

Over-Weight Watching • Sobering Up

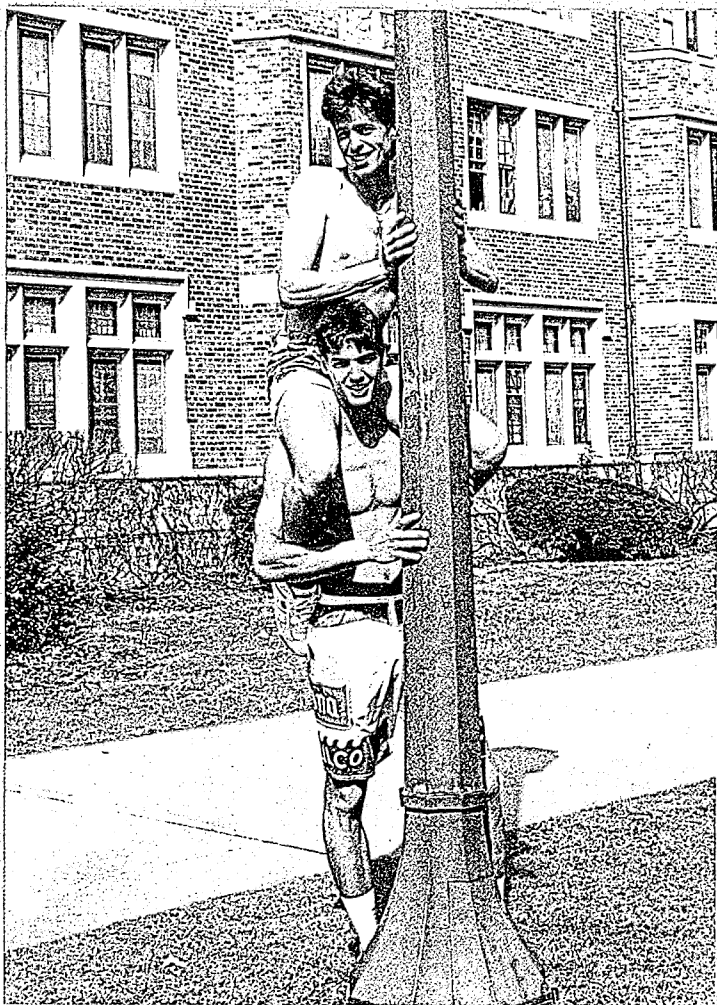
SCHOLASTIC

MAGAZINE

Is Notre Dame still intimidating?

ARE YOU LEADING

UNIVERSITY OF NOTRE DAME • OCTOBER 30, 1997



**Start your climb
to the top.**

**Work for
*Scholastic.***

Applications are now being accepted
for the following positions:

**Campus Life Editor
Business Manager
Advertising Manager**

**Pick up applications in 303 LaFortune.
Applications due Friday, November 14.
Questions? Call Kristin at 1-5029.**

Bruno's



Pizza

**ONE 18-INCH PIZZA WITH 3 TOPPINGS
FOR \$12.00 EVERY DAY**

**MONDAY NIGHT FOOTBALL BUFFET
ALL YOU CAN EAT PIZZA & PASTA
\$5.00**

**119 U.S. 31 (just north of campus)
Open for carryout, delivery & dine-in
11:00 to 11:30 Lunch
4:00 to 10:00 Sunday to Thursday
4:00 to 11:00 Friday and Saturday**

273-3890

"All Homemade - 100% Real Cheese"

**We offer FREE DELIVERY to Notre Dame's and
Saint Mary's campuses.**

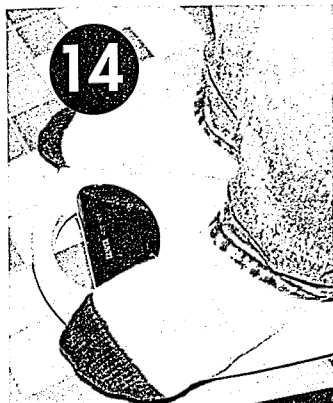
SCHOLASTIC

MAGAZINE

The Fall of the House of Rockne 22

Boston College '93, BYU '94, Northwestern '95, Air Force '96, USC '97 — home games we should have won. All games we lost. Has the house that Rockne built lost its ability to intimidate? *by Jerry Barca*

14



Kate Oryan



10



Stan Evans

18



Stan Evans

22

Watching What You Eat 14

With the stresses of schoolwork and the pressure to look good, it's no wonder eating disorders are common on campus. *Scholastic* investigates how Notre Dame perpetuates eating disorders. *by Allison Fashek*

This is Notre Dame 18

Scholastic's photographers show life at Notre Dame as seen through their viewfinders. *by Kate Jacques and Allison Fashek, photos by Stan Evans and Gordie Bell*

Live and Learn <i>by Timothy Campbell</i>	7
Absolute Disorder <i>by Jake Mooney</i>	10
Hall of Horror <i>by Amber Aguiar</i>	13
Money Player <i>by Tom Repetto</i>	21
It's My Prerogative <i>by Kelly Kingsbury</i>	26
What's the Frequency, Campus? <i>by Brendan Kenny</i>	28

Departments

From the Editor	2
Letters	3
ND Notebook	5
Campus Watch	17
Splinters from the Press Box	25
Out of Bounds	30
Life in Hell	31
Week in Distortion	32
On Other Campuses	34
Calendar	35
Final Word	36

Losing Advantage

On the evening of November 20, 1993, I remember sitting in my family room watching David Gordon kick a game-winning, heart-shattering field goal that ended Notre Dame's week-long reign as the top-ranked team in the nation. Looking back on that moment four years later, that kick did a lot more than give Boston College an upset victory.

Like many current seniors, I came to Notre Dame the next year with hopes of a National Championship, New Year's in Miami and watching Ron Powlus shatter records while winning a Heisman trophy (or two). Since my first freshman home game — the '94 heart-breaker against Michigan — I have gradually become a jaded, cynical senior full of shattered expectations. Like many, I have spent numerous fall Saturdays pointing fingers and passing blame while watching visiting fans run across our field in celebration. I have been to 22 home games here, and I have seen us lose one-third of them. Ever since that fateful day when David Gordon kicked a field goal into the gaze of touchdown Jesus, Notre Dame football has not been *Notre Dame* football, particularly at Notre Dame Stadium.

What happened? Has playing in South Bend become a home field disadvantage for the Irish? In this week's cover

story, Jerry Barca looks at the possible reasons for the declining success of the Irish on their home turf — from lack of fan enthusiasm to the detrimental effects of NBC's television contract.

One can only hope that the "New Era of Irish Football" that has been touted will soon reverse the ill fortunes of years past. But for now, the expanded stadium has only blocked out the once-intimidating gaze of Touchdown Jesus, leaving seniors like myself in the cold shadow of a new, peacock-clad scoreboard that too frequently recalls the evening of November 20, 1993.

Also Inside

Binge drinking, eating disorders, student-professor relationships, the many scents of Carroll Hall. A Lifetime Movie of the Week? No, just some of the topics dealt with in this issue of *Scholastic*. Jake Mooney explores how the administration is dealing with Notre Dame's favorite weekend pastime, Alison Fashek looks into the dining hall dilemma many students face, Timothy Campbell examines the lack of student-professor interaction outside classrooms and Amber Aguiar investigates the horrifying tradition of Carroll Hall (and why it still smells today).

And don't forget that this Friday is Halloween, where Christianity gets booted out the door for a night of reveling in pagan tradition and free candy. Nothin' like selling your soul to Satan for a free Bite Size Snickers, huh?

— Chris Myers
Executive Editor

Eleven Years Ago: Too Cool

In the December 4, 1986, issue of *Scholastic*, John Coyle presented the answer to many an insecure freshman's biggest worry.

Haven't you always wondered just how cool you are? How many times have you said, "Wouldn't it be great if there was some kind of test I could take to determine if little old me is cool?" Well, together with some noted coolologists (my roommates), and based on minutes of research, I've constructed the Ultimate Degree of Coolness Test.

Here is the fourth question from Coyle's test (the number values after each response indicate one's relative coolness):

Your biggest concern right now is:

- a. How you will do on finals (3)*
- b. Whether your parents will let you come home for Christmas (8)*
- c. What will happen if all four of your pencils break while taking a calculus test (0)*
- d. Where your next beer will come from (10)*

Jake Mooney examines how the university is addressing the problem of binge drinking at Notre Dame on page 10. If the preconceptions about above average beer consumption on campus are true, then the Fonz has nothing on Notre Dame.

— WPD

SCHOLASTIC

M A G A Z I N E

Executive Editor
Chris Myers

Editor in Chief
Kristin M. Alworth

Managing Editor
W. Patrick Downes

News Lauren E. Winterfield, editor; Jacob F. Mooney, assistant
Campus Life Allison C. Fashek, editor; Kate L. Jacques, assistant
Sports Brian M. Lucas, editor; Gennaro Barca, assistant
Entertainment Aaron J. Nolan, editor; Morgan L. Burns, assistant
Departments Zachary W. Kulsrud, editor
Layout Brian H. Christ, editor; Helga Schaffrin, Maryellen Wilson
Copy Meredith W. Salisbury, editor
Photography Stanley P. Evans, editor; Gordon B. Bell, assistant
Graphic Arts Paul Bohensky, editor
Business Jennifer L. Stachowiak, manager
Distribution Ryan P. Engle, manager
Systems Brian H. Johnsen, manager

Vol. 139, No. 5 • October 30, 1997

*Disce Quasi Semper Victurus
Vive Quasi Cras Moriturus*

Published biweekly at the University of Notre Dame, and printed at Ave Maria Press, Notre Dame, Ind. 46556. The entire contents of *Scholastic Magazine* are copyright ©1997. All rights reserved. No contents of this magazine, either in whole or in part, may be reproduced in any manner without written consent of the publisher. *Scholastic Magazine* does not assume liability for unsolicited manuscripts or material. All correspondence should be sent to *Scholastic Magazine*, 303 LaFortune Student Center, Notre Dame, IN 46556. To be published in the next issue, letters must be received by 5:00 p.m. Monday before the issue. All letters must include the writer's name, address and phone number. All letters must be signed. Names will be withheld upon request in certain instances. *Scholastic* reserves the right to edit letters for space. The subscription rate, including the annual football review, is \$35 per year. Available back issues are \$1.50 per copy; please specify volume and number, or date. Copies of the annual football review are available at \$5 per copy. Advertising rates available on request.

Cover photo by Stan Evans

The Real Victims

Dear Editor,

I am writing in response to the Final Word by Tara Dix entitled *Finding Redemption: Letters to a Death Row Inmate*. When I read articles such as this, I too experience an emotional reaction, but for far different reasons than Ms. Dix. For those of you who agree with this bleeding-heart journalism, I urge you to read this very carefully, because recently many in society have begun to find it very chic to support the rights of convicted killers. Perhaps people like Ms. Dix have cried watching *Dead Man Walking* one too many times. Somewhere along the line many of us have begun to forget who the real victims of violent crime are and rushed headlong to embrace those who rob innocent people of their "sacred gift" of life.

Ms. Dix does an excellent job of rehashing the age-old argument for why we should give "life" to those who kill. "He is a human being — capable of love, capable of friendship, capable of redemption. He was once a tiny, innocent baby — just like me and just like you." And guess what: he also didn't have a father growing up. This caused him to turn to drugs and kill an innocent store clerk. Wake up, everyone. We all have awful things happen to us, but no matter how tough life gets, it does not mean you are given the right to kill a truly innocent human being. A human being who Ms. Dix does not even have the common decency to mention by name. I am sure he had a family who wept for their loss.

For Exzavious Gibson's murder victim and for all those out there who have been the real victims of violent crime, I feel nothing but disgust for this attempt at pity. Since the account of Mr. Gibson's crime and his victim was glossed over to make a sweeping claim against the death penalty, I hope you will indulge me while I tell a little story. In 1976 there was a murder in Ventura County, Calif., the same year and county where I was born. The victim was a three-year-old girl named Amy. The kidnapper and killer's name was Theodore Frank, a convicted child molester who had recently been released from prison. He kidnapped Amy from her front yard and took her to a secluded place in the mountains. He then sexually molested her over the course of an entire day. He used tools to penetrate her. He tortured her for hours. He then stabbed her to death and set her little body on fire.

Twenty-one years later Theodore Frank is still on death row for this crime, using his bounty of appeals to stave off retribution from

an outraged community. Guess what he does in his spare time, with the life which Ms. Dix is so eager to give to all people like Mr. Frank? He draws pictures and paintings of little girls and boys. The faces and images which he still lusts after. I hope Ms. Dix is able to weep for Amy as easily as she seems to be able to weep for Mr. Gibson, because only real the victims deserve tears.

The problem with the death penalty is not that it exists, but that well-intentioned individuals within the judiciary have made it impossible for it to be carried out quickly and efficiently. Ms. Dix wants people like Mr. Gibson and Mr. Frank to die a "natural" death. What could possibly be a more natural death for people such as this than to die by the very violence which they embraced? To this I am sure that Ms. Dix would say that I am no better than those I would like to execute. However, I humbly beg to differ.

At the moment when Mr. Gibson was convicted of plunging the knife into the store clerk he forfeited his right to be treated as a human being. He forfeited his right to be considered a member of society, he forfeited his right to life. He may very well have been innocent when he was born, and he probably had "dreams and goals" growing up. However, at some point it became his goal to rob a convenience store, and in the pursuit of that goal he killed a man. *This is the "wretched, wretched thing."* As for society not being any better off after the execution, this is one member of society who will feel that justice has finally been done and, yes, I will feel better. The victims' families demand it, society demands it and justice demands it. Giving life to someone who has brought only death would only further go to show how warped our priorities have become.

I am sure all of you death penalty opponents out there are wondering the same thing: would I execute someone myself? Would I pull the lever, press the button or squeeze the trigger? Absolutely. These "people" deserve not our pity nor our tears. By taking a life, they give up their own. This is justice. So the next time you hear about some well-intentioned individual who has decided to make the final days of a murderer's stay on death row a little happier by becoming their friend, remember this: that murderer took a friend from this world, he took a brother, he took a child. Those who are left in the wake of this crime are victims as well and the first step to allowing them to rebuild their lives is to remove that evil from the world which took their loved one's life. So when you visit Mr. Gibson later this year, Ms. Dix, I hope you look into his eyes and see the carnage and destruction which he has brought to so many lives and are not so naïve as to see someone who deserves to be wept over.

Timothy P. McConville
Off Campus

LETTERS



Sometimes our editor gets sooooo sick of waiting for letters.

Please let her know you're reading.

Scholastic • 303 LaFortune Student Center • Notre Dame, IN 46556

E-mail: Scholastic.scholast.1@nd.edu

Letters may be edited for space • Letters for next issue must be received by 5 p.m. November 3, 1997

Opinions ... everybody's got one. Where's yours?

Delivering A Million Smiles.....

\$6.95

Large
1 Topper

Edison Location Only / Valid For A Limited Time

Medium 3
Topping Deep
Dish

\$8.99

2nd Just \$4.99



Extras!!

\$1.99 Bread Sticks

\$3.99 10 Wings

\$2.99 Cheesey Bread

271-0300

www.dominos.com

Edison & SR 23

Edison Plaza

BAR TALK

On The Rocks

Live music and local bars aren't always a smooth mix

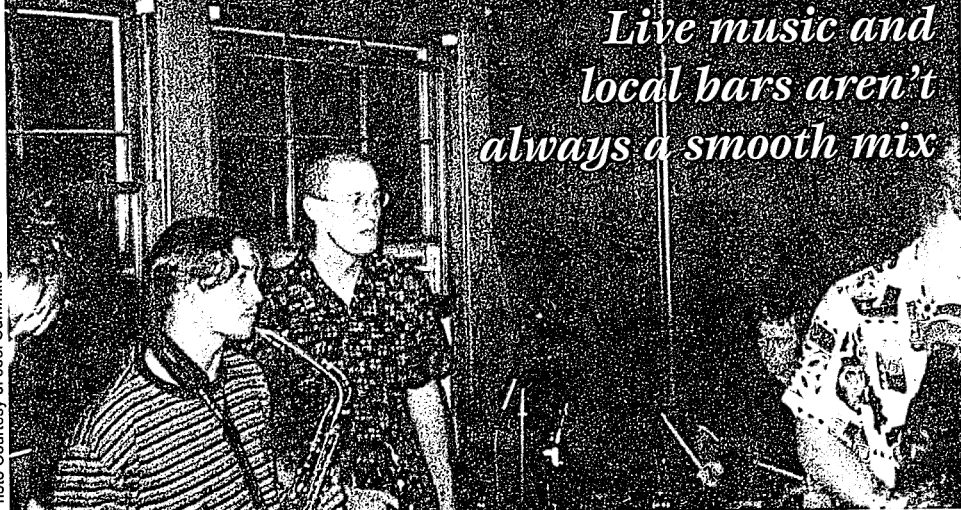


Photo Courtesy of Joel Cummins

BACKSTAGE. Stomper Bob musicians Keith Syska and Phil Erskine rehearse.

With a name like Jazzman's, Leon Townsend's bar is expected to be a musical hot spot. "Whoever wants to play is allowed to play," Townsend says. Willing to try new bands or unorthodox styles of music, Jazzman's provides a starting point for bands that vary from the mainstream. "They can play Chinese if they want," Townsend says.

For most local bars, however, such a reception is unusual. Music lovers looking for live shows in the area find that local bars are a hotbed of old favorites but that it is rare to discover a new band. Owners of local bars don't necessarily have Townsend's tone-deaf admission policy.

Club 23, for example, takes a safer, more conservative approach than Jazzman's by sticking with campus trends. Manager Chris Was justifies his approach by noting that straying from the mainstream has cost him in the past. "We used to have blues on Tuesday, but that didn't work," Was says. Club 23 also requires demo tapes in advance, so bands have to prove they can play

and draw a crowd before securing a play date.

Despite their somewhat cautious approach to booking bands, Club 23 is planning to beef up its number of live shows, as is Senior Bar. And according to Ben Cordell, rentals and promotions manager at Senior Bar, "[Live bands play] as often as possible, not nearly enough." Cordell is realistic about which bands play, however. As far as what makes the difference, Cordell says, "Money and timing."

Despite the big draw of campus favorites like Skalcoholiks and Stomper Bob, Senior Bar allows occasional performances from lesser-known bands who play different styles of music, including a rhythm and blues and groove band that performed during the week of the Michigan game. Nonetheless, like programmers at other bars, Cordell sees the strengths and weaknesses of campus reaction to live music. "Campus is equally receptive to most things," he says. "Which is not very much."

— Morgan Burns

Q&A

10 Questions with Lyn Thompson



photo courtesy of Jody Jones

Wishes he was Louie DePalma

As the stress of midterms fades and students look forward to a relaxing weekend, cab companies are flooded with calls. Michiana Taxi is no exception as cab driver Lyn Thompson gets ready for a night of conversation and excitement driving both new and old faces between bars. Lyn, as students know him, has been a driver and dispatcher at the company for the past 16 months. Scholastic caught up with Lyn after another eventful weekend and listened to what he had to say about what happens while the meter is running.

What's a funny experience you remember with a student in your cab?

Just your usual drunken stories. It was one guy's 21st birthday and his friends had to carry him out of Club 23. He just made it out of the cab before he got sick. I was happy he made it outside.

Ever catch any back seat action in your rearview mirror?

Well, the most I've ever had was kissing, but a friend of mine from another company had quite a bit more in the back of a station wagon one night.

What's the furthest you've driven someone?

I drove someone to Indianapolis once and that cost them about \$175.

What's the best kind of cab to drive in and why?

Definitely the van because it is more economical and harder for people to escape without paying.

continued on next page →

JUDGMENT CALLS

Gerald Ford?	↔	Reaction to the American legend at Saturday's BC game ranged from cheers to boos to 'who?'s. Couldn't we show a little reverence for the father of the automobile?
Lines in the Huddle Mart	↓	Camping out for tickets? No, just trying to buy a Coke. A little more speed at the register would help put the convenience back in convenience store.
Devil's Night	↑	Students plan to defame, vandalize and generally wreak havoc on campus. It's like being an administrator for a night.
Trick or Treating	↑	The idea is to go as the scariest thing possible. We're going as our field goal unit.

Q&A

continued from previous page

Has anyone ever fought over your cab?

I picked up one guy and had to go around the corner to pick up four of his friends, but before I could, a bunch of other guys jumped in and insisted that it was their cab. One of the guys actually rolled off my hood to try and convince me. Luckily it was resolved peacefully.

How many people have you had try to fit into your cab at once?

Just [last] weekend I was rushed by about 40 people. They were jumping into the car and really were desperate for a cab. I guess about 13 fit in before I had to say no more because the bottom of my cab was sinking.

If you could be any character on the television show *Taxi* who would you be and why?

I would be Danny DeVito. It would be fun to dispatch and make people's lives a living hell for a night.



What was your most interesting encounter with a student?

I met a girl last year who called me from the Morris Inn and wanted a ride to the other side of campus. After laughing at her, I found out she was visiting her boyfriend and had no idea how to get around campus. She later told me that she knew Tiger Woods.

Ever received any gifts from students?

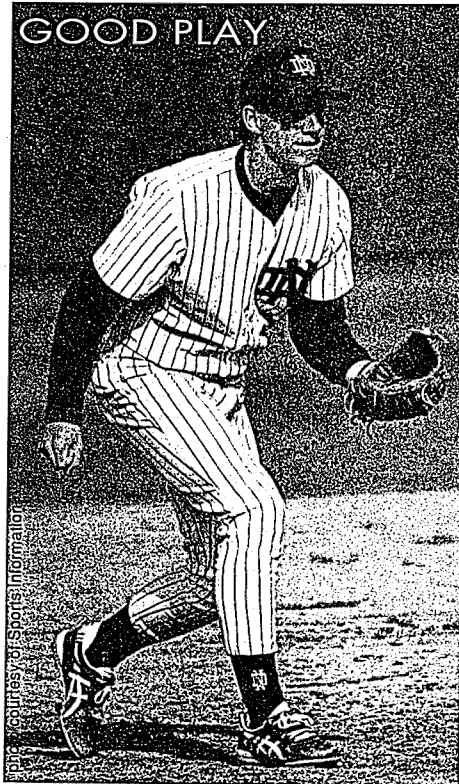
On the last day of school last year, my friend and regular customer, Jody, gave me a framed picture of the two of us taken in the cab and a mix tape she had made.

Do you have any favorites or any really good friends from driving?

Jody and her friends. When I met Jody, a door opened and ever since people have been walking through. Before we became friends, I never really had any people call and ask for me by name. Now I have a connection with many of the students and we really have become friends.

— *Kate Jacques*

GOOD PLAY



Golden Boy

Former Irish star Craig Counsell becomes the hero of this year's World Series

"I've never been associated with a player that has improved so much in four years. He's going to be very valuable to some pro team — he's invaluable to us."

That's what former Notre Dame baseball coach Pat Murphy said about Craig Counsell five years ago. And the Florida Marlins couldn't agree more.

Counsell, a second baseman for the World Champion Marlins, was a major factor in Florida's win at the World Series in the team's fifth year of existence. With the Marlins trailing 2-1 with one out in the bottom of the ninth inning in Game 7, Counsell strode to the plate looking to extend Florida's season. Moises Alou was on third base and Charles Johnson on first. A ground ball probably would have ended Florida's comeback but Counsell came through, lifting a fly ball to right field, long enough to plate Alou. In the bottom of the 11th, the '92 graduate struck again. After reaching base via a Tony Fernandez error, Counsell was at third base with two outs and

Edgar Renteria at the plate. When Renteria lined a single up the middle, Counsell scored the series-clinching run as Florida won the game 3-2 and the series four games to three.

"There's just a tremendous sense of accomplishment," Counsell's father John says. "We got to share every moment with him. He even flew in his sister Jennifer [class of '94] in from Sydney, Australia, to see all seven games."

Counsell is the first former Notre Dame player to play for a World Series winner since relief pitcher Ron Reed helped the Philadelphia Phillies defeat the Kansas City Royals in 1980, and only the fifth in Notre Dame history. Counsell appeared in 15 of Florida's 16 playoff games, starting 12, including all seven World Series games. His .293 postseason batting average ranked third among Marlins players with more than 12 postseason at-bats.

As a senior in 1992, Counsell served as one of three captains for the Irish, following in the footsteps of his father John. They have been the only father-son combination to captain the same team sport in Notre Dame history. That season, Counsell garnered team MVP honors for a squad that was one victory away from an appearance in the College World Series. He holds the Notre Dame career records for games played (236) and bases on balls (166).

"One of the things Craig learned at Notre Dame is to hold himself to higher standards," his father says. "He saw how the football players dealt with all the pressure and learned a lot from that."

After graduation, the South Bend native was drafted in the 11th round by the Colorado Rockies. During his five and a half years in the Rockies farm system, Counsell was deluged by injuries. However, on July 27 of this year, Counsell was traded to Florida for pitcher Mark Hutton. He played in 51 games for the Marlins, hitting .299 and playing solid defense.

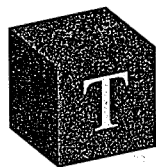
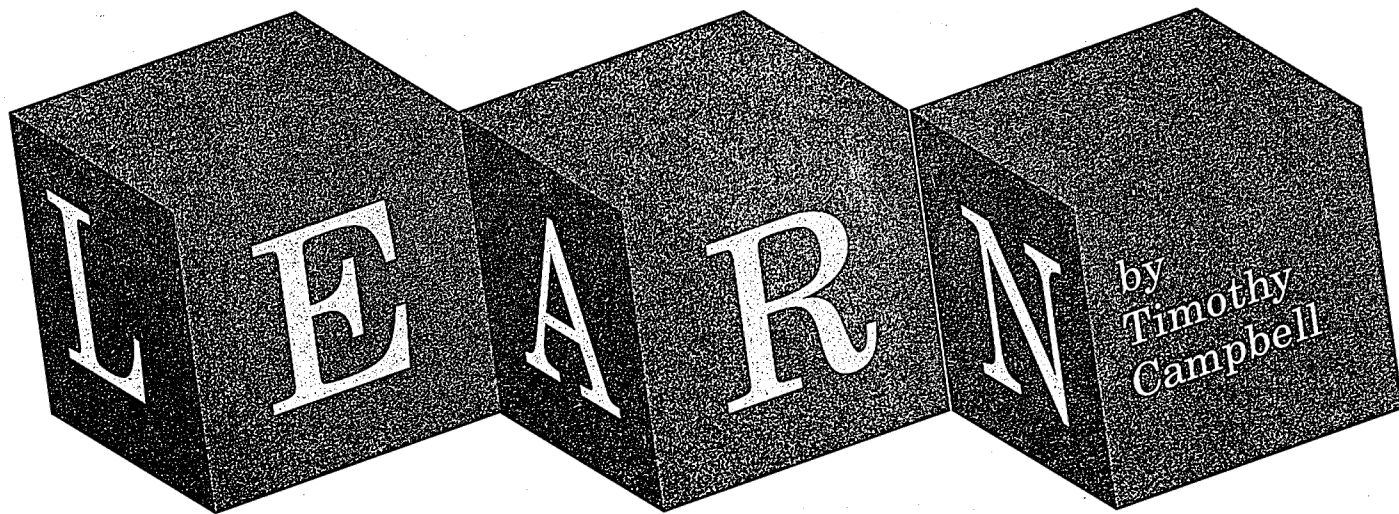
"It was very special to get to see him play every day," his father, a resident of Ft. Myers Beach, Fla, says. "We had just spent about \$2,000 to see him play in Colorado — then he gets traded about 100 miles away."

Counsell became the 33rd former Notre Dame player to win a championship in one of the four major sports, including the fifth this year. Derrick Mayes, Aaron Taylor, Lindsay Knapp and Craig Hentrich all won the Super Bowl with Green Bay.

Now if Counsell could just teach our football team about winning the big game.

— *Brian Lucas*

Live and



he most some students interact with professors outside the classroom is to say “hello” as they pass on the quad.

Aside from that once-a-semester office hours visit, the student-professor relationship is limited to two or three hour-long monologues a week.

Interaction outside of the classroom, however, is essential to a liberal arts education. Some feel that Notre Dame fails to foster this sort of interaction. As History Professor Jay Dolan says, “My interaction with students is 99 percent in the classroom.”

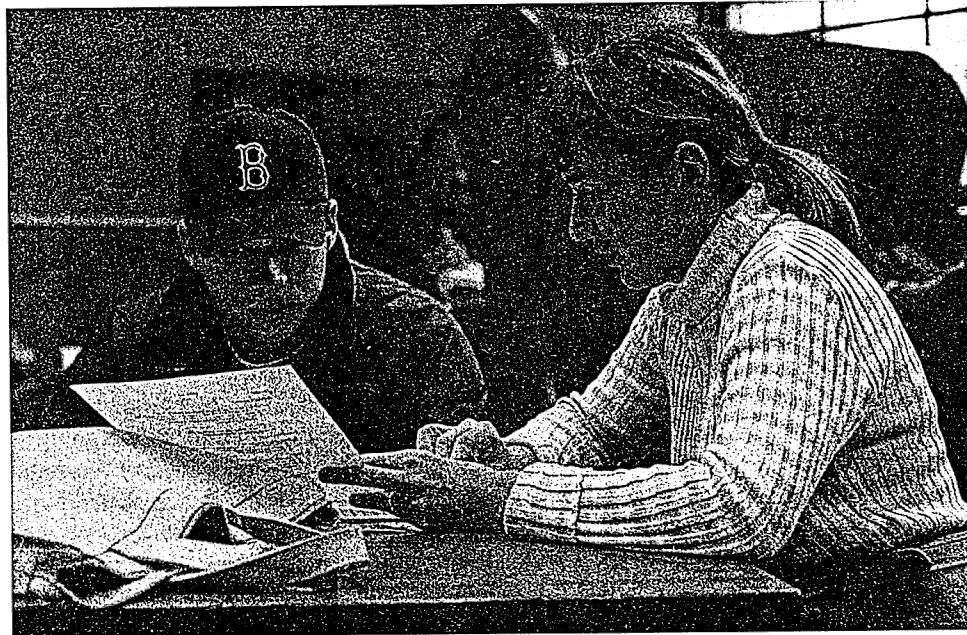
Faculty members agree that an increase in student-professor interaction outside the classroom will enhance intellectual life. Ava Preacher, assistant dean of the College of Arts and Letters, insists that interaction away from classes is important. “When you begin to get profs and students coming together outside of the classroom, you begin to bridge that notion that this is the place that I learn and this is the place that I live, and you begin to see that learning and living can be one and the same thing,” she says.

National research on student learning reinforces these observations. Dr. Barbara Walvoord, director of the Kaneb Center for Teaching and Learning and concurrent professor of English, says, “The extensive national research literature about what enhances student learning suggests that one of the strongest factors is student and faculty

interaction — inside and outside the classroom.” Ideally, academic experiences should take place alongside other college experiences, not apart from them.

Alven Neiman, director of the Core program and assistant dean of the College of Arts and Letters, points to the history of education. “Look at Socrates, for example. Teaching was an intense, personal relationship between a small number of students

and a teacher, a dialogue,” he says. “I would like to see students in love with ideas and the people who have them.” According to Neiman, whose field is philosophy of education, at least two general approaches to higher education operate today: an “oratorical” approach based upon dialogue with students, and a “professorial” approach in which research is passed on to all but the brightest and most advanced students



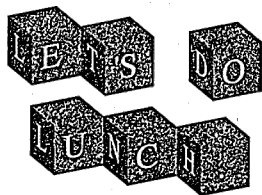
Stan Evans



Freshman Peter Aguiar finds he learns more from short, intensive sessions with graduate student Malgorzata Bak than from long lectures.



Stan Evans



Sharing a meal at campus spots like Waddick's is a comfortable way for students and professors to spend time together outside of class.

through lecture. "When I got here 20 years ago, Notre Dame adhered much more closely to the first model," he says. "As we've become a bigger and bigger research university ... we've begun to move toward the second model."

Some professors note a coinciding decrease in student-faculty interaction since the university became more research-oriented. English Professor Tom Werge recalls, "Certainly in the 1970s there was much more interaction between students and faculty. I think that there was a more communal sense than we have now."

Preacher also notes that a more professional attitude characterizes teaching today. "The attitude is reflected in the feeling that if you want to see somebody you've got to go to their office," she says, adding that casual interaction becomes less likely in a more professional environment.

One explanation for the gap between faculty and students is the lack of on-campus space conducive to casual interaction. "I

think you need the right kinds of spaces and opportunities for profs and students to meet up ... for a different kind of communication than what you get in the classroom," Preacher says.

Brendan Kelly, Student Union academic delegate and head of the Student Academic Council Committee (SACC), believes that professors are interested in interacting outside of class. "Professors are very willing and they want to do more social things," he says. "It's just a matter of finding the time and the place." He feels that they do the best they can given the conditions. According to Student Body Vice President Erek Nass, the current survey on social space is attempting to find out what kind of environment students think would aid interaction with faculty.

Despite these problems, sophomore Nathaniel Marx thinks that students can have relationships with professors. He recalls a positive experience he had just visiting a professor in his office. "It seemed to

me I took an awful lot away during those 15 minutes ... possibly more than I got from all the hours taking notes in class," he says.

Junior Maria Eidietis agrees that more personal interaction with professors is beneficial. "What I've learned outside of class has been far more productive," she says. "There's just so much potential to find out what that professor really knows." The question remains why so few students take advantage of opportunities to get to know professors. And faculty frequently are not the ones to blame. Freshman Brian Travers notices that professors make themselves available. "They definitely try hard to make themselves approachable," he says.

Preacher points out that since faculty usually do not live on campus, they can feel uncomfortable forcing interaction outside the classroom. The Dorm Fellows program facilitated professors' interaction with the dorms, but it has declined. "The profs never really felt comfortable going into the dorms, and the students never really felt comfort-

able with the profs coming into them," Preacher says.

She believes that intimidation may also make students reluctant to approach their professors. Dolan agrees. "I myself recall feeling intimidated by my professors in my days as a student," he says.

Sophomore Caroline Pozorski notes that interacting with college professors requires changing conceptions from high school about what a teacher's role is. "We have to realize that they're not so much authority figures, separated from us, as fellow academics," she says.

The SACC is offering a new program to help bring students and faculty together in a setting more comfortable for both. Upon returning from fall break this week, the provost's office and University Food Services are cooperating to offer professors free meal vouchers to use in the dining halls when eating with a student.

Kelly helped implement this program to simplify and improve older programs offered by individual departments. The voucher system will tap into a resource students already use regularly. "Most students spend a lot of time in the dining halls. It's a very social environment," Kelly says.

Faculty response to the dining hall voucher program seems positive. "I think that anything that will help break down the chasm, the divide, between students and faculty is positive," Dolan says. "[Sharing meals with professors] carries the discussion from the classroom to the dormitory, where students can discuss issues that are important."

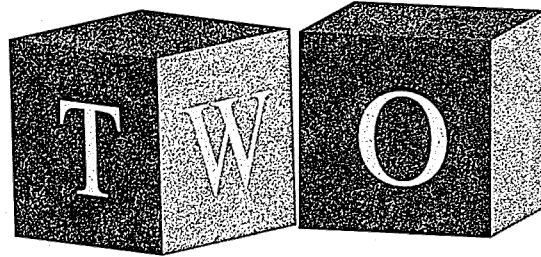
Dolan, for one, regularly invites members of his classes to lunch in the dining hall, and many students simply don't participate. He feels that some professors are frustrated that their efforts to interact with students are not reciprocated. "I put a lot of blame on the students," Dolan says. "Faculty would be more than willing to participate, but I think it's up to the students to take the initiative."

Some praise the program as a good step, but remain wary of the dining halls' drawbacks and point to more intimate places like Waddick's as better options. "Dining halls tend to be crowded and noisy and I'm usually in a rush when I go there," junior Kathleen Sullivan says.

While the program is not perfect, Kelly says, "It's only a small step to improve [academic life] while we discuss long term solutions." And according to Kelly, with Provost Nathan Hatch relatively new to the position, now is a good time to address the issue of intellectual life. "Right now things are very fluid, and it's an excellent time to implement these changes," he says.

Professors feel that the university emphasizes aspects of faculty work other than their relationships with students. "I think there's

tion. As director of the Core program, Neiman has a special role in increasing the importance of intellectual ideas in students' lives. The Core program was intended to give Arts and Letters students a common academic experience in the hope that having students read the same material would foster intellectual discussion outside the classroom. "It's something that 700 students have in common beyond Notre Dame football and SYRs," Neiman says. He also notes that senior theses, where students work



things are necessary for good relationships: common physical, social and intellectual ground, and the recognition and awareness of the importance of interaction by both faculty and students.

— Dr. Barbara Walvoord

an enormous amount of pressure on faculty to publish, and I know that the administration keeps saying ... that teaching is as important as research, but I don't hear them saying that spending enormous amounts of time with your students is as important as teaching and research," Neiman says.

Neiman remembers one student who had an especially difficult time fitting in. "Every Tuesday I would go to the Oak Room and have lunch, and I would see a particularly dedicated prof talking to a student. That student was being initiated into the life of the mind," he says. The student who spent hours talking to that professor recently had a book published and reviewed in the *New York Times*. "Without that contact and encouragement and that personal friendship and apprenticeship, this person never would have made it. I think it took more than a rector or a psych-service person, it took someone who knew literature, and sort of took him under his arm and sort of adopted him." Neiman adds that this critical mentoring suffers when professors spend less time with students due to the pressure to publish and the need to spend time with their families.

Several different initiatives have been developed to enhance a liberal arts educa-

tion. As director of the Core program, Neiman has a special role in increasing the importance of intellectual ideas in students' lives. The Core program was intended to give Arts and Letters students a common academic experience in the hope that having students read the same material would foster intellectual discussion outside the classroom. "It's something that 700 students have in common beyond Notre Dame football and SYRs," Neiman says. He also notes that senior theses, where students work

tion. As director of the Core program, Neiman has a special role in increasing the importance of intellectual ideas in students' lives. The Core program was intended to give Arts and Letters students a common academic experience in the hope that having students read the same material would foster intellectual discussion outside the classroom. "It's something that 700 students have in common beyond Notre Dame football and SYRs," Neiman says. He also notes that senior theses, where students work

tion. As director of the Core program, Neiman has a special role in increasing the importance of intellectual ideas in students' lives. The Core program was intended to give Arts and Letters students a common academic experience in the hope that having students read the same material would foster intellectual discussion outside the classroom. "It's something that 700 students have in common beyond Notre Dame football and SYRs," Neiman says. He also notes that senior theses, where students work



ABSOLUTE DISORDER

BY JAKE MOONEY

Solutions to Notre Dame's binge drinking problem seem a long way off as administrators grapple with the problem

Ask most college administrators about the biggest problem facing their campus, and more than likely the answer you receive will be "binge drinking." Notre Dame is no exception. The issue is on the lips of everyone from the Campus Life Council to President Malloy himself. Although alcohol abuse is a topic of perpetual debate at Notre Dame, real steps to counteract the problem have been harder to come by.

In August 1995, Harvard University released a study that, for many Notre Dame administrators, defined the most significant issue facing the university today. The study, conducted by Dr. Henry Wechsler of Harvard's School of Public Health, surveyed students from 140 schools across the country with a questionnaire asking them to describe their drinking habits. The finished product contains 16 pages of anecdotes, statistics and recommendations, all relating to the situation of "binge drinkers" across the country.

Perhaps most pertinent to Notre Dame is the section of the study that categorizes schools based on the frequency of binge drinking, which the study defines as the consumption of at least five drinks in one sitting for men or at least four for women. According to the study, Notre Dame's bingeing rate is dangerously close to the high end of the scale, placing the school solidly within the "high-binge" category.

Assistant Arts and Letters Dean Ava Preacher, who is a member of the CLC and serves on the University Academic Council, finds Notre Dame's status as a high-binge school particularly alarming. "There have been alcohol-related deaths at other places, and it feels like we're marking time," Preacher says.

Kelly Landry, assistant director of the Office of Alcohol and Drug Education, agrees. "We've been lucky so far that no one has died, but sooner or later that luck is going to run out," Landry says. Equally disturbing to Preacher is the perception that the university is doing little to counteract the problem. Despite the recent release to the CLC of another study on the effects of binge drinking on academics, Preacher says, "I don't see anything happening in a proactive way."



Gordie Bell

“When students talk about the importance of alcohol at Notre Dame, it perpetuates the problem.”
— ***Bill Kirk, assistant vice president for Residence Life***

Preacher's view is not uncommon at Notre Dame, yet others say it is difficult to solve such a broad problem. William Kirk, assistant vice president for Residence Life, sees that the problem goes beyond the confines of Notre Dame. He points out that according to the Harvard study, schools with demographics and academic demands similar to those at Notre Dame often have higher binge-drinking rates. “Relative to other college campuses is the best way to tell how big our problem is,” Kirk says. “Ours is not appreciably better or worse than other colleges. It's huge in society at large.”

Kirk also believes that the increased attention drawn to the issue of drinking has actually contributed to its frequency. “[Binge drinking] is not an uncommon occurrence,” he says, “but I think that student perception is higher than what it actually is. ... When students talk about the importance of alcohol at Notre Dame, it perpetuates the problem.”

According to Landry, Notre Dame's “drinking tradition” is one of the main factors responsible for the school's binge drinking problem. “We have to see the tradition behind the problem, and start changing mindsets. We have to start telling people that not everybody is binge drinking,” she says.

In fact, this change in perception is so important to the Office of Alcohol and Drug Education that much of its outreach program targets students who don't have alcohol problems. “We try to get non-drinkers involved, to address their rights that are being stepped on,” Landry says. The office produces posters, fliers and even plastic cups to highlight the number of students who drink only in moderation, if at all. Landry hopes that by belittling the allure of excessive drinking, the campaign will show students that there is an alternative to drinking.

Regardless of whether binge drinking is as frequent as students have been led to believe, it remains a contributing factor in the majority of disciplinary problems on campus. Jeff Shoup, director of Residence Life, says that 58 percent of the cases his office dealt with in the 1996-97 school year involved alcohol in some way. Sixty-seven incidents of public intoxication were viewed as serious enough to warrant referral to Residence Life. In addition, Shoup

says, another 75 cases involved “abusive drinking” and related offenses like transporting alcohol in non-residence buildings.

Further problems can arise when drinking takes place off campus, under the jurisdiction of the South Bend police department. In cases where students have gotten in trouble with the law, the university has been quick to impose disciplinary measures. Kirk says that the university goes so far as to notify local police of bars that are known to serve minors, and to discipline planners of large-scale off-campus parties. Earlier this year, for instance, the university launched a pre-emptive strike against Lafayette Square's “Kickoff Classic,” which planned to commemorate the first football weekend of the year with 75 to 100 kegs of beer. Kirk says that when the South Bend police department learned of the party, it notified him and he agreed to impose university sanctions on any students held responsible. The party's organizers canceled the event when they learned of those measures.

Senior Roy Gallagher, one of the students who organized the ill-fated event, objects to the university's involvement in the Kickoff Classic's cancellation. “We did not think that Notre Dame would step in and go over their jurisdiction. It is not within their jurisdiction to stop an off-campus party,” he says.

Kirk, though, sees the incident as an example of students' arrogance. “There was no provision for crowd control and no ID checking,” Kirk says. “They planned an event in huge violation of the law. ... If students are in violation of the law, we follow up as well. We have a good relationship with local police and we hold [students] accountable over and above what the local law does.”

Jen and Sally, who wish to remain anonymous, have personally experienced the relationship between the South Bend police and Notre Dame. They were cited by the South Bend police last year for underage drinking at an off-campus apartment complex, a citation which was promptly reported to Student Affairs. Jen and Sally both had meetings with the office of Residence Life shortly thereafter where they had to explain what had happened. They then had to write a statement about the incident.

Sally questions the fact that the South Bend police reported the

incident to Notre Dame, even though it was outside Notre Dame's jurisdiction. "The fact that [the South Bend police] had to go through Notre Dame in the first place wasn't necessary," Sally says.

Jen agrees. "Even though we were off campus, we're still subject to Notre Dame rules," she says.

Both felt the university was fair in its handling of the incident, however. For one, Jen's and Sally's files were closed after they submitted their statements. Residence Life also didn't impose additional disciplinary measures. "They were going to double-punish us, but they realized we were being punished by the state," Jen says. The sanctions by local authorities included a \$160 fine, 20 hours of community service and alcohol education, which Jen and Sally completed through Notre Dame's Office of Alcohol and Drug Education.

Dr. Mick Franco, a staff psychologist at the University Counseling Center, thinks that all students should be held responsible for their actions. He also points out, though, that the solution for a binge-drinking problem must come not from pressure from the administration but from within the student body. "The way the university could handle something like this is to put a police officer

also hands out guidelines describing how to minimize the risks associated with alcohol.

Beyond simply encouraging students to show one another the benefits of abstinence and responsible drinking, the university has made other adjustments, which it believes are steps in the right direction. In particular, Kirk points to recent *du Lac* revisions that loosen the restrictions on dorm SYRs and formals. Landry also has high hopes for the future. "There has never been an office specifically to deal with alcohol education at any other school I've worked at," she says. "I've been impressed with the support from the university, both financially and in terms of getting the message out."

The Office of Alcohol and Drug Education also counsels students who have been disciplined for alcohol violations in order to curb binge drinking. When Jen and Sally were referred to the office, they were given a written assessment, which included questions about their drinking habits, then they had a follow-up meeting with the office to discuss the results of their assessments. Sally also had to attend a women's group sponsored through the Office of Alcohol and Drug Education. "I didn't want to go, but it was very helpful,"

***"Ultimately, nobody is putting a gun to anybody's head to take a drink."
— Mick Franco, staff psychologist at the University Counseling Center***

in each residence hall to give everyone breathalyzers," Franco says. "They could ensure compliance by raising the bar in terms of personal standards. But when you comply you're doing something because you don't want to get in trouble. When you do something out of self-reliance, you're doing something because your own values tell you what is right and wrong."

Franco feels that although university action is important, the administration is often an easy target to blame for students' problems. He says that even if the university dramatically stepped up its efforts to counteract binge drinking, "We'd still find ways to criticize the University of Notre Dame, because [the perception is that] either they're not doing enough or they're acting like Nazis." He is concerned that students have not taken enough initiative to address the problem, opting to blame the administration instead. "The first thing to do is to point the finger back at yourself if you

don't like the way things are going," he adds.

One group of students whose goal is to exert such an influence is the Office of Alcohol and Drug Education's "peer education team," made up of upperclassmen who put on a presentation for the freshmen in each residence hall at the beginning of the school year. "The purpose of the presentation," Landry says, "is to support non-drinkers, and tell people that if they are going to drink, not to binge." The team

Sally says. The group discussed the differences between men and women in their drinking habits and also talked about the relationship between advertising and drinking.

Jen and Sally thought the counseling was effective. "We were much more cautious about our drinking," Sally says. "It makes you think twice about taking that next sip."

Yet they question whether the counseling targets the students who really need it. "I think a lot of the hard-core drinkers are good at what they do and don't get caught," Jen says. "I don't feel like I have a problem any more so than other students at the school." She thinks they were engaging in normal college drinking and just happened to be in the wrong place at the wrong time.

Franco sees the effort to combat binge drinking as one that must come from a variety of sources. "I think that the university absolutely has to be responsive, and the best way for them to demonstrate that they are committed is by writing things down in *du Lac*," he says. "This is a university that has to put its money where its mouth is when it comes to making changes."

But Franco does feel that students need to take responsibility for their own choices. "Ultimately, nobody is putting a gun to anybody's head to take a drink," he says. □

Lauren Winterfield and Kristin Alworth contributed to this article.



Gordie Bell



SCHOLASTIC MAGAZINE presents the
SPINE-TINGLING story of the Carroll...

HALL OF HORRORS

a terrifying tale by Amber Aguiar



...and you thought your dorm room was scary!

As the theme from *Halloween* fills the air around St. Mary's Lake, over 100 ghoulishly clad college men wait, ready to jump out from the dark corners of Carroll Hall, undoubtedly the scariest place on campus around Halloween.

Carroll Hall is well known for its annual haunted house. Legend has it the tradition was begun about 10 years ago by a group of seniors inspired by the dorm's ominous setting. The haunted house has since served to restore the fun and horror of Halloween to students, and to unify Carroll men in the process.

The yearly transformation of Carroll from an ordinary hall to a house of horror is an effort made by the entire dorm. "All the men that make up Carroll Hall come together," Carroll co-president Bobby Booker says. "We all drop everything we're doing to work on this project. It's a total commitment. It comes at a time when everyone is swamped with midterms, yet everyone seems to give 110 percent."

The entire dorm is called upon to make the house as scary as possible. Freshmen mostly act out skits, while upperclassmen serve as tour guides and aid in the preparation of each room and its theme.

Eerie tribal music, songs by Korn and classic horror films like the *Candyman* are a few sources of inspiration for haunted

makes it a disaster for a while," dorm co-president Jim Kwiatt says. "Someone gets a little carried away every year, but it's something you end up laughing about after the damage is cleared."

Senior Brian Miller recalls a story from his freshman year in which a group of guys turned a bathroom into a crackhouse, the setting for a ruthless gang fight. "For ambiance, the guys went to a farm, got a bucketful of sheep manure and stuck it behind the door of the bathroom,"

Miller says. "The minute you walked [near it] you were hit by this wall of stench."

Foy shares other bizarre experiences. "We've had rooms that have smelled for weeks. In fact, some of them still smell," Foy says, recalling a skit from last year's house. A

group of fellow freshmen recreated a disembowelment, using ketchup and raw chicken gizzards for authenticity. The smell was so strong it forced its inhabitants to find alternate sleeping arrangements for the night.

The disembowelment skit proved memorable for sophomore Jody Penton. Sporting a brand new jacket, Penton thought he had escaped the flying gizzard room unharmed. It wasn't until days later that he made the horrible discovery. "I found chicken gizzards covered in ketchup sitting in my pocket," Penton says. "I had to wash my coat and hang it in the window for a week,

it smelled so bad."

Such mishaps are all a part of the nature of Carroll's haunted house. Even though Carroll residents go through weeks of preparation for the event and take safety precautions, there always remains the element of the unexpected. Miller recalls another classic story passed down from a former Carroll Hall resident in which a well-rehearsed skit gave way to mass mayhem. "In this infamous skit, John Feino, a '93 graduate, jumped out from behind a door wielding a power drill without the bit right next to people's heads, scaring the pants off of them," Miller recalls. But Feino scared one girl a little too much. "He accidentally placed the drill too close to her hair and it got tangled up in the drill." The room had to be closed and a mechanical engineer from down the hall had to take the drill apart to remove her hair.

Reactions to Carroll's haunted house are often as entertaining as the skits themselves. "I've seen people scream, cry and run into walls and doors," Booker says. "It's total and utter chaos. This year we're trying to pad down all of the walls and doors."

Sophomore Kristin Patrick had a memorable experience at last year's haunted house. She and her friends entered a room with a group of guys dressed in native costumes, worshipping a bottle of Absolut. "This guy had on a great mask and he lifted me straight up in the air," Patrick says. "Then the group started chasing my friends around, grabbing them." Fortunately, they were able to escape.

At times, haunted house stunts are so effective that they backfire on the Carroll residents who carry them out. Miller recalls one incident where a girl was so scared by his grim reaper costume that she felt the need to defend herself. "She took the grim reaper [sickle] I had and started beating me with it," Miller says. "She was screaming, beating me and then she tore off my costume. I was scared for my life."

Every year, however, Carroll men make the same promise. "We'll scare the hall out of you," Booker says. □

"She was screaming, beating me and then she tore off my costume"

WATCHING WHAT YOU EAT

Notre Dame is athletic, competitive, health-conscious — and a breeding ground for eating disorders

BY ALLISON FASHEK

Day in and day out, students trudge to the dining halls like zombies. They complain the entire way about the awful food, about fighting to get a spoon and, of course, the changes in the Yo-Cream flavors. But at the same time, they're strangely compelled to go. Obviously most students can't afford to constantly eat outside of the dining halls, but there seems to be another reason. The dining hall is more than just a place to eat, it's an important part of the Notre Dame social scene. "You always see people pointing around in the dining halls," senior Adam Rodriguez says. "It's our biggest social space on campus. It's like a bar without the beer."

The dining halls are a place to meet with friends and check out other people. Choosing what to have for dinner is a difficult process to begin with, but the social pressure to fit in at an athletic, fit-focused school like Notre Dame can encourage students, especially females, to make unhealthy eating choices.

The national chapters of Anorexia Nervosa and Related Eating Disorders, Inc., and Anorexia Nervosa and Associated Disorders estimate that 20 percent of the total female population between the ages of 12 and 30 are experiencing a major eating disorder — and numbers are on the rise for men, too. National statistics on eating disorders make awareness of this social pressure particularly important.

The best-known eating disorders are anorexia, where people starve themselves in order to reach an "ideal" weight, and bulimia, where people binge and purge several times a week. But eating disorders come in many degrees of severity. "What I see most among Notre

Dame students is disordered eating, non-specific disorders that are still serious problems," says Jocelyn Antonelli, nutrition and safety manager of Notre Dame Food Services. Antonelli stresses the fact that eating disorders are more prevalent in upper-income families and in people with a drive to excel, traits common to most students at big-name colleges — including those at Notre Dame.

Dr. Rita Donley, assistant director of the University Counseling Center, says that most eating disorders arise as an unhealthy way of coping with a problem. "Any kind of transition makes people vulnerable and in need of a way to cope," Donley says. She likens eating disorders to drinking problems in that both behaviors are based on the desire to fit in. "People want to be so beautiful that they look in the mirror and only see parts and pieces instead of a real person," Donley says. "They can't stop comparing themselves."

Kate Cyran

Antonelli provides one-on-one counseling for students to dispel nutritional myths about dining hall food in particular. "So many people here get caught up in diet mentality, following all the funny myths about how to eat, labeling foods good and bad," she says. Antonelli feels that it's crucial to avoid making good and bad food classifications. "I think it's mostly detrimental for students to see the exact calorie numbers of every piece of food they eat in the dining halls," she says. "Counting calories doesn't take into account what the body and the appetite want, but we offer the option because a lot of people want to know the amounts of fat grams." These numbers promote self-conscious eating behavior, she adds.

But some students do form their eating habits as a result of social pressure. "There's definitely people that do alter what they eat, comparing themselves to others, even their friends," senior Casie Cornelius says. "I always notice certain people who will never eat anything but a bowl of salad or raisins."

A number of students also think the dining halls do not provide enough variety, making meal decisions more difficult for students already self-conscious about their eating habits. "The dining halls do not make it easy to eat healthy," senior Bonnie Brandes says. She adds that social pressure from the opposite gender does not help. "I think things might be different in an all-girls cafeteria," she says.

"Girls are always conscious of what other people are looking at. No one wants to get the plate of french fries and carry them back on their tray, but everybody at the table always eats them."

Many students see this self-conscious behavior as female-specific. "I don't know about guys, but I know a lot of girls who will be starving, go to the dining hall and eat only a salad because they're afraid of what other people think," junior Liz Garcia says. "I've personally had guys ask me why I'm eating certain things and it doesn't make you feel good."

Senior Bob Blaskiewicz thinks the issue affects both genders. "Eating disorders are tied to self-esteem and this school is full of males with low self-esteem," Blaskiewicz says. "This is reflected in the choices men make about food, too."

Eating disorders are certainly not particular to women, but it seems to be more socially acceptable for females to deprive themselves of food out of concern for their looks. Many think that the lack of communication between Notre Dame men and women heightens this pressure. "If Notre Dame has more of a problem with eating disorders than another school, I think it's due to our gender problems and the fact that we don't have coed dorms," junior Mary Beth Steiner says. "Some girls feel they need to worry more about how they look because most of the relationships they have with guys aren't friendships."

THE ATHLETES' TABLE

When most people think of eating disorders, they picture young women starving themselves to look model-thin. But eating disorders are also common to another group, one central to the Notre Dame student body: athletes.

Eating disorders in athletes are particularly difficult to tackle because body weight and composition are performance factors and are thus tied to the success of the student athlete, rather than just appearance.

Dr. Tom Kelly, associate athletic director, recognizes that eating disorders are an important concern nationally and at Notre Dame. "The athletic department provides mandatory educational workshops for every women's athletic team, as well as other workshops for coaches and men's teams," Kelly says. "We're aware that Notre Dame is not immune from cases of eating disorders and that athletes are prone to problems because of their desire to perform well, their competitiveness and the basic nature of their personalities."

Sophomore Rhiana Saunders, a member of the diving team for the second year in a row, constantly feels pressure to watch what she eats and to keep a specific weight. "Being in a swimsuit all the time, being judged by how you look, your physical form on the board, it all makes me feel constant pressure to gain more muscle tone and lose pounds," Saunders says. "I don't take it seriously, but I pretty much think about my weight all of the time... I always watch what I eat, but I know that if I restrain myself too much, I'll binge and have that guilty feeling afterwards."

Cross country is another sport related to high rates of eating disorders. "There's this stereotype that the thinnest runner is the best runner," junior track-team member Emily Edwards says.

Sophomore Sean McManus, also a member of the cross-country team, thinks the problem is worse for female athletes than males. "The coaches I've been exposed to have never promoted this, but it obviously exists," McManus says. "When the team goes out to eat before meets, I'll sometimes notice girls eating strange things and it's usually girls who are already skinny, doing more damage than good." McManus explains that eating disorders are a topic that no one really talks about. "I try not to talk about it personally because I don't want to put extra pressure on the girls of the team."

Edwards feels that the problem is more widespread, at Notre Dame and elsewhere, than most people realize. "The pressure isn't explicit, but it is there," Edwards says. "It's like this secret disease."

—AF



TWELVE. THIRTEEN. Club sports can provide the workouts that ex-high school athletes once experienced regularly.

Donley identifies gender miscommunication as a factor in creating eating disorders. The counseling center tries to help students feel comfortable in coming to talk openly about problems, but this isn't an easy task. Donley stresses the fact that students at Notre Dame aren't direct about relationships or dating by looking at the typical date on campus, an SYR setup. "People wonder why there are such stereotypes



Stan Evans

CHOWING AND POW-WOWING. Meals at the dining hall can be as much a social experience as a culinary one, as a group of students can enjoy food, folks and fun at North Dining Hall.

about girls eating Yo-Cream, but dates at Notre Dame are just as convoluted," Donley says. "No one wants to take the risk to get to know someone else, so we all hide behind labels."

Junior Susan Affleck-Graves agrees that the dating scene at Notre Dame, or lack thereof, only exaggerates pressure to fit the perfect athletic image. "There's so much pressure to date and party at our age that women can't help being overly concerned with how they look," Affleck-Graves says. "It's really typical for a freshman to start gaining a little weight and then overcompensate with obsessive dieting."

Donley thinks college students often experience problems with eating disorders because at home their parents decided their meals for them. "The dining halls present so much choice, and there's always so much other stuff going on," Donley says. "There's so much noise and people are scoping each other out. It's really a time for self-evaluation, to compare yourself with others."

The majority of Notre Dame students also performed as athletes in high school, competing at levels high enough to be varsity at other colleges, but not at Notre Dame.

A three-sport high school athlete currently attending Notre Dame, who wishes to remain anonymous, began to struggle with an

eating disorder when she chose not to be a college athlete. "It became a control-thing," she says. "I was so worried about gaining weight without athletics that I came into college with the pressure of wanting to look good." She feels that college students in general are prone to disorders because for the first time they are in control of how they use their time and whether they succeed or fail. "With so much going on, eating and exercise are really easy to try to control," she says.

Donley feels that the loss of identity and lack of regular workouts may cause former student-athletes to overcompensate by controlling their eating habits or excessively exercising. "This is a bulimic type of mentality," Donley says. "People will say, 'I ate this, it was 100 calories and now I need to burn that off with so many hours of exercise.'"

Donley does not deny that physical appearance is important, but she emphasizes that it must not be a defining factor in anyone's life.

People with eating disorders tend to reduce themselves to only the physical as a result of pressure to fit an image. And many Notre Dame students feel this pressure every day, at every meal. □

The University Counseling Center offers help for students with questions or concerns about eating disorders.

"IT'S REALLY TYPICAL FOR A FRESHMAN TO START GAINING A LITTLE WEIGHT AND THEN OVERCOMPENSATE WITH OBSESSIVE DIETING."
— SUSAN AFFLECK-GRAVES

Campus by the Gipper Watch

Friends, Romans, countrymen and past lovers, the Gipp welcomes you back from fall break and prays that you returned clean and refreshed. Lend the Gipp your ears, he begs you, as he has come to fill your souls with something other than suds and bathtub gin. All will be told except for what the Gipp will be for Halloween, but if you see a monstrous creature with fangs and tentacle-like appendages, be nice and say "hi" to Patty O'!

Fallen Eagles

The Gipp wasn't too optimistic about the rest of the football season after the USC debacle. Like a one-legged man in an arse-kicking contest, the Irish didn't seem to have a chance of beating Boston College. The Gipp almost put down his paycheck on the Eagles to cover the spread, but luckily he took the advice of his bookie: "It's like I learned in my college days 'bout oil and water, son: betting and BC football just don't mix."

Drinking and BC fans do seem to mix, however. The Gipp accidentally moseyed into the heavily intoxicated Boston College tailgate just north of D2000, and he saw everything from nudity to horses (the two, fortunately, were not related). The BC students were most certainly enjoying themselves, all the while flabbergasted that the underage could freely drink outside their Winnebagos.

Two unfortunate Eagles, however, decided to continue their consumption inside the walls of Notre Dame stadium. Alas! The ever-sneaky Notre Dame ushers caught the two underage upbraids and confiscated 10 beers and their tickets. They tried to make a dash for it but couldn't escape the knights of the yellow coat. Word has it that the two would have been set free, *but they had been sitting in the wrong seats!* Let this be a

lesson, Domers. Never drink inside the stadium or let the ushers find out you're not where you're supposed to be. Like sharing stalls in the basement bathrooms of the library, there are some things you just don't do at Notre Dame.

1 Timothy 6:10

If any of you Domers have ever parked in D6, you are familiar with the fabled "pole position" spots. For the rest of you, these choice spaces, located next to several "faculty only" parking spaces, are gobbled up by "South Side" Domers faster than you can say, "Well I'll be jig-swiggered."

One Gipp-tipper miraculously landed one of these spots on a Sunday night, only to return Monday afternoon to find a ticket with a hefty fine for illegally parking in a faculty spot. Apparently Notre Dame Parking Services decided to defile the pole position and about 10 other former student spots with "Faculty Parking Only" signs that Monday morning. Our Gipp-tipper, who was parked in this formerly legal spot, was ticketed and fined. The tipper promptly appealed the ticket, but alas, the appeal was denied, and now our friend must pay the full fine. The only explanation offered in a letter from Notre Dame Parking Services was a parking brochure with the highlighted statement: "No parking in faculty lots."

Does the Notre Dame financial machine know no bounds? Fear the power, friends, of these avaricious, money-sucking glutons, for these same moneygrubbers have

been known to suck a golf ball through a garden hose when their paycheck was involved.

The Traveling Gorch

Most people, including the Gipp's parents, don't think the Gipp has ever cracked a book during his extended stay here at Notre Dame. But even though he spent three years in the First Year of Studies, the Gipp has been known to study on occasion.

But it seems that one of his favorite places to work is in grave danger. Anthony Travel has grown too big for its britches and plans to occupy a majority of what is now the Gorch games room. Two of the Gorch's pool tables and its entire collection of video games will be relocated to the current location of Anthony Travel, right next to one of the more popular study areas on campus.

Hmmm ... the Gipp wonders how the Gorch's symphony of cacophony will affect those trying to study in the 24-hour space. Is the university trying to make the Gorch even more of a worthless excuse for social space by splitting it up? Perhaps they

We're Not in South Bend Anymore, Toto

The Gipper of the Week award, given for asinine achievement or to whoever the Gipp feels like venerating, goes to a blundering bus driver from Chicago. His assignment: to transport a busload of BC fans from O'Hare to the game. His mistake: taking them to Purdue. The result: angry Eagles arriving halfway through the first quarter.

Also receiving votes: two Domers who managed to spot the truant transport. And after the bus emptied its fans, they stole 10 cases of brew from the luggage compartment. Great work, guys! The Gipp will pour out a little Guinness from his glass tonight in your honor.

should talk to the owners of Finnigan's about steps to improve social space. Who else could have a better idea than to put an ATM within arm's reach of the bar?

That's it for now, boys and girls. The Gipp wants to hear all about the crazy things you've been doing these past few weeks, so make like a Notre Dame cheerleader and drop the Gipp a line. Remember to play it safe this holiday weekend, kids. Don't talk to strangers or get in their cars unless you've both had plenty to drink and don't plan on driving. Only then can you be sure that your new-found friend looks good even without his or her costume. So rejoice, Domers, and here's hoping everyone gets more than candy this Friday! ☐

The alarm clock blaring the obnoxious sounds of U93 jolts a Notre Dame student awake. As he rolls over on a 7 foot loft, nearly kissing the ceiling, he thinks of all he must do in another routine day at Notre Dame. But is his day all that typical?

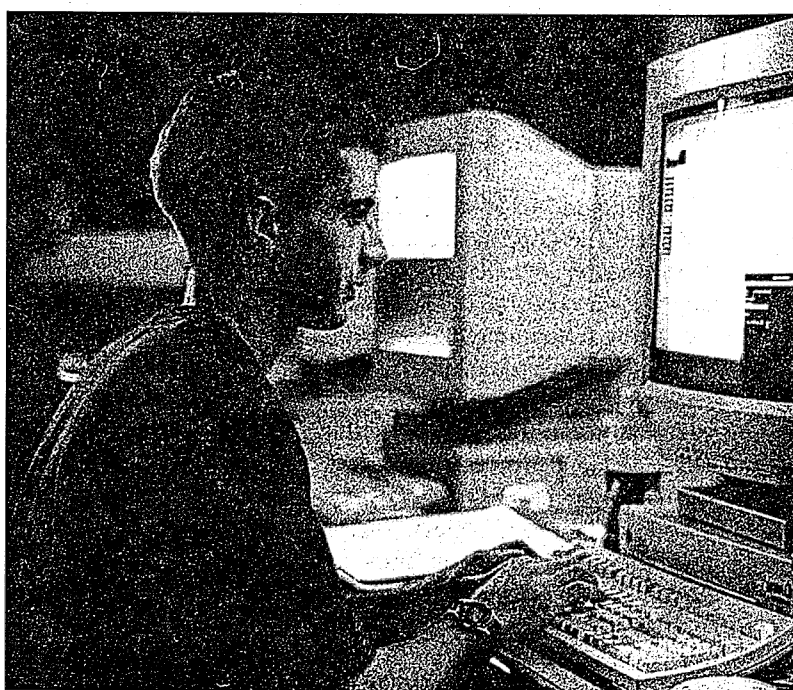
Sure, certain undergrad activities at Notre Dame are standard. The big question for many Mikes and Meghans each morning is whether to go for the Captain Crunch with Crunch berries. There are always the lectures, discussions and the late night trips to the computer clusters to finish off huge papers. And football weekends, with their pep rallies, tailgating and even a game, are essential to the Notre Dame experience.

But routines at Notre Dame do vary. Take a walk on a cold rainy day and splash in the pools covering the sidewalks. Maybe light a candle at the Grotto for a special intention. Put on a football jersey and head over to Stepan to take on a rival dorm in an interhall playoff game. Stand up straight, with your shoes shining, and await another ROTC inspection. Or instead of studying for midterms, work for a campus organization or join the line stretching outside of Bridget's.

In the following photo essay, *Scholastic* photographers Stan Evans and Gordie Bell share their take on a day in the life of a Notre Dame student, capturing both the typical and unique aspects of our school.

This is Notre Dame

by Kate Jacques and Allison Fashek
Photos by Stan Evans and Gordie Bell

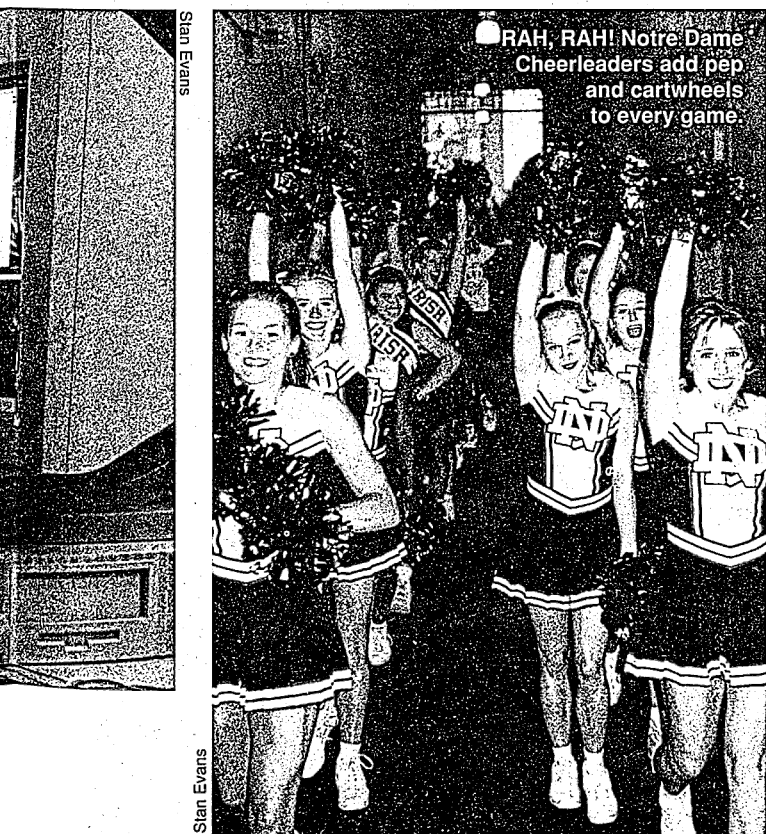
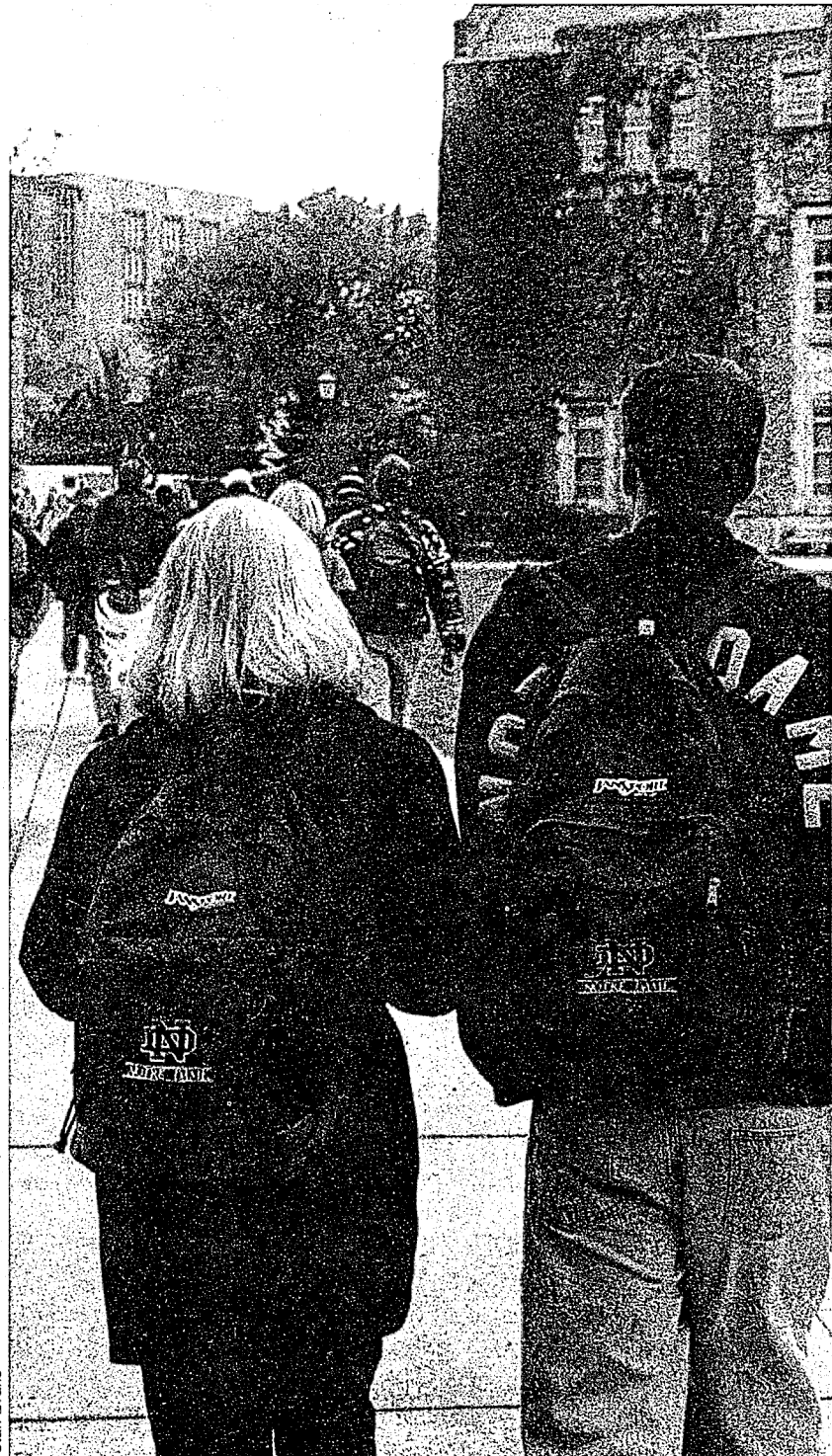


PROBLEMATIC SETS. Matt Peacock spends some quality time working at a UNIX computer.

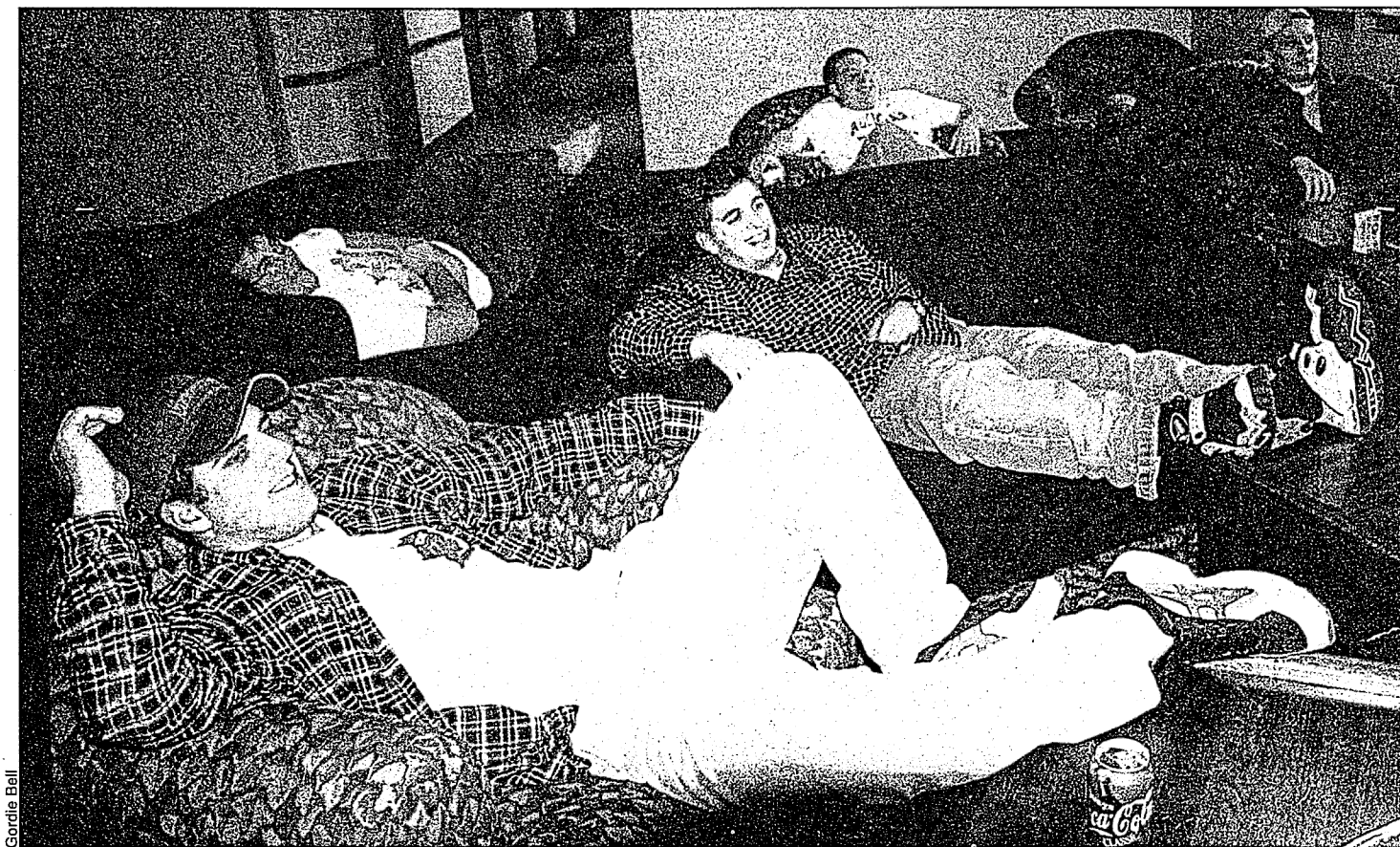


ONE MORE PARAGRAPH AND WE CAN GO TO BRIDGET'S. Shilpa Patel (left) and Molly McDonald (right) crack down to get some homework done.

HEADED TO CLASS. Two students make the hike to DeBartolo together.



RAH, RAH! Notre Dame Cheerleaders add pep and cartwheels to every game.



Gordie Bell



Stan Evans



Stan Evans

MUST SEE TV (top). From the *X-Files*, to *Party of Five*, to NBC's Thursday night line-up, few TVs are idle at certain times of the week.

IRISH UNITY, BOB DAVIE STYLE (bottom left). Pep rallies have been interesting, if often ineffectual, this year. The first two pep rallies of 1997 were held in the new stadium.

STANDING AT ATTENTION (right). ROTC programs maintain a strong influence at Notre Dame.

Money Player

Junior goalie Greg Velho leads the Irish as playoff time approaches

BY TOM REPETTO

Clutch. It's a word used frequently to describe athletes who deliver when the pressure is on. And clutch players are needed most during playoff season, when one loss can mean the end of a season. In soccer, a lot of that pressure is directed at the goalie. Luckily for Notre Dame, junior Greg Velho will be handling that pressure.

As the starting goalie for the men's soccer team the past two and a half years, Velho has matured into one of the premier goalkeepers in the country. The 6'2", 200-pound junior has recorded seven shutouts so far this season, including Rutgers, which marked the 20th of his career. He was recently named Big East Defensive Player of the Week and was then selected for the Soccer America Team of the Week after collecting 16 saves in three consecutive 1-0 Irish victories. "It was quite an honor, receiving those two awards," Velho says. "The team as a whole played very well defensively during that stretch and gave me a lot of help."

Velho came into his own during the second half of last season when Notre Dame made its post-season run. He was named the Most Outstanding Player of the 1996 Big East Tournament after collecting 13 saves and allowing only one goal in the two games. His stellar play continued in the NCAA tournament. Velho played a key role in Notre Dame's first tournament victory in history, a 1-0 upset of second-ranked UNC-Greensboro, with five saves. In their second round match-up with UNC-Charlotte, Velho kept the Irish in the game with a career high 12 saves until a UNC goal with

24 seconds remaining sent Velho and his teammates home for the winter. "Greg matured tremendously as he made a transformation into one of the top collegiate keepers," Irish coach Mike Berticelli says.

A significant factor in Velho's success is his durability. He has played every minute so far this season, a feat he nearly accomplished last year. Last season, Velho started all 23 games for the Irish and played 2,132 of a possible 2,160 minutes. "It's really just a matter of being focused on what you have to do," Velho says. "In order to avoid injury, you have to be prepared every time you play."

When growing up, Velho learned early how to handle the pressure of being a goalie. "The nature of the position, as the last line of defense, is very visible," Velho says. "If you make a mistake, everyone recognizes it."

He credits his time spent playing club soccer with improving his game. "I was exposed to a higher level of competition and I could look to see who was better and how they were better," Velho says.

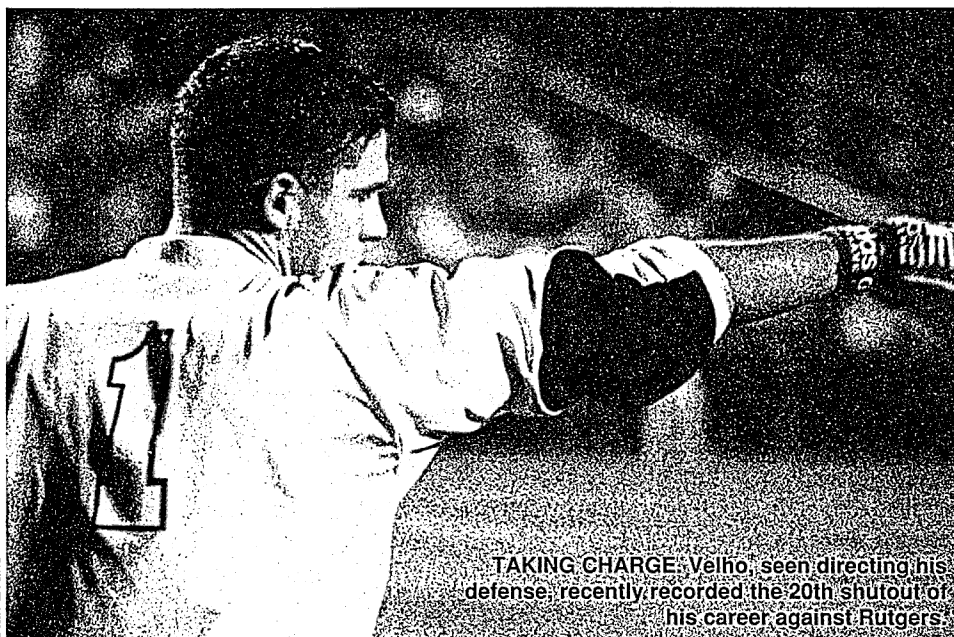
While some goalkeepers tend to be flamboyant because of their unique role on the team, Velho lets his play speak for itself. "He comes out onto the field to do his job," Berticelli says. "Greg gets the job done better than most goalies, maintaining a humble, low-key, almost laid-back attitude."

Greg has earned the respect of his teammates through the example he sets. Not only is he well liked by his teammates, he is also respected as a terrific competitor. "You can always count on him to make the big save, especially in big games," team captain Matt Johnson says. "It doesn't matter who the team is, Greg comes through when it counts."

Besides preventing the ball from going in the net, a well-rounded goalie must take charge of his defense. The players in front of him understand how valuable Velho's vision and communication are. "How Greg can organize the defense based on what he sees is exceptional," starting defenseman Alan Woods says.

Though the Irish have slipped a bit in the past couple of weeks, losing their last five conference games, Velho remains confident. "Each of those losses has been by one goal," he says. "The ball is just not bouncing our way."

With the Big East Tournament right around the corner, the Irish don't have much time to get things turned around. But if last year's performance is any indication, Velho will be right at home as the stakes increase. □



TAKING CHARGE: Velho, seen directing his defense, recently recorded the 20th shutout of his career against Rutgers.

Stan Evans

Notre Dame Stadium is no longer quite so intimidating

THE REAL

of the House of Rockne

October 15, 1994. The final seconds have ticked off the game clock and the Cougars of Brigham Young University have claimed a 21-14 victory in South Bend. BYU fans rush the field as the Notre Dame faithful stand in shock. Six years to the day of the famed 31-30 win over Miami, the Irish have suffered another stunning home loss to a lower ranked team.

• by Jerry Barca



The 1997 Notre Dame season brought the dawn of a new era, but the atmosphere at home football games began changing years earlier. In recent times Notre Dame Stadium has gone from being one of the most feared arenas in the country to one that's less than intimidating. Opposing teams have great luxuries when they come to Notre Dame. They can visit the College Football Hall of Fame, play on national television and now, more than before, go home with a win. And this is not an issue exclusive to the beleaguered 1997 Irish.

Opposing teams have expressed a lack of fear of the stadium. "I never thought it was an extremely difficult place to play in," Michigan State head coach Nick Saban said before his Spartans marched in and dominated the Irish 23-7.

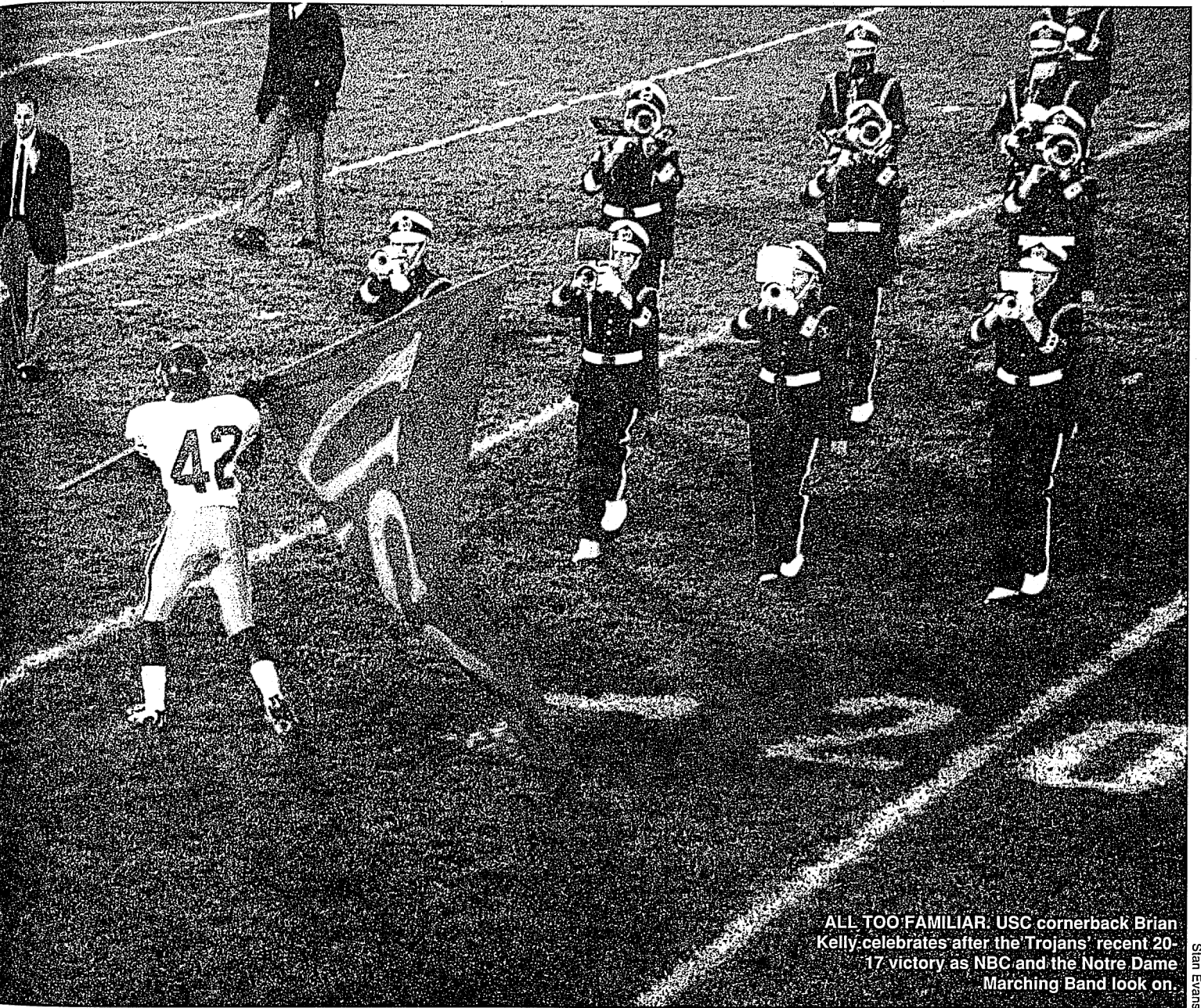
The 1991 home win against Indiana marked a change for Notre Dame stadium: it was the first game played under the university's contract with NBC. While the Irish have gained national exposure through guaranteed television appearances six times a season, certain aspects of the contract have made it easier for opposing teams to win on Notre Dame soil.

NBC will frequently go to commercial both before and after a score and then go to commercial after the ensuing kickoff. These station breaks halt any possible change in the crowd's momentum. "I don't understand why a team goes three plays and a punt and then they [NBC] will go to commercial and then Notre Dame will go three plays and punt and there will be another set of commercials," says Brian Lake '68, a season

ticket holder. "With all the stops, the crowd is taken out of the game."

Roger Valdiserri, former Sports Information director and assistant athletic director adds, "Sure, the commercials take the spirit out of the fans. ... [As a fan] each break seems like it is four minutes long, but the commercials do pay the bills."

While NBC is not the only contributor to Notre Dame's home losses in recent years, statistics show that Notre Dame football at home has not been the same since the first broadcast season. In the six seasons leading up to the NBC contract the Irish had a home winning percentage of .828. That percentage includes Gerry Faust's last season and the first five years under Lou Holtz, during which the Irish compiled a 29-6 home record despite two losing seasons between 1985



ALL TOO FAMILIAR: USC cornerback Brian Kelly celebrates after the Trojans' recent 20-17 victory as NBC and the Notre Dame Marching Band look on.

Sean Evans

and 1990. "Even though they were under .500 for two straight years [1985-86], visiting teams still had trouble leaving town with a W," Robert Keane '89 says.

When Holtz arrived on campus, a rebuilding era in the program commenced. Through Holtz's rebuilding the Irish once again became a national power — so successful, in fact, that NBC began broadcasting all of their home games.

Since the peacock took root at Notre Dame, however, the program's home record has suffered. From 1991 to the present day, Notre Dame has compiled a .725 home winning percentage. The Irish have played 40 games under the contract, winning 29, losing 10 and tying once. The winning percentage may not seem that poor, but not too long ago Notre Dame Stadium was argu-

ably the most feared venue for college football teams to visit. "Teams used to come here and they would fear facing a loud crowd and a well-prepared team," John Conmy '89 says. "Now they come in here and act like it's their home."

Even more disturbing about the recent home record is that of the 11 non-wins, only two went to opponents ranked higher than the Irish: Ohio State in 1995 and Michigan State this year. In the six years before the contract, the Irish only lost twice to opponents that were ranked below them. "It is obvious that if you can't win at home, teams will not be intimidated by you or any of the mystique Notre Dame has to offer," Sean Kriebel '91, says.

The recent lack of thunder in Notre Dame Stadium may also be due to scheduling. Of

late, the house of Rockne has not invited many highly ranked guests to attend its Saturday contests. Bringing top-ranked teams in would force the stadium to regain some of its electricity. Athletes, coaches and fans conduct themselves with more intensity when they are competing against a top opponent. "Of course scheduling plays a role. You would like to play teams of the Miami [1988/1990] and Florida State [1993] caliber," Valdiserri says. "Having teams like that on your schedule gives a boost to the whole season."

But for visiting teams, every game in South Bend is a huge one. Teams that come to Notre Dame circle the game day on their calendar before their season begins, since beating Notre Dame can make a team's season. "This was our bowl game," Boston

College junior Jack O'Malley says about last Saturday's game. "We came in 2-5, but if we beat Notre Dame that is all anyone would have remembered about the '97 season."

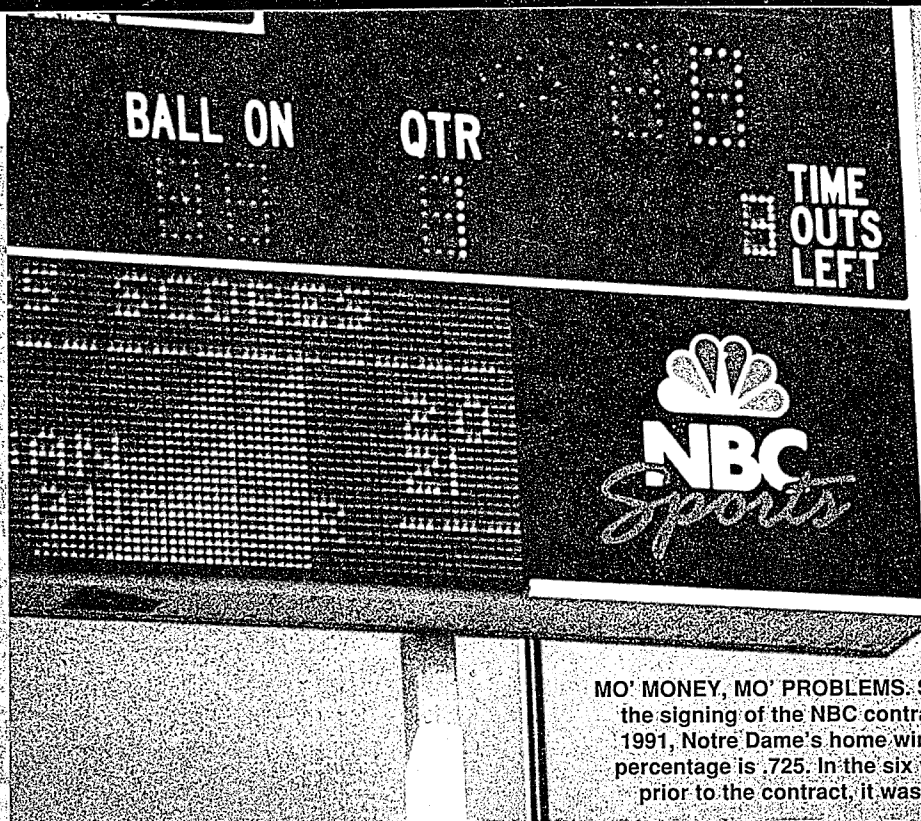
Teams have respect for the Notre Dame football tradition, but they no longer feel the fear that the tradition used to instill. "When you're working, you shouldn't be concerned with the aura or whatever it is they have there," Michigan State offensive coordinator Gary Tranquill said the week of their September 20 match-up with the Irish. "The Four Horsemen are not going to score any touchdowns — I know that."

Visiting teams certainly feel comfortable celebrating when they defeat the Irish in Notre Dame Stadium. These celebrations have frustrated fans of the Irish. "I'm tired of seeing the opposing team's fans rush the field when they beat us. They act like they just won the national title," senior Norm Beznoska says.

After USC's victory over the Irish on October 18, for instance, Trojan wideout R. Jay Soward stood and gloated. He clutched pieces of grass from the gridiron and taunted the Irish fans by facing them and pronouncing "Look what I got."

This most recent renewal of the Notre Dame-USC rivalry brought up the issue of lackluster fans. "I think one thing is critical: when you play at home you like to have the momentum from your crowd." Notre Dame head football coach Bob Davie said at the post-game press conference. "Late in the football game, you need your crowd to help you."

Some say that the alumni, not the students, are the silent ones in the crowd. "The students' section stands and cheers for the



MO' MONEY, MO' PROBLEMS: Since the signing of the NBC contract in 1991, Notre Dame's home winning percentage is .725. In the six years prior to the contract, it was .828.

have a lot of spirit, but a lot of the fans just come to a game and sit on their hands."

Fans may be less intense at games because they are seen as social events. "I think a lot of people just go [to the games] because it is the thing to do," senior Chase Dale says. "You tailgate before the game, you go out after and if we lose it's no big deal."

But students have also been criticized in recent years for their own lack of spirit, especially since there has been a noticeable absence in the student section during the weekends of fall break. The lack of noise was so evident in 1996 that NBC color analyst Bob Trumpy made a point of it on the air in the broadcast of Notre Dame's overtime loss to the Air Force Academy.

feel cheated," senior Dennis Joyce says. "I had so many expectations for this season and all the seasons that I've been here and they have not come close to being fulfilled. In four years we have never had less than three losses in a season."

Beznoska shares similar sentiments. "People are frustrated, they want to see the team do well and play to their potential," he says.

Rather than cheer the team on, fans have frequently lashed out and will even leave games early. This creates a less-than-overwhelming environment for visiting squads. "People say negative things even after good plays," Dale says. "If a guy deflects a pass they complain that he didn't intercept it."

Dale thinks this lack of enthusiasm has had a negative impact on the team's ability to win at home. "It's disheartening for a fan and it must be for the players when you're leading your biggest rival 17-14 at half-time and students are leaving and people are acting like you're down 21-0," he says. "It's like they weren't impressed with the team's effort in the first half against USC."

Times have changed in Notre Dame Stadium. Visiting teams used to dread facing the Irish on their home turf. Now visiting teams can enjoy their trips to South Bend — and their coaches proclaim their joy. "I loved being here today. I loved being in that stadium," said USC head football coach John Robinson after the Trojan victory. "I love that [Notre Dame] Fight Song. I love USC more." □

"If you can't win at home, teams will not be intimidated by you or any of the mystique Notre Dame has to offer."

— Sean Kriebel '91

whole game and the alumni just sit there," junior Galley Duffey says.

Beznoska concurs. "It's definitely not intimidating [to play in Notre Dame Stadium] because most of the fans aren't into it [the game]," he says. "I think the students

"In our games against USC [1997] and Air Force [1996], it was like we [the fans] weren't there. It was like watching it on TV," senior Carrie McCurdy says.

Frustration with the home losses in recent years has dampened the crowd's spirit. "I

SPLINTERS

FROM THE PRESSBOX

Edited by Jerry Barca

Football • 1997 Record 3-5

Streiking: Notre Dame's 33-game winning streak against Navy dates back to 1963 and is the longest in Division I-A history.

Prime Time Performer: Sophomore receiver Raki Nelson set two career records with six receptions for 110 yards.

Did You Know? Allen Rossum's 80-yard kickoff return for a touchdown against Boston College marked his eighth career return touchdown (three kickoffs, three punts, two interceptions), tying the NCAA record.

On The Horizon: The Irish will take on Navy in Notre Dame Stadium this Saturday, the 71st straight year the two teams have met. Notre Dame leads the series 61-9-1.

Women's Soccer • 1997 Record 16-0-1

Streiking: The Irish became streak-stoppers when they defeated Seton Hall and Connecticut. The two teams had eight and nine game Big East winning streaks, respectively.

Prime Time Performer: Sophomore goalie LaKeysia Beene matched the Notre Dame record for shutouts in a season with a 1-0 victory over UConn. Beene is tied with Jen Renola, who recorded 13 shutouts in 1995.

Did You Know? If Notre Dame wins its final two games, it will mark the second time in school history that it has finished the regular season undefeated. In 1994 they finished 17-0-1.

On The Horizon: The number-two ranked Irish close out their season with two home games, Friday night against 13th-ranked Michigan and Sunday against Providence.

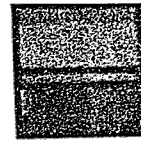
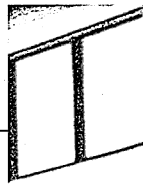
Men's Soccer • 1997 Record 8-8-2

Streiking: After starting the Big East season 4-0-1, the Irish have lost five straight conference games.

Prime Time Performer: Senior David Cutler scored his first collegiate goal in the 2-1 loss to Seton Hall. Cutler has played both defense and midfield for the Irish this season.

Did You Know? All five of Notre Dame's conference losses have come by one goal.

On The Horizon: The Irish will play their final regular season home game at 1 p.m. on Alumni Field versus Boston College.



Irish Eyes On

Meotis Erikson



The freshman forward was named Big East Player of the Week after scoring four goals, including two game winners, and adding two assists in Notre Dame's victories over Seton Hall and UConn. Erikson leads the Irish with 17 goals and 42 points. She has scored at least one goal in her last nine games, tying an Irish record set by Amy VanLaecke in 1995.

photo courtesy of Sports Information

Women's Volleyball • 1997 Record 15-6

Streiking: After dropping another match to a ranked opponent (Texas), the Irish are out of the top 25 for the fifth week in a row.

Prime Time Performer: Against Syracuse last Saturday, senior outside hitter Jaimie Lee posted her 31st career match with double figures in both kills (15) and digs (11). Lee has also been named GTE Irish Student-Athlete of the Week.

Did You Know? Notre Dame's 68-game conference winning streak is the longest active streak versus conference opponents in Division I and ranks fourth all-time.

On The Horizon: The Irish head east this weekend to Villanova on Friday and Georgetown on Sunday.

This isn't West Lafayette anymore

"It happens so fast when you[re] up there [in the press box]. In fact I don't hardly watch the game. You just respond to situations and circumstances. ... Until you watch it on tape, you really don't know." — *Offensive coordinator Jim Colletto after the loss to USC.*

Fats' Forecast

For the second consecutive week, Ron Powlus picks apart an undermanned secondary. Powlus passes for more than 250 yards and adds two touchdowns as the Irish inch closer to the .500 mark, rolling over Navy for the 34th year in a row, 38-10.

Barca's Bet

After Powlus plays another solid game, fans still criticize and boo his play.

It's My Prerogative

Many disregard campus homogeneity to express their own musical preferences

BY KELLY KINGSBURY

Imagine you are stranded on a desert island and just happen to have a fully operational stereo. Maybe you made it out of coconuts or it was part of your deluxe survival kit. Perhaps it was left there by the last poor slob who got himself stuck on the island. The catch is, you can only listen to three CDs while you're on the island. Which CDs would you be unable to survive without?

If you are like most of your fellow students, you might include such campus mainstays as Dave Matthews Band, Alanis Morissette or Rusté d'Root, which are very common responses. When a random sample of undergraduates was asked what type of music they liked, names like Jewel, Sarah MacLachlan, Van Morrison, Tori Amos and Mozart cropped up among the responses.

While musical tastes on campus tend to be conservative, some students' musical interests stray from the Notre Dame norm. Few and far between, they revel in more eclectic styles such as rap, country and heavy metal music.

Some students prefer the music itself. "Actually, it sounds a lot more melodic to me," senior Aaron Tucker says of his beloved metal music.

Others find that the words themselves hit close to home. "The thing I like about country music is that there's no two ways you can take a song," senior Chris Kolik says. "The lyrics are very straightforward."

Such musical styles have small but loyal followings. Some things can cause even the most easygoing person to turn into a fanatic, and music tops the list. People often described a particular favorite as something they "got addicted to."

"They all assume [rap music] is gibberish, but few of them have actually sat down to listen to it."

—John Vadaparampil

Fans of every style of music are quick to spring to the defense if they catch you knocking the stuff they love. "Are you a music snob?" sophomore Meredith Watt asked when someone she was talking to disagreed with her favorites.

Country music fans turn rabid at Billy Ray Cyrus jokes, classical music lovers desperately plead tolerance from friends with modern tastes and the fickle mainstream judges individual songs by the most harsh and arbitrary of standards. "Just because you go to a school that doesn't like the music you like doesn't mean you should totally change what you listen to," senior Brett Tucker says.

When talking about their least favorite music, they speak with equal intensity. "It disgusts me. I can't stand it," senior rap fan Joe Kerbleski says of the Dave Matthews-style music that is so popular. "It's trying to be too happy, but it's fake happy music."

Other music fans feel that since their musical tastes are such a minority on campus, they don't have the right to judge the majority. "I don't make fun of other people's music as long as they don't make fun of what I listen to," Tucker says.

Kolik agrees. "I don't like rap music, but I respect that other people enjoy it," he says. Some people try to tolerate music they don't care for, but their generosity has a double edge. Of course, a few stubborn people are always willing to challenge the popular verdict on music, resulting in passionate debates about the relative merits of a song's musical complexity and intellectual appeal. Confine a metalhead and a country fan in a room just barely big enough for two people, a stereo and an occasional breath, and dissonance is inevitable. "They all assume [rap music] is gibberish, but few of them have actually sat down to listen to it," senior John Vadaparampil says.

YOU GOT A PROBLEM WITH MY MUSIC? L.L. Cool J. is just one of the musical talents that Notre Dame students turn to when they want to hear something other than the Top 40. Other artists include Dean Martin, Jimmy Buffett and Yanni.

Def Jam Records

Due to exposure from campus bands and campus music stations, independent label (indie) music is becoming quite popular on our normally buttoned-down campus. The campus band Skalcoholiks helped introduce ska, a hybrid of punk music and horns, to Notre Dame, while past bands such as Sweep the Leg Johnny and Krautmeister established alternative music on campus.

Musical stage productions also seem to be quite popular on campus. Among those students questioned, Jonathan Larson's *Rent*, a modern-day version of Puccini's *La Bohème*, is especially popular among theater fans, while *Les Misérables*, *Miss Saigon* and anything by Andrew Lloyd Webber are perennial favorites. Senior Jeff Smarella saw four musical stage productions while studying in London last year. "I think it's the music and the actions on stage together that I like about it," he says. "Listening to a recording isn't the same as seeing it in the theater, though."

There may not be much variety in students' musical tastes, but those who stray from the norm won't change for anyone. Although nobody would ever mistake Notre Dame for Berkeley, those students who choose to be individuals will never let this campus succumb to complete convention. □

A Musical Primer

COUNTRY

- **LeAnn Rimes** *Blue*

Teen sensation Rimes hits mega-stardom with passionate vocals far too strong to leave her branded a novelty. Expect "Blue" to mark the beginning of a long and productive career that will someday put her in the ranks of the country legends.

- **Various artists** *Fire Down Below*

This soundtrack makes a good starting point for newcomers to the underground because of the variety of big country names getting airplay here. Randy Travis, Alabama, Travis Tritt, Marty Stuart and Aaron Tippin join their peers for this soundtrack, which could be renamed, "Fire Down South."

- **Michael Peterson** *Michael Peterson*

- **Collin Raye** *The Best of Collin Raye-Direct Hits*

RAP

- **House of Pain** *Fine Malt Lyrics*

For Fighting Irish person, this is a must-have for the CD collection. Some of the best lyrics in rap music are found on this album as well as some slammin' beats. "Jump Around" and

"Put Your Head Out" are a welcome addition to any dorm party.

- **Funkdubious** *The Brothers Doobie*

- **Wu-Tang Clan** *Enter the Wu-Tang 36 Chambers*

- **Public Enemy** *Fear of a Black Planet*

METAL

- **Angra** *Holy Land*

Angra incorporates searing guitars, seraphic vocals, classical orchestration and Brazilian tribal rhythms in "Holy Land," creating a richly layered masterpiece. Original and dynamic, showcasing amazing talent, this is one of the best releases of the decade.

- **Stratovarius** *Visions*

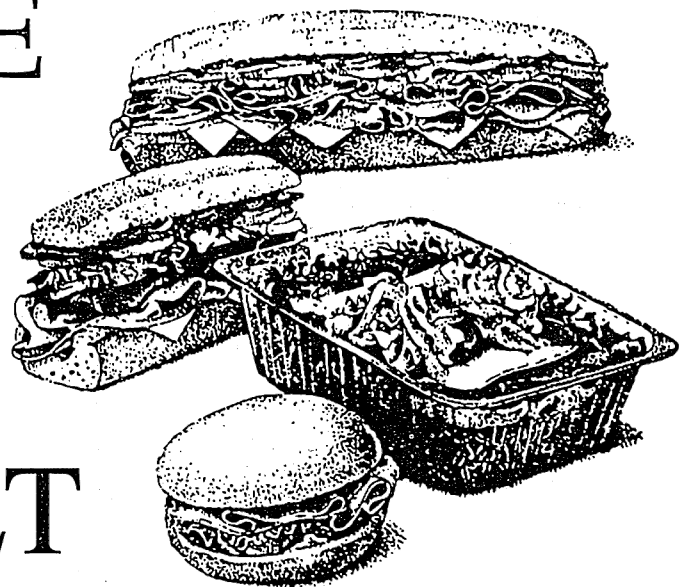
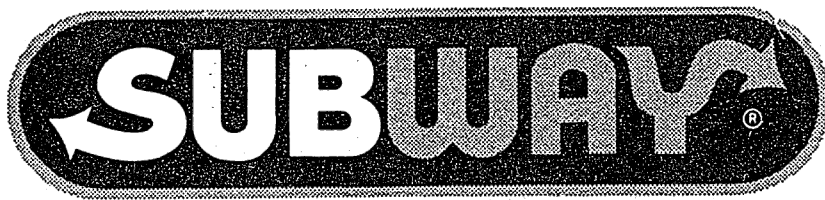
Stratovarius proves classical music and metal aren't as different as people think, and it does it with admirable talent and musicianship. Guitarist Timo Tolki and drummer Jorg Michael may boast the fastest hands in music, but despite their frenetic pace, they never miss a beat. Judas Priest meets Beethoven.

- **Dream Theater** *Falling into Infinity*

- **Iced Earth** *Days of Purgatory*

—Morgan Burns

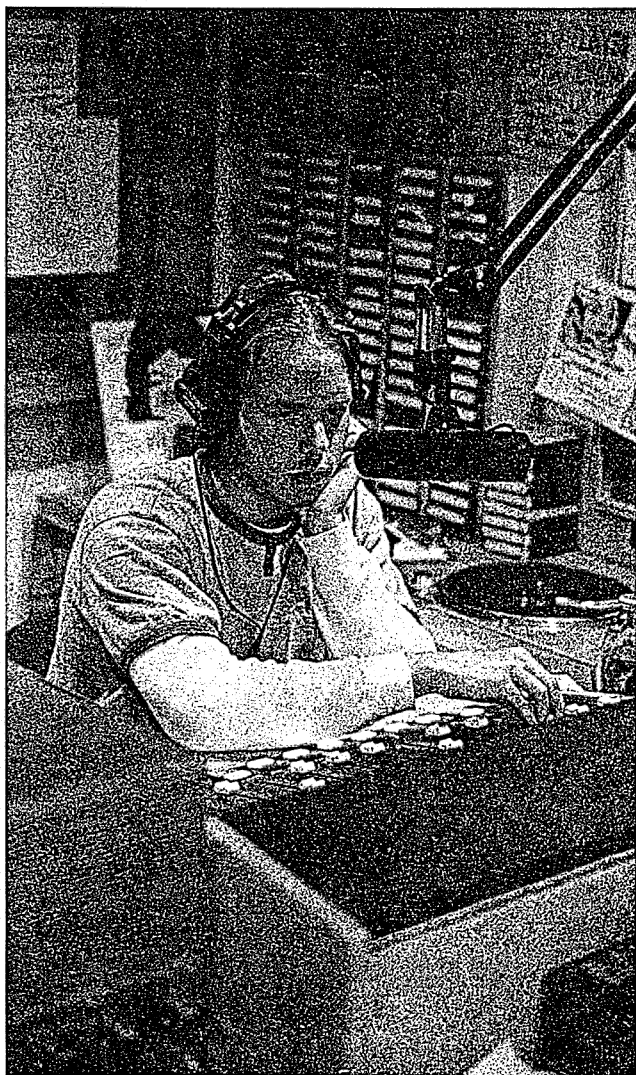
SOMETHING TO FIT ANY SIZE APPETITE



... AND BUDGET

54533 Terrace Lane 277-7744

52577 US Route 31 277-1024



Stan Evans

WOLFMAN JACK. One of WVFI's DJs spins some of the station's eclectic collection.

by brendan kenny

Are you bored of hearing the same old Dave Matthews Band? Sick of listening to Counting Crows *ad nauseum*? Tired of the repetitious, unoriginal music played on mainstream radio? Fear not, because WVFI, Notre Dame's independent music station, will soon be readily accessible to the entire Notre Dame population with its upcoming move to the FM dial.

The new frequency promises to increase the exposure of WVFI and provide superior sound quality. WVFI staff and loyal listeners hope that this change will increase inter-

more than outdated equipment, *wvfi's* switch to *fm* had other obstacles t

what's the frequency

That's the question *wvfi* will be

est in the diverse and innovative radio station.

WVFI is currently transmitted at the 640 AM frequency via the electrical current provided in dormitory wall outlets. While the AM frequency may have seemed workable in the past, it is inferior to the standards of radio today. "It may have been state of the art 50 years ago, but it's become a hassle," Station Manager Marisa "Boo" Gallagher says of the archaic system. Not only is the AM frequency unreachable for a good portion of the Notre Dame community — many dorms and off-campus housing can't even receive it—it also creates poor sound quality. The new FM frequency should remedy these problems and make a tremendous difference in the station's impact on campus.

The process of attaining permission to go FM was a struggle. Despite the fact that most American universities have well-broadcasted college radio stations, the Notre Dame administration refused to grant WVFI permission to go FM until this past April. "WVFI took a while to establish themselves," says Adele Lanan, assistant director of Student Activities. She says that instances of unprofessionalism in past years, such as poorly organized time slots which resulted in dead air, as well as FCC violations due to the broadcasting of "inappropriate music," slowed the process.

Lanan credits recent WVFI staff members for changing the unprofessional reputation the station had years ago. Gallagher attributes the station's approval by the administration to better organization and more professional disc jockeys. With these recent efforts, the administration finally granted the request to go FM.

The staff of WVFI had to work hard to change the university's policy. "At times, the university thought of WVFI as a fringe group who didn't represent university policies," Gallagher says. For three years the WVFI staff continually wrote letters and held meetings with the administration. Former Station Manager Mike Flood played a large role in giving WVFI a forum to argue its position, and the student body was also surveyed in order to gain student support.

To inject more quality into its programming, WVFI also allotted a certain amount of air time to community service events. Half an hour a week is dedicated to creating awareness of certain community problems, for instance. "It was a voluntary choice by us to choose this programming and not anything the administration demanded," says Kristin Nunheimer, WVFI's director of community affairs. The issues usually benefit both Notre Dame students and the South Bend community. Recent issues have concerned the SafeRide program and date rape. Gallagher adds that WVFI is a valuable source for information to Notre Dame students. "College radio should be a source of information and new music, and right now that is totally being impeded by the inefficient AM frequency," she says.

Another university concern was whether Notre Dame needed WVFI to go FM when it already had the student-run classical mu-

"at times the university thought of *wvfi* as a

— station manager marisa

Frequency, campus?

asking soon as they abandon the *am* dial for the world of *fm* radio

music station WSND on the FM dial. "The university decided that the South Bend community needed a progressive and alternative sound," Lanan says.

The station pumps out 55 programs a week and has about 110 disc jockeys. Each DJ is required to devote half of their program to playing music from the *College Music Journal* rotation, which mostly consists of groups under independent labels. Freshman disc jockey Neil Hoyt, who runs a ska show for WVFI, says, "The original music provides people with ideas they might not be used to." Such eclectic musical styles as britpop, Sinatra and industrial music can all be heard in the typical WVFI schedule this year.

Talk shows such as the sports and romance advice spots add to the diversity in WVFI programming. "Sometimes the coolest thing about college radio is the DJ commentary," Gallagher says. "We want to be a complete radio station so that we act as a valuable tool for students."

Hoyt believes the new FM frequency will increase student involvement in the station and provide the average student with valuable exposure to new music. He hopes that the increased exposure that comes with the FM frequency will foster a greater interest in the station. "Because WVFI does not need to try to be commercially successful like the average radio station, it can provide new and important avenues of information for its listeners," he says.

Of the students who have

overcome —
fringe group..."
"boo" gallagher

heard the station the reaction is usually positive. Many listeners are into the station but can't stand the fuzzy interference caused by the old frequency. Sophomore John Serrano says, "It's a great station but the quality of sound [is lousy]." Hindrances like these are exactly what WVFI hopes to get rid of with the FM frequency.

With the change to FM, WVFI will have about a four-mile radius. Although the frequency is less powerful than WSND's, there is a possibility that WVFI's range will expand. Lanan thinks that a more powerful frequency could eventually be a possibility, depending on financial factors and WVFI's performance.

But even though the transition is almost complete, they are still experiencing some glitches along the way, highlighted most recently by the on-air badmouthing of Saint Mary's College and IUSB by two WVFI DJs, which raised some concerns about whether the station was ready for FM status. The main concern for WVFI right now, however, is getting solid support from stu-

dents. "More range and more listeners is always a good thing but the primary focus is the campus and off-campus housing," Hoyt says of a stronger frequency.

Even after they go FM, however, WVFI will still face challenges in attaining new listeners. Because of the difficulty tuning into the AM frequency, many students don't listen to the station now, which makes gaining exposure an obstacle. "We need to do more advertising to get people to know we're here," Gallagher says.

The road to gaining the FM status has been long and rocky for WVFI, but the station has survived without abandoning its original intentions of broadcasting genuine college music programming. The professionalism of the station has given it new validity in the administration's eyes, but at no point did WVFI change its essential format to appease university officials. "Where we are now is as far conservative as we're going to get," Gallagher says. "The important thing is that we're still playing good college rock." □



Stan Evans

GOLDEN VOICES. A pair of DJs electrify WVFI's AM wavelength. The station will soon convert to FM.

◆ RANDOM BABBLING

I Know What You Did Last Semester

Well, all you ghosts and goblins, tomorrow is the day when we students have an excuse to leave our Abercrombie & Fitch at home. Instead, we get to wear silly get-ups to class and coat ourselves in synthetic mucus. Out of Bounds would like to give students with the Halloween spirit a chance to enjoy the spookiest night of the year, Notre Dame-style. Here are some suggestions on how to make this your best Halloween yet by giving some old traditions an Irish twist:

- Bobbing for apples is always the high point of any Halloween party, but the traditional game is getting hackneyed. Why not change it a bit and use it to celebrate Irish history? Let Out of Bounds introduce you to the new Notre Dame spook-day craze: bobbing for potatoes. Not only does this game help us remember the Irish po-

tato famine, it also makes for a more challenging bob — those taters sink like stones. And after nabbing yourself a tasty tuber you can either enjoy it raw or use your whittling skills to make a cool stamp.

- Instead of the typical jack-o'-lantern, try carving your pumpkin to resemble favorite Notre Dame personalities. Commemorate the dawn of the Davie era by carving the Irish football coach's face into your pumpkin. Or scare the trousers off your friends when they enter your room and find Bill Kirk's mug staring them down in all its candle-lit glory.

- Who doesn't like a nice, tall glass of apple cider on Halloween? Let's face facts: this is Notre Dame, and on a Friday night the standard cider just won't cut it. Make sure that cider has had plenty of time to ferment in grandpa's cellar if you want to have a

truly Notre Dame Halloween.

- Admit it: trick or treating is for chumps. All the cool kids are trying trick or drinking. This tradition involves bar-hopping with the intention of getting a free beer at each tavern, saloon and public house in town. Imagine the befuddled look on the bouncer's face when you and your friends show up at the entrance shouting "Trick or drink!" If this tactic doesn't work, tell the bartender that it's your 21st birthday and you're entitled to a free shot.

- Campus haunted houses are great for some old-fashioned Halloween spooks and screams. Sure, everyone talks about Carroll's, but for a real fright, try walking through the corridors of McCandless Hall during showertime. Or how about feeding time at Patty O'Hara's office? Eeeek! The horror!

OUT OF BOUNDS

◆ MOVIES 'N' STUFF

On the Silver Scream



For some people, partying or trick or treating isn't quite their style when it comes to Halloween fun. Some people would just as soon relax with a couple of scary flicks and a bowl of popcorn. Before you make the trek to Hollywood Video to pick up some Halloween entertainment, consider Out of Bound's favorite cinematic scares:

- *Scream* It's not the highest-grossing horror movie in history for nothing. Wes Craven's campy flick is about a masked murderer stalking a bunch of teenagers.

Sounds familiar, huh? But with its rock 'n' roll appeal, fresh-faced cast and surprise ending, *Scream* takes an old premise and gives it a '90s twist. Don't miss it.

- *Night of the Living Dead* Forget about *Frankenstein* and *Dracula*. This is the true granddaddy of all horror flicks. The 1968 classic about five people trapped in a house trying to stave off a town of zombies set the tone for contemporary horror films. Pessimists will also be pleasantly surprised by the film's anticlimactic ending.

- *The Birds* Master of suspense Alfred

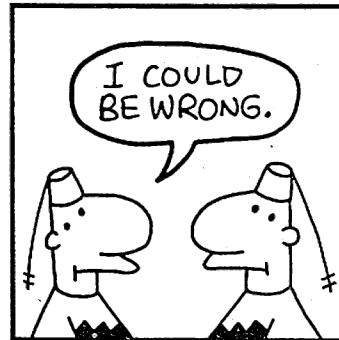
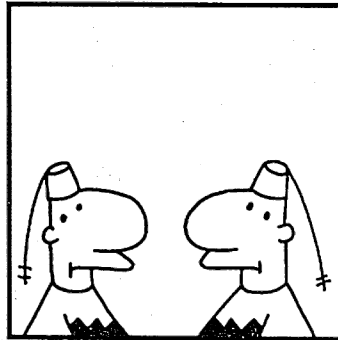
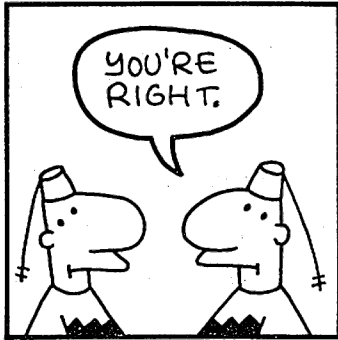
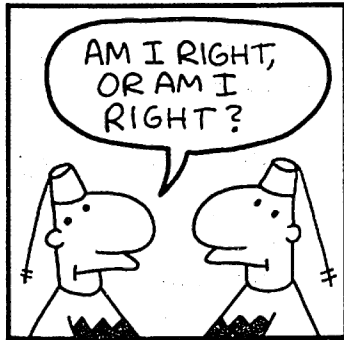
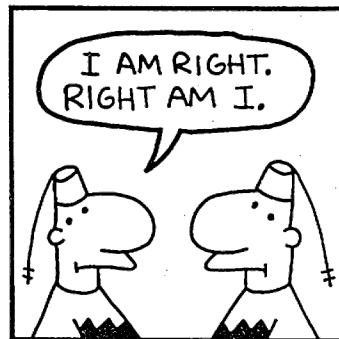
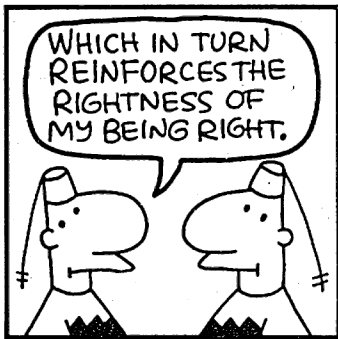
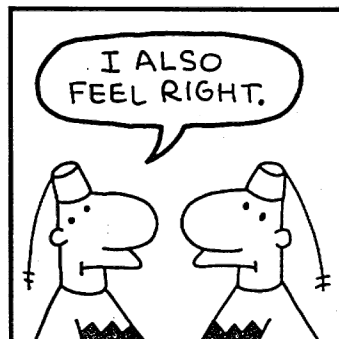
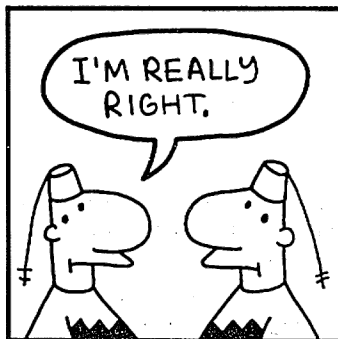
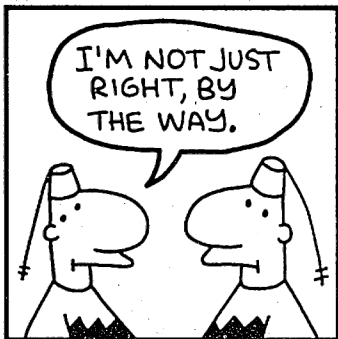
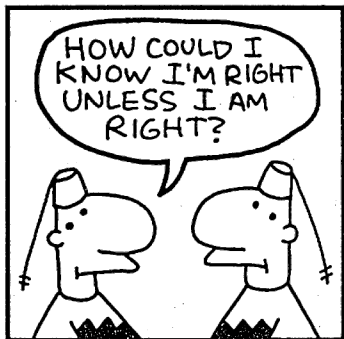
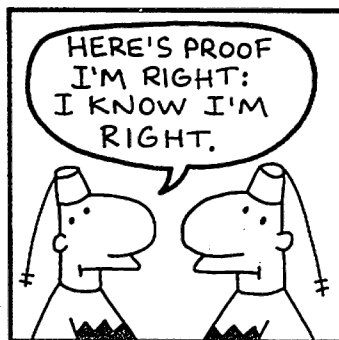
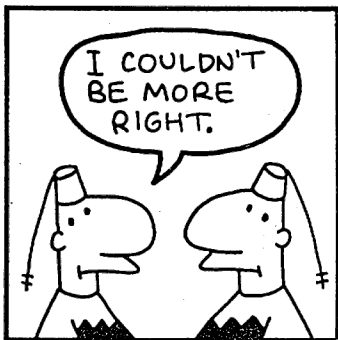
Hitchcock one-ups himself by making these seemingly harmless creatures look like bloodthirsty predators. A town is terrorized by flocks of rabid seagulls and ravens — an odd concept, but one that laid the groundwork for other animal rebellion movies such as *Empire of the Ants*, *Cujo* and *Arachnophobia*. It's sure to make you think twice before taking Mr. Feathers out of his cage again.

— by Aaron J. Nolan

LIFE IN HELL

©1997
BY MATT
GROENING

10-17-1997 ACME FEATURES SYNDICATE ©1997 BY MATT GROENING



LIVE TO RIDE RIDE TO LIVE

A Harley biker rally proves that real life is stranger than fiction

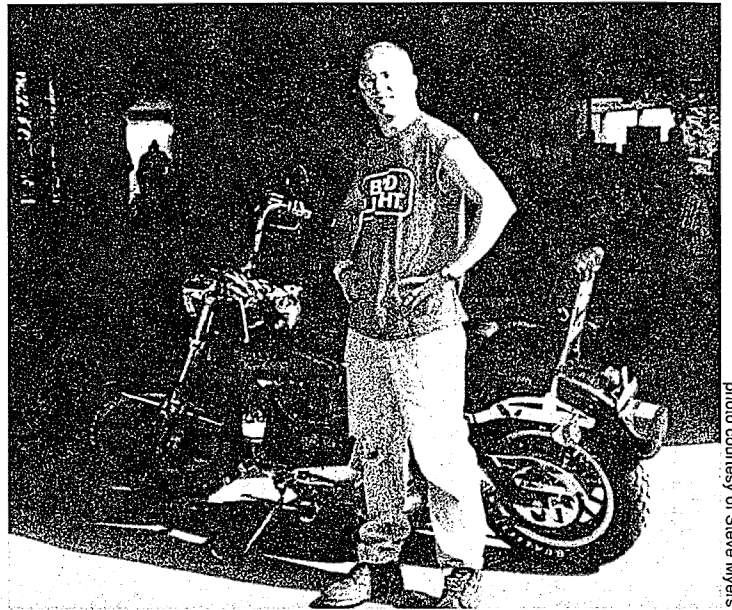


Photo courtesy of Steve Myers

GO TO HELL'S ANGELS. Steve Myers: *Scholastic* Editor in Chief one day, hell on wheels the next.

By STEVE MYERS

I've eaten at Fat Shirley's, a greasy little dive on Mishawaka Ave., for four years now, and every time I sign my receipt to enter the daily raffle for a free meal. I've never won.

But a few weeks ago, I got a payback worth more than all the American fries and gravy I could eat at Fat Shirley's.

My friend Bridget and I were driving back to Charleston, W. Va. from the Georgia Tech game when I saw a sign for a benefit Harley raffle and hog roast in Crumstown, Ind. I told Bridget to turn around, borrowed \$25 from her (it was the end of the weekend, after all), and bought a chance at a '78 Harley Davidson Lowrider, along with admission to an all-day party with bands and free food and beer.

I bored Bridget during our entire nine-hour ride back to Charleston, W. Va., with talk of what I would do with my new Harley and asked her, quite seriously, if she thought I would win. She didn't, but she tried not to bring me down. I think she was also humoring me because she was afraid I'd throw up in her new car.

For the next three weeks I told everyone I was going to Indiana to win a Harley. I even had some Catholics pray for me. Sure, I was a little nervous. I actually confided in a coworker, "I'm not sure I'm going to win the Harley."

But those were just pre-rally jitters. I still brought my motorcycle gloves and helmet to the hog roast. I knew, with the same certainty that I knew I would never see my

pet turtle again after it ran away, that I was going to trade my Kawasaki for a hog.

My friend Ken and I drove up to the party because I had already invested Bridget's hard-earned money and I wanted to make sure my ticket was in the barrel. I bought Ken's ticket for the party, which he thought was nice. I corrected him, though, and told him that if his ticket won I was keeping the bike. I also split the cost of a ticket with my friend Kristin, though she refused to make a deal if she won the bike.

We arrived in the early afternoon and parked Ken's car close to the entrance (in case we needed to leave in a hurry). I had provided our shirts, which I hoped would help us blend in. I wore a red wife-beater Bud Light shirt with a number 6 on the back, and Ken wore a black Winston Racing shirt with a red-lined collar.

I walked up to the bike, where two guys who looked like stunt doubles for ZZ Top were checking it out. "So, is this the bike I'm going to win?" I asked.

They looked me up and down, saw no leather, and said, "Yeah, whatever." They said I'd kill myself on the bike, and if I didn't, I'd "die with a bullet in the back of the head." I told them that was fine as long as I died on the bike and left to get a beer before they had a chance to show me what was bulging under their jackets.

Later in the night they stopped the music for some announcements, one of which was "Drink beer and drive safe." Thanks for the public service announcement, I thought.

The band started up again. Ken commented that he loved bands that have the

drummer as the lead singer — and a double-bass drum set at that. We started yelling "Freebird!" at the end of the set, amusing ourselves, at least. Until we heard the opening notes of a 10-minute encore presentation of "Freebird."

I heard a bike revving and saw it was the one I was planning to drive home from the party. Some guy with a woman on the back of the bike sped into the night. I shouted after them, "Don't wreck my bike!"

The crowd was getting restless by 10:30 p.m., but the drawing wasn't scheduled until midnight. To calm the troops, they had a wet T-shirt contest.

But they didn't have any water or T-shirts. So they poured semi-melted ice down the women's shirts and they ended up just stripping the shirts off and rubbing themselves to the delight of the crowd. There were only two women competing for a \$75 first place prize and \$25 for second. But when the crowd started shouting for them to take it all off I began to think I was watching a scene from *The Accused*.

The crowd circled tightly around them and I never found out whether the winner stripped down. Whatever she did, everyone was satisfied for the moment.

It was probably a mistake to get the testosterone pumping, because a fight soon broke out. They had the gall to interrupt the headlining act, a band called VanKamp, which featured lead singer Lisa "Insurance saleswoman by day, hard rocker by night" VanKamp and two lead guitarists, one of whom couldn't decide if he was one of the Nelson twins or Tom Petty on heroin. His

favorite line was "Who-HOOO!"

Several bikers shouted that the raffle was a scam and demanded they draw for the bike. Lisa VanKamp called security to the stage. Security, though, was a guy named Bruce, who was just as hammered as everyone else. But he was sort of an authority figure because he owned the bike.

During the melee, I flipped through my wallet and decided to buy one more ticket at the discounted rate of \$10, bringing my total investment to about \$80 for four tickets. Kristin looked at me like I was an addict. I didn't worry, though — I knew that look.

The woman sold it to me and ran it over to the barrel, where they were starting to raffle off the runner-up cash prizes. My temperature rose as I kept not winning. I had four tickets in my hands and I wondered if I could steal the bike from whoever won it, bullet in my head or not.

But God's good will shone down on me or something like that and Lisa VanKamp called out my name for the motorcycle. I walked up to claim my prize, born into a brave new world of Harleys and Davidsons and leather pants and motorcycle mommas.

I acted like the people they surprise at the

door with the big cardboard check made out for a million dollars, except I won an old bike, not a million dollars, and I was acting like an idiot in front of a bunch of drunk bikers who suddenly realized that they weren't going home with my bike.

They fired up the hog and I tore around the field for a while. When I returned to the shelter, the winner of the stripping contest came up to me and said, "I love you."

"I know," I said.

She wanted to be the first person to take a ride and I decided agreeing would be easier than not. Plus I'd be a moving target. But we only got 30 feet or so before the bike sputtered, out of gas from the earlier joyriding. She sat on the back for a few minutes, gave me a hug and said, "I still love you. But you're out of gas."

"I understand," I replied.

Then I hung out with some of the bikers, taking shots of SoCo and Beam as they told me about my new life: "Don't ever disrespect your bike. A bike is like a child. You would never sell your child and you can't sell your bike."

A woman asked me what kind of tattoo I would be getting. I told her I'd probably get

one that read, "Live to Ride, Ride to Live."

"No," she replied. "That's so clichéd."

A drunk stumbled up to me and mumbled something about not being "one of them." He asked me, "You want to be a biker?"

"I AM a biker," I told him, my feet up on the handlebars, sipping a SoCo and Sprite.

The next day we had to hunt Bruce down for the title during a rainstorm. We found him after several hours. He was still drunk.

I ended up getting the title and rode the bike back to South Bend, where it needed some electrical work before I rode it back to West Virginia. The guys were pretty nice, actually. When I was signing the title, one of them asked me if I had a jacket. I told him I didn't, and he pulled his off, threw it at me and said, "Now you do."

It wasn't a great jacket — I think he said he bought it at Chess King 10 years ago — but I was still touched.

When I returned to the Bend to pick up my Harley I ate at Fat Shirley's and checked the refrigerator for my name. Still no luck. And I still owe Bridget the \$25. □

Steve Myers '97, was Editor in Chief of Scholastic last year. He can currently be found somewhere along I-79.

CINEMA AT THE SNITE
FRIDAY/SATURDAY 7:15PM/9:45PM

TRAVOLTA/CAGE
FACE/OFF

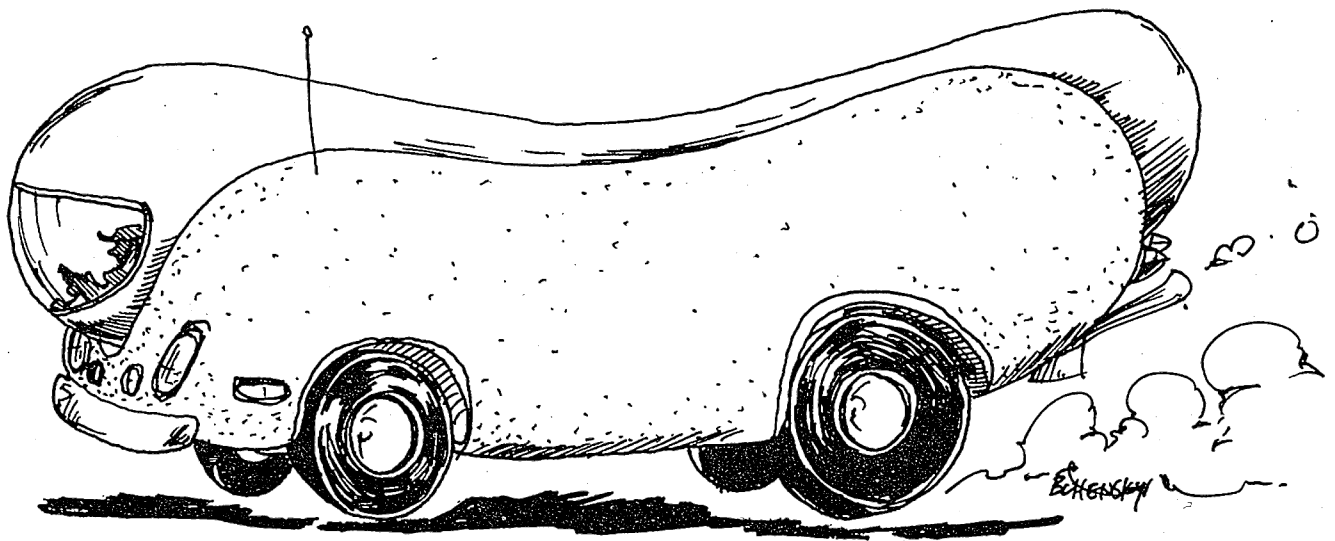


TM & COPYRIGHT © 1997
BY PARAGON PICTURES
ALL RIGHTS RESERVED



www.face-off.com

SPONSORED BY NOTRE DAME COMMUNICATION & THEATRE



Follow that, er, Wiener

Many students, primarily Arts and Letters majors, wonder what they will do after they graduate from Notre Dame. These Domers' fears of the real world would perhaps be quelled if they knew of the career opportunities offered by Oscar Mayer.

This year a handful of students from Colorado University have joined Oscar Mayer, relishing the chance to drive the famed Wienermobile. The bright orange vehicle, 27 feet long and 11 feet high, weighs five tons—the equivalent of 100,000 hot dogs. These hotdoggers have traveled the country, making frequent stops for people who want to sing the "B-O-L-O-G-N-A" song. At times the job is stressful, but driver Christine McQueen can't deny the special place in her heart for the Wienermobile. "It brings a smile to everyone who sees it," she says.

We here at On Other Campuses have been looking out for one of the ten Wienermobiles currently touring the country to arrive in South Bend. But every time we think we've found one, it's just another SafeRide van filled with drunken, unsuccessful Bridget's boys.

Chug-a-Lug

Feeling run down? A little stressed out? Do you need a natural aphrodisiac to get the blood flowing? Perhaps you should try "Karizma," a miracle ginseng drink that's the rage at the University of Arkansas. Students claim the drink, sold in various bars and clubs, will pick you up, calm you down and possibly aid your love life. One fan, citing European experiments on the effects of ginseng, believes that the wonder juice even "assists memory, concentration, alertness and improves learning ability."

Here at Notre Dame we have a natural beverage that serves nearly the same purpose. It suppresses your better judgment and makes you forget the often unintelligent things you do while under its influence. If you drink enough of it, your grades are sure to plummet—though it could help your love life. We call it beer.

Wake Up and Smell the Gangrene

You may have heard that the fastest way to a man's heart is through his stomach, but you've probably never heard that the fastest way to one's brain is through the nose. Believe it or not, Oxford Professor Mary Dobson is teaching history through the sense of smell. Her scratch-and-sniff books immerse students in history by giving them the opportunity to inhale the fumes of the past. Who could forget about Henry VIII and his diseased toe after taking a whiff of it in *Tudor Odours*? A student who sniffs the severed head in *Roman Aromas* is not likely to forget the details about any public execution. And if that's not enough of an olfactory sensation, check out *Victorian Vapours* and experience the odor of a community toilet shared by 400 people.

Here's food for thought: someone could make a bundle in bookstore sales if they wrote a scratch-and-sniff book that captured the essence of life at Notre Dame. This book would be a keepsake for all current and future students. Certain smells will remind us of our college years, even when we're old and gray. This surefire best-seller, *Wake Up the Odors*, would feature smells ranging from the calming scent of candles in the grotto to the noxious odors of North Dining Hall. Of course, it would also include that one familiar scent we all know and love: the musky, manly, mildewed aroma of the men's dorms, concocted from testosterone and interhall football padding.

You're Kidding Me

If you thought the *Observer's* in-depth coverage could at times use a little polishing, take heart. Here's a headline we came across on the front page of the *Collegian*, the weekly newspaper of Penn State University.

Police search of fraternity reveals under-age drinking

The next thing you know they'll make the cop-doughnut connection. Let's hope the *Observer* is first to get the story.

by Zachary Kulsrud and Kara Zuaro

COMING

DISTRACTIONS

You know it, you love it, and it'll be sure to shift your paradigm. It's *The Seven Habits of Highly Effective People*, and it's coming to the Center for Continuing Education. It's a great time, plus you'll find out how to "Sharpen Your Saw." Keep your eye out for the glare off of Stephen Covey's head and run for the CCE.

EDITOR'S CHOICE

- Lecture: "Recollecting Dante in Ariosto," Sergio Zatt, 4:45 PM, 102 Hesburgh
- Lecture: "Terry: My Daughter's Life and Death Struggle with Alcoholism," George McGovern, 7:00 PM, Joyce Center
- *Contact*, 10:30 PM, Cushing

THURSDAY

- HALLOWEEN**
- Historical walking tour of campus, 3:00 PM, Meet at Main Traffic Circle
 - Pep Rally, 7:00 PM, Joyce Center
 - *Face/Off*, 7:15 & 9:45 PM, Snite
 - Hockey: ND vs. Michigan State, 7:30 PM, Joyce Center
 - Soccer: ND women vs. Michigan, 7:30 PM, Alumni Field
 - Folk Dance, 7:30 PM, Clubhouse, Saint Mary's
 - Glee Club Concert, 8 PM, Washington Hall
 - *Contact*, 8:00 & 10:30 PM, Cushing

FRIDAY

NOVEMBER

- Football: ND vs. Navy, 1:30 PM, Notre Dame Stadium
- Concert: Notre Dame Folk Choir, "Song of the Saints," 7:30 PM, Basilica
- *Face/Off*, 7:15 & 9:45 PM, Snite
- Closed Meeting of Alcoholics Anonymous: Room 124, 9:30 PM, CSC

SATURDAY

- Soccer: ND men vs. Boston College, 1:00 PM, Alumni Field
- Storytelling: "Strangers and Sweethearts," 2:20 PM, Snite
- Soccer: ND women vs. Providence, 3:00 PM, Alumni Field
- Concert: Joel Cummins, pianist, 2:00 PM, Annenberg Auditorium, Snite

SUNDAY

- Keep your old Halloween Candy
- Check out a movie — Pacino is fantastic in *The Devil's Advocate*

MONDAY

- Lecture: "Privatization in Hungary: The Environmental Impact of Entrepreneurial Behavior," Maria Csanadi, 12:30 PM, C-103 Hesburgh
- *Jezebel*, 7:00 PM, Snite
- *She's Gotta Have It*, 9:00 PM, Snite

TUESDAY

- African Film Series: *Yeelen* (Mali), followed by panel discussion: "Knowledge, Wisdom, and Power in our Societies," 7:00 PM, 155 Debartolo

WEDNESDAY

SILVER SCREEN

NOW SHOWING
OCT. 31 - NOV. 6

University Park West

☎ 277-7336

All Shows in Stereo

L.A. Confidential	2:15	5:30	8:45
Soul Food	2:00	4:30	7:00 9:30
Fairy Tale	2:30	4:50	7:10 9:20

University Park East

☎ 277-7336

All Shows in Stereo

Rocketman	2:45	5:00
The Game	2:15	5:15 8:15 11:00
Seven Years in Tibet*	2:30	5:30 7:15 8:30 10:45
Most Wanted	2:15	4:30 7:00 9:20 11:45
Playing God*	2:00	4:15 6:45 9:00 11:15
Men In Black*	2:00	6:45 11:30
Air Force One*	4:10	9:00
The Lost Boys*	Fri & Sat at Midnight	

Shows after 10:00 PM shown Fri & Sat only

* Digital Sound

Movies 10

☎ 254-9685

All Shows in Stereo

Boogie Nights	1:10	4:20	7:10	10:20
Red Corner	1:00	1:10	4:10	4:40
	7:05	7:50	9:45	10:30
The Devil's Advocate*	12:45	3:50	7:00	10:05
I Know What You	12:55	1:30	3:05	3:40 5:20
Did Last Summer	5:50	7:35	8:05	9:50 10:30
Kiss the Girls*	1:25	4:05	7:20	10:00
The Edge	1:40	4:30	7:45	10:25
Gang Related	1:15	4:00	7:15	9:40
The Peacemaker	1:20	4:15	7:30	10:15

* DTS Sound

Dysfunctional Eating

by Kim Smith

It was the end of fifth grade and my friends and I were out on the school playground for recess. We were signing each other's shirts with our names and cute phrases like "Have a great summer!" and "See you next fall!" The fun ended for me when a mean boy from my class signed my shirt in large capital letters, "WIDELoad."

I admit I am one of those people who always worries about what they are eating. Maybe it stems from the fact that as a young girl I was always bigger than all the boys. I was not only inches taller than most kids, but quite a bit chunkier. As mean as some kids can be, I was often made fun of for being fat. After years of being teased and called names like Fatso and Lardo, I tried not to let it bother me.

I felt I could completely control, and one of these was the food I ate. And much of the anxiety about weight gain that I felt as freshman stays with me as my schedule becomes fuller and my worries increase.

From my own experience, I understand the pressures that both men and women feel at Notre Dame as they try to create a healthy lifestyle. It can be difficult to squeeze in a daily workout in the midst of studying for exams or finishing important papers and projects. It is hard to make the healthy eating choices in the dining hall when there is so much food to choose from, and it can be especially hard to turn down dessert when all of your friends are enjoying their Yo-Cream sundaes in front of you.

When you are concerned about the way you feel and the way you look, it's a constant struggle to control your eating and to exercise. Out of this desire to control the things you eat, food always seems to be on your mind. While they study, many of my friends feel like they must constantly have something in their mouths to keep themselves going, be it gum, water or candy. Other people take breaks every hour or so to get a drink or snack even when they are not thirsty or hungry. Food becomes an outlet for frustration or just something more enjoyable to do than studying. Another reason that dysfunctional eating seems to be a problem here is that food itself is a means of having fun.

From my elementary school days, I know what it feels like to want very badly to lose weight and not be able to do so. I know what it feels like to be compared to others and to be made fun of for being fat. And now from my Notre Dame days, I know what it feels like to be so preoccupied with how I look and what I eat that thoughts of food actually control me.

For most students, each visit to the dining hall is a chance to get together with friends and relax. But for others, it's a struggle of self-consciousness and self-control. For those like me, the pressure of eating right is constant — the fifth-grade playground is never far from memory. □

Through diet and exercise, I lost more than 30 pounds during my junior year of high school and people suddenly stopped making fun of me. Now that I'm a junior here at Notre Dame, I can't quite remember the last time

somebody made fun of me for my weight.

Notre Dame students seem to be very concerned with how they look, how they feel, what they eat and how often they exercise. The university's stressful competitive environment fosters dysfunctional eating in many people who would otherwise not have such problems.

I know because I am one of those people. After losing weight in high school, I started eating healthy, reading nutrition labels and exercising regularly. I thought little about food unless I was actually eating something. I ate when I was hungry and that was it. It is the same way for me when I am home on break or away from Notre Dame during the summers. When I return to campus, however, I almost immediately become preoccupied again with the thought of food.

As a freshman there were few things in my life that

I know what it feels like to be so preoccupied with how I look and what I eat that thoughts of food actually control me

Kim Smith is a junior from Lyons Hall. She is from Edmond, Okla.

Fried Rice

	Pint	Qt
Vegetable Fried Rice	3.29	5.29
Chicken Fried Rice	3.79	5.79
Shrimp Fried Rice	3.99	5.99
Beef Fried Rice	3.99	5.99
Combination Fried Rice	5.49	7.49
Chicken~Shrimp~Vegetable		
*Szechuan Fried Rice	5.49	7.49
Chicken~Shrimp~Vegetable		

Soup

Hot and Sour Soup	1.49
Wonton Soup	2.49
Egg Drop Soup	0.99

Customer's Choices

*Chicken in Hot Garlic Sauce	5.99
*Kung Pao Chicken	5.99
Cashew Chicken	5.99
Almond Chicken	5.99
Curry Chicken	5.99
Chicken Chop Suey	5.99
Sweet & Sour Chicken	5.99
Chicken with Broccoli	6.49
Fresh Mushroom Chicken	6.49
Chicken with Zucchini	6.49
Chicken with Peapods	7.49
Orange-Flavored Chicken	7.99
Empress Chicken	7.99
Sesame Chicken	7.99
*General Tso's Chicken	7.99
*Hunan Beef	6.99
Mongolian Beef	6.99
Pepper Steak	6.99
Fresh Mushroom Beef	6.99
Beef Chop Sney	6.99
Beef with Broccoli	7.49
Beef with Peapods	7.49
Orange-Flavored Beef	7.99
Beef in Oyster Sauce	7.99

Fat Free Dishes

Vegetable Deluxe	5.49
Stir-Fry Broccoli	
in Brown Sauce	5.69
Steamed Broccoli	4.99
Steamed Cauliflower	4.99
Steamed String Beans	5.25
Steamed Cabbage	3.99

House Specials

Noodles with Sauce	Pint	Qt.
Vegetable Sauteed Noodles	3.69	5.69
Chicken Sauteed Noodles	3.99	5.99
Beef Sauteed Noodles	4.69	6.69
Shrimp Sauteed Noodles	4.69	6.69
Combination Sauteed Noodles		
Chicken~Shrimp~Veg	5.79	7.79
*Szechuan Sauteed Noodles	5.79	7.79
Chicken~Shrimp~Veg		

Appetizers

Egg Roll	0.99
Cream Cheese Wonton (6)	2.29
Pot Stickers (6)	2.49

Luncheon Specials

11:00 am to 2:30 pm
[Served with Egg Roll, Soup of the Day, Cookies]

1. Sauteed Noodles	3.99
[Choice of Vegetable, Chicken, Beef or Shrimp]	
2. Fried Rice	3.99
Choice of Vegetable, Chicken, Beef or Shrimp	
3. Vegetable Deluxe	4.75
4. Steamed Broccoli w/sauce	4.75
5. Chicken in Hot Garlic Sauce	4.75
6. *Kung Pao Chicken	4.75
7. Cashew Chicken	4.75
8. Sesame Chicken	5.25
9. General Tso's Chicken	5.25
10. Sweet & Sour Chicken	4.75

* Hot and Spicy *

Bai Ju's Noodle House



Chinese Cuisine
Delivery Hours:
Mon-Sun
5:00 to Midnight
271-0125

We Deliver!

(\$8 minimum order)

Christianity

Myth and History

a documented study

For a 10-page essay send self-addressed envelope (no postage required) with \$3 (money back if not satisfied) to:

James P. Jacobs
1728 45th St.
Brooklyn, NY 11204

*Subscribe to Scholastic
this Halloween.*

We won't give you cavities.

SCHOLASTIC

MAGAZINE

*\$35 for regular, biweekly issues
and the football review.*

Name: _____

Address: _____

Please send this form, with payment to:
Scholastic Magazine
303 LaFortune Student Center
Notre Dame, IN 46556

just for the sound of it



Archives
607 Hesburgh Library
Notre Dame, IN 46556

NON-PROFIT ORGANIZATION
U.S. POSTAGE
PAID
Permit No. 10
NOTRE DAME, IN

Ben Folds Five

tues., nov. 18 @ 8pm in stepan center

fix on sale @ lafun info desk (631-8128) \$9 nd, smc, hcc students, \$12 general admission



Life is pretty harsh
Your music doesn't have to be.
WVFI - 640 AM
You've earned it, cowboy.