Make a good confession before you leave. Get rid of worry.

University of Notre Dame Religious Bulletin February 16, 1943

Masses in Cav. at 7:10 and in Dillon at 7:20. Communion in Dil. til 12.

With The Service Men.

What A Notre Dame Man Wants:

Set. Charles McCauslin a freshman of last year writes from Northern Africa:

"Remember me in a Mass once in a while, because the praying that has been done for me and for the fellows that are with me has really helped plenty. Father, there must have been a screen of Guardian Angels around us."

What A Notre Dame Man Is Doing:

The air mail brings a letter from <u>Ray Geiger</u> of the Class of 133. Ray is in the armed forces. The letter was written in Australia.

"I have been able to start a nocturnal adoration society here in Australia similar to that which I organized in the Archdiocese of Newark, and tho the men we draw from are less in number, nevertheless, we have a really active group of army and civilians who reside in this area.

"We have received a good bit of publicity at home through newspaper articles, sermons and have received greetings and blessings from Archbishops Walsh of Newark and Spellman of New York and the Apostolic Delegate to the United States. Bishop O'Hara is very pleased and I'm glad it is working out so nicely."

What Can Be Done!

Captain William A. Maguire, ranking chaplain in the Navy tells this story about a Catholic sailor in his book "Rig for the Church". Macmillan Co.

"I have made many lasting friendships among the Navy's enlisted men, and I have found saints among them whose spirituality, under the circumstances, was amazing.

On board the ship California in 1939, there was a sailor who wanted to become a Trappist monk. "I went aboard the California with Frank (the chaplain) and met the man in the chaplain's room. The sailor said he had aspired for a long time to the holy life of a cloistered monk. He had become a vegetarian and abstained from other items of a sailor's usual diet to find out whether or not he was equal to it. He had trained himself to wake up in his hammock in the middle of the night and recite his Rosary. But he did not have the appearance of an ascetic; in fact, he had all the ear-marks of a typical machinist's mate - rugged, rough and ready. The young man is now in a Trappist monastery in Kentucky."

The service men are asking for your prayers. They are praying for themselves and they ask you to join them. You are not asked to make adoration during the night nor say your Rosary in the midst of your rest period. It was suggested to you yesterday that you spend at least ten minutes every day before the Blessed Sacrament besides assisting at Mass and Communion. Too difficult? Not for real charity.

PRAYERS: (deceased) Dr. A. H. Giannini; father of Francis Ahern (Dil). (<u>Ill</u>) friend of John Anhut (Al) -missing in action; aunt of Larry Carr; Sgt. Smith-prisoner in China; brother of Bob Snee (B-P) -wounded in camp; mother of Don Birren (Sor) serious