Religious Bulletin March 10, 1926

How to Propare for Marriage.

56 (Secother De

"How should Catholics prepare for marriage?" asked the professor of Catechism. "By the Sacrament of Extreme Unction," answered the wise little girl. That is the proximate preparation. Few of you need a proximate reparation while in school, but every student who expects to marry needs to be concerned about the remote preparation. The following suggestions under this head are intended to be helpful:

- 1. If Possible, keep your head. Insanity and blindness are natural concomitants of love, but, if possible, keep your head.
- 2. Lead a clean life. That is always possible. The great aids to it are:
 - a) Clean ideals, the Blessed Virgin for womanhood, St. Joseph for manhood;
 - b) Clean companionship, dictated by decent self-respect;
 - c) The private vow of chastity, made with your confessor's permission;
 - d) Ardent attachment to the Sacraments and prayer.
- 3. Learn frugality. The girl who has to be won by expensive presents is not worth winning. Let her love you for yourself. If you spoil her now you will have to pay the bills later on. Early marriage is nearly always to be preferred, (this does not mean the Freshman year) as it means accommodation of character during the pliable years; and frugality is usually essential to early marriage.
- 4. Seek counsel. Your parents may be pretty dumb in your eyes, but they know heaps more than you do about marriage. And the priest knows plenty about what wrecks marriage. Those who don't consult him before marriage are most like to do so after it is too late.
- 5. Never confuse either infatuation or lust with leve. Love implies reverence. A girl who does not command your respect is unworthy of you. Your own selfrespect demands that you shun such company; and if you are lacking in selfrespect, you are doomed to learn by bitter experience that lust is a usurer who sucks blood even to the grave.
- 6. Try out her cookingY What is the favorite topic of conversation at school? Food, without a doubt; it outdistances athletics, religion, philosophy, girls, everything. It is the great interest that engineers have in common with the rest of mankind. She may never have to soil her hands with dishwater; but if she doesn't, you will. There'll come a time! Don't wait until after marriage to domesticate her. If she doesn't know how to run a home you won't have a home.

The Private Vow of Chastity.

You will notice that the vow of chastity is recommended as a preparation for marriage. This suggestion is made seriously, and it is urged conscienticusly as an act of religion most pleasing to God and most officacious in attaining its end, namely, the elevation of the ideal of marriage to its lefty Christian plane. A vow is a premise made to God of some good for a good end. It binds under pain of mortal or venial sin according as the matter is light or grave. It can be made only with the permission of one's confessor; and a private vow, such as the one suggested, can be dispensed by one's confessor if it seems too difficult to keep. It increases the morit of obedience to the Paw. It should not be made without sufficient experience to justify the belief that it can be kept, and at first it should be made for short periods only -- a month, three months, six months, or a year at most. It can be renewed if this seems advisable to both confessor and penitent. FRAYERS: Three sick persons and two deceased relatives of students. Tom Waters, '20, brother of John, is quite sick.