In hospital: Prof. Joseph Ryan, operation. appendectomy.

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Confessionals overcrowded on Sundays. Go during the week.

"From the Sunday Catholic, O Lord, Deliver Us."

The "Sunday Catholic" is the baptised individual who writes "Catholic" when he states his religious affiliation on questionnaires and documents and then lives a life contrary to what he professes. For this person the "Ite Missa est", "Go, it is ended", spoken by the priest to the congregation at the end of Mass is interpreted as, "Go, this is the end of your service of God until next Sunday".

At Mass one makes promises to God to serve Him faithfully every moment of the day, no matter what the circumstances, pleasant or unpleasant. Here are a few examples of the promises made by those who use the Missal. Whether one uses a Missal or not his thoughts at Mass should carry the same theme.

> "May the humble offering of my service be pleasing to Thee, O Most Holy Trinity..." (Prayer before Last Blessing)

"Therefore, we beseech Thee, O Lord, graciously to accept this offering of <u>our service...</u> Number us in the flock of Thy elect." (Prayer said when priest holds his hands over the chalice just before the consecration.)

"Make me always adhere to Thy commandments." (Communion prayer)

A Catholic offers the service of his tongue at Mass. The Sunday Catholic goes back to his companions and lets indecency flow from his lips with no concern for the impure thoughts and desires he is placing in the minds of his listeners. He is doing the devil's work with the gift of speech which he has just dedicated to God.

A Catholic offers the service of his charity at Mass -- meaning he will be charitable after Mass whenever the occasion arises. There will be no unjust criticism of companions or professors, no lying about the character of another, no telling the secret sins of a friend. This charity embraces cooperation with the roommate in keeping the room in order. The charitable man is constantly on the alert: "How

can I be of help to my neighbor at this moment?".

The Sunday Catholic hurts others, he scandalizes them. It will be a tonic for him to recall the statement made by Our Lord about the scandalizer: a stone should be tied to his neck and he should be dropped into the bottom of the sea. A Catholic who does not live up to his Faith draws others into sin. He prevents others from thinking favorably about the Catholic Church prompting them to say: "If this is the type of man your Church produces, I don't want to become a member".

The Sunday Catholic hurts himself. His hypocrisy manifests itself sconer or later in terms of dishonesty, lack of efficiency, laziness on the job, habits which will bring down the disfavor of the employer.

Are you a Sunday Catholic? If you are, you are not happy because you know you are not playing square with God. Start life anew by a good confession. Keep away from bad companions. Help others; it will give you a thrill which no sin ever produced.

PRAYERS: (deceased) two friends of Bill O'Neil (Bron); sis ter of Jim Carr (Bron); Rev. Vincent Alfes (Albion, Mich). (<u>Tll</u>) Maurice Heneault '42 (Veteran's Hosp. Castle Point, N. Y. Carleton L. Macdougald '38. Two Special Intentions.