San Diego's 50-homer man.

Tucker singled in the Braves' first two runs, in the fourth and sixth innings, both off starter Andy Ashby.

Ashby allowed four straight one-out singles in the fourth, including Tucker's to cut San Diego's lead to 2-1.

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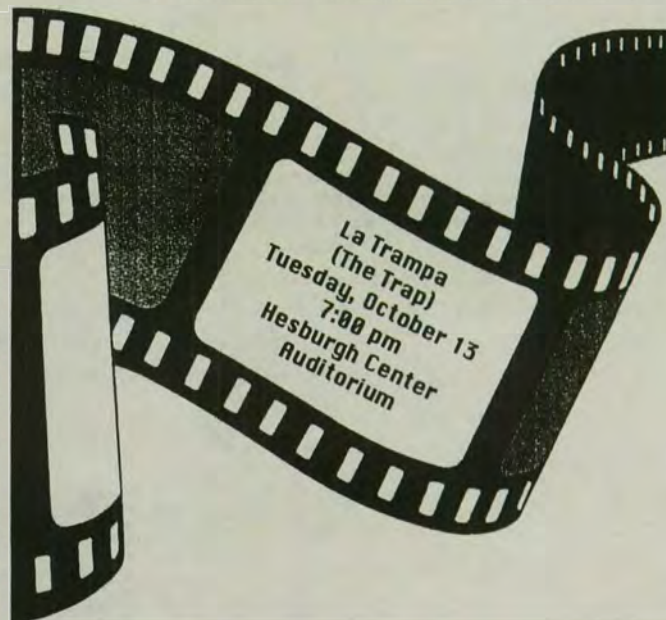


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■ MAJOR LEAGUE BASEBALL

Leyland names staff

Associated Press

DENVER

Colorado Rockies manager Jim Leyland on Monday named his 1999 coaching staff, bringing five colleagues with him from the Florida Marlins.

Leyland, who agreed to a record three-year, \$6 million deal with the Rockies earlier this month, will keep Colorado hitting coach Clint Hurdle.

Bullpen coach Lorenzo Bundy, third base coach Rich Donnelly, bench coach Bruce Kimm, pitching coach Milt May and first base coach Tommy Sandt will join Hurdle on the staff.

Donnelly, who managed the American Association's Denver

Bears in 1982, has worked with Leyland during all 13 of his seasons as a major league manager, as has Sandt.

May, a former major league catcher, was a hitting instructor under Leyland for 12 seasons.

Kimm rejoined Leyland's staff in 1997.

He was a coach for the Pittsburgh Pirates in 1990, when Leyland guided the team to the first of three straight division championships.

Bundy was named manager of Brevard of the Florida State League in 1996 and became outfield and base running coach for the Marlins the following year.

The five former Marlins coaches replace pitching coach

Frank Funk, third base coach Gene Glynn, bullpen coach Bill Hayes and bench coach Jackie Moore.

Hurdle will return for his third season as the Rockies' hitting instructor.

Last season, he also served as first base coach.

The Rockies set a National League record with 239 home runs in 1997. In 1998, the team broke its franchise record by batting .291, the highest average by an NL team since the 1939 St. Louis Cardinals.

Leyland, a former NL manager of the year, replaced Don Baylor, the only manager the Rockies had in their first six years of existence. Baylor was fired after a 77-85 season.

■ INTERHALL FOOTBALL

Siegfried comes from behind to defeat Zahm



The Observer/Bret Hogan

Siegfried's two-point conversion was the difference in its 8-7 victory.

By NOAH AMSTADTER
Sports Writer

It was a perfect day for football on Sunday at Stepan field.

The beautiful weather beckoned was only surpassed by the quality of play exhibited on the field.

In one of the more exciting games of the inter-hall season, the Ramblers of Siegfried Hall defeated the Zahmbies of Zahm by a final score of 8-7.

Zahm got on the board first as their quarterback completed a 50-yard pass to the tight end. After this, they were able to kick the extra point to take a 7-0 lead.

The Siegfried offense was able to drive deep downfield once in the first half, but failed to score.

In the second half, Siegfried used the running skills of freshman Travis Smith and sophomore fullback Kevin Haley to drive down to the Zahm 10-yard line.

Freshman quarterback Rob Plumby then completed a pass to senior tailback Mike Haarlander in the corner of the end zone.

Head Coach Jamie Bordus called for the team to attempt the two-point conversion, going for the win.

A pass attempt was incomplete, but the play was called back on a face mask by Zahm.

Siegfried took over at the one-yard line and handed the ball to Smith, who made it into the end zone to give the Ramblers the lead.

Zahm took the kickoff and proceeded to drive deep into Siegfried territory before Kevin Hanley sacked the Zahm quarterback, forcing him to fumble.

Although Zahm recovered the ball, this play effectively ended the drive for the Zahmbies.

Siegfried got the ball back and let the clock run down for the victory.

"Kevin Hanley had a very good game on defense," Bordus said.

Knott 6, Fisher 6

Another exciting game occurred Sunday afternoon as the Juggs of Knott took on the Green Wave of Fisher in a battle of Mod-quad versus South quad.

The Juggs were able to get on the board first as receiver Joey Gonzalez caught a 20-yard pass for a touchdown. The extra point attempt was not successful and the Juggs carried the 6-0 lead into halftime.

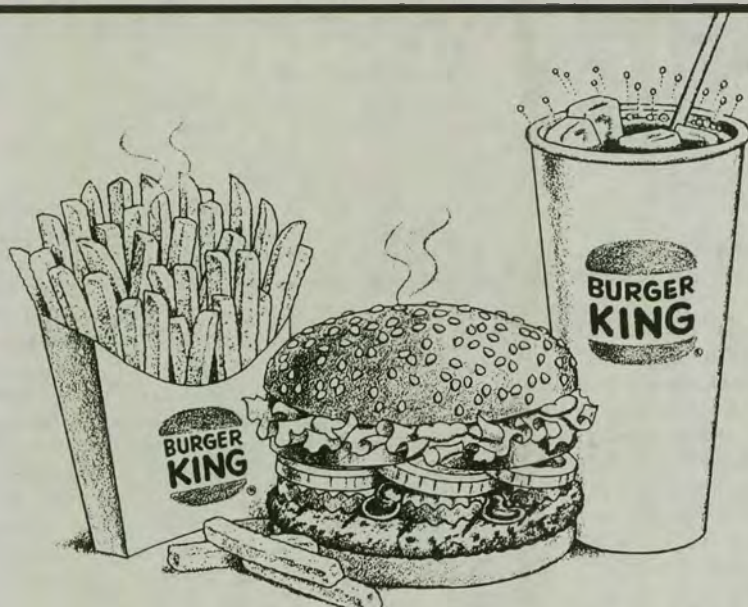
The game continued to be a defensive battle through the third and most of the fourth quarter as both teams failed to score.

Late in the quarter, Fisher took over at the 50-yard line and was able to drive the ball down the field.

Quarterback Mike Schultz was able to complete a pass to wide receiver Steve Doherty in the end zone. The extra-point attempt by Chris Backus was blocked and the game ended at a 6-6 tie.

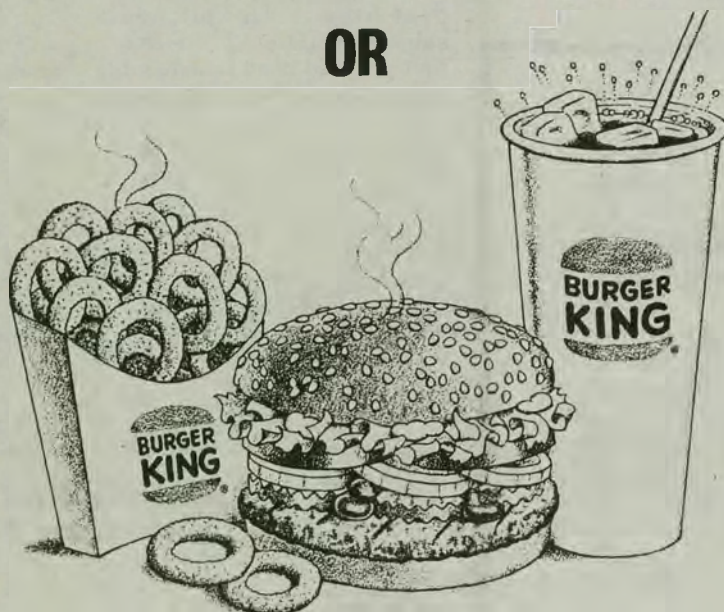
This was somewhat of a victory for the Green Wave, who had previously failed to get the ball into the end zone, losing their first two games by scores of 6-0 and 3-0.

"The defense played pretty well," said Backus. "Senior captain Greg Regan played a great game at linebacker, as did freshman linebacker Dean Korolis. We really did need the win, but it was nice to score finally."



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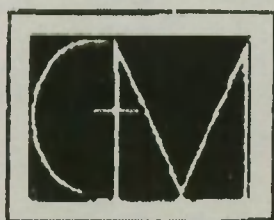
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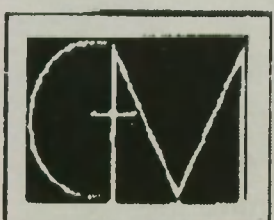
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+ Campus Ministry This Week +



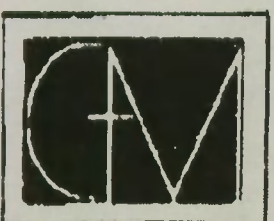
Tuesday, October 13, 7:00-8:30 pm. Badin Hall Chapel

Campus Bible Study



Thursday, October 15, South Dining Hall

Hunger Display for World Food Day Sponsored by World Hunger Coalition



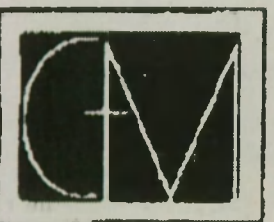
Freshman Retreat #19 (November 13-14) Sign-Up

Starts October 26

103 Hesburgh Library, 112 Badin Hall, or see your Rector

Target Dorms: Farley, Fisher, Howard, Keenan, Keough, O'Neill, Pasquerilla West, St. Edward's and Walsh

Don't wait until the deadline- November 9!



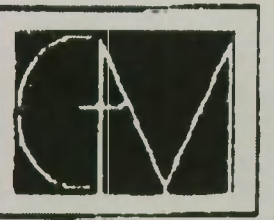
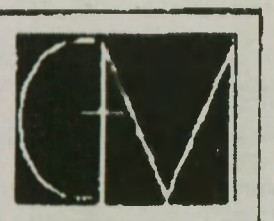
Exposition of the Blessed Sacrament

Monday, 11:30 pm until Tuesday, 10:00 pm

St. Paul's Chapel, Fisher Hall

Fridays, 12:00 noon until 4:45 pm,

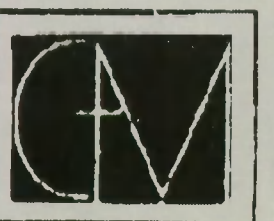
Lady Chapel, Basilica of the Sacred Heart



Notre Dame Celebration Choir Rehearsals

Wednesdays, 8:00-9:30 pm, Earth/Science, Rm. 102

The newest choir on campus, offers a spiritual, diverse musical alternative to those who would like to participate in the music ministry at Notre Dame, drawing from a rich variety of contemporary, folk, gospel, Taize prayer and traditional sacred music. For details, contact Karen Schneider-Kirner, 631-9326.



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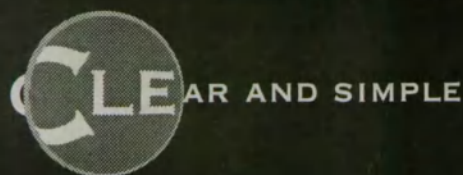
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For University of Notre Dame students:
MERRILL LYNCH will be on campus
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Stanford

continued from page 20

Bartlett said the offense was penalized a lot, which "put an end to a couple of drives".

He stressed the team's need to work on timing on the offensive side of the ball if it hopes

to be successful in the postseason.

Morrissey finds out its first-round opponent after all games have been completed on Wednesday.

Sorin 14, O'Neill 0

While the Morrissey game was characterized by teams

with identical playoff records and postseason hopes, the game between Sorin and O'Neill pitted two teams on opposite ends of the football spectrum against each other.

Sorin came into Sunday's action sporting a 3-0 record with a playoff position secure.

O'Neill brought an 0-3 record to the field and dreams of the

postseason were already dispelled.

The two teams continued on their previous trends, with Sorin winning 14-0, improving its record to 4-0 and dropping O'Neill to 0-4.

Sorin set the tone for the entire game when it "marched down the field" and scored on its first drive, according to O'Neill captain junior Jim Rosenbach.

This execution was characteristic of the "really fine-tuned offense" that Rosenbach said he and his teammates encountered all game long.

In the losing O'Neill effort, freshman cornerback Matt Schaeffer led the defense by grabbing an interception.

Freshman quarterback Kevin

Jones and senior wideout David Butz led the offense with their air attack.

Although Rosenbach said his team was "pretty riddled by injuries, mistakes and turnovers" the entire season, he added that each man played hard and proud up through the last snap of the season.

While Sorin senior captain Greg Belden was unavailable for comment,

Rosenbach was nothing but complimentary when speaking of his team's opponent, saying its offense was the best his team had seen all year.

Sorin, like Morrissey and the rest of the league, awaits Wednesday night's results to find out its matchup in round one.

Last Chance to Get

Van Training

Dates:

Tuesday,
October 13
6:00-8:00pm

Wednesday,
October 14
4:00-6:00pm

The October 15 6:00-8:00pm session has been cancelled.

Those who need the refresher test must take Van Training before Fall Break in order to drive for the rest of the semester.

Call Patty @ 1-5293 with any questions.

■ NATIONAL FOOTBALL LEAGUE

Leaf fighting to keep starting job

Associated Press

SAN DIEGO

For the first time this season, the starting status of San Diego Chargers quarterback Ryan Leaf remained in question as coach Kevin Gilbride on Monday put off a decision on the prized rookie.

Gilbride said a choice between Leaf, the No. 2 pick in this year's draft, and reserve quarterback Craig Whelihan will be made by Wednesday. The Chargers play the Philadelphia Eagles on Sunday in San Diego.

Leaf had three interceptions last Sunday before he was pulled in the third quarter in favor of Whelihan. San Diego lost 7-6 to the Oakland Raiders, who scored with 1:28 left to hand the Chargers (2-4) their fourth straight loss.

Leaf has thrown 12 interceptions and lost three fumbles this season.

"We certainly have to get better play from the quarterback position," Gilbride said Monday. "It's a problem now figuring how to do that. We're just trying to see who gives us the best chance to win."

Leaf was 7-of-18 for 78 yards against the Raiders while the Chargers settled for two field goals. There have been only five San Diego touchdowns this season, two on passes by Leaf and Whelihan.

"I thought we'd be more effective throwing the ball, I really did," Gilbride said. "There's no reason for us not to be. There were a couple of

chances [Sunday] for big plays and that's all the game was looking for."

Gilbride said part of the decision of whom will start Sunday rests on whether Leaf will gain from learning the game in a backup role.

But the rookie expressed little benefit from being sidelined.

"You get enough mental repetitions as it is," Leaf said. "But you have to feel it coming at you, making the reads and learning to make the throws. You don't learn by watching someone else do it. But it's not my decision to make."

Leaf, who was designated the starter to open the exhibition season, is 64-of-145 (44.1 percent) for 806 yards.

"I'm just going to prepare like I'm starter until I hear otherwise," Leaf said. "Then whatever the coach's decision, that's the way we'll go."

Whelihan lost all seven of his starts to end last season in place of Stan Humphries, who was sidelined with a career-ending concussion. This season, Whelihan is 9-of-21 for 116 yards.

Gilbride dismissed any suggestion that his players have lost confidence in his coaching. Before last Sunday's game, an ESPN report said the status of the second-year coach was in jeopardy.

"I think they're all questioning everything. I don't think there's anyone who looks at me and says, 'He's not doing his job,'" Gilbride said. "But when you're not going well, human nature looks at everything."

•To Support
•To explore common issues of being gay or lesbian at Notre Dame
•To Assist

Meeting for Notre Dame Lesbian and Gay Students Group

Today, October 13, 1998

For time and location of meeting, call: 1-8041

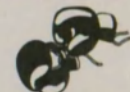
NDLGS Group Advisors: Fr. Tom Gaughan, C.S.C

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All Meetings are private and confidential.

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Joyce Center Boxing Room

REGISTRATION BEGINS WEDNESDAY, 10/14,
7:45AM @ RECSports LOCATED IN THE RSRC.

■ SWIMMING

Notre Dame captures relays, defeats Illinois-Chicago

By WES RICHARDSON
Sports Writer

The Irish men's and women's swimming teams each defeated teams from five other schools Friday to win its fifth-consecutive Notre Dame relays meet.

Dominating their side of the meet, the women accumulated 228 points against their closest competitors Illinois-Chicago, who earned 178 points.

The men saw a more heated competition, edging out Illinois-Chicago 192-182. Both Irish squads won all but one event.

A whopping 12 meet records were broken at the Rolfs Aquatic Center.

The women set six of these in the 200-, 800- and 1000-yard freestyle, 400 medley, 400 breaststroke, and one-meter diving relays. The Irish men reset meet records in 800 freestyle, 400 butterfly, 400 backstroke, and 200 medley relays.

Illinois-Chicago dominated the men's diving events, setting two meet records and qualifying Ryan Nelson for the 1998 NCAA Zone Diving meet.

The Irish men did not compete in diving.

"We feared that not entering a diving relay would make it impossible to win," head coach Tim Welsh said. "I was thrilled and excited with the way the men competed. All across the board we raced very well and better than expected."

Experience gained during the Notre Dame relays will help the Irish be competitive in relays throughout the season, according to Welsh and women's senior co-captain Anne Iacobucci.

"Our [meet] schedule puts a lot of demand on us to have good relays. For us to have a chance to advance in the Big East, our relays must improve," Welsh



The Observer/John Daily

Senior Chris Fugate helped the Irish swim to victory at last weekend's Notre Dame relays held at the Rolfs Aquatic Center.

said.

"The focus for the meet was more on the technical part of the race," Iacobucci said. "The competition wasn't as high, but you still focus on swimming as fast as you can."

Many Irish swimmers had notable performances. Freshman Brook Davey's 50-yard leg of the 200 freestyle relay was faster than her individual time against Stanford a week prior.

Senior Megan Eckstein did the same in her 100-yard portion of the 400 backstroke relay. On the men's side, sophomore James Scott-Browne improved his collegiate best times in both the 100 and 200 freestyle during the 400 and 800 freestyle relays, respectively.

"The meet showed that our relay starts and exchanges are

where they need to be. We're progressing nicely," junior Sean Casey said.

Many swimmers found themselves competing in events they do not normally swim.

This gave the Irish a chance to experiment with different strokes and stay fresh in their primary events, according to Welsh and Iacobucci.

"We used [the meet] as a chance to compete when we're tired and have fun during a tough week of training," Iacobucci said.

The women swim in Miami this Friday, and will remain in Florida for a week of training.

The men's next meet will be October 23 against Air Force and Army.

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Have a concession stand?

Last chance for food service
certification training is
TOMORROW (10/14/98)
4:00 p.m. in the Notre Dame Room of
LaFortune.
Please arrive promptly.



Those who have not been trained will lose their
concession stand!

Any questions, please call Ryan at 1-7309.

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**ANSWER
THE CALL**

LOOKING THROUGH THE WIZARD OF ND

DAN SULLIVAN



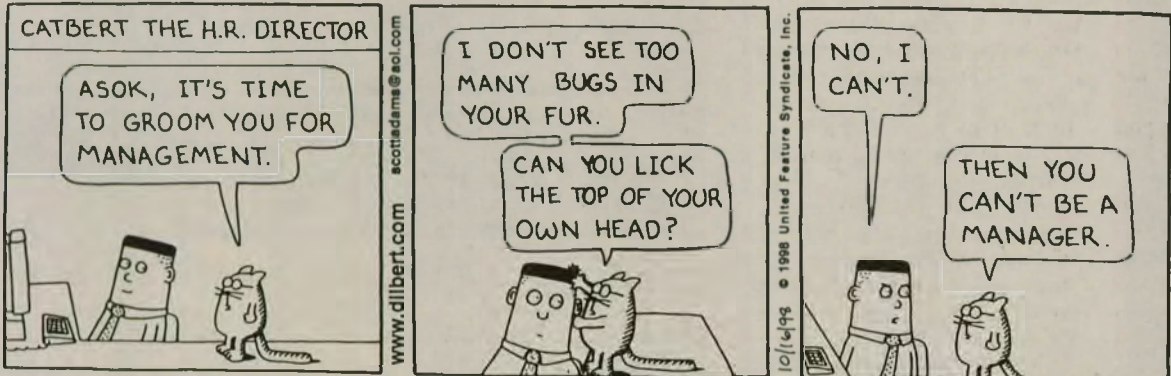
FOXTROT

BILL AMEND



DILBERT

SCOTT ADAMS

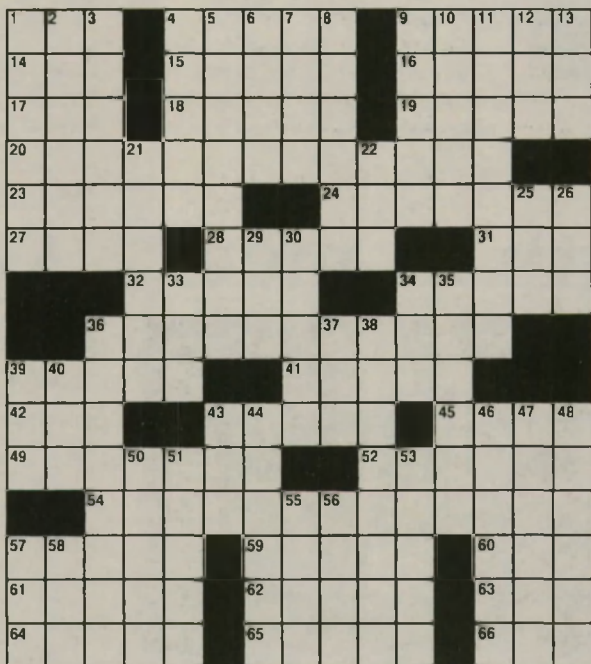


CROSSWORD

- ACROSS**
- 1 Opposite of guerra
 - 4 Oscar contender
 - 9 Noted diarist
 - 14 "— pig's eye!"
 - 15 "Maria —" (1941 hit)
 - 16 Toiled in the galley
 - 17 Nurse
 - 18 Composer Ned
 - 19 Tallow sources
 - 20 "I was —"
 - 23 Turkey, e.g.
 - 24 Rubber tree yields
 - 27 Bed support
 - 28 "Hedda Gabler" dramatist
 - 31 Hobgoblin
 - 32 Marvel comics hero
 - 34 Toothsome
 - 36 "I am —"
 - 39 It may have a well
 - 41 Before, in Brest
 - 42 Kind of nut
 - 43 Rustic
 - 45 Sexual desire
 - 49 Centers of commerce
 - 52 Off the mark
 - 54 "I'll be —"
 - 57 Dallied (with)
 - 59 Ore carriers
 - 60 Relations
- DOWN**
- 1 Galileo and others
 - 2 Kind of magnetism
 - 3 "Viva —!"
 - 4 Word on mail from Mexico
 - 5 Cutting up
 - 6 Trillion: Prefix
 - 7 Lulu
 - 8 Not get to the point
 - 9 Assume as fact
 - 10 — Cologne
 - 11 Come before
 - 12 To this point
 - 13 Radical 60's org.
 - 21 Kind of nut
 - 22 Was published
 - 25 C.P.R. expert
 - 26 Le Carré figure
 - 29 Where to get shots
 - 30 Weasel

ANSWER TO PREVIOUS PUZZLE

CLAP FLAME ICBM
ALSO RACES SOAR
FAIL OVENS ENDS
EMAIL MESSAGES
SANTA AYE TAR
ETTAS LARGE
ARB EHOWARDHUNT
DELI ONICE ACER
EMAJORETUDE TWO
PUCKS SPORT
TSK LAH AHEAD
ECOLIBACTERIA
GOYA ATALET NORM
PREP MOTEL EDEN
SOSO ONSET TESS



Puzzle by Fred Piscop

- 33 "— the ramparts ..."
- 34 Site for Hamilton
- 35 Rearward
- 36 W-2 receiver
- 37 City map abbr.
- 38 Late additions to a jury
- 39 That ship
- 40 Pro —
- 43 Negative, in Chinese philosophy
- 44 Poster material
- 46 Amass
- 47 Using Compuserve
- 48 Dictation taker
- 50 Auguries
- 51 Fun for cowboys
- 53 Baseball's Tony La—
- 55 Native New Yorker
- 56 Locksmith Linus
- 57 Bit of retribution
- 58 Rio de —

Answers to any three clues in this puzzle are available by touch-tone phone: 1-900-420-5656 (75¢ per minute). Annual subscriptions are available for the best of Sunday crosswords from the last 50 years: (800) 762-1665.

YOUR HOROSCOPE

EUGENIA LAST

CELEBRITIES BORN ON THIS DAY: Tim Robbins, Suzanne Somers, Angela Lansbury, Eugene O'Neill

Happy Birthday: This will be a year of great progress for you if you follow through on all the ideas that you want to implement. You will have the drive, the determination and the wherewithal to make things happen if you just stick to your set goals and refuse to be tempted to waste time pursuing other people's endeavors. It's time to put yourself first. Your numbers: 6, 14, 23, 32, 36, 41

ARIES (March 21-April 19): Get down to business and get yourself into shape. Involvement with children will keep you hopping. Go after your dreams. Use your initiative to get the ball rolling. ○○○○

TAURUS (April 20-May 20): Your ability to do well professionally is quite evident. Spend time working on those hobbies that you enjoy so much. The people you live with will be hard to understand today. ○○○○○○

GEMINI (May 21-June 20): Talk to friends about your current situation. Valuable advice will be available. Take a long, hard look at yourself and make the necessary and applicable alterations. ○○

CANCER (June 21-July 22): Traveling about will be very hectic for you today. Elders may need to lean on you for assistance. It is always best to avoid confrontations with relatives. ○○○○

LEO (July 23-Aug. 22): You will dazzle others with your colorful stories. You love the limelight, and the chance to capture new friends and lovers will be yours. Your confidence will enable you to influence those who could further your career. ○○○○

VIRGO (Aug. 23-Sept. 22): You can make some very favorable changes. Use your wit and charm to enhance your reputation. Social gatherings will be to your advantage. Your precise attitude will attract others. ○○○○

LIBRA (Sept. 23-Oct. 22): Take heed of the advice that you've been given. You will be experiencing changes in your home environment. Acceptance will be the key to getting through a period of uncertainty. ○○○○

SCORPIO (Oct. 23-Nov. 21): Investments can be lucrative, but they must also be conservative. Your professional goals can be achieved if you're willing to put in the time and effort that will be required. ○○○○

SAGITTARIUS (Nov. 22-Dec. 21): You must work at getting ahead in your chosen industry. You will have the fortitude to get involved in competitive sports and self-improvement projects. ○○

CAPRICORN (Dec. 22-Jan. 19): Sudden good fortune will be yours if you're willing to take a chance. Don't overspend on luxury items or on entertainment. You will have the opportunity to take care of an elder's personal papers. ○○○○○○

AQUARIUS (Jan. 20-Feb. 18): Your mate may overreact to your personal situation. You will have to be more affectionate with him or her if you wish to keep this insecure lover. ○○○○

PISCES (Feb. 19-March 20): You will have the ability to encourage colleagues. Your creative approach to life will be inspiring to others. Your personal partner may get angry if you have neglected him or her. ○○○○

Birthday Baby: You were born with what it takes to be great. Don't let your lazy side hold you back from accomplishing all that you're capable of. You are a wanderer, always looking for something different. You want to try new things in search of fame and fortune.

■ Of Interest


Holy Cross Associates Chile Meeting — A meeting to discuss the Holy Cross Associates volunteer program in Chile will be held from 7:15-8 p.m. on Thursday, Oct. 15, at the CSC. All who are thinking of applying are encouraged to attend.

Candax McNair Recruitment Meeting — will be held tonight at 6 p.m. in 116 O'Shag. All students who are interested in Graduate School and are either from low-income families or minorities should attend.

Natural Family Planning Classes — A six part class series for engaged and married couples who wish to practice Natural Family Planning will begin at 7 p.m. in the Sorin Room of LaFortune and will last until 9 p.m. The classes are co-sponsored by Campus Ministry and the Natural Family Planning Program of St. Joseph County. Call 237-7405 for more information. Learn why 98 percent of NFP couples stay happily married.

"Getting Into Grad Schools in International Affairs" — Representatives from the Center for International & Public Affairs (Columbia University) School of Foreign Service (Georgetown University) and the Fletcher School of Law and Diplomacy (Tufts University) will make a presentation and provide information on the application process and answer questions about graduate schools. It will be held at 4:15 p.m. in Seminar Room C-103 of the Hesburgh Center for International Studies.

Wanted: Reporters and photographers. Join The Observer staff.



Domer Run

A Benefit for the Catherine Peachey Fund, Inc. for Breast Cancer Research

Congratulations to the women of LYONS HALL for having 33% of their hall population participate in the Domer Run. A total of 374 people registered for the race, thus enabling us to raise \$2,422 for the Catherine Peachey Fund, Inc. for Breast Cancer Research. Thanks to all who made this possible!

RecSports Office
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SPORTS

page 20

THE
OBSERVER

Tuesday, October 13, 1998

■ INTERHALL FOOTBALL

Morrissey's last-second field goal leads to 3-0 win

By TED FOX
Sports Writer

When dawn broke on Sunday morning, two teams with identical 1-2 records awoke with

playoff hopes still alive.

In the game between Morrissey and Stanford, the philosophy was simple: Win and you're in the playoffs, lose and you can watch them at Stepan.

In a tight game that showcased the wills of both teams to make the postseason, Morrissey edged Stanford 3-0 with only seconds remaining to secure its invitation to the interhall football playoffs.

Freshman placekicker John Sandowski played the hero for Morrissey in this game, as he connected on a 19-yard field goal with only 15 seconds remaining in the game.

The misfortune of another kicker was instrumental in setting up this game-winning kick.

In the second quarter, Stanford sophomore punter and fullback J.C. Perez fell with an injury. Losing Perez left Stanford in trouble when it was pinned deep on its side of the field late in the fourth quarter.

Failing to get a drive going after starting on its own 10-yard line, Stanford was forced to punt.

One problem: Perez was still sidelined with the injury.

The result? A 15-yard punt by Matt Lord that left Morrissey with great field position.

This great field position led to the Sandowski field goal that brought home the victory for Morrissey.

In a game that Stanford junior captain Dave Chamberlin thought his team "pretty much dominated," the loss of Perez



The Observer/Bret Hogan

Morrissey earned a spot in the interhall football playoffs, as they improved to 2-2 on the season.

looms large. Not only did the team miss his punting, but according to Chamberlin, "We just couldn't get it in the end-zone," a problem that might have been remedied by having the starting fullback available.

Whatever the case may be, Morrissey now heads towards

the playoffs.

Junior captain Steve Bartlett feels his team's strength is definitely its defense, characterized by a full team effort in the shutout on Sunday. Work remains to be done, however.

see STANFORD / page 17



The Observer/Bret Hogan

Stanford quarterback Brock Cuchna wasn't able to lead the Studs to victory, as their playoff hopes were dashed after a 3-0 loss.

■ CROSS COUNTRY

Irish finish twelfth in meet



The Observer/Kevin Dalum

The cross country team had a disappointing weekend at the pre-national meet in Lawrence, Kansas.

By ALAN WASIELEWSKI
Sports Writer

It wasn't the best weekend the Notre Dame men's cross country team had seen.

The Irish finished in a disappointing 12th place at a pre-national meet in Lawrence, Kansas.

Senior Ryan Maxwell

summed up the performance: "We were embarrassed, no one on the team ran well. Hopefully, we learned what not to do at future events."

For the third consecutive meet, sophomore Ryan Shay was the first runner to cross the finish line for the Irish. Shay's time of 25:18.18 was good enough for 17th in a field

of 259 runners representing 19 of the top 40 teams in the nation.

Second on the team was freshman Luke Watson. Making his first appearance at a major event, Watson finished 77th with a time of 26:08.19. Seniors Ryan Maxwell, Antonio Arce and Tim Englehardt

see IRISH / page 13

■ INTERHALL FOOTBALL

Keenan completes undefeated season

By BRIAN J. HOBBS
Sports Writer

Sunday's premiere interhall football matchup featured a meeting of two of the campus' most revered men's teams.

Defending champions Keenan met up with South Quad powerhouse Dillon. Keenan, sporting a 3-0 record, looked to finish the season undefeated against a 2-1 Dillon team.

The job would not be easy, however. Poor offensive execution from the Knights combined with solid Dillon defense made for an interesting matchup. Keenan superstar Craig Venvertloh was seeing unusual pressure.

"Defense set the tone for the game," Keenan receiver Los Meade said.

It was appropriate that given this defensive matchup, the scoring started with a safety.

After even matchup between both Keenan and Dillon's offensive units, Dillon's special teams found themselves cramped near the Keenan end-zone. Keenan senior Marty Meyer took advantage of a bad snap, punishing the punter and putting Keenan ahead, 2-0.

Supported by solid play from Keenan cornerback Nick Costanza and linebacker Joe Klopp, the defense held Dillon again and gave the Knights another opportunity with time winding down in the half.

Keenan's Venvertloh took advantage of the situation scoring on a quarterback keeper. A failed conversion left the score at 8-0, where it would remain for the rest of the half.

Dillon Hall was still in the game the second half, but failed to put any score on the board.

"They [Dillon] were slow, they didn't complete many passes, were slow running, and they were sloppy," Meade said.

According to Keenan player/coach Dong Min, "We just capitalized on their mistakes."

He also noted strong defensive play by Keenan. Min utilized gutsy special team strategy to preserve the win.

Late in the game in a fourth-and-long situation, Min called for a fake punt. Rather than doling out the responsibility of the play to someone else, he took a pass 30 yards out of punt formation to keep the Keenan offense on the field en route to a 8-0 final.

SPORTS
AT A
GLANCE



vs. Army
October 24, 1:30 p.m.



vs. Connecticut
Friday, 7 p.m.



at Connecticut
Friday, 7:30 p.m.



Volleyball
at Duke
Saturday, 7 p.m.



Cross Country
at Central Collegiates
Friday, 4:15 p.m.