Ill, aunt of Jack Joyce; Mrs. Mary Ridge; fr. of Jack Woelfle; father... University of Notre Dame Religious Bulletin October 22, 1940 ... of H. Hofstetter (Bro.); mother of J. Sullivan (Car.); brother of Paul Bell (Bro.).

Masses for Fred Aselage.

Masses requested by the Freshmen in Carroll and also Brownson Hall have been arranged as follows: In Brownson (Basement) Chapel, 6:00 Mass, Main Altar, Tuesday to Friday inclusive; 6:20 Mass, Side Altar (Bristle side), Monday to Wednesday inclusive of next week; Cavanaugh Chapel, 7:25 this Wednesday, Thursday and Friday, the latter being a High Mass with the student choir singing.

Father O'Donnell, President, now having returned, wishes to sing a High Mass at 6:25 on Saturday in Sorin Hall, residence of John, brother of the deceased student.

For the Next One of Us to Die.

For "The next one of us to die" there should be built up now a treasury consisting of Masses and Communions. On Thursday the Prefects of Religion will offer Mass for that intention. The prudent and thoughtful student will attend Mass and receive Communion on that day in his hall chapel for the same intention.

Be generous, you may be praying for yourself. Get your friend down. He may be praying for you.

Don't Worry!

Students are great worriers, despite an attitude of apparent composure and cock-sureness. Some, of course, just worry whether to lie in bed all morning or to get up early so they'll have a longer day to loaf. Some, however, do worry unnecessarily.

Generally, the age of adolescence itself brings worry, uncertainty. Dr. Allers in his "Character Education in Adolescence" discussing youth, says:

"(There) arises the longing for independence, the tendency for self-assertion, the unwillingness to listen to advice and the repugnance to blind obedience.

"They (adolescents) are willing, inclined to work, friendly, tractable, as long as the turmotl in their interior subsides a little, but they become aggressive, lary, shut up within themselves whenever the uncertainty becomes more pronounced."

Many students have found the cure for this worry and uncertainty at the very source of peace and confidence - Christ in the Eucharist. Seniors have said this in the pamphlet, "Frequent Communion for Seniors":

"I have missed one day this year, and that day was certainly lost. Holy Communion has made me more numble and courageous and has regulated my life."

"A new outlook on life and a better ability to resist temptations have been mine through frequent Communion."

Coming Ivents.

- 1. Instruction on the use of the <u>daily</u> missal will be given in Dillon, Howard and Cavanauch Chanels on Thursday evening at 6:30 to 6:50.
- There will be a retreat given over the week-end for the Catholic Action group and any other student who may be interested. This retreat will consist of a conference Saturday evening. On Sunday there will be a Mass and two conferences. PRAYURS: (deceased) mother of David Hondrief (U.); father of J. (How.) and uncle of S. (W.) and J. (S.) Ferry; friend of J. Murray (Al.). Ill, friend of W. Rogers; sister of J. Mulcrone; relative of F. Hopkins (Al.). Six special intentions.