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## An Appreciation.....

From the writings of Father Joseph Rickaby, S.J., is this excellent page on the Holy Eucharist:

"Not for faith only, but for practice, Catholics depend upon the Holy Eucharist. The Holy Eucharist is the mainstay of their purity, of their charity, of their courage. This seems to become more and more true, as the Bark of the Church descends the ever-widening, more perplexing, deep, eddying, and dangerous river of time.

"A Catholic school is kept in faith and holiness by the Holy Eucharist. A religious house is a practical possibility because of the Keal Presence enshrined there.

"No Higher Criticism will subwert the faith of Catholics, so long as the Blessed Sacrament remains to them. From the Altar are given vocations to the eccesiastical and the religious state. The Catholic priesthood is maintained by that mystery the consecration of which is committed solis presbyteris, ut sumant et dent ceteris (to priests alone that they may take and give to others.)

"The one way to suppress the Catholic Church would be that taken by the Elizabethan priest-hunters, to suppress the Mass. But that way is barred by the promise implicit in the command of Christ: 'Ye shall show forth the death of the Lord until he come.'" (ICor. xi.26).

## ..... And Another.

And in the morning mail come these bits from a graduate of last year:

"The big things in life seem important merely because they are noticeable, bothersome, or in some way always demanding attention. But the quietness of Notre Dame and Our Lady over the quad, and the consolation of a message from Alma Mater, transcend everything when the business of the week is dome.

"It is a pity that it is not always so. But the fact that getting away from Notre Dame lessens the possibilities of thought and reflection and proyer, should be a stimulus for all to make more of their time at ND.

"One of my chiefest achievements, if that is the word, while at Notre Dame was that I went to Mess and Communion every day. Ture, I spent only one year of graduate study there, but it ended the college course right--and oh, that is so important now that I look back upon it. To have started right, and not to have had the strength and courage to 'carry on'--that would have been unworthy of a Notre Dame man. That one is strong enough to do what is expected of one--and with a Notre Dame man that is a lot--is to know real happin-ss.

"At Note: Dane it is so easy, really easy, to live well, to satisfy that greatest of critics, one's self, for there one can always say, with little cost, like Popeye: 'I saw me duty-and done it!" PRAYERS: Ill, brother of Marold Guinlan. Six special intentions.