

Feb. 23, 1925.

Senior Prospects.

Commencement is at hand. The senior list on Washington's Birthday marks the beginning of the end. Since education at Notre Dame is based on the maxim of Christ, "What shall it profit a man to gain the whole world if he suffer the loss of his soul?" It is not out of place to suggest to seniors at this time that they look over the past and prepare for the immediate future. There is yet time to allow Notre Dame to have its way with you.

A Heritage.

Two years ago, just before Commencement, about twenty members of the senior class sent in to the Bulletin statements of their daily Communion records. Such a record is not an absolute key to spiritual progress, but it is the best key we have, and a very satisfactory one. Some of these are reprinted today for your edification and for their suggestive value.

A.

"I started to receive daily about the middle of November of my first year at Notre Dame and have kept it up ever since. During the freshman year I think I missed eight times, with not more than two days in succession. In my sophomore year I started to receive daily about the week after school opened and missed about ten times. The days I missed were generally around rec. days. During my junior year I missed about twelve times. During the year I missed seven times."

B.

"I have practiced daily Communion for three years. The first year I missed about twice a month; the second year a total of twelve times; the third, this past year, I have missed a total of six times. I started the practice of daily Communion for material reasons. Later it inspired me to such an extent that I have never felt satisfied if I didn't receive the Sacraments."

C, D, E, F, G.

Freshman year	105	170	30	20	1	
Sophomore "	140	190	125	210	1	
Junior "	140	200	200	212	1	
Senior "	157	210	230	234	14	(last two weeks of school).

H.

"It took me one year to get used to the idea of daily Communion. Two years ago I thought I would investigate and see what it was that caused the fellows to get up much before breakfast and start the day with God with them. I have found out that it is much easier to go to confession, much easier to pray, and above all much easier to realize the benefits of being a Catholic."

I.

"I got sense this year. For the first three years around here I didn't average more than six times a year at the Sacraments. I had my fling, and while I kept up with my classes, I didn't do my soul a bit of good. At Christmas time I had a long talk with my mother. I tried not to see her point of view, and tried to meet all her arguments, but down in my heart I couldn't. I was ten times the rotter she thought me to be. From New Years' to now I have missed Communion only five times, and I could kick myself all over the lot for having turned down the best thing that Notre Dame had for me during these four years." It isn't an easy thing for a senior to humble his pride and do the things he knows he ought to do, but against which he has argued lustily. But if the senior does not humble his own pride, someone else will do it for him. The wise thing to do is to see just how much you can learn at the foot of the cross during the last semester.

John F. O'Hara, C.S.C.
Prefect of Religion.