Mass Wed. p. 159. 2nd col. of the Saints, p. 660; 3rd of living and dead, p. 661.

University of Notre Dame Religious Bulletin February 25, 1936.

GO TO CONFESSION TONIGHT! --Ashes distributed 12:30 for off-campus students.

Tonight!

Benediction and sermon at 7, and 7:30. Father O'Hara will preach. Go to Confession, at the latest, TONIGHT -- any time during the sermon, or during Benediction.

Tomorrow Morning!!

Distribution of ashes begins sharply at 7. Mass starts immediately after. Holy Communion will be distributed during Mass and afterwards. Do not come up for ashes after the priest begins to distribute Holy Communion. Confessions will be heard tomorrow morning beginning at 7:00. But the crowd is so large that it will be impossible to hear all Confessions Wednesday morning. GO TO CONFESSION TONIGHT! Breakfast, Wednesday morning, at 8:00. Classes begin at 9:00. Lenten adoration starts at 10:00.

Memento Homo:

"Remember man that thou art dust and into dust thou shalt return!" This is what the priest will say to you tomorrow morning when he imposes ashes upon your forehead in the sign of the cross.

The ceremony of Ash Wednesday is rich in history and in meaning.

In the early days, those Christians guilty of grave sin did not conveniently slip into the confessional and have it over with. They had to do public penance.

On Ash Wednesday morning the Bishop used to bless the hair shirt which public penitent: were to wear during the Forty Days of Lent. Then he sprinkled over them ashes left after the burning of palms which had been carried in the procession on the previous Palm Sunday.

While the faithful chanted the Seven Penitential Psalms, out of the church sadly marched the public penitents -- just as Adam had to leave Paradise after his sin.

Public penitents did not discard their penitential clothing, and they did not return to the church again, until the Thursday of Holy Week.

The Church would, on Ash Wednesday morning, call dramatically to your mind two important facts: that you are a sinner, and that you are going to die.

She hopes that you will make the obvious connection: "I must do penance against the day of my death."

She would have you spend this Lent as at your death you will wish you had spent it -at daily Mass and Holy Communion, at serious prayer, in the conscientious discharge of your duties, in acts of self-denial.

"Unless you do penance, you shall all likewise perish!"

Lenten Regulations At Notre Dame.

In virtue of a dispensation granted by the Most Reverend Bishop of Fort Wayne, the members of the faculty and community, the students, and the working people attached to the University, are dispensed from the fast and abstinence "provided they do the work they are supposed to do." Exception is made of Ash Wednosday, the morning of Holy Sat urday, and the Vigil of Christmas. This dispensation holds for those who live offcampus. No Catholic, however, is excused from the law of penance. PRAYERS: Ill, friend of Grand Rapids' students; Vincent Foretich, ex '36; two friends of Hal Millor (Cor.); uncle of Chuck Sweeney (Car.); Mr. Bernard Flynn, C.S.C, (Moreau Seminary); father of Fr. John Connolly, Boston archdiocese; Prof. C. J. Kline's mother