Mass, Fri. of St. Timothy, p. 717 & 1080. One collect, as in day's mass. University of Notre Dame Religious Bulletin January 23, 1936

Ill, Mrs. Sibley; K. C. Lattimor (O.C.); Poto Kern (How.); John Soxton (Lyons).

Irresistible "It."

For more than half a century Sister Lourdes washed pots and pans in the old kitchen-topless piles of pans, endless rows of coffee pots, three times a day. Her job kept her shrunken hands everlastingly in sloppy water; her aching back stooped everlastingly over the weary sink.

"A student at the turn for you," they told her. And Sister Lourdes straightned up from the sink, dried her hands and cheerfully hobbled over to hear again that oft-repeated plea: "I got up a little late, Sister. Would you give me a cup of coffee and anything else you have?"

"Sure, sure, poor dear." And "anything else" brought buns and butter and a chop.

The marvel to everyone was Sister Lourdes' friendly smile under all circumstances. That didn't come naturally--not always. If it wasn't high sanctity, then it was high sanctity's first fragrance.

One who reverenced Sister Lourdes as a saint, asked her for some little remembrance as she lay on her death-bed. A yellow newspaper clipping she tore from her prayer book. It had been there for years. Early in life she had practically memorized it, she confided. She had tried to make its philosophy her daily offering to God. And here is what the clipping said:

No matter how disagreeable your work, or how much trouble you may have, resolve that, whatever comes to you or does not come to you, you will keep sweet, that you will not allow your disposition to sour, that you will face the sunlight, no matter how deep the shadows. The determination to be cheerful will discourage multitudes of little worries that would otherwise harass you. If you cannot get rid of a trouble, do as the oyster does with the grain of sand that gets into the shell and irritates it. Cover it with pearl. Do as you would with an ugly rock or stump on your grounds. Cover it with ivy or roses, or something else which will beautify it. You can make poetry out of the prosiest life, and bring sunshine into the darkest home; you can develop

beauty and grace amid the ugliest surroundings. It is not circumstance so much as attitude of mind that gives happiness.

"Nothing can disturb his good nature," said a man of one of his employees; "that's why I like him. It does not matter how much I scold him or find fault with him, he is always sunny. He never lays up anything against me, never resents anything." Who can estimate the value of a nature so sunny that it attracts everybody, repels nobody? Everybody wants to get near sunny people; everybody likes to know them. They open, without effort, doors which morose natures are obliged to pry open with great difficulty, or perhaps cannot open at all.

We all love the one who believes the sun still shines when he cannot see it. A potted rose in a window will turn its face away from the darkness toward the light. Turn it as often as you will, it always turns away from the darkness and lifts its face upward toward the sun.

So we, instinctively, shrink from cold, melancholy, inky natures, and turn our faces toward the bright, the cheerful and the sunshiny. There is more virtue in one sunboam than in a whole atmosphere of cloud and gloom.

Your ability to carry your own sunshine with you, your own lubricant, your own light, so that, no matter how heavy the load or dark the way, you will be equal to the "mergency, will measure your ability to continue and to achieve. FRAMERS: (deceased) friends of Dan Donovan and of Joe Moore (Corby); Father Kent, diocese of Brooklyn. Ill, Father Bergan, friend of Made Kelleher, '35; mother of a friend of Norman Brasseur (Off-campas); Mr. J. Lee Johnson, Fort North, Texas; mother of Jour Medonell (Freshman); mother of Mr. John G. Burns '27.