

Benediction tonight at
5:00. Confessions to-
night. Daily Mass.

University of Notre Dame
Religious Bulletin
February 19, 1942

Stations in Main Church
Fri. at 7:00 for Bro. and
Car. Others may attend.

He Was Seventy, And Mustached...

...but that did not stop the old gentleman from vesting himself in cassock and surplice when he made his adoration before the Blessed Sacrament. During the Laymen's Retreat held at Notre Dame every summer, university graduates, business-men, factory workers, fathers and grandfathers take their places before Christ on the altar during Exposition. The layman of threescore and ten was seen in that group of adorers not many summers ago. He did not blush when he passed in his black and white uniform. He, like the other retreatants, was proud of his privilege to kneel within the sanctuary rail.

Wear the Cassock and Surplice.

Don't fear to wear the insignia of a special adorer of your God and Savior at Adoration. Your pals may kid you. Why worry? Beneath their joking there is great admiration for your desire to manifest your love of Christ. They want to follow your example - and they will, in a few days, when Mass and Holy Communion enkindle within them the necessary courage.

Keep at It.

A student was once asked: "When may a sick Catholic be anointed a second time?" He replied: "When the oil of the first anointing has worn off."

Every trace of the ashes you received yesterday morning may be erased from your forehead. That does not mean you can put off your penitential spirit and give up watching your tongue, your thoughts, or give up Mass in the morning. You have just started. Take one day at a time and the burden won't look so heavy. Don't forget that everyday you get better, and the better you are the easier the practice of penance and virtue becomes.

What Did You Do Friday Nights?

Before you came to Notre Dame, what did you do on the Friday nights of Lent? Most likely drove to church with mother and dad to attend the Way of the Cross. Your program need not change this Lent merely because the family is not present. Be sure you make the Way of the Cross at least once a week, in private or with the other members of the hall. Don't think you will be the only one around here walking in meditation from station to station. Visit your hall chapel any night. You will find others there before you.

How to Make the Stations of the Cross.

1. Meditate for a half-minute or so at each of the fourteen stations. Look at the picture or the carving and holy thoughts and prayers will come. Meditation on the sufferings of Christ will transform you.
2. You need not: use a book of any kind, nor a Rosary, nor say formal prayers before or after (even to gain the indulgence), nor genuflect when you approach each station, nor kneel during your meditation.

Just make a short meditation at each station. You can make the Stations fruitfully and with devotion in less than fifteen minutes. Make them before you go to bed.

PRAYERS: (Deceased) Charles J. Kintz, ex '25; father of Art Murphy (Bro); friend of Bob Falenchar (How); aunt of John and Don Stack, '41; Mrs. Andre McEntee; Father Harry Deegan, C.M.; Rev. Michael Ryan '95 (Macomb, Illinois). (Ill) gen. P. Fleming, former West Point Athletic Director, very ill instead of deceased as reported; mother of Tom Rolfs (Ly). Eight special intentions.