Mass Friday, p. 450. 2nd collect of Church or Pope, p. 661; 3rd St. Anicetus, p. 789. April 16, 1936 Ill, John Koenigshoff's mother.

University of Notre Dame Religious Bulletin

Daily working schedules (with valuable hints) are to be had at 117 Dillon Hall. Ill, Fr. Wenninger, C.S.C.

Three Time-Savers.

Would you like to accomplish more? You will do it, with God's help, by making more intelligent use of your time. Have you ever figured out the value of the time wasted in a university? Let us say that the average student wastes two hours a day, and that his hours are worth 50¢ each.

If the two foregoing assumptions are fair, 2700 students waste \$2700 a day, \$18,000 a week, \$75,000 a single month--of their parents' hard-earned money. Suppose you yourself waste, not two, but five, hours a day, 35 hours a week, 150 hours a month. Then you are squandering just \$75 a month of your parents' resources. And, by nullifying your own chances for development and success, you are doing far more costly damage to yourself.

Why do you waste time? There are three common causes, and they and their cures are pretty much the same whether you are studying in college or trying to make a living out in the world.

1. You probably lack the foresight to plan. You get up late in the morning in an indolent fog and start off the day, a couple of hours late, without any definite goal, without setting up for yourself definite ends to reach. You move through your classes in a passive, distracted haze. After they are over, you have only half-formed notions of what they are all about. You meet good old Jake or Herm on the way back from class and together you put on a big pow wow--about the girl, or that swanky night club, or Dad's new Zephyr. After a while, you amble up to your own corridor. A familiar door is open on your way down the hall. You drop in. More minutes go up in cigarette smoke. You finally get to your room. After nine or ten hours' sleep the night before, you are tired. Just a few minutes' rest, you reason, will make you fresh and ready. You succumb, and soon it's meal time.

You haven't studied, you haven't read, you haven't got exercise, you haven't got anything. To salve your conscience you put in an hour or so of desultory study before going to bed, and you call it a day. No wonder you accomplish little. If you looked ahead each morning and planned each day--and then forced yourself to hold to that plan -- you would avoid the first common source of wasting time. ledge of what is to be done during a day brings with it a sense of power and a sense of control over the day.

- 2. You probably have little or no method and order in your life. You scratch down a lot of meaningless notes while you are at class. You never recast them and, because they are almost unintelligible, you look at them only in desperation before exams. Your desk and your room are a mess. You have to plough through a jumbled heap every time you want a pencil or a textbook. You do that 20 times a day rather than put things in order and keep them that way. If you decided on an efficient system of note-taking, if you developed habits of tidiness in your work, you would know instantly where things are, and you would do twice the amount of work in half the time.
- 3. You are probably a victim of hesitation. You are always "just about" to make up your mind to do this or that; you find that beginnings are full of horror. And you don't begin. Numberless small duties por up and short-circuit the main course of your day. Take care of such personal impediments as shaving, dressing, bathing, every day at the same time, and you will reduce them to automatic control, to quick easy habits. Plan once in the morning and you won't have to make fifty tedious decisions later on during the day.

The Pamphlet Racks are \$587 in the red--and they're getting redder. We need 25 to 50 cents of post vacation money from each of you next Sunday. Come clean! PRAYERS: Ill, sister of Father O'Hara; Miss Stansbury's (Library) father.