

"Without Me you can do nothing." - "Come to Me and I will refresh you."

University of Notre Dame
Religious Bulletin
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Grotto singing.....May
Adoration...Novena for
Mother.....PENTECOST.

More About Scruples...

The cure for scruples is not so much to settle this particular ache as to re-adjust the scrupulous person's critical sense. For the present he is unable to judge situations as well as he should.

Is this all right for me to do or should I refrain from action? Did I consent or did I not? Did I make this matter quite clear in confession or did I not?

To the scrupulous mind, these are major problems. They cause indescribable unrest. They form a vicious, unending circle of doubts and quarrels with self. They are no sooner settled than the mind is again unsettled. "I shouldn't have settled it that way." The process begins again. Then: "Now I'm doing wrong because I was told not to go over the matter again." It is always again and again and again.....futilely...

....until the scrupulous person begins to obey his director....follows the rule his director lays down....judges reality as he is told to judge it.....judges that way, in obedience, until finally, on his own, he judges that way himself. Then perspective has been attained and this gnawing sickness is done.

If one is satisfied with merely settling the problem of the moment without correcting the faculty of judging rightly, he postpones his cure. For, though the moment's problem is solved, another almost immediately bobs up to take its place. Then another, another, another. ----- If you are scrupulous, pick a director and learn to obey him.

One Hundred & Fifty Thoughts
On The Virgin Mary...

During May, as in October (Month of the Rosary), Catholics are accustomed to tell their beads more than usual. ---- Do you find it difficult to keep your mind on the mysteries? ---- THOUGHTS ON THE MYSTERIES OF THE ROSARY, distributed by the Maryhurst Press, Kirkwood, Missouri (5¢), is a real help. A thought for every bead.

Through Hundred Gates.

In a sense every convert comes into the Church his own way, through the gate of his particular problem, through the gate of the solution offered by the Roman Catholic Church to that particular problem.

THROUGH HUNDRED GATES is a compilation of forty-one notable conversions including Mr. John Moody who is a trustee of the University of Notre Dame and Knute Rockne and G. K. Chesterton and Shane Leslie, all of whom have been associated with your campus.

The chapter titles should attract any inquiring non-Catholic who has serious doubts about his present position: "Not for Mental Cowards" * "As A Little Child" * "My Catholic Neighbor." * "Practical Failure of Anglicanism." * "Unadulterated Catholicism." * "Kicking Against the Goad." * "Romance, Lunacy, or What?" * "A Refugee Finds A Haven." * "Correct Bible Reading." * "Through Lovers' Lane." "In The Grip of God." * and, "Light from Above." ---- It is a Bruce publication, Milwaukee. Available in the Dillon Library. ---- Tomorrow: concerning THE LETTERS OF FR. PAGE.

General Confession.

Have you been putting off your reconciliation with CHRIST by avoiding "the box?" Are you a senior about to step into the most dependent and independent circumstances your life will ever encompass? Are you about to become a religious, a priest, a spouse in Christian marriage? ---- Are you one of the very few who has not yet fulfilled the Easter Duty? ---- Does the past keep haunting you? ---- Are you perchance proud?