
The Possibilities in Frequent Communion.

Many students on the campus find that frequent Communion lessens their temptations, that it makes them more eager to avoid sin, that it brings peace and happiness into their souls.

Do all students have similar experiences with frequent Communion? If not, why not? Why does the frequent reception of Holy Communion make some men and women saints, whereas in others its effects are hardly perceptible?

The same Christ comes to all. And, let us say, that all are free from grievous sin and receive Holy Communion with a good intention. Why then the startling difference in results?

Have you ever tried to imprint a seal upon hard, cold wax? Press the seal down upon the wax as carefully as you can, but you will leave only the faintest, unfaithful impression. After you are done you will hardly recognize in the wax the delicate lines and letters and curves of the seal.

But warm the wax well, make it perfectly malleable; then impress your seal, and the results will be strikingly different. Tracings in the wax will be clear, definite, faithful to the seal's slightest impression.

Similarly, as we prepare ill or well to receive Our Lord in Holy Communion, the effects will be relatively apparent.

Do you really try your best to correct habits of sin that are repulsive to Christ? Are you conscientious about your daily duties? Do you try hard to realize Who is about to come to you in Holy Communion?

Do you sincerely feel unworthiness to play host to God Himself? Are your faith and confidence in His power and goodness firm and ardent? Do you take means to fight off distractions at the sacred time of Holy Communion?

Do you treat Christ as a personal friend at Holy Communion? Or, are you cold and hard? If you are, even Christ Himself will make only a slight impression.

And about your thanksgiving. Is it hurried and perfunctory? Are you uneasy to get away to breakfast and to empty talk? Do you adore Christ as your God? Do you determine to improve your life out of love for Him, out of respect for His wishes?

A classroom full of boys hearing the same lectures derive varying degrees of profit according to their preparation and application.

Similarly, the fruits of Holy Communion depend upon the quality and quantity of our preparation and thanksgiving. True enough, we enjoy some of the blessings of Holy Communion if we receive in the state of sanctifying grace and with a good intention.

But if we wonder why we are not getting the full good, then we should check up on our dispositions in receiving.

Merry Christmas, Father Barron!

Just as Fr. Barron's check was ready to be mailed \$20. more came in. That boosted his total to \$200. even. Since the mailing of his check \$11. has been received as a new nest egg.