Confession: evenings, 6:30 to 7:30 Basement chapel. After 7:30, in Sorin and Cavanaugh. University of Notre Dame Religious Bulletin November 21, 1945 (Ill) - critical, father of Joe Sobek. (Wal).

### The Forgotten Virtue.

A year ago many of you were at war. Some of you were in enemy concentration camps. A large number of you were sweating it out on some Pacific island under Japanese fire. A few were in the hospital. It's all over now. Have you thanked God for your safe return? You should. Superior American forces may have conquered the enemy, a transport plane or a ship may have brought you home. But don't forget that behind all this was the helping hand of God.

War veteran or civilian, when you recall the blessings of the past year, gratitude should spring up in your heart.

Thursday will be a free day. You will be excused from classes for the day. This liberty is granted you for a purpose -- to give you ample opportunity to spend a little more time in thanking God for his blessings.

The perfect prayer of gratitude offered all the students on this campus is Holy Mass. It is perfect because it is prayer with Christ. So few people thank God for His gifts that gratitude has often been called the forgotten virtue. Let God see your appreciation Thursday at one of these places: your hall chapel (rector will announce time) Sorin hall chapel, 7:20; Basement chapel of the Church, 8:00; and at

> 9:00 A.M. Sacred Heart Church

#### A Question About Frequent Communion.

## Frequent Communion is new to me. Must I go to confession before every Communion?

The requirements for frequent and daily Communion are two: Freedom from mortal sin, and a good intention. If you are receiving Our Lord to improve yourself in some virtue and to check a particular weakness, you have a "good intention." Confession before Communion is obligatory only when one has committed a mortal sin. Venial sins can be removed by an act of sorrow or an act of love of God before Communion.

# An Observation.

The chapel in Sorin hall was crowded the other morning at the 7:20 A.M. Mass. In the congregation were representatives from nearly every group on the campus. You would have seen three professors, two football coaches, a Navy Lieutenant, a naval student, civilian students and one graduate student, clerks from the main office, a priest and a Brother.

The Mass is the greatest source of blessing you possess. Stop at Sorin for the 7:20 Mass when you rise late.

#### Prayers.

(deceased) grandmother of Phil Colella (Sorin); Melvin Egan; Winifred Healy; father of Corp. Harry Yeates, '44; grandmother of Vince Cushing; Chris Gibbons, '37, brother of Father James Gibbons, CSC, '29; aunt of Brother Cecil, CSC; brother of Sister Mateo Mateo, CSC; mother of Sister Innocenza, CSC; Thomas Lynch, friend of John Hoeck (Dil); father of Henry Dewes, '44; father of John Moran (Sorin); father of Andrew J. MacMahon, '35 (Pawtucket, R.I.). (<u>Ill</u>) mother of John Ford (Badin), serious. LEAVE PRAYER REQUESTS WITH FATHER CRADDICK (141) Sorin OR FATHER SIMONITSCH (107 Cavanaugh)