First Friday confessions: Basement chapel after suppor, 6:00 P.M.; at night prayer; Sorin and Cav. after 7:30.

University of Notre Dame Religious Bulletin August 1, 1945 First Friday Masses: Hall chapels, Sorin, 7:20; Basement Chapel, 8:00, Benediction: 6:00 P.M.

Woman.

She raises man up to angelic heights When she treads modestly along life's way; To be with her and share her sweet delights There is no price his great love will not pay; But when she glories in her feebleness Hiding her finer gold in passion's dross And yields herself to man's profame carese She soon is conscious of her tragic loss.

She, next to God, has power to lift up man, If she but keep the starlight in her eyes; When she demands "You must!" He pleads "I can," There is no height to which he will not rise. But when she stoops from virtue's ency mound She drags his best ideals into the ground. (T.E.B. in Ave Maria)

With A Smile? Or With A Groan?

A weeping novice once came to St. Therese. No one seemed to understand this young aspirant to the sisterhood, and no one had time to spend consoling her. So she protested to her superior, "Henceforth my tears will be for God alone."

A rebuke came from the Saint. "Tears for God! that must not be. Far less to Him than to creatures ought you to show a mournful face. . . Our Divine Master comes to us in search of rest -- to forget the unceasing complaints of His friends in the world, who instead of appreciating the value of the cross, receive it far more often with groans and tears. Would you be as the mediocre souls? It is for us to console Our Lord, and not for Him to console us. His Heart is so tender that if you ory, He will dry your tears; but thereafter He will go away sad, since you did not suffer Him to repose tranquilly within you. Our Lord loves the glad of heart, the children that greet Him with a smile. When will you learn to hide your troubles from Him, or to tell Him gaily that you are happy to suffer for Him?"

Are you happy to suffer for Christ, to make reparation for your sins and those of others? The attitude you take towards First Friday will be your answer. Its a day of reparation to the Sacred Heart. The First Friday Communion is really a Communion of Reparation. You will console Christ and repair the injury done by your sins by assisting at Mass and receiving Holy Communion this coming Friday.

About Your Friends In Purgatory.

They are suffering. You can relief them. You can even release them from their pain forever by visiting the church tonight and tomorrow. An Indulgence is a remission of the temporal punishment due to sin. You can gain full remission for a Poor Soul by every visit you make to the church and saying while there the Our Father, Hail Mary, and Glory Be To The Father six times.

Have You Signed Up For Adoration?

The Blessed Sacrament will be exposed on the Main Altar of the church Friday from 12:30 to 6:00 o'clock for your Adoration. If you are unable to spend a full halfhour before the altar, spend at least a few minutes there when you are free. Great blessings come from this devotion toward the Eucharistic Heart of Christ.

HOLY COMMUNION IS DISTRIBUTED ALL MORNING IN SORIN SHAPEL (CONFESSION ALSO)