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On Talking Things Over.

No man can hold up the mirror so that he can see himself as others see him. That's one point.

And here's another closely related to it: if any man takes counsel only with himself, he takes counsel with a fool.

Human inability to judge and to "doctor" self, especially in moral and spiritual matters, led the old religions of China and of Islam, and the mystery religions of classical times, as well as the Catholic religion, to stress the need of spiritual consultation.

Notre Dame students in general profess, according to answers to the questionnaire last year, to see the wisdom of spiritual consultation.

But they are only slowly taking advantage of the facilities provided here. At most, but 40 percent of the students seek advice from any priest outside the confessional.

Why? According to their own declarations, timidity is the chief reason.

"I am too timid, Father." "I don't know any priest well enough." "I can't bring myself to it; I wish I could." "I feel the need, but I don't like to take up a priest's time." "He might think my problems unimportant."

These are typical answers to a question on consultation asked in the last questionnaire.

Nothing is too trivial to talk over with a priest if it is big enough to bother you. Ask your confessor or any other priest on the campus if you may speak privately with him on a personal matter and see if he becomes interested.

Anything of intellectual, moral, or spiritual importance to you is fit to talk over.

Moreover, if you choose some particular priest as your confidante, if you see him at stated times, gradually he will become acquainted with you and after a time will be able to point out to you your strong points and your weak ones. He will help you map out a program of improvement and of self-protection.

If you have no particular problems but feel that, in general, you might profit by talking things over, here are some topics to open up:

How can I get greater value out of the ordinary actions of my day?

Can I help myself develop will power and strong character through acts of self-denial?

How can I enjoy the protection and peace of habitual union with Our Lord?

Don't Forget.

Adoration during the month of October closes at 5:00 o'clock with the rosary and Benediction. Attendance at this service has fallen off notably this year, due, no doubt, to confusion about the hour. The place: in the chapel at the rear of the main altar.

PRAYERS: Ill, uncle of John D. Ellis (Brownson); uncle of Don Martin '34, sister of Mrs. Angus McDonald, ill in a hospital for the last two months. Four sp. ints.