Religious Bulletin. Sept. 13, 1923.

Tomorrow's Feast.

September 14 is the feast of the Exaltation of the Holy Cross. The Way of the Cross will be held in the church at 7:30, fowlowed by Benediction with the Relic of the True Cross. This an optional devotion.

Mark Your Calendar.

Keep account of the number of your Communions. Don't leave it all to the recording angel. You can't see his record until you die -- and it may not do you any good then. If you watch it now it may be worth looking at them.

For Freshmen Only.

Pope Pius laid down twom conditions for daily Communion:

- 1. The state of grace;
- 2. A right intention.

The State of Grace.

Freedom from mortal sin is all that is required. A great deal more is desired -- and comes with daily Communion.

The Right Intention.

Any intention that is not vicious is a right intention for Holy Communion. The pamphlet "Rrequent Communion for Freshmen" gives you some fine intentions. It shows what last years's Freshmen prayed for -- and got.

A Hardened Sinner.

A Sophomore who couldn't understand about the calloused knees displayed a callous heart. He spent the summer at the lake without becomming engaged.

Your Favorite Confessor.

If the students of any hall want a particular confessor, they should make known their wants without delay. Permanent assignments for the hall chapels will be made very soon.

Athletic Notes.

Notre Dame coaches who were here for the coaching school took back for their players a supply of pamphlets on frequent Communion. One of these coaches was not a Catholic -- but he knows that his Catholic players will not be afraid to tackle hard if their affairs with God are square.

Rev. John F. O'Hara, C.S.C., Prefect of Religion.