Keep Ed Kirby and Joe Sullivan in your prayers. University of Notre Dame Religious Bulletin March 7, 1935.

Feast of St. Thomas.

You hope to be a learned man some day? Get acquainted then with St. Thomas Aquinas, Patron of Catholic learning, whose feast we celebrate today.

He is just about the greatest mind that the Catholic Church ever produced. And what a lovable character! Everywhere his writings manifest the simple humility that must preside over scholarship to keep it from turning vain and arrogant.

Once St. Thomas wrote to a young man. Here is the advice he gave:

"You have asked me, dear friend in Christ, how you must study to acquire the treasure of knowledge. My advice to you is based upon this principle: that you go through the rivulets and do not try at once to come to the sea, because we must necessarily go to the more difficult through the less difficult. This, then, is my advice to you:

"Bo slow to speak; love purity of conscience; pray often; love to be in your room; be kind to everyone; do not inquire into the affairs of others; do not be too familiar with anyone, because too great familiarity breeds contempt and gives occasion for leaving off study; do not be interested in the sayings and doings of people in the world; avoid all needless running about; imitate the saints and the just; remember every good thing you hear and do not consider who says it; understand what you read and hear; labor to fill the storehouse of the mind; do not inquire into things above you.

"If you follow this advice you will bring forth good fruit in the vineyard of the Lord, you will be able to obtain what you desire."

St. Thomas wrote the Office and Mass of the Blessed Sacrament. He wrote many beautiful hymns honoring the Blessed Sacrament. Learning and love of Christ in the Blessed Sacrament--that is the combination that St. Thomas best exemplifies.

It is an excellent ideal for you to strive towards.

There is an altar dedicated to St. Thomas in the Alumni Hall chapel. Visit it tonight or tomorrow. Read St. Thomas' writings and something about his life. Take him to yourselves as a saint to love and imitate.

Way Of The Cross.

Every night during Lent, at 7 o'clock, there will be the Way of the Cross in the main church for Brownson and Carroll Halls. Rectors of other halls will designate the hour.

Lonton Regulations at Notre Dame.

By virtue of a dispensation granted by the Most Reverend Bishop of Fort Wayne, the members of the faculty and community, the students, and the working people attached to the University, are dispensed from the fast and abstinence "provided they do the work they are supposed to do." Exception is made of Ash Wednesday, the morning of Holy Saturday, and the Vigil of Christmas. This dispensation holds for those who live off-campus. No Catholic, however, is excused from the law of penance. Early rising for Mass and Communion, Lenten adoration, the Way of the Cross, the faithful following of a schedule, abstinence from drinking, shows, dates, movies, sweets and the like--these are excellent penances.

PRAYERS: Deceased, friend of Martin Boyer (Alumni); friend of a student. Ill, father of George Ireland; friend of Sherb Herrick (Howard); Victor hursweg (Walsh); friend of Joe Mangolli (St. Ed's.). Five special intentions.