

Mussolini's Personal Rules.

You may not like Mussolini, but you cannot help admire his spirit of work. Daily he puts in from 12 to 14 hours at highly responsible duties. Besides, he reads 70 books a year, and bears in his mind and body the unremitting strain of a nation's dictator. Yet he has been ill only once within the last 12 years.



How does he do it? What are his personal rules? Rule 1: he eats lightly and is almost exclusively a vegetarian. Rule 2: he doesn't smoke and he refrains from all forms of alcohol excepting "a little wine at official dinners." Rule 3: he exercises from 30 to 45 minutes every day of his busy life. Rule 4: he sleeps regularly between 11 at night and 7 in the morning.

Some of you will work 10 or 12 hours a day preparing for examinations. You will seem fagged after a few days; yet most of you are 30 years younger than Mussolini.

Suppose you consider again the wisdom of Mussolini's four rules.

What Put The Pamphlet Racks In Debt?

Simple. Just from memory, the distribution--of 35,000 pamphlets ranging in price from 5 to 15¢ apiece; of some 3000 chains and scapular medals at 7¢ each; of hundreds of paper-covered books costing from 25 to 45¢ each; of hundreds of rosaries, crucifixes, medals, St. Joseph's cords, Sacred Heart badges; besides, the building up of your permanent private library of religious books now totaling about 250.

Since 1930 the pamphlet racks have been operated on an everything-free basis. They should continue that way and yet be self-supporting. Everything is bought at the lowest possible wholesale prices; nobody is stealing or grafting.

In spite of numerous appeals in the church the pamphlet racks are still more than \$550 in debt. Each Sunday's collection (for the last four Sundays) has hardly taken care of current expenses for leaflet missals and Sunday Visitors.

Two more Sundays remain. If you feel that you owe financial assistance to the pamphlet racks, shell out. If not, keep your nickels and dimes for the movies.

For General Confessions.

Any senior (or any other student, for that matter) may make a general confession to his regular confessor at night prayer. It will be a courtesy if you wait until the others have been heard. Please do not take up time during the Masses on Sunday morning to make a general confession. Any night, immediately after supper, in either the Dillon or Basement Chapel, you have another opportunity for making a general confession.

If these facilities are not sufficient, let us know and we shall arrange others.

Tomorrow Is Trinity Sunday.

Last day for making Easter Duty. Pray for recusants throughout the world.

PRAYERS: (111) grandparents of John Ference (Mor.); Mrs. Hudgel. 1 special intention.