University of Notre Dama Religious Bulletin January 20, 1938

Muscla Bound and Charley Horse.

A psychologist stated recently in the newspapers that man's brain is composed entirely and exclusively of muscles. Such a theory helps to clear up many instances of incorrect collegiate diagnosis. Take the student who is libelously alleged to have no brains simply because he never gives evidence of thinking. The trouble with the boy, in the light of the late scientific announcement, is only that he is mentally muscle bound. Then take the student handicapped by the consequences of excessive pounding of the pillow. Such a one has been variously maligned, whereas all that he really suffers from is cerebral charley horse.

You must accordingly interpret this dialogue:

Muscle Bound to Charley Horse: "Charley, my boy, I think praying for exams is foolish. I'll crack them, (pointing to his cranium) by what's up here."

Charley Horse agrees, "Sure, Muscle, prayer can't help; and if I want to convert any of my friends, I can pull some arguments, (also pointing to the cranium) out of what's up here."

Then Muscle Bound and Cherley Horse go into a huddle against prayer for exams and for the conversion of their non-Catholic friends.

Voice off stage:

"Listen, Muscle and Charley, answer this question if it isn't too great a strain. Do you believe in the efficacy of prayer and of the Sacraments? Reply 'yes' or 'no', with no 'buts' or 'ifs'.

If the answer is yes, then even if you are a lame brain, all the more you should pray for your exams and for non-Catholics. Get in at least on the end of the Novena and of the Octave for conversions.

If the answer is no, then enter your own name in the Church Unity Octave as a webbly Catholic."

Culture.

You who seek culture should remember that the heart of culture is the culture of the heart, the soul of culture is the culture of the soul. Christ was the first Christian gentleman. The development of the spiritual life, which is the development of the heart and soul, is really a science. The spiritual life will be healthy and vigorous insofar as it is motivated by a true understanding of the nature of man as created, fallen and redeemed.

A course entitled, "The Spiritual Life", to be taught by Father R. Woodward, C.S.C., on Tuesday, Thursday, and Saturday at 11 o'clock, has been added to the curriculum for the second semester. This is an elective course for juniors, seniors, and graduate students, and may be taken for credit in the Department of Philosophy.

A second section may be taught at a different time if a sufficient number of students desire. Those interested in a second section should see Father Woodward, C.S.C., at 6:45 this evening, (Thursday) at his room, 355 Alumni Hall.

PRAYERS: (deceased) father of John H. Frield '33; Brother Vitel C.S.C.; Sister Mary Ignatius O'Halloran (Sisters of Saint Joseph); Fr. F. O'Reilly. Ill, grandfather of Bill Carbine (Zahm); Brother Columbill C.S.G. Five special intentions.