University of Notre Dame Religious Bulletin September 21, 1940

Preparedness.

Sard mini page sand with

"Before graduation, you may have to fight for your country; but, come war or peace, you must fight daily for your soul. The weakling in modern warfare hasn't a chance against the enemy of his country or the enemy of his soul.

"This year -- PREPARE. Take the offensive; harden yourself morally, intellectually, physically. Bring into your life self-discipline, denial -- denial even of lawful pleasures. Become a soldier of Christ. Pick up your cross. Want to do hard things for the love of Christ. Then you'll be the man He wants you to be.

"Come war or peace, you will go forth better prepared to serve your country, best prepared to serve Christ your King."

Some of you read that on your Eucharistic Calendar and yawned, the typical reaction of a sophomore or of a bored senior. The rest of you, though, may sometimes wonder and ask yourselves: "Now take that Eucharistic Calendar. Isn't N. D. a little old-fashioned? It stresses religion so much. It stresses character development, discipline, rules and all that. It hampers our freedom in so many ways. It makes me mad sometimes! Who is scientific about these things, Notre Dame or the secular universities? I wouldn't mind the system if I knew we were right."

Is the N. D. System Scientific?

"Yes," answers by inference Dr. Alexis Carrel, one of the world's most prominent scientists in <u>The Reader's Digest</u> of September. Head for 33 years of biological research at Rockefeller Institute, recipient of many scientific awards (including the Nordhoff-Jung Medal, and the Nobel Prize), he discusses these very things in his article, "Work in the Laboratory of Your Private Life". The <u>Reader's Digest</u> says he, after his war work in his native France, has "first-hand knowledge of what can happen to an easy-going people lacking in self-discipline." He sounds this warning:

"Everything has been too easy for most of us. All life has aspired to the condition of an English week-end -- a Thursday-to-Monday holiday of minimum effort and maximum pleasure. Amusement has been our national cry; 'a good time' our chief concern. The perfect life, as viewed by the average youth or adult is a round of ease or entertainment, of motion pictures, radio programs, parties, alcoholic and sexual excesses.

"This indolent and undisciplined way of life has sapped our individual vigor, imperiled our democratic form of government. <u>Our race pitifully</u> needs.new.supplies of discipline, morality and intelligence."

Prenare!

During the coming weeks the <u>Bulletin</u> will quote parts of this excellent article. Dr. Carrel ends on this solemn note:

"If we do not now impose discipline upon ourselves and upon our children, there are others -- crueler and more tyrannical -- who some day will!"

Notre Dame has been trying and will try to do its part for you; for your soul, your temporal life and eternal life. Will you do your part? Read your Eucharistic Calendar again, and prepare; prepare not for the sake of Notre Dame, not for the sake of your parents, not even for your own sake, but for the sake of Him Who died for you.

Prayers: Ill, son of G. A. Farabaugh; Deceased, friend of Bob Stack (Sorin).