### Religious Bulletin. January 23, 1924.

# Religion in Congress.

A curious investigation finds that 76 out of 96 senators and 373 of 434 representatives in Congress profess some religious belief. It seems that event the magans appreciate the principles which flow from religious beliefs.

#### How They Stand.

According to thes statistician, the senators and representatives are divided as follows in their religious affiliations:

Senators		Representatives
23	Methodists	96
18	Episcopalians	56
14	Presbyterians	59
17	Catholics	38
5	Congregationalists	26
2	Baptists	• 45
2	Mormons	
2	Lutherans	12
1	Unitarians	4
1	Disciples of Christ	16

In addition to these the House has 9 Jews, 3 Dutach Reformed, 3 Quakers, 1 Mennonite, 1 Christian Scientist, 1 Evangelist and 1 Universalist.

# Where We Stand.

High Rulling Brilling Notre Dame has only one man on the above list. We have never had - Senator, we have had few Congressmen, not many generals, no admirals, no members of the United States Supreme Court/ We have had a few governors and several other state executives, plenty of assemblymen and circuit judges and no end of ward-heelers.

Notre Dame is too easy on you. There is no struggle for existence here. Life is too sweet; the company is too pleasant. When you meet with a professor who hits you hard, you run for a shock-absorber. Comfort, the curse of American life, has taken all the fight out of you.

## What of the Future?

You have a chance -- if you want to use it -- those of you who have deep religious convictions and are willing to make a real fight. Follow this formula:

- 1. Get a crucifix at the pamphlet rack and set it up before you. The cross is the whole of Christian life;
- Read the "following of Christ" every day, and burn its 2. truth into your soul;
- Never be satisfied to "get by". Do everything for the love 3. of God and put into it everything you've got;
- Always act from conviction, and wear earemuffs when the 4. scoffer does his stuff;
- Be hard in the real sense. Punish your body, punish your 5. mind, punish your heart. Go to six O'clock Mass every day, just to show yourself that you can. Go to bed on schedule. Take plenty of exercise and fresh air, and don't eat cake.