Religious Bulletin December 16, 1925.

## General Communion.

Leave a call for six o'clock tomorrow. At 6:30 there will be a general Communicate at the Mass of Exposition in the church, in thanksgiving for all that daily Communion has meant to Notre Dame. -- And if you want to know what that means, try to imagine Notre Dame without the Blessed Sacrament. With modern temptations and modern standards of morality, and without the saving grace of the Sacraments, Notre Dame would be sold out to the devil. We have much to be thankful for.

## For Your Mother.

The tears your mother has shed in sorrow will be turned to tears of joy if you send her a spiritual bouquet showing that you have remembered her at the altar. You owe her this joy. You can get the cards at the basement chapel (pamphlet rack) or at room 141, Sorin Hall.

## Hew Can Christmas Be Merry.....

if you are not in the state of grace? Our Lord came to establish peace. It was the theme of the Angels' song; but they sang of peace to men afingood will. It was the blessing of Our Lord to His Apostles after His work was accomplished: "My peace I give, My peace I leave with you; not as the world gives, do I give." But How can there be peace in the heart that is at enmity with God?

A priest is waiting for you, and he can bring that peace to your heart, through the power of absolution God has given. Only the priest can give you a Merry Christmas if you are not in the state of grace.

#### General Confession.

Before a general vacation period there is always a good bit of questioning about general confession. A general confession is necessary only when one is sure that at some time in his past life he has deliberately omitted a mortal sin in confession. In such a case it is necessary for the penitent to start from that confession and repeat all the confession in the meantime. (The priest will be glad to help him do this, and he need not fear it as a horrible ordeal.), It is useful when a person is beginning a new state of life. It is not only useless, but positively harmful for a scrupulous person.

#### Ember Days.

Today, Friday and Saturday are days of fast and abstinence. The law of fast obliges all who have reached the age of twenty-one; the abstinence, all who have reached the age of reason (whatever that is, said the scoffer. The Church establishes it at seven, come what may thereafter.)

# Vacation Frenzy.

Now and then you hear some nit-wit say that as soon as he gets away from the rules and regulations that have held him imprisoned at school they just have to cut loose. That is a poor ad for their home training. If one has not been inspired by his family to be respectable and to uphold the family name, you can expect almost anything of him. If his family life is irregular and disordered, any kind of restraint is irksome to him. It is the sort of thing one finds among the juncon released from the finishing school at Joliet.