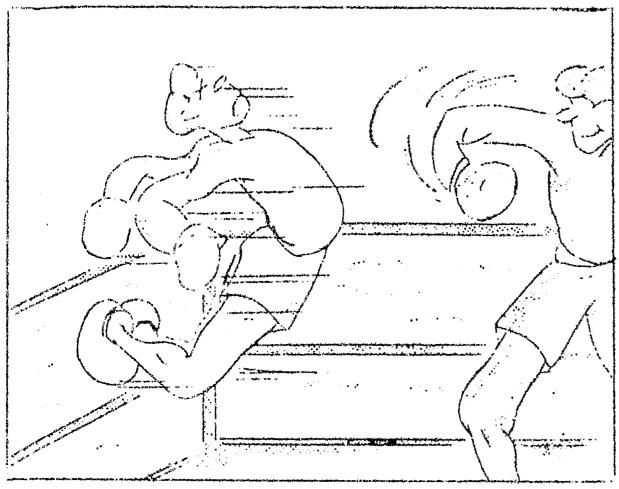
Another good sermon at Benediction, 7 & 7:30. Confession tonight. Get



University of Notre Dame Religious Bulletin February 24, 1941

Wham.

set for Ash Wed, 7 A. M. at Main Church. (Bishop O'Hara may be here tonight).

Did you see the <u>Schelastic</u>'s schedule of training for the Bengal-Pouters? No one can enter unless he trains and trains hard, otherwise he'll be a washout and perhaps get hurt. They train every day for six long weeks to throw leather for 6 minutes -- 3 rounds of 2 minutes each -- against one opponent at a time.

I Hate Lent.

Sure you do. We all do when we just look at the tough side of it and not at the goal. That's lazy old human nature kicking. But the Bengal Bouters willingly train 6 weeks or more to develop stamina, ability to "take it", good wind and punch, to coordi-

nate and discipline muscles so they will obey the mind and the will instantly -- for victory's sake.

Our Mother Church, taking her tip from Christ, trains us for a life-long, everyday battle against three boys who are in the ring all at the same time against us -- the world, the flesh and the devil -- and each one is a tough baby. One, the flesh, inside our very selves, is taking cracks at us from close up all the time. Now, the purposes of Lent are much the same as B. B. training; to strengthen and prepare us for a fight. Usually we come up to Lent out of condition, flabby and over-weight. Lenten penance puts us back into fighting trim.

First purpose of Penance. You have lodged in your soul a faculty that can counterbalance all weaknesses, a power which Hell itself cannot break. That is your will. Despots may shackle and bind and imprison, and torture with flame and sword; but they cannot change your "No" into "Yes", unless you will it. Your will is weak? It became weak through self-indulgence; it will grow strong through self-denial. The strengthening of your will is the first purpose of penance.

Second purpose of Penance. God gave men eyes that they may see the beauties in the heavens and earth, that they may delight in comeliness and in the nuble countenance. He did not want men to gaze with wanton pleasure upon beauty perverted, upon depravity in picture or in word. Man's tongue can chant the glories of his Maker, can extol noble character and inculcate truth and purity and justice; it can make companions merry. But it can also swear and blaspheme; it can desecrate and scald with bitterness. The sense of touch, delicately poised in every part of man's body, can betray him into the vilest sins. Memory can take him back swiftly to innocent joys and loving faces, but it can carry him over sinful scenes of years gone by. His intellect can draw him close to God's white throne, or plunge him to depths farthest from the Diety. All human faculties need control and careful regulation. The second purpose of penance is to discipline the lower faculties and to restore them to the noble use of man.

Third purpose of Penance. Sin makes each man strike his breat and cry out. "O God, be merciful to me, a sinner!" All men are by sin self-docmed to atchement. Penance is the coin of ransom for the soul captive to sin. Atonement is the third (and highost) purpose of penance. The Mass is the greatest means of atonement. PHAYERS. Deceased: Uncle of Doug Macdonald (Dil); Father of Pob Fox (Bro); Grandmother of Oscar Kastons (Al); Mr. & Mrs. Summers; Mother Mary Medulpha Ebner (S.N.D.); Ill: Father of Rev. R. Norris, C.S.C.; Sister of Andy Chlebech (St. Ed's). 4 Sp. I.