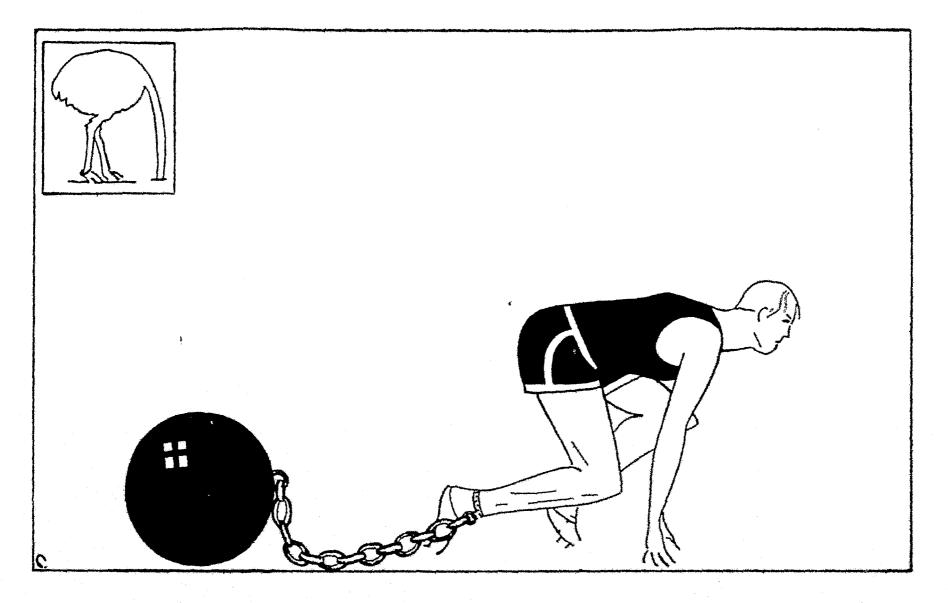
University of Notre Dame RELIGIOUS BULLETIN February 8, 1937

NO RUNNER CAN CARRY THIS HANDICAP



Egregious is the boy's name whom you see in the picture. His Pa's name is Blunder. "Greege" has the build, knows the form, but never seems to go places. Two words—"Impossible Handicap"—sum up his failures.

Don't bury your head from this important fact: you're in the race of races for the salvation of your soul.

Are you impossibly handicapped? Are you chained to the heavy ball of mortal sin? Is your chain an affection, an occasion, lust, or pride? Is it mere cowardice?

Lent starts Wednesday. And Lent is the time of times to break cleanly with sin and with tendencies to sin. You want an effective program?

1. Get up and go devoutly to Mass and to Holy Communion every morning. Getting up isn't easy. If it were it wouldn't be a penance. Don't because of laziness or stupidity pass up daily Mass. It is the supreme means of repairing the past, of insuring the future.

2. Spend eight hours a day in your classes and at your books. That's only a reasonable day's work which you owe to your parents and to yourself. You're no longer a child. You're not a social parasite.

3. If, in your own sober judgment, any thing (magazine, newspaper, show, drinking, loafing), or any body has been or may be an occasion of sin, deny yourself the thing or the companion that threatens you. That's only good sense.

4. Every week during Lent get in some heart-to-heart half-hours with your Eucharistic God. In the secret silences of Adoration you will find the consolations of prayer.

Stick to this simple, basic program for all Forty Days. Add other features, if you like, on the advice of your confessor. After this Lent be sure at least that no attachment to mortal sin holds you helpless in the very lane that leads to God.

Go if necessary to confession tonight. There may be no time Wednesday morning.

PRAYERS: (deceased) Jack Doyle's (Cav.) grandmother: Rev. Michael J. Earls, S.J.; Sister Marie; Charles Hankerd; brother of William Dorsey (Dill.); grandfather of Roy (Alumni) and Lloyd (Cav.) Barron; sister of Dom. Favero (Carr.); uncle of Al. Grimm (Dill.). Ill: Father of Ed (Alumni) and Tom (Lyons) Reardon; Howard Anderson's (Fr.) mother; Gordon Le Beau's (Br.) mother; Peter Tofuri, cousin of Pat Tofuri; George Belting, '34; sister of H. Barnhart, '23; Tom Hogan's (Morr.) uncle; Bill Fallon's (Sor.) father; Robt. McKenzie's (Old Infir.) nephew; Fred Snite, '33; Bill McNamara (How.), appendectomy; Walter Sullivan (Br.); Frank Toyne; Tom Schreiner (Morr.); Fathers Gorman, Hamel, DeGroote, and W. Carey.