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Any Time.

Holy Communion may be received at any time, provided you are fasting from midnight. Those who wish to receive at midnight at odd hours of the morning tomorrow or the next day, should leave word with the Prefect of Religion. A. note will suffice if there is no one in the office.

Remember Tom Spalding.

Tom and his cousin from St. Mary's were killed in a railroad accident on their way home during the Christmas holidays a few years back. It is customary for students to say an extra prayer for Tom in their last Communion before leaving.

Prayers.

Five students ask prayers for urgent special intentions. One of these is the reconciliation of a student's parents, who are estranged. Three students ask prayers for deceased relatives, and four for persons who are sick. Murt Cullinan has been called away by the illness of his mother. Sister Malachy, Direstress of St. Edward's Hall is ill with pneumonia. You are also asked to say a prayer for the intention of Sister Bernadette, of the convent here, whe makes the hosts used at Notre Dame. The increase in daily Communion has laid upon her a heavy burden, which she accepts cheerfully. (She rises at two o'clock in the morning for the day's work on Thursday, when sho makes the hosts.) And in your Christmas prayers, don't forget Bishop Chartrand, who has for years supplied free of charge the purple prayers books you use at Holy Communion.

Go Home Clean.

Trains are dangerous; autos are more dangerous. You don't want to take a chance on an accident when you are not in the state of grace. Go home clean!

You can't feel that you are playing square with your parents if you can't greet them with a clean heart after three months at Notre Dume. Ge home clean!

You expect the girl back home to have a good, clean heart, and to make a good . mother for your children; she should expect as much of you. Go home clean!

Notre Dame's reputation depends upon the conduct of her sons abroad in the world. She has done her best to give you good ideals. Go home clean!

When Confession is Hard.

Usually, when confession is hard, faith is somewhat weak: you lost the idea that the priest is God's representative, and that you are telling your wees to him under the strictest secrecy that can be imposed on a man. If confession is hard in a case like that, putting it off is harder, because you can't got away from your conscience.

It may be that you have had the experience of confession to a priest whose liver was bid. You can avoid that by going to confossion before you leave Notre Dame. The confessors here are pretty husky, as a rule, and they use Listerine on their voices, so you need not be afraid.