### University of Notre Dame Religious Bulletin January 17, 1942

### Why Hesitate?

Some are hesitant about praying now for exams, after considerable absence from the Sacraments. Don't worry about the inconsistency of appealing to God now in your need when you have neglected Him for months. That is straining out a gnat when you are swallowing a camel. Your much greater inconsistency is in your remaining at Notre Dame and rejecting the purpose of her existence — the training of Christian character through the Sacraments of the Catholic Church.

If the impulse comes to return to Gra now, follow it - and then remain faithful to God. The fear of a flunk is an external grace.

#### What You Miss.

"I am come that they may have life and life more abundantly," said Jesus, meaning the supernatural life, over and above the mere natural life by which we exist, grow, eat, sleep, think and will: the supernatural life which gives us the life of grace, makes us sons of God by adoption, participants in divine nature, in the very life of God, and being sons, then heirs of Heaven.

God was not content with merely tendering this new life once, but gave us means to regain it by Penance if lost. In this life He gave us the means also to increase that life unceasingly by the Sacraments.

All the Sacraments are ordained to that end of increasing the divine life within us, but one Sacrament is beyond all comparison in that regard. The Eucharist surrenders to us, places at our unqualified and single use the very Author of grace, the humanity and divinity of Jesus Christ, God and Man.

In that Sacrament, in each consecrated Host, He is wholly present, all His divinity, all His graces, virtues and strength - FCR YCU! - and daily.

# "I Got Up Late".

That is often the excuse given for missing Communion. But to cover just such a contingency the University, knowing the immense value of daily Communion for you, provides:

- 1. Late Masses daily at 7:10 in Dillon and Cavanaugh; 7:20 in Howard. They are out in time for a bit of breakfast and 5:00 o'clock class.
- 2. Communion (confessions also heard) until 9:00 in Howard and Cavanaugh, until noon in Dillon.

Communion within the Mass is, of course, the ideal, but if you do miss Mass, there is no reason for missing Communion and refusing the tremendous graces that can be earned to develop purity, honesty, self-control, courage and peace of heart.

"I got up late." You'll have to give some other reason on Judgment Day for graces refused: and among the other excuses neither laziness nor sin rate highly.

# Sunday Masses.

The Masses start promptly and only spiritual yakels will come strolling in late. If measures are taken to prevent this disrespect you have only yourself to blame. Notre Dame would rather earn your displeasure than God's for allowing this abuse by some.

Some could not get to confession during last Sunday's Masses. During the week, there are 25 to 30 priests hearing at night and morning prayers, in Dillon, Howard and Cavanaugh chapels all evening, including Saturday evening. Don't wait for Sunday.