Mass Friday of St. Mary Magdalen of Pazzi, p. 827. 3rd col. of B.V.M., p. 660.

## University of Notre Dame Religious Bullotin May 28, 1936

## All Notre Dame To Unite.

Father Matthew Walsh, former President of the University, and a captain in the World War, will be celebrant of the Field Mass on Memorial Day. After the Mass, gifted Professor Manion will deliver the address. The University Band and a color squad have their part in the impressive services. The Field Mass starts sharply at 9:00-at the Memorial Door, east entrance of the church. All students are urged to join together in this solemn and colorful tribute to Notre Dame men who, to secure peace, had laid down their lives in war!

## The Better And The Best.

"I maintain that if a fellow cannot go to Holy Communion at its normal place in the Mass, he shouldn't go to Communion at all. What do you think?"

Here is a gradation of values from which to choose: (1) not to go to Communion at all; (2) to go to Communion outside of Mass; (3) to go to Communion within the Mass.

If you can see the great difference between bringing Jesus Christ into your soul for a personal intimate visit, and not brining Him in at all; between having your soul flooded with Christ's light and strength, and being deprived of that light and strength, you should see the vast difference between going to Holy Communion outside of Mass, and not going at all.

You cannot too highly evaluate the Mass. It is Calvary re-presented in an unbloody manner. It is truly a God-Man sacrificing Himself for the human brothers whom He loves. No single action on earth compares with its dignity and worth. You shouldn't for a moment hesitate to allot one small half-hour of your day to offering Mass and to participating in it through Holy Communion. That is unquestionably what Christ and His Church would prefer you to do. That is why all year we have encouraged you to know and to love the Mass and to use the Missal.

But, mark this, you will not go on to a higher appreciation of the Mass by underestimating Holy Communion outside of the Mass. Christ certainly prefers that you unite with Him in the unspeakably precious moments of Holy Communion rather than pass Him up entirely. At daily Holy Communion outside of Mass He can gradually win you to a permanent friendship with Him that no mortal sin will ever break. He can instill into your mind the true meaning of sin and He can give you a fibrice hatred of it. He can supply you with the actual graces that He sees you will need throughout the day. He can even give you the grace of attending daily Mass.

By no means refrain from going to Holy Communion outside of Mass, simply because you can't or won't go to Mass. Don't lot anybody shake you from this teaching of the Church: two requirements are necessary for the worthy reception of Holy Communion. They are: freedom from mortal sin, and a right intention.

To receive every possible grace from Holy Communion you should diligently try to conquer habits of venial sin. You should strive to do your daily work conscientously. You should make an carnest proximate Proparation and Thanksgiving. Since four Lord is present with you after Holy Communion, under the sacramental species, for at least seven minutes, that much time, at least, you should give to your Thanksgiving. Try your best to go every day to Holy Communion during Mass. If you fail for any reason come over to Dillon Hall Chapel, from 6 to 12, and go to Holy Communion as piously as you can outside of Mass. And be sure that you will thus bring an abundance of Christ's tlessings into your life! FMAYLENS: (deceased) aunt of James Quinn (Corby). Ill, grandmother of Tim King (Alum); Sister Loola,C.S.C. Two special intentions.