Draftees: Register first with Christ at

University of Notre Dame Religious Bulletin October 14, 1940

Mass and Communion at 8:30 Mass, Wednesday.

## Confessions

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On Monday morning of the First Mission you heard some good rules to be followed in confession. Follow these rules and you eliminate questions otherwise necessary. At-tention to these rules while waiting in line saves time-consuming questions and shows thoughtful preparation.

1. Give, as nearly as possible, the number of mortal sins. As to venial sins, telling the number is optional.

2. Distinguish between mortal and venial sins, particularly in regard to any possible impure thoughts. Don't just say, "I had some impure thoughts." For all that implies, you may still be a saint. <u>They have "impure thoughts"</u>, which can be merely temptations. The phrase, "impure thoughts", doesn't distinguish whether they are mortally sinful or not. They are mortal if left deliberately in the mind after your conscience has warned you of their presence. Hence, if you want to include also those that were merely temptations, say simply, "I had some impure thoughts, but banished all except \_\_\_\_\_ " (and give the proper number of those not rejected).

3. At the conclusion, if only venial sins have been confessed, include some sin of your past life, previously confessed, for which you are heartily sorry. This is to make sure that there is sorrow sufficient for the Sacrament. Thus, "I'm sorry for these and all the sins of my past life, especially those against the \_\_\_\_\_ Commandment, or the virtue of \_\_\_\_\_"

4. If you wish any particular help, simply say to the priest, "Can you give me any advice on the practice of this or that virtue, or how to avoid this or that sin?"

Not part of these rules, but important to remember is this: Say, or perform, the penance assigned as soon as you can, lest you forget it. It is not necessary, though, that you perform it before you receive Communion.

## Lest You Forget --

Dillon, particularly. That there is a Crusade of Prayer for Peace. On Saturday, Mary's Day, too, out of 265 residents, 60 received Communion at Mass. Later, 12 more at Dillon Chapel before noon. Knees are needed more than arms to end this World War.

Alumni. That the Crusade for Peace includes Mass and Communion; the Rosary at the

Grotto or at Adoration; and morning and night prayer. Almost two-thirds of the 212 Alumni-ites attended Mass Saturday, but only 69 received Communion.

<u>Malsh</u>. That it is only natural that a senior hall should lead the way in restoring the traditional Mary's Day Mass, as on last Saturday when a full house attended, and 82 received Communion. Gentlemen never let their friends — or their Mother — down.

Sorin. That this Wednesday, besides being Draft Registration Day, is also a day assigned for your Novena for Work. On the previous Novena-for-Work day, two-thirds attended Mass, 74 received Communion. Fine; but remember, no peace, no work.

The Whole Campus. That Wednesday, Draft Registration Day, is a day of prayer for all N. D. For those registering, self-interest says "Pray"; of those under-age, gratitude to God and charity to your older brothers dowand it.

Mednesday's<br/>ProgramMass, Sacred Heart Church<br/>Hall Masses8:30<br/>7:30Communion and Confession, How-<br/>ard and Cavanaugh until 10:00,<br/>Dill., How,, Cav. ChapelsMass7:30ard and Cavanaugh until 10:00,<br/>Dillon until noon,

PRAYERS: Deceased, Father of Horace McDonnell (Dil.); Grandmother of Jack Brown, (St.Ed.); Grandmother of Walter Minder (Dil.). Ill, Father of Joe Cummings, '40; Friend of John McHale (Bad.); Cousin of Don Peterson, (How.). 4 Spec. Intentions.