

Benediction tonight:  
6:30 and 7:00

University of Notre Dame  
Religious Bulletin  
February 5, 1943

### The V-7 Men.

Help the 1200 trainees get acquainted with the campus. When you observe a seaman in need, use your initiative and offer your services. Don't wait to be asked. During their liberty in the afternoon, many of the new men are walking about the campus sight-seeing. They will appreciate knowing the places of interest. If you should have a few minutes, go along with them. Make all of them feel at home.

There are Catholic men in this group. They may not have seen the Church announcements on the bulletin boards of their halls, so tell them the time of Sunday Masses, and about the facilities offered in Dillon hall. They are welcome at all the Benedictions.

Point out Dillon Hall to the Catholics, and if you are near the hall, show them the Dillon Chapel. Explain the buzzer service. They should also know that the Afternoon Mass and Holy Communion schedule was resumed today and will continue throughout the four months period of training. Dillon Hall, 4:45 p.m., daily except Saturday and Sunday. Confessions are heard during the Mass.

### Be More Thoughtful.

You are not a hermit. You are living with 2400 other men, and therefore you are expected to practice the social virtues, particularly consideration for others. Our Blessed Lord never saw a radio, nor heard one, but when he said "Love your neighbor as yourself" he was fully conscious that radios would be affected by His injunction. It's love of your neighbor to moderate the volume of your radio. Don't wait to be told your music box is disturbing the entire corridor.

### Leave It In The Confessional - That Worry.

Get rid of it. It's making you mean. It's taking your mind away from your studies. It's distracting you from your work in the classroom. Take your difficulty to a priest, in the confessional if you wish, and get the matter settled tonight. Confessions will be heard in the church tonight during Benediction, and afterwards in Dillon, Cavanaugh and Zahm.

### Waiters!

There is opportunity for you to receive Holy Communion before you report for early morning work. You can receive Holy Communion in Dillon Chapel at 6:00 before the Mass. Walk up to the rail when Father leaves the sacristy so that he will know that you want to receive.

You need Holy Communion. Our Blessed Lord wants to help you overcome your faults and to guide and support you in the practice of all the virtues. You will have a better day, if you start it at the Communion rail. With a little effort and perhaps a denial of ten minutes of morning sleep you can make it. The Mass in the Basement Chapel starts at 6:00. In case you are an early riser, there is a Mass at 5:25 in the Basement, behind the main altar.

### Avoid the Rush

If you have just received Holy Communion towards the end of Mass, this is no mere counsel; it's an obligation. You must make a proper thanksgiving after receiving Our Lord. You can sin by disrespect. A sincere thanksgiving may bring you a grace that has been withheld for years. Wait and pray.

PRAYERS: (deceased) mother of Father Henry Bolger, C.S.C.; grandfather of Jim Favret (Cav) father of Harry McKnight (Al). (Ill) Jim Roorda (Z)- operation St. Jos. Hospital, Brother Raphael, C.S.C., mother of Don Birren, brother of Father Hudson, C.S.C., One Special Intention.