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RELIGIOUS BULLETIN

Sept. 15, 1924.

Mother of Sorrows..

The feast today commemorates the participation of Our Blessed Mother in the Passion of her Divine Son. It is the patronal feast of the Congregation of Holy Cross.

The Athlete of Christ  
Athleta Christi nobilis  
Idola damnat Gentium,  
Deique amore saucius  
Vitae pericla despicit.

The hymn of St. Venantius describes the noble athlete of Christ, whose heart, transfixed with the dart of divine love, scoffs at the pagan gods, despises torments and death.

St. Venantius was fifteen years old when he suffered a horrible martyrdom that lasted for days.

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The Flabby Christian Athlete.

The martyrs were made of good stuff. They did not cave in---- as many a Notre Dame man does----when put to a test of character. Their muscles were not cushioned with the fat of comfortable living, their bones were not honey-combed with laziness, their sinews were not stretched with over-indulgence of the appetites. They were not the flabby Christians of today.

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The Penitential Year.

Notre Dame dedicates this year to penance, in preparation for the Eucharistic Year that precedes the Eucharistic Congress of Chicago. Notre Dame men worthy the name will enter into training with the vigor of the early martyrs.

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How much have you sacrificed? On the last Survey the following answers were made:

Nothing.....	235
Very little.....	152
A great deal.....	32
Sinful pleasures and associations.....	33
A little sleep for frequent communion...	36
Some Lenten penances.....	42
Harmless pleasures.....	24
Some meals.....	17

A non-Catholic girl.....	8
A girl.....	6
A secular university.....	6
Never missed Sunday Mass.....	6
Miscellaneous.....	37

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