University of Notre Dame Religious Bulletin October 1, 1934

Protection Against The Two Deaths.

Let us say that a scientist did the impossible--discovered a secret formula to prevent death.

And suppose that some insurance company, holding the secret, offered for small premium a policy--not only to indemnify a bereaved family--but actually to prevent death from ever taking the policy-holder.

What a discovery, you say, and what a policy! Everyone would somehow find cash to buy that kind of insurance-insurance against the Grim Reaper.

There is a policy offered here at Notre Dame inestimably more valuable than even the fantastic insurance against natural death: it is the double-protection policy of living habitually in the state of grace.

This policy insures against the spiritual death that comes while we are yet living. Man's soul is spiritually dead when he is in mortal sin. Fearful thing to contemplate.

Nothing that he does really matters. His actions are isolated, fleeting, insignificant--like ripples on the surface of a lake, with only an instant's reality, then gone.

When his soul is alive through sanctifying grace his whole day--even the beat of his heart, his study, recreation, have value to wipe away punishment yet due to forgiven sins and to pile up merit to his credit for all eternity.

This policy also insures against a living, eternal death in hell--greatest and final catastrophe that can come to a human soul.

When man lives habitually in mortal sin only the slender thread of natural life holds him out of the fearful abyss of eternal punishment.

He can be sorry for his sins in case of sudden death, you say? Ah, but can he really

have sorrow if he has habitually passed up easy opportunities of going to confession? Sorrow, you know, always includes the determination to go to confession at the first opportunity.

No reason for horror at these two monstrous deaths if you determine to live habitually in the state of sanctifying grace--if you go to confession without delay whenever you fall unfortunately into mortal sin.

To insure you against this double death--death while alive, living death beyond the grave--Notre Dame constantly offers easy access to the sacraments.

Immediately after supper, until 7:00 every night, in Sorin, Dillon, and the Basement chapels; at night prayer in your own hall, you can go to confession. Until 7:00 every morning in the Basement, Sorin, and Dillon chapels, and from 7:00 until noon in the Dillon Chapel, you can go to confession and to Holy Communion.

Use these opportunities to keep yourself habitually in the state of grace. That is your protection against the two deaths, the only deaths that really count. PRAYERS: Deceased, father of Edward Arnade. Ill, sister of Ralph Cardinal. Charles D. Maginnis, Lastare Medalist of 1924 is to undergo a sorious operation tomorrow. Three special intentions.