Religious Bulletin.

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50,000.

The number of Holy Communions since September passed the fiftythousand mark yesterday. A 50% increase will be noted during Advent if late risers with good intentions get up earlier or drop into the basement chapel on their way to breakfast.

Quality, not Quantity.

Every once in a while some one offers the suggestion that it is the quality of daily Communions that counts, not the quantity. If this were only stupid it might pass; but it is uncharitable. No one would question the quality of the present daily Communicants; and to question the quality of those who might go, or to accuse them of anything more serious than inertia, is going a bit too far. "Judge not, lest you be judged."

A Choice Selection of Advent Penances.

The following human indulgences are suggested as subjects for Advent mortification:

		Cake.			101	ries.		
	Eskimo Pie.				Los	Loafing.		
		Candy	an a		"IGT	locking."		
		"Dates	3.11		Lat	se rising		
an a		Profar	ity.		Dar	icing.		
	Useless Fiction.							
Give	your	, soul	a liti	;le spi:	ritual	refreshm	ent.	

Pubity.

"The Grace of Purity" is the first intention for the Octave of Communions that will follow the Feast of the Immaculate Conception. Show your love for this virtue by this public protest against the scandalous public sins that are destroying the sacredness of family life in America.

George Gipp.

"The repose of the soul of George Gipp is the second intention announced for the Octave. George died on the Octave of the Feast two years ago. Many present students first heard of Notre Dave through him. Is he forgetten at Notre Dame? Your response to this appeal will show.

Prayers.

Five students ask prayers for sick relatives, two for deceased friends, and one for a special intention.

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Commerce and Economic Students.

Father Bolger's brother died last week. A Mass for the repose of his soul will be said in the basement chapel Tuesday morning at 6:30. Connerce and Economic students are requested to offer Holy Communion for this intention during this Mass.