University of Notre Dame Religious Bulletin November 2, 1933

First Friday Adoration all day Brownson Chapel

These Four Classes Need Daily Communion.

Seniors. They are about to leave the protecting influences of the campus and try their luck with the world. If they have acquired some sense they will be willing to take our word for it that what lies ahead of them offers many unlovely prospects. Their protection - not only for virtue, but for peace - lies in the grace of God. They can store up this grace now by daily Communion. It's their last chance.

Juniors. They are near enough to the end of their course to have formed a definite objective, and they have been around Notre Dame long enough to know that daily Communion is the best means to the objective of a Notre Dame education. Either they have profited by their previous years here or they have not. If they have, they know the value of daily Communion, which is the supreme aid in developing the mind; if they have not, it is high time they learn.

Sophomores. If they made a good freshman year, they should now reason that there is no sense in throwing away all they gained through the Sacraments last year. If their freshman year was a failure spiritually, they should be content to throw away one year, and begin now to make amends. Sophomores are exposed to peculiar temptations, in that their goal is still far off, and the novelty of their freshman days has worn off. Daily Communion is essential to them.

Freshmen. Daily Communion corrects bad habits and protects good ones. No freshman can afford not to be a daily communicant. If he has been fortunate enough to pick Notre Dame for his school - or to have it picked for him - he should not tempt his luck by neglecting the biggest point in his education. For many freshmen it is the first chance to be the boys they have always wanted to be.

Sunday Communions.

The number of Holy Communions on Sunday morning has reached new lows. Just why, it is hard to guess.

Last Sunday the number was less than 1100; the previous Sunday it was just over 1200. When you consider that Sunday is usually the best day of the week for Holy Communions,

and that everything is done on that day to make it easy for you to receive, you will understand that the condition is cause for concern.

Can it be that the dining hall is such a magnet that you cannot stop at Dillon Hall for Holy Communion on the way to breakfast (supposing that you have slept too late for the 7:00 Mass)? Can it be that so many of you are returning to the campus after 12:0 (and taking the inevitable drink of water on the way to bed) that more than a thousand fasts are broken after midnight? Can it be that you are so insensible to the value of receiving God Hinself in Holy Communion that you don't even give it thought?

Something is radically wrong with your Sunday attitude. It can be analyzed, and if it is found that you have ceased to think, something can be done to make you think.

Notre Dame is too good to you - that is certain. Notre Dame makes it too easy for you. If the burden of sacrifice is lifted from the shoulders of the priests who spend four hours in the church hearing confessions on Sunday morning, and placed on your shoulders, you may learn to appreciate what you have. And other little burdens can be shifted:

There is one boy here who for years has gone 26 miles each way every day for Catholic schooling, and whose whole family made the same 26 miles every Cunday for Mass and Hely Communion. How many of you would stand up under such a test? PRAYERS: The mother of Rev. Daniel Lord, S.J.; a deceased friend. 5 special intention