

Religious Bulletin.
May 2, 1923.

The Finding of the True Cross.

Tomorrow's feast commemorates a noble mother -- St. Helena, the mother of Constantine the Great. The apse of the church has a ceiling fresco representing the apotheosis of the Cross. The dominating figures are St. Helena and St. Macarius, the Bishop of Jerusalem who proved the relic by a miracle. Study the picture. See how many of the figures in it you can identify.

Tomorrow.

In your Holy Communion, please remember the Congregation of Holy Cross. And remember the slogan of the Crusade Convention: "Notre Dame to Defend the Cross." Pray for the success of this movement which is sending missionaries into foreign lands and backing them up with prayers and financial aid.

Athletic Notes.

"Since I have been receiving Holy Communion every day, when temptation comes there seems to be no weak points in my defense and it is forced to punt." -- Freshman.

The Message of the Crucifix.

"When I first came to Notre Dame I did not receive the Sacraments for about two weeks. During that time the presence of the Crucifix on the wall of the classroom always sent cold chills through me. When I saw all the fellows going to Communion, and going every day too, I was encouraged to try it and become a daily communicant. From that time on the crucifix was a symbol of the love of God-- and my life was different.
-- Another Freshman.

Getting the Best Out of Life.

"I feel that if I have received Holy Communion, no matter what else may happen, the day has been worth while." -- Sophomore.

Helpful Religious Experiences.

"I saw a Catholic die when he was not prepared to go."

"A scoffer said: 'I don't care if I die tomorrow.' He died and was buried in six feet of Gallic earth."

Are You Ready to Die?

Moonshine, gunmen and automobiles have taken an average toll of a hundred lives a month in Cook County since January first. It's always safe to live in the state of grace. "The son of man shall come like a thief in the night."

"Flowers That Bloom in the Spring."

The sun-dodgers who break their nine o'clock routine to make the six o'clock Mass on Sundays.

The sunrise golfers who never heard a bell all winter.

Rev. John F. O'Hara