University of Notre Dame Religious Bulletin February 8, 1932

THE SPIRIT OF LENT

"Prayer, at all times a privilege and a duty, becomes, during Lent an obligation of supreme importance; it connotes the uplifting of mind and heart to God; it should precede, accompany and crown every worthy human act. Penance without prayer is inconceivable; the two combined are most acceptable to God, and if performed in the right spirit, are infallible in their effectiveness.

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"During the Lenten season, Catholics of spiritual refinement will avoid social events, theatricals and other public amusements as being out of harmony with the genuine Catholicity of the children of the Cross. All should endeavor to attend Holy Mass and receive Holy Communion, every day in Lent, to attend regularly the devotions in the parish Church and to meditate often on the Sacred Passion of our Divine Lord, particularly in the Way of the Cross, that beautiful, inspiring and appropriate form of prayer for Lent.

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"The modern confused world needs the example of sincere, strict Catholics. Untold scandal has been given, and evil wrought beyond repair, by those whose Catholicity was only external, thereby bringing our holy religion into disrepute among those who are not of the household of the faith. The doctrines of our holy religion may not appeal to those by whom we are surrounded, but our fervent, genuine Catholic lives will be to many the golden key, opening unto their minds the grandeur and the glory of the Church. The most eloquent sermon we can preach is the sermon of a conscientious consistent Catholic life.

This is our duty, this is our privilege."

-From the Lenten Pastoral of Bishop Chartrand.

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Announcements

Sermon and Benediction, Monday and Tuesday, 7:00 (upperclassmen); 7:45 (freshmen and St. Edward's Hall). Father Donahue, Superior General, will preach tonight.

Adoration for Lent will begin Wednesday, provided the gaps are filled.

The 6:00 Mass is a test of fervor. The 7:20 Mass is an accommodation for offcampus students. Hear Mass every day this Lent.

PRAYERS: A sister of Brother Leo, C.S.C., died last week; she was a daily communicant at the 6:00 Mass in the basement chapel. An aunt of Chas. Cushwa, '31, died last week; she was a sister of St. Joseph, at Baden, Pa. Jos. Denis Murphy, '28, died yesterday in Detroit. A deceased friend. John Bergan, off-campus senior, is critically ill. Six special intentions.