## RELIGIOUS BULLETIN

# March 27, 1925

## The New Form of the Bulletin.

The Bulletin will be mineographed. Extra copies one cent. Room 141 Sorin Hall. "What a change frequetn Communican can make in a Man's life! Any priest having to deal with young men in matters spiritual would do well to procure a copy the Religious Survey for the year 1921, 1922, 1923, published by the University Press of Notre Dame, Indiana. Few pages of Eucharistic reading will touch the average priest's heart more deeply than the answers sent in unsigned by some hundred of Notre Dame men in answer to the request, Please state frankly your own experience with frequent Communion. One of the students wrote: "Frequent Communion is the greatest of character builders; it builds men: clean, upright, honest men. Another wrote: "Frequent Communion gives one the power to say "no" when tempted." Yet another testimony, and what a world of praise in a few words! 'Daily Communion keeps one in the state of grace." As a last testimony, this touching avowal: "There may be all kinds -- and there undoubtedly are -- of preventives and remedies for sin in the world, but I do not think one of them would hold a candle to Holy Communion. When I think I am going to receive Our Lord in Holy Communion I surely do not feel like swearing or committing sin. Nothing makes me feel worse than to miss Holy Communion."

The paragraph above is quoted from an article, "An Aid in the Eucharistic Apostelate," contributed to the April number of Emmanuel. The article uses as a text another quotation from the Survey: "Daily Communion has transformed me from a spineless jelly-fish into a man."

From the Survey.

"I wouldn't marry a modern girl if she were the proverbial last woman on earth. As for drinking, smoking, etc., I believe a girl has a right to do these things, but my mother doesn't."

II.

"I haven't any girl. The one of my choice is too hard to understand in that she is too critical of everything, -- always looking for something to fight about. I guess perhaps she doesn't feel the same toward me as I feel toward her. I feel 1 love her, but would not tell her for fear she would laugh at me. She is a real Catholic girl."

And yet you say, "Since practicing daily Communion I can face danger more readily." Turn that physical courage into moral courage by doing little acts of moral bravery every day; then if she is as worth-while as you seem to think you will have the courage to use caveman tactics on her critical spirit.

### III.

"The girl of my choice would have to acquit herself well or she wouldn't be my choice any longer. At present my sister is my ideal. She would answer these questions very well, due to her home training and to that of the nuns." IV.

"I have just started daily Communion. I have a deadly sin that I have never had backbone enough to quit. Communion every day is working wonders, and I will never be able to express my gratitude for what it has done for me. Pray for me please."

#### ν.

"Tomorrow I go to Communion after a lapse of nine months. Why I have stayed away I do not know. I feel that if I go tomarrow I will never miss going at least once a month. From this experience I think that he who stays away from Communion suffers more than if generally realized." WAY OF THE CROSS at seven O'clock in the church. Prefect of Religion.