## Religious Bulletin October 2, 1930

#### Bulletin Snatchers.

The standard complaints are coming in that <u>Bulletin</u> snatchers are getting in their dirty work. From one bulletin board or another the copies are disappearing before the day is over and the new issue is ready.

That is all as dumb as it is selfish. There is hardly a student on the campus who does not have to pass Sorin Hall at some hour every day or so; if he wants a Bulletin all he has to do is go to room 141 and help himself. The current number is on the corner of the desk; back numbers are kept in a steel filing cabinet in the alcove, marked with the legend, "Religious Bulletin - Help yourself!" And if you want to leep a file of the year's issues, get your back numbers at once.

#### First Friday.

The program tomorrow calls for a Mass of Exposition at 6:30 (the Mission Mass), with adoration of the Blessed Sacrament throughout the day, Rosary Devotions at 5:00, and a short "Holy Hour" at 7:30, followed by Benediction. Those who made the Mission last week should stay away from the Mass in the church and attend Mass and Holy Communion in their hall chapels; they should also stay away from the 7:30 service, which constitutes a part of this week's Mission. They may attend Benediction at the end of the Rosary Devotions (at 5:00), and they are expected to take part in the adoration throughout the day.

## Feast of the Little Flower.

The feast of St. Theresa of the Infant Jesus, better known as "The Little Flower", is tomorrow. The Movena ends on the feast. Your mothers will appreciate a remembrance in your Holy Communion tomorrow. (Freshmen who wrote letters of appreciation to their mothers at the end of the mission last week are beginning to learn how much mothers long for such expressions of gratitude and affection.)

# Why Worry?

A wise old darky gave us a remarkable piece of negro psychology this summer. Discussing a local suicide, he said: "You don't never hear of any cullud folks committin' suicide. Ho, suh. When a niggah gets somethin' to worry him, he jest sets down an' worries about it and pretty soon he falls asleep and forgets what it was he was worryin' about."

You may not be built that way; you may not be so constituted by nature that worry will put you to sleep. If you are not that fortunate, do the next best thing: seek advice. But get rid of worries. They don't help your work.

## Thanksgiving After Holy Communion.

From time to time it is necessary to remind you that you should not leave the chapel too soon after Holy Communion. Our Lord remains present within as long as the sacred species remain undissolved - usually from five to ten minutes. These are times of precious grace, and these moments should be spent in earnest prayer. It is decidedly disrespectful to leave the chapel and engage in conversation or worldly pursuits while Our Lord is thus present. If urgent need requires you to leave before that time, go about your business in a quiet, recollected manner, saying your prayers as you go.

#### Preyers.

A relative of Frank Ernst is apparently beyond medical aid. Four special intentions; one of these is the return of a former Notre Dame man to the practice of his religion. Thas. Yater, a student twelve years ago, is desperately ill. Jos. Holbach's aother is still very low.