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THE OBSERVER

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UCC, CARE support mental health

'Illuminate the MiND' week promotes awareness and on-campus resources

By MEGAN VALLEY

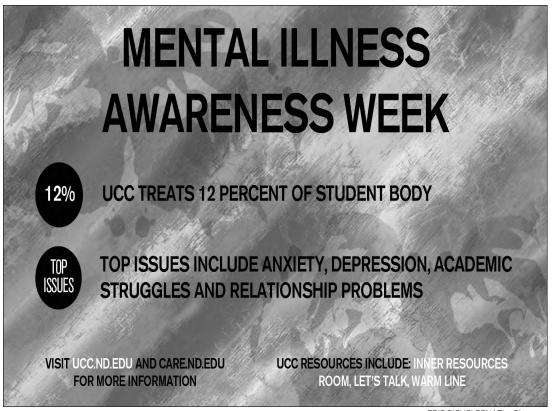
News Writer

Editor's Note: This is the second installment of a five-day series discussing mental health at Notre Dame in recognition of Mental Illness Awareness Week.

Notre Dame's University Counseling Center (UCC) treats 12 percent of the student body — from every dorm, from every major, from any club or organization and from any situation or background. According to Susan Steibe-Pasalich, director of the University Counseling Center, the top issues that affect students include anxiety, depression, academic struggles and relationship problems.

The National Alliance of

see NAMI **PAGE 5**



Sisters to receive pro-life medal

Observer Staff Report

Loraine Mother Marie Maguire and the Little Sisters of the Poor will receive the 2016 Notre Dame Evangelium Vitae Medal in the spring, the University announced in a press release Monday. The award honors individuals who have supported and advanced the pro-life movement.

O. Carter Snead, the William P. and Hazel B. White Director of the Notre Dame Center for Ethics and Culture, stated in the press release that the work

see MEDAL PAGE 5

Professor speaks on rhetoric of political discourse

By AIDAN LEWIS News Writer

John Duffy, associate professor of English, spoke on the other social media platthe ethics of argument during "ND Votes '16: Political Responsibility and Virtuous Discourse" at Geddes Hall on Monday night. The event was sponsored by ND Votes '16, a nonpartisan campaign aimed at educating and registering voung voters.

Duffy, the director of the University Writing Program, said the "toxic rhetoric" used in contemporary political discourse has made finding truth in politics incredibly difficult.

"This rhetoric has managed to undermine forces grounded in logical argument and empirical evidence, which once were considered authoritative," Duffy said.

Much of the blame for unhealthy political

atmosphere falls on the media, he said.

"Cable TV, talk radio and all



forms have made toxic rhetoric a fact of everyday life, a form of entertainment and a product to be bought and sold," he said.

Duffy said the media has become unreliable in reporting the truth, which has made discerning fact from fiction a legitimate challenge.

"We seem to have come to a place where we are unclear on the nature of factual

see VOTES **PAGE 5**

Kelly Cares hosts Zumba class in ND Stadium

By JENNA WILSON News Writer

When you are diagnosed with any type of cancer, you fight like a champion. Paqui Kelly, two-time breast cancer survivor and co-founder and board president of the Kelly Cares Foundation, understands that fight.

Kelly founded the organization with her husband, Irish head coach Brian Kelly, after her first experience with cancer.

"I was sick for 18 months for the first time around. After I got better, I wanted to do something to help," Kelly said. "I saw a lot of things when I was sick, and I was thankful that I had all the insurance that I needed, rides to chemo, people to take care of me during times that weren't very good days.

"There were people, single people, who were struggling doing the same things I did. I found out that there are a

lot of non-profits that have lots of little 'angel people,' as I call them, those single people, because they need help just like everyone else. That was where the idea started."

Monday, the organization held "Paqui's Pink Out Zumba," a free Zumba class on the field at Notre Dame Stadium, Kelly said. More than 900 people attended the event and participants received free goody bags and t-shirts.

"It's a lot of fun, and you can't go wrong with movement and music," Kelly said. "I'm so excited to be a part of it. We share stories and [talk about] how much has changed because of the amount of fundraising, education, new drugs and early detection programs."

Kelly said this is the second year the foundation has hosted Zumba in the stadium.

"Cancer doesn't happen in October. Our theme for Paqui's 2015 Wellness Playbook is educate, thrive and support," Kelly said. "Those are the things you need to do. If you have an illness, you'll need to educate yourself about that illness. You are going to have lots of support and to let yourself accept that support. The thrive part [of the theme comes in] when the people supporting you thrive off of you becoming better. It's all part of the healing process, in my experience."

The Paqui's Playbook series was created after the organization felt that breast cancer support was lacking in the South Bend area, Patrizia Martellaro, the marketing and development manager for the foundation,

"There is not a lot in the area during October. So the

see ZUMBA PAGE 5



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FOOTBALL PAGE 16

THE OBSERVER

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Corrections

The Observer regards itself as a professional publication and strives for the highest standards of journalism at all times. We do, however, recognize that we will make mistakes. If we have made a mistake, please contact us at (574) 631-4541 so we can correct our error.

QUESTION OF THE DAY:

What is your favorite thing about fall?

junior

Lyons Hall

freshman

Walsh Hall

Bella Bianco

"Pretty colors."

Claire Turgeon

Lydia Costello

freshman

Lyons Hall

"Halloween."

"Wearing more clothes."



Matt Chignoli fresman Keough Hall "Football."

Have a question you want answered?

Email photo@ndsmcobserver.com



Roisin Goebelbecker freshman Lewis Hall "The leaves and apple cider."



Ryan Green freshman Keough Hall "Sweater weather."



Freshman Molly Lanahan scores a goal during an Irish victory against Dayton in a field hockey game Sunday. The Notre Dame club team hosted this tournament as part of the National Field Hockey League's 2015 season.

THE NEXT FIVE DAYS:

Blood Drive

10 a.m.-2 p.m. Participants will receive a free T-shirt and piece of fruit.

Cookies and Conversation

Tuesday

Grace Hall

Hesburgh Library 3:30 p.m.-5:30 p.m. Enjoy a study break with cookies.

Wednesday

Fall Reading Series

Hammes Bookstore 7:30 p.m. Four students present as part of the Creative Writing Program

ND Men's Soccer

Alumni Stadium 7 p.m.-9 p.m. The Irish take on the Wolverines in a nonconference match.

Thursday

Dante Lecture

Hesburgh Library 4:30 p.m.-6 p.m. Lecture on the 750th anniversary of Dante's birth.

Bonfire, S'Mores and **Cemetery Tours**

Holy Cross Hill 8 p.m.-10 p.m. Fr. Neil Wack will lead the tours.

Friday

A "Divine Comedy" Flashmob

Want your event included here?

Email news@ndsmcobserver.com

campus-wide 2 p.m.-5 p.m. A lecture will follow the performance.

Notre Dame Football Pep Rally

Jovce Center 5:45 p.m.-6:30 p.m. A home game weekend tradition.

Saturday

Hindustani Concert

Hesburgh Library 8:30 p.m.-9:30 p.m. A blend of Indian and Western violin techniques.

Football vs. Navy Notre Dame Stadium

3:30 p.m. The Irish take on their rival, the Navy Midshipmen.

'Think Pink' Week funds cancer research

By RACHEL O'GRADY News Writer

This Thursday, the ladies of Breen-Phillips Hall (BP) are employing the help of an in-demand item on campus to encourage the Notre Dame community to support breast cancer research: fresh berries.

"We wanted to have a 5K that was different from any of the other ones on campus, and berries are a hot commodity at Notre Dame since they often aren't in the dining halls, so we saw that as a way to draw people in," Breen-Phillips' vice president and junior Laura Luchini said.

The 5K run is just one of many events BP is hosting for their inaugural Think Pink Week, which will fundraise for Harper Cancer

Research Institute. The race is set to take place Thursday at 5 p.m. at Fieldhouse Mall, where PacSun apparel, berries and other free food will be available for registered race participants.

"We knew that there were other 5Ks going on around that week, so we wanted to stand out," Luchini said."We noticed that there isn't any kind of breast cancer awareness week at Notre Dame like there is at most other colleges. ... With all of the cancer research happening on campus at Harper Research Institute, and with Breen-Phillips' color being pink, we thought it was more than fitting that we start this new

The week kicked off on Monday with "Kiss Away Cancer," where students and faculty were invited to sign

banners outside of DeBartolo Hall and North and South Dining Halls and to pick up a ribbon, pink lemonade and

> "We wanted to plan a fun, informative week for our students. All of the money that we raise is going to Harper Cancer Research Institute here on campus."

Laura Luchini vice president Breen-Phillips Hall

Hershey's Kisses distributed by BP residents.

"This is a cause that is important to me and many other people on campus, so it is amazing to be doing

something that can help," Luchini said.

Tuesday night from 5 p.m. to 10 p.m., Breen-Phillips will host the first of two profit-share fundraisers with Blaze Pizza on Eddy Street, Luchini said, where a portion of sales that evening will be donated to the Harper Cancer Research Institute.

"Harper does a lot of cutting-edge research right across the street, and yet a lot of people don't know what it is," she said.

Luchini said she hopes to raise awareness about this research by hosting a talk given by representatives from the Institute on Wednesday night in DeBartolo Hall.

"The Institute will be giving a talk of the cancer research that's happening right here on campus and how you can get involved," Luchini

said. "I'm sure we all know of at least one person affected by breast cancer. It is so prevalent, and we thought it was important to remind Notre Dame's campus how important cancer research is in finding a cure."

The week wraps up with the 5K on Thursday in addition to an all-day profitshare fundraiser with Five Guys on Eddy Street.

"We wanted to plan a fun, informative week for our students. All of the money that we raise is going to Harper Cancer Research Institute here on campus, and we want to raise awareness for Harper and give them the opportunity to tell students how to get involved in research there," Luchini said.

Contact Rachel O'Grady at rogrady@nd.edu

Speakers discuss experiences as gay Christians

By SELENA PONIO News Writer

night, blogger Monday Matthew Franklin Jones spoke about a place where he often experienced isolation and a lack of love and acceptance: his church.

Jones, a contributor to the blog "Spiritual Friendship," spoke Monday night at "Gay and Catholic," a conversation hosted by the Gender Relations Center (GRC), about how he grew up in Portland, Oregon, as a gay teenager in a conservative Baptist community and how to this day he continues to live out a celibate life as a Protestant.

"It just was not talked about,

and when it was it was in very hushed tones, in broad condemning statements of all gay people — very 'us versus them' statements," Jones said.

Jones said the stereotypical negative sentiments that were blindly thrown over the entire population of gay people eventually succeeded in making him homophobic himself at one stage in his life. He said much of what affected him was his church's decision to silence any conversation regarding matters of homosexuality.

"The world is already having this conversation and when the church is silent on it ... then that just simply removes the church from the conversation," Jones said. "It actually removes

what should be a voice of compassion and mercy."

Jones said he attempted to live into futures that he knew he did not want.

"I always walked into this cold dark, lonely apartment and thought that was the totality of the reality that awaited me," Jones said. "When we talk to people who even refuse to acknowledge the history of suffering we have nowhere to go, because you've just basically erased a whole people and a whole history."

When his church found out about his sexual orientation, Jones said, they banned him from working with kids or speaking on stage in front of the public. He said although

this seemed harsh, his story was not rare.

"They had these very definitive lines of what it meant for me to be in the good graces of this church," Jones said. "Because the church is comprised of humans, we have also contributed to injustices and we can't ignore that. We need to ask how to make amends in that regard."

Eve Tushnet, author of "Gay and Catholic: Accepting My Sexuality, Finding Community, Living My Faith," spoke about her contrasting experience growing up as a lesbian in a secular Jewish household and her eventual conversion to Catholicism.

Tushnet said she came into

the Catholic Church in 1998 and did not know any other gay people following the Church's teaching with sexual ethics at that time.

"I was so focused on living out the Church's sexual morality as a kind of checklist, of things you're not supposed to do, but I didn't think at all about what my future would look like," Tushnet said.

There is a danger in society's emphasis on romantic love as the highest and most successful form of companionship,

"Society teaches that marriage is the thing that rescues us from the terror of loneliness, marriage is the thing that when we cry out in the dark someone will answer us," Tushnet said. "The way that we escape isolation through romantic love is very deeply embedded into our culture."

Tushnet said that negative stigmas usually associated with living a life of celibacy can be debunked through the realization that celibacy is not synonymous with loneliness.

"A big thing I've learned is to find ways that you're not living in isolation ... that you're living with your family or your family of choice," Tushnet said. "One of your home communities would be your Church."

Both Tushnet and Jones said celibacy was not a restricting lifestyle, but rather a choice that gave them the "freedom to constrain" themselves to other vocations, such as serving their communities.

"Celibacy is in some ways an expression of trust that there is more than this life," Tushnet

BOSTON COLLEGE

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This conversation will build on the initial findings of the recent National Study of Catholic Parishes with Hispanic Ministry, acknowledging the relevance of this work for the study of U.S. Latino Catholicism and a more dynamic understanding of the American Catholic experience in the 21st century.

In recognition of the 40th anniversary of the Cushwa Center for the Study of American Catholicism, this symposium honors Timothy Matovina's work as director of the Cushwa Center from 2002 to 2012. Dr. Matovina is professor of theology and co-director of the Institute for Latino Studies at the University of Notre Dame.

tel (574) 631-5441 email cushwa@nd.edu web cushwa.nd.edu







Hispanic Ministry in Catholic Parishes

mmary Report of Frinting, from the and Study of Catholic Parishes with Hispanic Ministr

Contact Selena Ponio at sponio@nd.edu

Author critiques Court position on marriage

By MATTHEW McKENNA News Writer

Supreme Court Justice Anthony Kennedy is trying his hand at "freshman philosophy" to redefine marriage in his Supreme Court opinion on same-sex marriage rather than relying on the words of the constitution and legal precedent, Ryan Anderson said.

Ryan T. Anderson, the William E. Simon Senior Research Fellow in American Principles and Public Policy, gave a lectured titled "Truth Overruled: Marriage and the Future of Religious Freedom" in DeBartolo Hall on Monday evening. The lecture, which was sponsored by Students for Child Oriented Policy, discussed the impact of the recent ruling by the Supreme Court on same-sex marriage and its possible repercussions on marriage and the family.

Anderson said heterosexual couples that do not adhere to the institution of marriage in its full meaning have caused the problems that afflict the family today.

"The legal redefinition of marriage could only take place after the cultural redefinition of marriage," he said. "It is only after 50 years of heterosexuals making a mess of love, and sex and the family with non-marital child bearing and high rates of divorce that Anthony Kennedy can say the male-female part doesn't matter. ... This problem with the decline of marriage rates and the increase of non-marital child-bearing is a direct consequence of the sexual revolution and the values it began promulgating about the family."

Anderson said the problem with Justice Kennedy's ruling is it enshrines the vision of sexuality and marriage that centers on adult romance into our constitution.

"If you think the past 40 or 50 years of marriage practices in the United States has been a good thing for our children, and a good thing for families and communities, the same past 40 or 50 years where we're seen the introduction about hook-up culture and the doubling of divorce rates, if you think that's been a good thing for human well-being and human flourishing, then by all means cheer on Anthony Kennedy's decision," he said. "If you think this has been problematic in many respects for human well-being and human flourishing, then you might want to be cautious before having five

unelected judges redefine what marriage is and then say our constitution requires it."

Anderson said the overarching argument of his book, which shares a name with the lecture, is that the marriage movement should model itself after the prolife movement.

"Just like Roe v. Wade, there is nothing in the constitution that actually says there is a constitutional right to have an abortion," Anderson said. "So too, there is nothing in the actual constitution that requires a redefinition of marriage."

The Fourteenth Amendment does not give an explicit definition of marriage, Anderson said, and this lack of common understanding about the institution of marriage is the true point of contention in the marriage debate.

"Everyone is in favor of marriage equality," he said. "Everyone wants the law to treat all Americans equally. The only way that Kennedy could attempt to show the law was violating equality was to smuggle in his own vision of marriage that sees marriage about primarily consenting adult romance."

Anderson said the Supreme Court's ruling on same-sex marriage is degrading the status of marriage in contemporary culture.

"The law cannot teach both views of marriage, it will teach one or the other," Anderson said. "The law will then shape our culture, our culture will then shape our beliefs, and our beliefs will shape our actions, and not just for you in the audience but for your children and your children's children."

The restructuring of marriage to become more compatible with modern attitudes about dating will have negative consequences for the family, he said.

"Now that Justice Kennedy has redefined marriage to make it a genderless institution, there is no institution left in public life that promotes the ideal that every child deserves both a mother and a father," Anderson said. "What defining marriage does is say men and women are interchangeable and that mothers and fathers as replaceable."

Anderson said it is better for children to be raised by a mixed-gender couple, and that this benefit to children is the reason for governmental involvement in marriage.

"A secondary concern of mine is the effect redefining marriage has on children," Anderson said. "A child raised by both a mother and a father is provided with the best environment for human flourishing, and there are a few reasons why. Science supports the fact that biology matters, gender matters, and stability matters."

Anderson said the demonization of those who have traditional views of the institution of marriage acts as an obstacle to intelligent discourse on the topic.

"If you heard people say over the course of the past decade that if you're against same-sex marriage, then you're no better than a racist bigot who is against interracial marriage, believe them," he said. "Now that they are in the ascendency of cultural power, they intend on treating people who believe marriage is the union between a man and a woman as if they are racists or bigots.

"Unlike the abortion issue, too many people at the elite level on the marriage issue view people who believe marriage is the union of a man and a woman as not only wrong, but also evil. It is our challenge, as Middle America, to have a debate where reasonable people of good will can disagree but coexist."

Contact Matthew McKenna at mmcken12@nd.edu

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Votes

CONTINUED FROM PAGE 1

information. We're not agreed on what constitutes a fact," he said.

In order for this toxic rhetoric to end, a cultural change must occur, Duffy said, and this cultural change must be grounded in supporting statements with actual evidence.

"There assertions,

assertions, assertions — but not evidence. When you provide evidence for a claim, you are demonstrating your integrity. You are not simply making wild statements, you are willing to back them up," he said.

Duffy said people must also be willing to listen to those challenging their ideas, who present opposing viewpoints.

"You expose yourself to the contradictions, the uncertainties, the possibilities that

attach themselves to any serious, worthwhile questions," he said.

By doing this, Duffy said, "we expose ourselves to the possibility that we might have to change our minds."

In closing, Duffy said personal arguments and opinions should be taken seriously, since they are a reflection of personal values and are "expressions of who we are, expressions of our character, expressions of the kind of community in which we want to live."

Lorraine Cuddeback, a Ph.D. candidate in theology, examined voting from a Catholic perspective. Cuddeback said developing a strong conscience is a necessity for choosing the best political candidate.

"The formation of a conscience first involves a willingness to seek what the truth is,"

Cuddeback said that Catholics should play an active role in the political world.

"It is the particular vocation of lay Catholics to directly shape the moral character of the country," she said.

The event also offered students the opportunity to register as voters in preparation for the 2016 presidential primaries and elections and provided instructions for obtaining an absentee ballot.

Contact Aidan Lewis at alewis9@nd.edu

Zumba

CONTINUED FROM PAGE 1

series was created and designed to touch everyone with a bunch of different activities," Martellaro said. "It is meant to get people educated on breast cancer and what they can do as a survivor or someone going through it or someone who

just cares about the cause."

Martellaro said that foundation wanted to plan a fun event that everyone could get involved with during Breast Cancer Awareness Month. The event was designed to bring in students from the University, as well as those the surrounding South Bend community.

"Because health is one of

the pillars of our organization, and staying healthy, having a healthy lifestyle is so important to preventing any kind of disease, including cancer, we wanted to do something health-related that people could get involved in," said Martellaro.

According to Kelly, the event was simply designed to raise awareness for the

"For the people that have gone through it, it is something to help them celebrate their health," she

Throughout Breast Cancer Awareness Month, the foundation will hold numerous different events as part of the Paqui's Playbook series, Martellaro said. In addition to the Pink Out Zumba Event, the

foundation will be holding a Pedal in Pink Cycle event on campus in the Rockne Memorial on Oct. 27.

"What we hope people get out of it [is] to motivate each other to go get their mammograms and have good health habits. That is the goal," Kelly said.

Contact Jenna Wilson at jwilso35@nd.edu

NAMI

CONTINUED FROM PAGE 1

Mental Illness (NAMI) sponsored Food for Thought on Monday night in Jordan Hall of Science as part of "Illuminate the MiND," this year's Mental Illness Awareness Week. Junior Katie Paige, president of NAMI-ND, introduced the goals of the organization before Steibe-Pasalich and CARE [Campus Assessment Response and Education]

consultant Dr. Erica Kelsey discussed the mental illness resources available on campus for students.

"Every year, the first full week of October is nationally recognized as Mental Illness Awareness Week," Paige said. "NAMI tries to end stigma, provide support, educate Notre Dame and the South Bend community and stand in solidarity with those who are struggling with mental illness."

Steibe-Pasalich said

UCC staff is trained specifically to help students.

"This year, our staff is licensed psychologists and clinical social workers with a special expertise in college student mental health," she said. "We are also a training site for doctoral interns and accredited program studies."

The UCC offers services for a variety of mental issues, including a nutritionist for students suffering from eating disorders, an Inner Resources Room with sunlight therapy

lamps for students with seasonal affective disorder and Let's Talk, an anonymous drop-in counseling service for students to talk to a counselor briefly and determine if they want to pursue treatment at the UCC.

Steibe-Pasalich also said the UCC has a Warm Line for non-emergency help. This line is often used by faculty and staff who are concerned about a student, she said, although students are encouraged to use it too.

"If you're concerned about someone but don't know what to say, we will help you with the words," she said. "Friends can be the most effective in terms of getting someone help."

According to their website, the CARE team is devoted to providing early intervention for members of the Notre Dame community who are experiencing stressful or difficult situations. Kelsey said it is a good place for students to start when looking for help.

"No problem or concern is too small," she said. "So if there's ever a question and you don't know who to turn to, a CARE consultant would be a good first step."

CARE consultants help students make a plan to deal with their problem and help them follow through on it, Kelsey said. She also said that CARE is focused on helping students advocate for themselves.

"We do a lot of teaching and encouraging of self advocacy," she said. "If a student is stressed out because they didn't turn in a paper so they decide they're just never going back to class again, we'd encourage them to really reach out to that professor and let them know what's going on and to not be afraid to ask for help when it's needed."

More information about these and other resources is available at ucc.nd.edu and care.nd.edu. To reach the UCC Warm Line, call the UCC at 631-7336 and ask for the Warm Line.

Contact Megan Valley at mvalley@nd.edu

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Keough-Naughton

Institute for Irish Studies ARRY MCGOVERN READS JOYCE AND BECKETT



Tue Oct 6, 2015, 4:00PM - 5:30PM

DeBartolo Performing Arts Center, Patricia George Decio Theatre

Barry McGovern's reading will include selections from the prose, poetry, and plays of Samuel Beckett and an edited reading of the Cyclops episode from James Joyce's Ulysses.

Mr. McGovern is an award-winning actor and the Naughton Distinguished Visiting Faculty Fellow at the Keough-Naughton Institute for Irish Studies in Fall 2015.



CONTINUED FROM PAGE 1

and witness of the Little Sisters of the Poor "embody the goods at the heart of the Evangelium Vitae Medal. Their unwavering defense of the unborn in the HHS mandate litigation alongside their longstanding work to care for the elderly poor offers a beautiful and powerful witness to the unique, inviolable dignity of every person, from conception to natural death. Their work is a testament to the radical solidarity and hospitality at the core of the Gospel of Life."

The Little Sisters of the Poor are an international organization of women religious whose mission is to assist the elderly poor. The congregation operates in 31 countries

and includes 30 homes in the United States. These homes support more than 13,000 lowincome seniors by providing health care and assisted living services.

"In 2012, led by Mother Loraine, the Little Sisters of the Poor became the face of religious nonprofit organizations struggling against a federal mandate to facilitate access to contraceptives and drugs that, according to FDA labeling, may function by causing the death of newly conceived human beings," the press release stated.

According to the press release, the Evangelium Vitae Medal consists of a specially commissioned medal and \$10,000 prize, which will be presented at a banquet that will be held on Notre Dame's campus in April.

VIEWPOINT

INSIDE COLUMN

College with ADD

Erin Rice

Graphics Editor

After years of refusing to test me for ADD, my parents drew the line when my fifth grade teacher called to report that I had used all of the math handouts to make miniature origami mailboxes for every student to pass notes.

As a 10 year old, being told that I was different and needed medication to help me translated to: you're weird and need to be fixed. Classmates would tease me about my 'lunch-date' with the nurse because of my daily visit to take my afternoon medication. I wanted to be normal, (although clearly I was far from it — origami mailboxes??), and taking medication made me different. I feared I would be labeled as less of a person, unable to function on my own.

Now that I'm in college and have been living with ADD for years, people approach medication much differently. Often friends tell me that I'm "lucky" that I have ADD because I get to take medication. I want people to know that I have to take medication to function normally. Without medication I often forget what I'm talking about in the middle of a sentence. I can't complete a thought with out being distracted by something else. I'll intend to do one thing and do the complete opposite.

Adderall is helping me survive college; it's not for fun. Even with medication, I'm incredibly high-energy and I can still be unorganized, forgetful and impulsive. In order to handle the stress of the fast-paced college environment, I've developed habits and tricks to keep me on track even when I want to stop and pet that puppy on south quad for 45 minutes. Even if you don't have ADD, some of these tips might apply to you. If none of these apply to you, I'd like to meet you.

First, make lists. Don't go crazy and make an absurd amount though, or the first thing on your to-do list might be to find your original one.

Break down a to-do list into three sections: do immediately, do this week and long-term

Second, put everything back in the same place and simplify. The less you have, the easier it is to stay organized.

Third, leave time at the end of each day to tidy up your living space. I rarely spend time in my room. It's typically littered with clothes I decided against wearing that day. Don't let it pile up.

Fourth, always carry around a small notebook to capture those random, fleeting thoughts. Write everything down.

Fifth, when you are rushing through your day, slow down to take a moment to look around and realize how awesome campus is. Little mental breaks can help relieve stress and keep you focused for the rest of the day's tasks.

And lastly, surround yourself with people who are patient and understand that you are actually listening. If you are around people that are constantly annoyed by your short attention span and high energy, talk to them about it. There are also a lot of awesome people at ND, find friends that get you and love you for it.

As someone with ADD, you may need to work a little harder, but never stop working to do your best. If you have any tips that work well for you, feel free to share.

Contact Erin Rice at erice4@nd.edu
The views expressed in the Inside Column are
those of the author and not necessarily those of The

As fish in the pond

Michael Fliotsos Retained Reflections

One of the most relevant lessons I learned about animal biology over my years in college did not, oddly enough, come from a biology class as a science major at the University of Notre Dame. Rather, this learning moment was delivered by one of the 10-year-old little buddies I met through College Mentors for Kids my sophomore year. As strangely specific as it sounds, her all-time favorite animal was the Japanese koi fish; upon further inquiry as to exactly why she held this conviction, she gushed about a recent trip to an aquarium where she was captivated by the vibrant, colorful patterns of the fish she saw in the tanks. The aspect that most intrigued me, though, was the lesson the marine biologist imparted during their visit about the growth patterns of the fish. Apparently, when the fish is hatched and raised in a traditional fish bowl, it can grow to be about three inches long. When raised in a koi pond or similarly sized pool, the fish can grow to be around a foot long. However, if the koi is allowed to spend its life in a larger body of water — say, a small pond — it can grow to be nearly three feet or

From this example and many others in animal biology, it is a generally accepted principle that the qualities of an animal's environment have profound impacts on its future outcomes. From young primates whose physical development is stunted due to being socially ostracized to the example of the koi fish having more room to grow and thrive, it is evident that the environmental conditions to which the individual animal is exposed have massive implications for how it will develop over time. It doesn't take much extrapolation from this example to ask the question, "What about us?"

The medical school application is inherently reflective, so the past several months have involved an awful lot of introspection, reflection and self-assessment. Part of that process has involved me looking at the environment in which I have been

able to learn and grow — specifically, how my undergraduate years have shaped and influenced who I am. Another part has been trying to articulate to others how meaningful this environment has been to me in terms of my personal and professional development. Just as a koi fish does not notice the water it lives in, though, it is difficult to really grasp the extent to which this place has shaped me (because it has, and in so many different ways).

For me, one of the most fascinating parts about the environment that exists here at Notre Dame is the fact that, unlike the static pond or bowl in which the koi fish is confined, we have the ability to shape and develop this place each and every day. That is precisely why I find weeks such the one before us — Energy Week, Mental Illness Awareness Week, Respect Life Week and the others I am probably missing — to be so exciting. Whether you share the stances being advocated by the various groups or not, you are witnessing the manifestation of our ability to mold and shape the metaphorical pond within which we live to an extent that no other creatures can. We have the ability to seek out and isolate problems and issues we experience in the communities we are a part of, raise awareness of those ills, and work together to make the environment that we learn and live in better than it was before. We are able to work toward the goal that this home we share together is a place where everyone has the space and support to grow and develop into citizens ready to go out in to the "real world" and make similar meaningful changes. As stewards of the campus community, we have the exciting opportunity to leave this place as a different — and hopefully better — place than when we first embraced it.

And, frankly, that is some pretty powerful stuff.

Michael Fliotsos is a senior science-business major currently living in Duncan Hall. He would sincerely appreciate emails with feedback or suggestions for future topics at mfliotso@nd.edu

The views expressed in this column are those of the author and not necessarily those of The Observer.

LETTER TO THE EDITOR

Addressing mental health

I was happy to see The Observer address mental health on Friday, in its editorial and a column. I agree that we should be talking more about mental health. I am worried, though, about some of the ways that it currently is talked about, even in your sympathetic editorial. Psychiatrists would have us believe that mental illnesses are caused by chemical imbalances, which might be cured with the right set of drugs. That's no accident; pharmaceutical companies have aggressively lobbied for standard diagnostic criteria (the DSM), and the medicated solutions that go along with them.

I am not writing to vilify medication, which I know is helpful for many. But I do find it problematic when difficult mental states are described as simply being the result of chemical imbalances. I recently reconnected with my old therapist in

England over Skype. I was happy to find out that Aetna will cover our sessions, but they want a diagnosis and the corresponding code. My therapist and I talked about this (he has never given me a diagnosis before) and he recognized that in the UK mental health care professionals are more reluctant to give diagnoses, because they can be part of the problem, leading people to identify with an illness that then becomes intractable.

Receiving a diagnosis is probably better than being in denial, but I think we should question the supposed matter-of-factness that says chemical imbalances create mental illnesses, and are readily treated with pills.

> **Joel Duncan** Ph.D. candidate in English



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VIEWPOINT

THE OBSERVER | TUESDAY, OCTOBER 6, 2015 | NDSMCOBSERVER.COM

Do we need gun control?

Neil Ioseph

Viewpoint Columnist

This past week, the entire country mourned the deaths of 10 individuals as a mentally disturbed man horrifically took their lives. Like many of the horrific mass shootings we've seen over the past few years, this revived our constantly resurging conversation over gun control in the United States. While it is sad that it takes such a tragedy for this debate to take place (like so many other debates), the conversation is necessary. Yet, this discussion has led to nothing. Our politicians either say that nothing needs to be changed or that lobbying groups prevent things from being changed. Like with all contentious issues in our country, we seem to be at a gridlock. But should we even be doing anything?

Those who don't think there should be any changes to gun laws (or think that we should have looser gun laws) consistently cite the 2nd amendment: "A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed." Some pro-gun groups vehemently assert that because of this, any gun control law is illegal. On its face, this argument is nonsensical — the government surely has a right to control arms (i.e., outlawing grenades and rocket launchers for civilians), just as it has a right to carve out exceptions for free speech (i.e., outlawing shouting "fire" in a movie theater). The question shouldn't be whether the government has the right to restrict civilian ownership of arms. The question should be asking what the right amount

of restriction is.

This isn't a simple question. Lots of people try to simplify the various sides of the gun control debate. Gun control advocates will point to a few graphs in a few countries where increased gun control has correlated with decreased murders. Pro-gun advocates will point to a few studies that show that more gun deaths occur in gun-free zones. They're both right, because it's an intricate debate. But there are a few facts that both sides need to acknowledge. For one, it is true that in places where there are more guns, there are more homicides. At the same time, however, a common (and true) saying is that correlation does not imply causation. The fact that there are more homicides where there are more guns doesn't necessarily mean that severe gun restrictions will decrease the amount of homicides and mass murders that will happen. But it points to the possibility that reducing the amount of dangerous arms available to civilians quite possibly makes

Another common theme for the pro-gun side is the mantra "guns don't kill people, people kill people". While true, this distracts from a truth — guns make it a lot easier to kill people. Now, this doesn't mean that we should be outlawing guns — owning a gun is a citizen's right. Furthermore, it's naïve to think that the Oregon shooter (or any criminal) would not have been able to obtain a gun if it were illegal to do so. With the amount of guns in our country right now and the ease to purchase them today, outlawing guns is ineffective and unrealistic. It would probably have little to no clear effect on gun violence, and wouldn't make us any safer considering the context

In spite of this, our policymakers can't do nothing. Little by little, they need to try and figure out what actually works in reducing gun violence, the ease to obtain a gun and the deaths that guns cause. It starts with things that have vast public support — it's appalling that the federal government won't mandate background checks at gun shows when 85 percent of the country supports this policy. A majority of the country supports a ban on assault weapons and semi-automatic weapons (they're called assault weapons, for crying out loud, what is their purpose — to assault), yet we have not yet renewed the ban that Clinton passed in 1994. The point is, we outpace our peer developed countries in gun deaths per capita and it is the responsibility of policymakers to do something about it.

Curbing gun violence won't be easy or allencompassing. One policy won't significantly reduce gun violence by itself. We need to make our country safer for all while also realizing that our Founders put the 2nd Amendment in the Constitution for a reason — to save us from the tyranny of our government. But at the same time, we need to keep tragedies like the one this past week from happening. The policies we enact won't do that wholesale — but they will work towards making it harder to purchase guns and will thus save lives. And that's what should be done, because even one life saved is worth it.

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The views expressed in this column are those of the author and not necessarily those of The Observer.

LETTER TO THE EDITOR

Join the conversation about campus culture

For me, dorm parties were always a fun way to unwind after the end of a stressful week. I have fond memories of them and plenty of awkward stories that have resulted from them, but none stand out as being truly bad experiences. Although now that the issues of sexual assault and consent have become increasingly more transparent, I began to consider the possible role that dorm parties might play in them. I do remember going to parties where one guy would continue to feed me drinks until I assume I was deemed drunk enough for him to make a move. Though in my experience these dance-floor make outs were consensual, I

wonder if that was always the case for my friends and peers. I remember leaving a party once and seeing a guy leading a stumbling girl back to his room. I want to assume that he was trying to take care of her and help her sober up while her friends enjoyed the party. I'm terrified that this wasn't the case and that I didn't do anything to stop something bad from happening.

Is the biggest problem with dorm parties really the sweat, then? Do dorm parties potentially lead to problems when it comes to understanding consent? Though I don't believe that removing alcohol from the equation is the solution to ending sexual assault, how

much does it contribute to the problem?

I think that this is an important conversation that needs to be had on this campus if we want to continue to address the issue of sexual assault at Notre Dame. It is definitely one that I wish my friends and I had had during our dorm party phase. Come to 136 DeBartolo Hall this Wednesday at 6:30 to begin this candid conversation about campus culture over Chipotle. I'll see you there.

Allison Kerins GRC Fire Starter

viewpoint noun

- 1) position of observation
- 2) an attitude of mind

Join the Discussion Have an opinion? Let us bear it.

Send a letter to the Editor at viewpoint@ndsmcobserver.com

SCENE

'SICHRID' FILM REVIEW

By NICK LAUREANO Scene Writer

The scene is Southwestern suburbia. Rows of cookie-cutter houses pierce the desert landscape. A team of FBI tactical agents converges on one of the houses. It doesn't matter which one. It could be any house, anywhere. It turns out the house doesn't hold what the FBI is looking for. Rather, it is the site of horrors transposed from a Cormac McCarthy novel. The heroine of "Sicario," Special Agent Kate Macer (played by the incredible Emily Blunt), is so transfixed by the abhorrent sights — sights which director Denis Villeneuve and his cinematographer, Roger Deakins, document with unflinching resolve — that it is evident that "Sicario" is not simply another film about the ongoing war against drug cartels. That is, the five-minute opening to "Sicario" establishes it as a retelling of Joseph Conrad's "Heart of Darkness." One that, by revealing the horrors beneath the facade of normality, is characterized by a startling irony reminiscent of "Blue Velvet," "American Beauty" and "Breaking Bad."

Macer's seemingly futile efforts against the cartels capture the attention

of Matt, a mysterious government agent played by Josh Brolin. His flip-flops — which Mr. Brolin seems to have stolen from the set of his previous film. "Inherent Vice" — and used-car salesman's smile suggest his duplicity. He insists that Macer join his task force, an altogether risky proposition that Matt convinces Macer will be an opportunity to do more good in this world than her current position allows. Seeing just how persuasive that cheap smile can be, Macer's immediate supervisor pleads with her: "Think hard before you decide to get involved." It's not the subtlest moment, but it works. This is the point of no return. Even if Macer makes it through the mission in one piece she will never be the same again.

Macer obliges and is quickly whisked away on Matt's private jet where she meets Alejandro. As they depart the airfield, the trio passes dozens and dozens of Apache attack helicopters. Villeneuve foregrounds the United States' inordinate defense budget not as a commentary, but to pose a question: What is the true cost of these agents' work? In addition to offering reprieve from the action scenes' immense tension, the film's quieter moments provide an answer.

As played by the icy, exacting Benicio Del Toro, Alejandro's intentions are even more difficult to glean than Matt's. We are left with no doubt, however, as to the measures Alejandro is willing to use to achieve his goals. In one of the film's most haunting scenes, Alejandro approaches a seemingly unbreakable hostage with a full 10-gallon water cooler jug. As the camera tilts down toward a drain in the floor, it becomes unsettlingly easy to imagine how Alejandro extracted the necessary information from the prisoner.

In a year without the release of "Mad Max: Fury Road," "Sicario" would stand a chance at winning Academy Awards for cinematography (expect Deakins to snag his 13th nomination ... always a bridesmaid), editing and sound mixing. For my money, those three awards have been spoken for since May. Awards aside, "Sicario's" outstanding technical elements create some of the best onscreen action of the year. In one masterful sequence an entire caravan of SWAT SUVs crosses the border into Mexico to obtain a prisoner and deliver him to American soil for interrogation. The convoy knows they will be attacked. Alejandro even correctly predicts when and where they

will be attacked, yet the editing — with its rapid, precise shifts in point of view from within the convoy to the safety of the American side of the border and back again — set to the terse radio dialogue of the SWAT team and Jóhann Jóhannsson's brooding score, creates tension on par with that of the "Turandot" scene in "Mission: Impossible — Rogue Nation."

Villeneuve also uses Deakins' compositions to service the film's moral agenda. Sweeping overhead shots depict the stark boundary between suburbia and the desert landscape. Considering the opening scene of the film, these shots are a bleak reminder that no matter how desolate and unforgiving the natural world may be, true terror comes from human nature.

And what of that central question? What is the cost of all this terror, of all this violence? I think a small scene in which Macer torments herself, staring at images of violence on her computer—a sort of penance akin to Harvey Keitel holding his hand in the flame of a candle in "Mean Streets" — rather than the film's ending, provides the answer.

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SCENE

DRAKE BACK WITH LATEST BEYONCE COLLABORATION, 'CAN I?'

By MIKO MALABUTE

Scene Editor

Lately, the sun rises less and less frequently, hiding behind its clouds. The fall season is in full swing, and with it come three guaranteed things: heavier clothing, heavier hearts and — naturally — heavier Drake songs.

Over this past weekend, the new release "Can I?" — featuring his second collaboration with Beyonce — was unceremoniously leaked over the Apple Music station Beats 1's "OVO Sound Radio" show. Coming on the heels of his latest project, "What a Time to Be Alive," a collaboration with rapper Future, the song brought about somewhat of a return to Drake's roots.

The Canadian rapper/singer croons over samples of Beyonce singing, "Can I / Baby?", asking a faceless lover various questions – naturally structured around the formula "Can I ... baby?". While the style and delivery does sound a bit forced and tacky, the song still is able to relate to listeners' own insecurities and romantic frustrations.

Yes, it is a bit confusing which direction Drake is trying to go in nowadays. While on the one hand, we have the tough-guy, superstar rapper puffing out his chest and boasting of his success for the majority of his latest album "What a Time to Be Alive," the project still ends with a somber, reflective track in "30 for 30 Freestyle." To take things even further on the other hand, Drake also walks a fine line between swagger and sadness on "If You're Reading This It's Too Late."

That is not to say that he as a musician cannot venture down both roads and express the multitude of his emotions

in different songs. After all, no man — or person, obviously — is ever truly static in their emotions. On any single day, any given person probably swings through the wide range of feelings and emotions probably about 50 times. Thus, to criticize an artist for putting out multiple songs going in different directions would be hypocritical, to say the least.

Yet somehow, there is a double standard with Drake. Some days, it almost feels as if the artist wants to shed his "soft" reputation and assert how manly he is. Other days, he just wants people to understand him and get that he, like anyone else, is prone to his emotions.

It is also difficult for "Can I?" to hold a candle to Drake's first collaboration with Beyonce, "Mine." Granted, the latest leak is just that — a leak — and so total judgment should be suspended until the finished product is officially released. But even with a glimpse at the style of the song and the first verse, the duo's "Mine" just sounds so much better. "Mine" offers a full evolution within the song, while providing listeners both the female and male's perspective in a (confusing) relationship.

The two can, and have, released work together that is an undeniable hit and showcases two artists that complement each other's style. While the initial product is promising, it does have some work to do and is in need of some polishing. Fans of the two musicians can only hope that the song promises on its potential. After all, the weather lately certainly begs for another sad Drake song.

Contact Miko Malabute at mmalabut@nd.edu

THE OBSERVER SCENE CAST

By MATT MUNHALL

Scene Writer

Last week, we premiered Scenecast, a new podcast from the Observer Scene staff. Each week, a think tank of Scene writers will discuss a topic from the pop culture zeitgeist. Our writers watch, read and listen to more media than is probably healthy, and this podcast will be another vehicle for sharing that knowledge, often in more depth than is possible in print. In just under 30 minutes, you can have a grasp on what our staff is thinking about each week and why it is important to the cultural conversation.

This week, the Scenecast takes on Kanye West's "808s & Heartbreak," in light of his recent shows at the Hollywood Bowl where he performed the album in whole. The Scene staff considers whether the album, which received more

critical reviews than any other Kanye album to date at the time of its release, has influenced the sound of rap music today. I unsuccessfully try to convince the other writers that this is one of Kanye's best albums and everyone else accuses me of being a contrarian. Matt McMahon asks whether anyone can remember a time before Kanye was married to Kim Kardashian and expresses his contempt for "808s." Erin McAuliffe

phones in from London to tell a story about writing a rap "Heartless" for an 8th grade history project, while Miko Malabute endorses Young Thug even though he can never understand what he's rapping. Finally, everyone discusses their ranking of their favorite Kanye albums.

Contact Matt Munhall at mmunhall@nd.edu

SPORTS AUTHORITY

Did you expect anything different?



Zach Klonsinski

I hate the media's tendency to overreact.

Especially when it comes to college football. Take last weekend, for example.

Because I only write a Sports Authority column every other week, I missed my chance to tell you to bet everything you own plus whatever else you can sell, pawn, borrow or beg—even reverse-mortgage or just flat out sell your house—on Alabama going into its matchup with Georgia last weekend.

Why would I advise you to risk so much?

Because almost everyone overreacted after then-No. 2 Alabama's 43-37 loss to then-No. 15 Ole Miss at home three weekends ago. Because for some reason the Nick Sabancoached team then dropped 10 spots in the polls.

Because for some reason, the oddsmakers made the Crimson Tide underdogs in their first big game since the loss.

The loss that sent Alabama plummeting wasn't just any loss though. It was a home loss, pundits pointed out. Alabama just doesn't lose at home. And that's correct.

Alabama doesn't embarrass itself at home on national television

Alabama doesn't let opposing offenses pass for 329 yards. Alabama doesn't allow 43

Alabama doesn't give up 24 points off turnovers.

Alabama doesn't turn the ball over five times.

And finally, Alabama head coach Nick Saban doesn't take kindly to anything mentioned above.

The Crimson Tide shouldn't have even been in the game against the Rebels, let alone have the ball late in the fourth quarter with a chance to drive for the game-winning score—twice

Yet somehow they were, which just speaks to how much of a fluke that game was. Alabama handed Ole Miss the victory. Four of the Rebels' eight scoring drives — and three of their five touchdowns — came on drives starting inside Alabama's 31-yard line. Long story short, the Rebels should have destroyed the Crimson Tide.

And yet Ole Miss didn't.

Alabama still had more than a small chance of winning that football game. So when the AP poll came out two weeks ago and dropped the Crimson Tide so fast it was as if anchors were tied around their feet; and when the same pollsters called in NASA to launch Ole Miss to the moon or even Mars, I couldn't believe what I was seeing. Alabama, the 12th-best team in the country? Ole Miss the third?

Had everyone lost their minds?

After Alabama blew out UL-Monroe, 34-0, two weeks ago, I thought enough time had passed for emotions to blow over and reason to regain its grip on reality.

But no. Instead, the polls actually dropped Alabama another spot, to No. 13, and then proceeded to make matters worse by favoring No. 8 Georgia by 2.5 points.

Are you kidding me?

With no offense meant to UL-Monroe, Saban basically had two weeks to plan for the Bulldogs

And by plan, I mean say a lot of words to his team I cannot repeat in print.

So when I found out the score was 'only' 31-3 in the third quarter, I was surprised — that Georgia had scored.

The over-under on the game was 55 points, and the only reason I would have been nervous about the teams eclipsing that mark was my uncertainty that Alabama would be able to score that many points on its own; the Bulldogs, I was convinced, weren't even going to sniff midfield, let alone the end

How did anyone really believe Alabama wasn't going to come out frothing at the mouth and carrying a massive chip on its shoulder? Seriously, where have you been for the last, oh, decade?

Now, just days after claiming Alabama's reign as one of the top teams in college football was over, everyone and their mother is praising the Crimson Tide as one of the best teams in

That, for once, isn't an overreaction.

Contact Zach Klonsinski at zklonsin@nd.edu

The views expressed in this Sports Authority are those of the author and not necessarily those of The Observer. NFL

Bears lose starting center to left leg fracture

Associated Press

LAKE FOREST, Ill. — Quarterback Jay Cutler seems over his hamstring problems. The Chicago Bears now have to worry about who's available to block for him.

The loss of center Will Montgomery to a broken left fibula in Sunday's 22-20 win over the Oakland Raiders left the offensive line scrambling, and the grouping for this Sunday's game in Kansas City appears uncertain at best. Coach John Fox said he had no idea whether Montgomery's injury was a season-ender, but it definitely forces a shift this week

"It happens at a lot of positions in a lot of football games in the National Football League," Fox said Monday. "All your backups.have to be ready to play in a moment's notice, particularly in the O-line because it is such a group dynamic. It's five guys knowing exactly what

the other guy is doing with line calls, pass protection alerts. We run some no-huddle, so there's a lot of checks at the line."

Left guard Matt Slauson shifted over from center after taking what he estimated were just six snaps at center all year and none in a regular season game.

Montgomery's injury occurred on the third play, so Slauson played amost the entire contest. That meant newly acquired Patrick Omameh came in at Slauson's regular spot. The Bears already were without starting left tackle Jermon Bushrod due to a concussion and shoulder injury.

"I think we had maybe a couple high shotgun snaps," Fox said. "I know we had the one center-quarterback exchange problem that resulted in a turnover. But the good news was our guys overcame it."

Fox said some problems were understandable considering more than half the line was out

or at different positions.

"But I thought they didn't panic and just kept swinging the sword and did pretty good," Fox said.

Being in charge of the line at a strange position left Slauson feeling a need afterward to decompress.

"It was tough," he said. "I spent my time with my family, had a couple beers, and then a couple more. But it was good."

Slauson, a 6-foot-5, 320-pound former New York Jet, missed three games last year with an ankle injury before suffering a seasonending chest injury after the eighth game. He called losing Montgomery a huge blow to the line

"He sets everything," Slauson said. "The communication is so fast with him in there. And not that it's not with me, but because I have to move, now a new guy comes in in my spot and now we've got two guys playing out of position."

QB Mallett to start for Texans against Colts

Associated Press

HOUSTON — The Houston Texans are sticking with Ryan Mallett as their starting quarterback despite his recent struggles.

Mallett threw an interception and didn't lead the Texans to any points before he was replaced by Brian Hoyer late in a 48-21 loss to the Atlanta Falcons on Sunday.

Hoyer threw two touchdown passes and directed three scoring drives late against a Falcons defense that had pulled most of its starters. Hoyer won the job out of camp, but was benched after one game in favor of Mallett.

The Texans (1-3) have a short turnaround before hosting AFC South foe Indianapolis on Thursday night.

"He's our starting quarterback," coach Bill O'Brien said of Mallett. "Like all of us, he knows that he has to play better. We all have to do better. He's got to do a better job of throwing the ball

more accurately, be more controlled in the pocket, don't turn it over, gets us into the right play, but that's who will start against the Indianapolis Colts."

Mallett has thrown for 720 yards with three touchdowns and three interceptions this season. He's in his fifth season, but has started just five games in his career after playing behind Tom Brady in New England for three seasons and being injured in his second game after getting the starting job in Houston last year.

O'Brien was asked why he was staying with Mallett since Hoyer was more effective on Sunday.

"Brian did go in there and do some good things," O'Brien said. "It was 42-0 at that time. It was a passing game. He did a good job. But I think right now being on a short week and things like that, I think it's important for us to stick with Ryan right now."

Mallett will be without one of his top targets on Thursday

with Cecil Shorts out indefinitely after dislocating his left shoulder on Sunday. He was hurt on the final play of the game when he was driven to the ground and fumbled after catching a pass. Receiver Nate Washington is day to day with a hamstring injury but will likely play.

Though Mallett the bulk of the criticism for Houston's poor performance on Sunday he was far from the only one who had a tough game. Running back Arian Foster made his season debut after missing the first three games following groin surgery. He ran just six times for 17 yards and helped the Falcons build the early lead when his fumble was picked up and returned for a touchdown.

"We really need to work on the running game," O'Brien said. "We've got to be able to run the football."

Foster came out of the game healthy and O'Brien expects him to play on Thursday night.

CLASSIFIEDS

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"Great moments are born from great opportunity. And that's

what you have here tonight, boys. That's what you've earned here tonight. One game. If we played 'em ten times, they might win nine," *Miracle*, 2004

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CONTINUED FROM PAGE 16

"I was so proud of our team and the way we continued to keep focus and play one shot at a time. Winning that event gave us a bigger cushion on the third-place position, and it helped us gain some strokes on Olivet, who is just barely holding on to the second spot."

Averill shot a 79 on the day to finish in second place overall in the individual standings while junior Ali Mahoney and freshman Taylor Kehoe both shot 84 to finish in a tie with each other for sixth place. Junior Courtney Carlson shot an 86 on the day to finish in a tie for 11th place, and senior Katie Zielinski shot a 93 to finish in a tie for 23rd place.

"I told my team that I was very proud of their performance," Moore said. "I told them that there are milestones in your life that you will remember forever, and that day was one of them for me. I thanked them for giving me my first collegiate win as a college head golf coach."

Two days after their victory, the Belles finished in second place in the team standings at the fourth Jamboree on Saturday at the Zollner Golf Course in Angola, Indiana.

Averill shot a 77 on the day to finish in first place in the individual standings.

"I am extremely happy for Sammie," Moore said. "She has put in a lot of effort this year to come back from a shoulder surgery over the summer. It is awesome to see that the hard work she has put in over the past month and a half is paying off. Her putting and her greens in regulation have been much better these past couple tournaments and is a direct result of her stellar playing. I also love seeing her confidence just grow."

Mahoney shot an 86 to finish in a tie for 12th place in the individual standings, while Carlson shot an 87 to finish in a tie for 14th place. Kehoe shot an 88 to finish in a tie for 19th place, and Zielinski shot a 93 to finish in a tie for 27th place.

Moore said she was happy with her team's performance given the conditions they played through.

"I wasn't too disappointed, because Saturday's conditions were by far the worst we've played in this season," Moore said. "We played in 40-degree temps, rain and 30-m.p.h. winds. Shooting anything in the 330s for a team was good. I was also excited to see that we gained more strokes on Olivet and Hope, who are the two schools ahead of us in the standings."

The Belles' fall season ends this weekend at the MIAA End of Season Weekend Jamboree at Bedford Valley.

"We are going to continue to work hard this week in practice," Moore said. "Working on some short game issues and ball contact for some of the players. I'm just so excited about this weekend because my team has this confidence about them that is really starting to show every time we play."

Cross Country

Saint Mary's returns to action Friday at the Benedictine Invitational after getting last weekend off.

"I'm really excited for the Benedictine race this Friday," Saint Mary's head coach Jackie Bauters said. "I think having a weekend off was really nice for the team, allowing them to get ahead in classes and some extra sleep. I hope the weekend off enables them to go into this week eager to train and prepare for great races on Friday."

In their last event, the Belles finished fifth at the MIAA Jamboree. Junior Brittany Beeler, who finished in 13th overall, paced Saint Mary's at the Jamboree.

"In comparison to some of our other races on the schedule, Benedictine is a smaller race with less significance but provides us with an opportunity to continue to explore our race strategies and race against teams we don't typically compete against," Bauters said. "The course was really good to us last year. It's flat and fast and helped achieve some solid PRs. It would be great for the team to have solid performances this Friday as a confidence boost and to continue to encourage them of what we are

working towards and seeing the progress that I've seen in practices."

Bauters said the Belles have what it takes to put together a good showing at the Benedictine Invitational if they follow what they've prepared for.

"I think the key to having a successful race on Friday is sticking to and executing our race plan," Bauters said.

The Benedictine Invitational kicks off an important month for the Belles that will include the Wisconsin-Oshkosh Invite next weekend and the MIAA Championships at the end of the month. The NCAA regionals and NCAA nationals will be held in mid-November.

The Benedictine Invitational is set to begin at 5 p.m. Friday in Lisle, Illinois.

Soccer

Saint Mary's suffered its worst loss since at least 2006 Saturday, falling to Alma, 7-0.

The Belles (1-8-1, 1-6-1 MIAA) followed their best defensive performance of the season in last Tuesday's shutout of Adrian with their worst performance of the season, as they conceded seven goals for the first time in the last 10 seasons. The Belles offense continued its season-long struggle, as it was the eighth time in 10 games the team has been held scoreless this year.

The Scots (4-6-0, 3-5-0 MIAA) outshot the Belles 27-3 in the contest, including a lopsided 19-0 advantage in the first half. The goals were about even in each half, however, as the Scots scored four goals in the first half and three goals in the second half. The Scots utilized a balanced attack as well, as junior midfielder Megan Kalanik led the team with two goals and five other players each scored once in the victory.

The Belles will have to rebound as they prepare for a rematch on the road with Albion tomorrow.

Earlier this season, the Britons (6-5-0, 4-4-0 MIAA) defeated the Belles, 2-0, at Jr. Irish Airport Fields. This time, however, Albion will play host to Saint Mary's at Alumni Field.

While the Belles have struggled offensively this season, the Britons have averaged nearly two goals per game. They are led by the play of junior forward Domenique Sarnecky, whose eight goals are best on the Britons and more than the Belles have scored as a team (five) this season.

The Belles are set to kick off against the Britons tomorrow at 4 p.m. at Alumni Field in Albion, Michigan.

Volleyball

Saint Mary's finished 1-3 this weekend in its four matches at the Wheaton Invitational.

Before the tournament, the Belles (11-7, 4-3 MIAA) played

a nail biter against conference foe Albion. They prevailed, 3-2, and picked up a conference foe (27-25, 26-28, 21-25, 25-22, 18-16). The match featured 37 ties and 12 lead changes, and each set was decided by an average of only 2.6

The Belles started the tournament on Friday with a 3-0 win over North Central. Junior libero Meaghan Gibbons led the Belles with 14 kills in the match and was second on the team with 14 digs. Sophomore defensive specialist McKenzie Todd contributed a team-high 16 digs, while senior outside hitter Katie Hecklinski added 13 kills and 13 digs in the win over the Cardinals (14-7, 1-0 CCIW). The victory pushed the team's record to 11-4, which was its best record through 15 games since 2006, when it also went 11-4.

Later that day, however, the Belles fell to No. 12 Wisconsin-Stevens Point in straight sets by scores of 25-15, 25-22 and 26-24. Despite the 3-0 defeat, the Belles received strong efforts from Hecklinski and Todd again. Hecklinski had another double-double, notching 14 kills and 11 digs against the Pointers (18-4, 1-1 WIAC), while Todd led all players with 26 digs in the match.

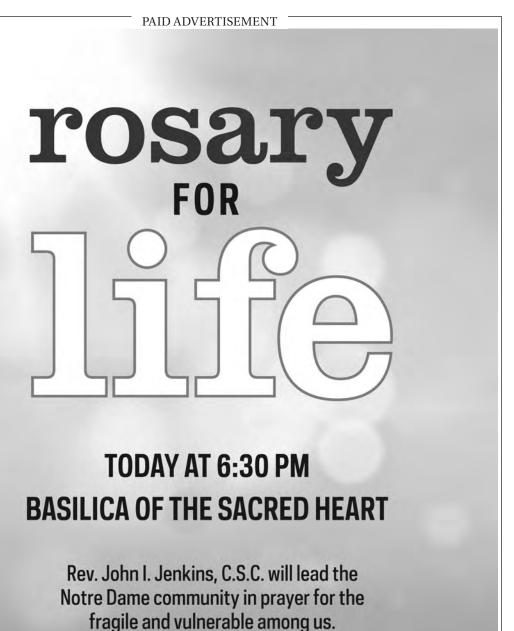
On Saturday, the Belles dropped both matches. First, the Belles fell in four sets to tournament-host by scores of 25-23, 16-25, 25-16 and 25-16, as they were unable to reproduce the effort that secured them a five-set win earlier this season against Wheaton. Then, in the second match, Wisconsin-Eau Claire defeated Saint Mary's 3-0, as they won by scores of 25-14, 25-15 and 25-23.

Hecklinksi led the Belles with a total of 21 kills and 31 digs against the Thunder (7-12, 0-1 CCIW) and Blugold (15-6, 1-1 WIAC). Todd added 28 digs, giving her 70 for the tournament (an average of 5.38 per set this weekend) and earning her an all-tournament team selection. Junior setter Clare McMillan led the way with 55 assists on the day for the Belles.

The Belles will next take the court in a conference matchup against Alma on Tuesday night. The Scots (7-10, 3-4 MIAA) come in to the match having won two straight, including a win over an Adrian team the Belles fell to in straight sets Sept. 12. Tonight's matchup is the first of two between Alma and Saint Mary's this season.

The Belles and Scots are set to square off tonight at 7 p.m. at Art Smith Arena in Alma, Michigan.

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MICHAEL YU | The Observer

Junior Monica Robinson returns a volley during Notre Dame's 6-1 loss to Stanford on Feb. 2 at Eck Tennis Center.

W Tennis

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set match over Mississippi State sophomore Kristina Vozniak, 3-6, 7-6(3), 7-5. Senior Alaina Roberts was the only other Irish player to register a singles victory with a 6-0, 6-4, victory over Redhawk sophomore Erin Rodriguez.

The Broda and Chong pair advanced all the way to the quarterfinals of the doubles draw before falling to Illinois' team of Louise Kwong and Ines Vias. The Irish duo of sophomore Allison Miller and junior Mary Closs advanced to the semifinals of the doubles tournament, as well.

Now the Irish will look ahead to the Bedford Cup at Eck Tennis Center and Illinois Blast on the weekend of Nov. 6.

However, Robinson and Gleason still have unfinished business at the Riviera. After making it to the Round of 32 in the 2015 NCAA championships, Robinson said they will look to put in another strong showing against top-level competition at the ITA All-American Championships.

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Interhall

CONTINUED FROM PAGE 16

Lewis 8, Badin 6

By JOE EVERETT
Sports Writer

Badin and Lewis went down to the wire Sunday afternoon at LaBar Practice Complex. Looking to avoid an upset, the Chicks defense stepped up big on a 4th-and-goal from the three-yard line and held on to win a close game by a score of 8-6.

Lewis (2-0-1) started the game strong, thanks to a safety forced by senior captain Penny Vorissis. The Chicks defense, led by Vorissis, constantly disrupted the Badin offense up front. Vorissis said she thought her team's defense played well for the third straight week.

"I thought the defense did a great job of re-configuring itself," Vorissis said. "Those were the first points we've allowed all season, however, so that was a bit disappointing."

Badin (0-3) played its most competitive game of the year and had an opportunity to pull ahead in the fourth quarter after an interception deep in Lewis territory. However, its inability to finish the drive was something senior captain Maggie Long noted after the game.

"This season we've not been winning, but we're improving," Long said. "We had some calls go against us, but we need to work on closing out games."

Junior wide receiver Christine Zavakos scored Lewis' lone touchdown on a 45-yard run in the first half, while junior running back Melange Gavin cut into the lead in the second half on a hook-and-ladder play for Badin. Both teams failed to convert their respective two-point conversions, which proved crucial to the final score.

"It was a lot closer game than we expected, but I was super pleased with our performance today," Vorissis said.

Lewis looks to stay undefeated against Howard next Sunday at 4 p.m., while Badin tries for its first win against McGlinn, also at 4 p.m.

Contact Joe Everett at jeveret@nd.edu

Pasquerilla West 25, Breen-Phillips 0

By ALEX BENDERSports Writer

Pasquerilla West came out on top over Breen-Phillips, staying unbeaten in a 25-0 win Sunday afternoon.

The Purple Weasels (3-0)

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were able to get things going right away as they marched down the field and made their way into the end zone thanks to a long touchdown pass from junior quarterback Hannah Butler to junior receiver Monica

Breen-Phillips (0-3) saw its first drive stall, and a punt gave Pasquerilla West good field position. However, neither team was able to do much with its remaining positions in the first half, so the score stayed at 8-0.

As the second half began, Breen-Phillips continued to struggle up against the staunch Pasquerilla West defense. The Purple Weasels began to get the offense going as they went on to notch two more passing touchdowns, one to junior Grace Magro and the other to junior Allie Griffith.

Meanwhile, the defense remained strong for the Purple Weasels as they came up with two interceptions, including a pick-six by senior captain Bernie Jordan.

Jordan said she was happy with her team's performance.

"It was a good team effort led by our solid performance on defense, so we're happy to get another shutout," Jordan said.

Breen-Phillips continued to fight, however, even coming

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Interhall

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up with an interception of its own thanks to sophomore Michele Pennala.

Babes sophomore captain Megan Resnik said this was a tough situation for her team.

"It was a rough game; a lot of our starters were out of town or swamped with homework, so we had a lot of girls playing both offense and defens,e which can be tiring," Resnik said. "Everyone there put in a lot of effort, and hopefully our next game will be a lot more exciting."

Pasquerilla West takes on Welsh Family next Sunday at 5 p.m. while Breen-Phillips plays Cavanaugh at 6 p.m.

Contact Alex Bender at abender@nd.edu

Stanford 10, Dillon 7

By ELIZABETH GREASON Sports Writer

Stanford bested Dillon, 10-7, when the teams met on Sunday.

It took both teams time to settle in, with no first downs and one pass completed in the first quarter. Stanford senior captain Mike Grasso said he was happy with the win despite the slow start.

"We started off slowly on offense," Grasso said. "But we were able to put up 10 points in the second quarter, and it ended up being enough."

Griffins sophomore quarterback Andrew Foster connected with sophomore Aaron Lopiccolo in the end zone to score the game's first points. Stanford quickly followed up with a 40-yard field goal by senior Logan Welge.

Both Stanford (2-0) and Dillon (1-1) played strong defense at the line of scrimmage and in the secondary. Both grabbed interceptions, one by Stanford junior Justin Witte, stopping Dillon in the red zone. Stanford freshman Will Phillips and sophomore Aaron Lopiccolo also shared two sacks, while Dillon forced and recovered a Stanford fumble.

Dillon's only points of the day came on a touchdown run Alumni 21, Duncan 12 by junior Tyler Dale. Dillon kept the ball on the ground for most of the game and only completed one pass.

Dillon sophomore captain John Walsh cited missing players as one reason for the Big Red's struggles, but he said has high hopes going forward.

"Our biggest issue today was depth," Walsh said. "We were tired. We only had 15 guys, but we fought hard. We've got to win next week. We've got a chance at making the playoffs."

Dillon will play Keough next Sunday at 3:30 p.m., and Stanford will take on Keenan at the same time at Riehle Fields.

Contact Elizabeth Greason at egreason@nd.edu

St. Edward's 17, Zahm 0

By MOLLY MURPHY Sports Writer

St. Edward's defeated Zahm, 17-0, en route to capturing its third win and remain undefeated season Sunday.

Both teams ended the first quarter scoreless, with Zahm (0-2-1) holding St. Edward's (3-0) to its running game with only one pass attempt. In the second quarter, a short punt by Zahm gave St. Edward's possession at the 46-yard line. The Gentlemen offense capitalized on the first play of the drive, running a pass from the 20yard line into the end zone.

St. Edward's defense held the lead with a key interception by junior cornerback Griffin Hilly at the 25-yard line to enter the second half with a 7-0 lead.

In the second half, a failed fourth-down conversion from Zahm gave St. Edward's strong field position at Zahm's 20yard line. St. Edward's worked the ball to the four-yard line, and from there, junior running back Jahmel Jordon ran the ball into the end zone.

Several incomplete pass attempts by Zahm returned possession to St. Edward's at the 25-yard line, where it executed its second field goal attempt of the game, going up 17-0.

Zahm senior quarterback Kyle Romera said he was disappointed by his team's performance as a whole.

"We need to perform better in all three phases of the game," Romera said.

St. Edward's junior captain and lineman Phineas Andrews praised his team's performance in all areas.

"We played a great game," Andrews said. "The defense was strong again; we got a great pass rush. We did a great job with the kicking game. Offense is looking good: We hit the big pass play, so that was nice to see."

St. Edward's will look to continue its undefeated season next Wednesday against Sorin at 9:30 p.m., while Zahm plays Fisher on Sunday at 1 p.m.

Contact Molly Murphy at mmurph40@nd.edu

By BRENNA MOXLEY

Alumni kept Duncan winless Sunday, as the Dawgs dropped the Highlanders, 21-12.

The game opened up with a touchdown for Duncan (0-3), but Alumni (2-1) regained its composure, and the game was a show for the Dawgs from there on out.

On Alumni's opening drive, sophomore running back Thomas Hellios pushed the ball downfield before junior receiver Nick Raven snagged a pass in the end zone to put Alumni's first points on the board.

The following possession, Duncan rode multiple runs

for first downs from freshman Micah Rensch, but the drive stalled and ended with a punt.

Duncan was forced to attempt a punt again on its next drive. However, the kick was blocked and recovered by Alumni freshman Luke Dawahare for a touchdown to make the score 14-6 at halftime.

The first drive of the third quarter ended with another touchdown catch for Raven to extend Alumni's lead.

The Highlanders responded with touchdown run from sophomore quarterback Matt Kase to make the final score 21-12 after a failed two-point conversion.

Highlanders junior captain Stephen Treacy talked about absences and penalties affecting the outcome of this game.

"I think we played a pretty solid game, but we were missing a lot of players," Treacy said. "For example, our standout linebacker and running back. Penalties killed us this game. We played hard but just couldn't pull off the win."

"We came out hitting pretty hard, and this was a great win for us," he said. "[We are] looking forward, we anticipate making it deep in the playoffs."

Alumni takes on Knott next Wednesday at 8:30 p.m. while Duncan will play Siegfried on Sunday at 2:15 p.m.

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Siegfried 20, Knott 0

By TORI LLORENS

Sports Writer

Siegfried came out on top with a 20-0 victory in its battle for Mod Quad on Sunday against Knott (1-1).

In a game riddled with injuries and interceptions by the victorious Ramblers, senior captain and safety Grady Schmidt said he was satisfied by his team's performance and ready to move on.

"That was good, very good," Schmidt said. "That's what we expected, so we're very happy with it. The injuries were bad. We have been hurting a lot anyway, so to lose two or three guys today didn't help us, but we'll try to regroup moving forward."

JuggerKnotts captain and senior middle linebacker Casey McCaffrey his team beat itself, but the loss has only motivated them.

"I think that the biggest factors were turnovers, penalties and pass defense," McCaffrey said. "We were pretty bad in each of those categories."

Ramblers senior tackle James Boyer said he is looking toward the future with high hopes and that the win will carry them through the rest of the season.

"We are ready to move forward," Boyer said. "We are looking forward to Duncan. It is just straight to the stadium from here."

In spite of the loss, McCaffrey said he was happy with moments of play from both the team and individual players throughout the game.

"We played great defense against the run but not particularly against the pass," McCaffrey said. "The field goal block was great, but unfortunately, we could not turn it into any points."

Knott plays against Morrissey and Siegfried will go up against Duncan next weekend. Both games will be held Sunday at 2:15 p.m. at Riehle Fields.

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Farley 27, Pasquerilla East

By TOBIAS HOONHOUT Sports Writer

Farley defeated Pasquerilla East on Sunday, 27-12, in a contest in which both teams had something to prove. Both the Finest (3-1) and the Pyros (2-2) were coming off losses to Howard in their previous games and were looking to get back on track with the playoffs suddenly looming.

Farley started off hot, as senior captain Michelle Summers intercepted a Pasquerilla East pass on the first play of the game. The Finest then capitalized when sophomore receiver Sydney Manista hauled in a 30yard bomb for the touchdown. The extra point was converted, and Farley led 7-0.

The rest of the half, however, was all Pyros. Led by sophomore running back Hana Jenks and junior receiver and captain Noelle Gooding, Pasquerilla East scored two straight touchdowns to go up, 12-7. The defense closed the second quarter with an interception by junior captain Madeline McGovern and held Farley scoreless for the remainder of the half.

In the second half, however, Farley, led by the dual-threat capabilities of junior quarterback Elizabeth Moulton, took the lead and never looked back.

Moulton ran for two touchdowns and passed for another as the Finest surged to a 27-12 lead, and the defense held the Pyros scoreless for the entire half. Moulton said she was proud of how the defense played.

"A key factor was our defense," Moulton said. "They really stepped up and made some big plays that ultimately took some pressure off of our offense. Overall, it was a great win for our team coming off of a disappointing loss against Howard."

Pyros freshman safety Monica Schrand said her team will regroup after the loss.

"We just need to clean up our execution," Schrand said. "We have great plays and great coaches, and as long as we trust those and capitalize on opportunities throughout the games, we will be a contender."

Farley will face McGlinn on Sunday at 5 p.m., while Pasquerilla East has a bye week.

Contact Tobias Hoonhout at thoonhout@nd.edu

Sorin 12, Fisher 7

By JACKIE BREBECK Sports Writer

Sorin prevailed 12-7 against Fisher in a close battle on the

field Sunday. Capitalizing on turnovers by Fisher (0-2), Sorin (3-0) worked cohesively to secure the victory.

Sorin senior John Shea forced a turnover on the first Fisher drive that led to a missed field goal opportunity, and junior Abd-Eljaami Madina recorded an 80-yard pick-six. Senior Aidan Baldwin was also a key player on defense, putting pressure on the Fisher quarterback by regularly breaking through the offensive line.

On the offensive side for Sorin, the chemistry between sophomore quarterback Shane Anderson and sophomore receiver Charles Edwards was evident through the completion of many long passes. Sorin captain Matthew Requet said he was happy with his team's play but also thought there was still room for improvement.

"We completed passes and won the turnover battle, which was key," Requet said. "The defense also played well and only gave up a couple deep plays. [The team] still needs to work on putting together consistent drives."

Despite the turnovers, Fisher didn't go away. In the last minute, the Green Wave executed a lateral play that gained them 30 yards but no points.

Fisher's defense succeeded in stopping Sorin's run game the majority of the game, and although junior quarterback Michael Cooney was frequently pressured, he got the ball out of his hands fast. Junior receiver Luke Hamel caught Fisher's only touchdown.

Junior captain Shannon Massey was a major force on the offense, making substantial gains in the run game. On many runs, it took more than one defender to bring him down. Despite his team's loss, Massey said he felt positive about the game.

"I feel pretty good. We lost, but as far as playing, we did what we wanted to," Massey said. "We spread the ball and were able to throw the ball pretty well. Our defensive line played really well; we only gave up a few deep plays because we were out of position. Other than a few fluke plays, we played well."

Next week, Sorin faces Carroll, and Fisher faces Zahm. Both games will take place at 1 p.m. at Riehle Fields.

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Football

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receiver] Chris Brown. He just made a lot of different throws, so poised in the pocket, some toughness, and handled the environment. So I think you can safely say that he can win games for you."

Despite the loss Saturday, Kelly said the Irish staff is more confident now than ever Kizer can lead the team to a title.

"I thought he showed great poise in the pocket, and I think it just added on to the fact that we've got a quarterback that can help us win a championship," Kelly said.

Limiting mistakes

Kelly said his team had a big opportunity to knock off Clemson but he wasn't disappointed with the team Saturday.

"I'm not disappointed in our guys," Kelly said. "I'm disappointed that they didn't take advantage of the opportunity that they had this weekend, and that was to beat a team on the road in a tough place to play and overcome the elements."

The Irish were plagued all night Saturday by dropped passes, and Kelly said the Irish left yards — and a chance to win — on the field by not coming down with more catches.

"We had over 125 yards that we left out there," he said. "So I thought we utilized the receivers that were getting the single coverage very well."

Kelly said junior receiver Corey Robinson, who cost the Irish opportunities to score twice with key drops, has to improve his game in the future. "Obviously Corey's got to play better for us. He knows that," Kelly said. "He's got to make some plays for us, but he's going to be involved in the offense as well."

Two-point conversions

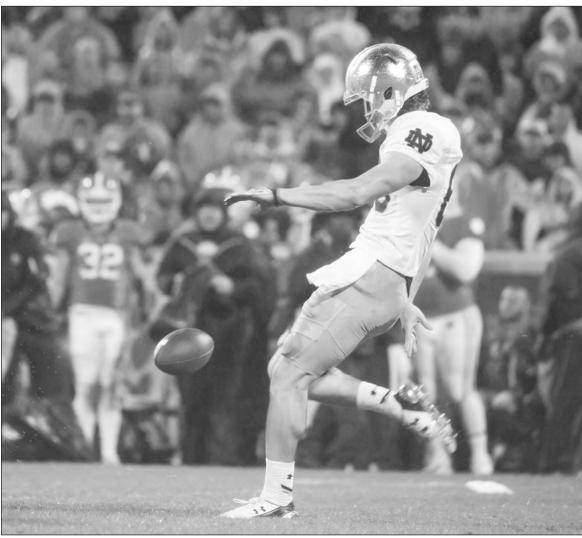
After throwing a touchdown pass to junior receiver Torii Hunter, Jr. to trim Clemson's lead to two with seven seconds left, Kizer was stopped at the 1-yard line on Notre Dame's subsequent two-point try — and Kelly said the Irish got the look they wanted.

"They gave us a six-man box. So it was six for six and we led the back up inside, and we didn't do a very good job capping off the three technique," Kelly said. "So we kind of stretched the play, and we did a poor job of blocking their nickel. We really had a favorable look, it was the look that we were hoping to get.

"After throwing the ball successfully down there, they went into their pass-coverage defense. So it was the right thing to do was to run the football down there, and they executed better than we did on that particular play."

Kelly defended Notre Dame's decision to go for two earlier in the game after scoring to cut Clemson's lead to 21-9 early in the fourth

"I don't chase the points until the fourth quarter, and our mathematical chart, which I have on the sideline with me and we have a senior adviser who concurred with me, and we said go for two," Kelly said. "It says on our chart to go for two. We usually don't use the chart until the fourth quarter because, again, we don't chase the points. We went for two



CHRIS COLLINS | The Observer

Sophomore punter Tyler Newsome punts the ball during the Irish loss on Saturday at Clemson. Newsome finished with seven total punts, including a long of 53 yards and four downed inside the 20-yard line.

to make it a 10-point game."

Had Notre Dame instead converted an extra point, and the game unfolded in the same way, the Irish wouldn't have needed to go for two to tie the game in the final seconds — Kelly, however, said it's easy to analyze in hind-sight and that if Robinson had caught the ball, it would've been a moot point.

"Well, I mean, you're obviously looking at the situation after the fact," Kelly said. "If you look at it after the fact, you can draw any conclusion that you would like.

" ... Obviously, you know, if we catch the two-point conversion, which was wide

open, then we just kick the extra point [at the end of the game] and we've got a different outcome."

Redfield's emergence

Despite still fighting a broken finger suffered in Notre Dame's 38-3 season-opening win over Texas on Sept. 5, junior Max Redfield recorded a career-high 14 tackles Saturday, and Kelly said it was the safety's best game yet in a Notre Dame jersey.

"This past weekend, [he] probably played his best game since he's been here at Notre Dame," Kelly said. "So, you know, there's a standard for him now on film for how

he can play this game, and hopefully we can continue on this track. Now we've got the film to show it against a very good competition against very good athletes, we can show him the kind of play that he's capable of."

Injury update

Sophomore offensive lineman Quenton Nelson suffered a sprained ankle late in the first half of Saturday's loss, Kelly said. He noted Nelson's status was uncertain for Navy's visit to Notre Dame Stadium on Saturday.

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CHRIS COLLINS | The Observe

Sophomore quarterback DeShone Kizer breaks a tackle during Notre Dame's loss to No. 6 Clemson on Saturday at Memorial Stadium. The Irish coaching staff has praised his poise and leadership despite the loss. Notre Dame will look to rebound this Saturday when it welcomes Navy to campus.

CROSSWORD I WILL SHORTZ

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Puzzle by Barry Franklin and Sara Kaplan

- 31 Politico whose name is an anagram of GAOLER
- 33 " you O.K.? 34 Miner's hat
- feature. 36 Candy item that comes in five

37 Metric

- basic flavors
- in Spain 40 Bit of force 41 Ribald 46 Like most roads
- 48 Carol _ , fivetime world figureskating champion 50 Striped
- scavenger 51 Beaverlike
- 52 Come to fruition 38 Sunrise direction 53 Yorkshire city
 - 54 Banks or Els 55 Love for Scarlett
 - 59 TV component 60 Pretzels and
 - chips, in adspeak 62 "For shame!"
 - 63 Thrice, in prescriptions

For answers, call 1-900-285-5656, \$1.49 a minute; or, with a credit card, 1-800-814-5554

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JUST ADD WATER | ERIC CARLSON & JOHN RODDY

LIICE



"I'll be honest, Frank, your definition of a mini-fridge is waaaay different than mine.

Write Sports. Email Zach at zklonsin@nd.edu

SUDOKU I THE MEPHAM GROUP

10/9/12 SOLUTION TO MONDAY'S PUZZLE 9 8 4 6 2 7 3 5 Complete the grid 9 6 2 3 8 4 5 so each row, column and 5 6 3 7 4 8 1 9 3-by-3 box 3 7 2 4 5 1 6 8 9 (in bold borders) 1 9 7 4 8 6 2 3 5 contains every 8 9 digit, 1 to 9. 3 4 For strategies on 2 8 9 5 6 how to solve 4 5 2 3 1 8 9 6 Sudoku, visit 8 www.sudoku.org.uk

HOROSCOPE I EUGENIA LAST

Happy Birthday : Change is good, but be prepared for a series of unexpecteddevelopments. Don't let these obstacles stop you from going about getting what you want. Procrastination, expecting others to do things for you, or just being lazy will only lead to dissatisfaction and postponed plans. Don't sit back when your future depends on what you do to reach your goals. Your numbers are 6, 11, 23, 27, 32, 38,

 $ARIES \ (March\ 21-April\ 19):$ Don't get down when you should get moving. Emotions will surface if someone makes a last-minute change or springs something unexpected on you. Stay calm and focus on what matters the most to you. ★★

TAURUS (April 20-May 20): Plan to do unique and interesting things that will make you stand out or impress your peers. Concentrate on getting things done, not on wasting time arguing with someone who is difficult to get along with. ★★★★

GEMINI (May 21-June 20): Think before you make a move. You are likely to overdo it if you aren't careful. Do your research and don't let anyone push you in a direction that doesn't fit your budget, style or future plans. ★★★

CANCER (June 21-July 22): Try not to let what others do or say bother you. Your emotions will be difficult to control due to the changes others make. Spend time doing something that you enjoy or that will improve your skills and knowledge.

LEO (July 23-Aug. 22): Financial and legal matters can be dealt with if you approach matters with an open mind. The changes you bring about now will help you get ahead professionally. Gather as much knowledge as possible and update your

VIRGO (Aug. 23-Sept. 22): Favors will be granted if you present what you are working on and collaborate with people who share your interests and concerns. An opportunity will arise if you network or expand your interests to include out-of-theordinary events or activities. ★★★

LIBRA (Sept. 23-Oct. 22): Expect to face opposition. Stay calm and don't let your emotions cost you. Do whatever it takes to secure your position. Pick up information, skills or support from others to ensure you do not fall short of your expectations. **

 $\textbf{SCORPIO (Oct. 23-Nov. 21):} \ \textbf{Publishing deals, writing, interacting with peers and} \\$ expanding your business interests will bring about a multitude of opportunities. A business trip will encourage more commerce and the chance to present what you have to offer firsthand, ****

SAGITTARIUS (Nov. 22-Dec. 21): Be extremely careful when it comes to business, contracts, settlements or any money matters. You will not be given the information you require to make a good decision. Someone will mislead you in order to take advantage of your generosity. ★★★

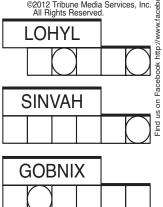
CAPRICORN (Dec. 22-Ian. 19): You will accomplish more if you get down to business and physically work toward completing what you start. Too much talk will lead to uncertainty and changes that will be costly emotionally and financially. Do your best to avoid interference. ★★★

AQUARIUS (Jan. 20-Feb. 18): Your imagination will help you stand out and grab the interest of someone who can help you get ahead. Don't let what others do lead you astray or cause emotional mayhem. Follow the direction that makes the most sense.

PISCES (Feb. 19-March 20): Don't be shy — share your thoughts and plans for the future. The way you deliver your ideas will encourage others to not only support what you are trying to accomplish, but to physically help you reach your goal. ★★★ Birthday Baby: You are insightful, hardworking and loyal. You are disciplined and

IUMBLE | DAVID HOYT AND IEFF KNUREK

Unscramble these four Jumbles, one letter to each square, to form four ordinary words. USKNT ©2012 Tribune Media Services, Inc. All Rights Reserved. LOHYL SINVAH





to form the surprise answer, as suggested by the above cartoon.

Print your answer here:

Saturday's



Jumbles: WHEAT CHAIR INDUCT GROCER Answer: Deciding to become an author was this for Stephen King — THE "WRITE" CHOICE

WORK AREA		

Published Monday through Friday, The Observer is a vital source of information on people and events in the Notre Dame and Saint Mary's Community.

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SPORTS

FOOTBALL

Kelly pleased with Kizer, Redfield despite loss

By ALEX CARSON Associate Sports Editor

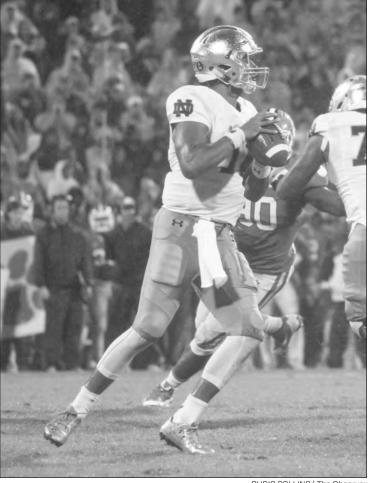
In his first collegiate road start, DeShone Kizer led No. 15 Notre Dame to the brink of a road win at No. 6 Clemson — and Irish head coach Brian Kelly said he was pleased with his sophomore quarterback's performance on the big stage, despite the loss.

"I think we knew he was the guy that could handle the moment; he certainly was able to do that," Kelly said during his Sunday teleconference.

Kelly saw a variety of throws from Kizer in Saturday's loss and noted the sophomore is a quarterback that can do more than just manage a game.

"These kind of games you get a chance to see more of what he's capable of," Kelly said. "We saw the different throws, a sidearm throw on a big conversion to [senior

see FOOTBALL **PAGE 14**



CHRIS COLLINS | The Observe

Sophomore quarterback DeShone Kizer drops back for a pass during Notre Dame's 24-22 loss at No. 6 Clemson on Saturday.

ND WOMEN'S TENNIS

Split squads find success for Irish

By SEAN KILMER Sports Writer

Notre Dame was split up this past weekend, with most of the team at the Purdue Invitational and two players at the Women's All-American Championships in Pacific Palisades, California.

Junior Monica Robinson, a California native, played in the singles qualifying round of the ITA Championships. Robinson bowed out in the prequalifying rounds Sunday after winning her first two two matches. In the first round, she dispatched senior Mia King of TCU, 6-2, 6-4. She then picked up a 7-5, 6-2, victory against Memphis junior Anki Wind before falling to North Carolina freshman Jessie Aney, 6-3, 6-3, in the final prequalifying round.

"I'm feeling blessed to be able to play back in my home state," Robinson said. "I played well and put my heart out there for every match. I fell a little short, but I know what I need to work on in order to keep improving before the spring."

Her teammate Quinn Gleason, who played at the top of the Irish

singles rotation last year, will take on Vladica Babic of Oklahoma State on Tuesday in the singles qualifying round. However, Robinson's run at the All-Americans is far from over, as she and Gleason will compete in the main draw beginning Thursday.

"Right now Quinn and I are practicing doubles against a few other teams," Robinson said. "I just got done doing a few volley drills implementing the ladder to target those twitch muscles and get the critical footwork needed in doubles."

Meanwhile, the rest of the team competed at the Purdue Fall Invitational. On Sunday, freshman Rachel Chong and sophomore Brooke Broda picked up victories for the Irish. Broda was the true star of the tournament. She defeated Illinois' Vladica Babic, 6-1, 6-3, to become the only Irish player to pick up victories in all three weekend matches. Chong won two her of her three matches on the weekend, defeating Miami (Ohio) junior Andreea Badileanu, 6-3, 6-2, and prevailing in a three-

see W TENNIS **PAGE 12**

INTERHALL

Rivalries highlight football games

Keough 20, O'Neill 0

By TONY ZAPPIASports Writer

Keough defeated rival O'Neill, 20-0, this Sunday in a battle of West Quad neighbors.

The two teams looked to air the ball out early, and both had some success in putting together sustained drives; however, the first points of the game were came in the final play of the half as Keough junior quarterback and captain Matthew Mooney found a receiver up the seam.

After receiving the ball to begin the second half, Keough (1-2) marched downfield and notched another touchdown against a 10-man O'Neill (0-3) defense, which has lost its 11th man to a broken finger. Sophomore quarterback Matthew Yoder said the injury hurt O'Neill's chances.

"We put our best foot forward today," said Yoder.
"Unfortunately it was 20 feet instead of 22."

O'Neill turned to trick plays to get its undermanned offense

going but ultimately could not find the end zone.

Keough then tacked on another score on one of its few running plays of the day as the fourth quarter came to a close.

Mooney said he was pleased with his team's overall performance.

"We won 20 to nothing, so we just played pretty well all around," said Mooney. "[O'Neill] is right next to us, so it's always nice to beat them."

Despite the final score, Yoder, in the true spirit of the rivalry, said he had a reason not to be upset.

"At the end of the day, I'm going back to O'Neill, and they have to go back to Keough," said Yoder.

Keough will take to the field again Sunday where its meet Dillon at 3:30 p.m., while O'Neill enjoys a bye week before returning after fall break.

Contact Tony Zappia at azappia@nd.edu

see INTERHALL **PAGE 12**

SMC SPORTS

Belles win first jamboree of season at Thornapple



MICHAEL YU | The Observer

Freshman Patty Meza hits the ball during the Michiana Crosstown Clash at Elbel Golf Course in South Bend on Aug. 29.

By BENJAMIN PADANILAM, MICHAEL IVEY, SEAN KILMER and RYAN KLAUS

Sports Writers

Gol

Behind the strong play of senior Sammie Averill, Saint Mary's won its first tournament during head coach Kim Moore's tenure to tighten its grip on a top-four spot in the MIAA.

The Belles won the third MIAA Jamboree by three strokes, 333-336, over Olivet on Thursday at Thornapple Pointe Golf Course in Grand Rapids, Michigan.

"It was great getting our first win of the year," Moore said. "I'm so thrilled and excited for my team. Thornapple Pointe is such a nice course, but it is one of the hardest courses we play all season. Also, add in the weather we experienced that round, and I was expecting some higher scores."

see SMC SPORTS **PAGE 11**