## MAY DEVOTIONS THIS WEEK POSTPONED FROM WEDNESDAY TO FRIDAY NIGHT.

## University of Notre Dame Religious Bulletin May 4, 1937.

How To Become A Notre Dame Man.

There is a way of becoming a special kind of Notre Dame man.

The way comprises two steps: first, to make an act of consecration to Mary (this you should renew every day of your life); and, step two, to assume an habitual attitude of living and acting always in entire dependence on Mary.

To make the first step emphatic, go to the Grotto alone. Kneel down there on the bench before the statue of Our Blessed Lady, and say these words from your heart:

My Queen, my Mother, I give myself entirely to thee, and to show my devotion I consecrate to thee this day all that I am and possess without reserve. Wherefore, good Mother, since I am thine own, keep me, guard me as thy property and possession.

Make up your mind as you kneel there at the Grotto that you will repeat this consecration every morning of your life.

#### What It Means.

This consecration is an act of genuine love, for love consists in <u>giving</u>, and you thus give to Mary unreservedly all that you are and possess. custodian of everything you have; and, in return, you trust her to take care of you and yours.

Naturally, you glorify God and you show great honor to Mary whose chief interest is to help you fulfill God's will.

You take an important step toward securing the salvation of your own soul. Since you grant to Mary your person and your goods, she becomes your special ambassador in Heaven, obtaining the graces necessary to safeguard you, and adding to your prayers and sacrifices her superabundant merits and satisfactions and her powerful intercession with God.

If you make this act of consecration daily, and try hard to live in its spirit, you certainly will be a Notre Dame man in the most admirable sense of the word.

# From The Imitation of Christ.

Keep a good conscience and you shall always have gladness.

Take it not to heart if some think ill of thee and say of thee what thou dost not gladly hear. Thou oughtest to think worse things of thyself and to believe that no one is weaker than thyself.

You hand over to her the custody of your senses, pledging not to employ them except in accordance with her good pleasure.

You deed to her the faculties of your soul, dedicating them through Mery's goodness to the service of God and renouncing every use of them that might compromise your sanctification.

You place in Mary's hands your spiritual treasures, asking her to dispose of them in the best possible way.

### Fruits of Consecration.

In truth it is not deep talk that make a man holy and just; but a virtuous life that makes him dear to God.

To many this seems a hard saying, Deny thyself, take up thy cross and follow Jesus. But much harder will it be to hear that last word, Depart from me, ye cursed, into everlasting fire.

In judging others a man labors in vain, often errs and easily sins. But in judging and looking into himself he always labors with fruit.

It is great wisdom not to be rash in what we have to do; nor to maintain too obstinately our own opinion.

By a conscious act you make Mary the PRAYERS: (deceased) grandmother of Phil Donahue (old-inf.); friend of Bill O'Toole; friend of L. Larkin. Ill, Edward Grimes (How.); friend of Ned Joyce (Dil.); wife of General Hartord (critically ill); the Degman family. Three thanksgivings.