Sat. Dec. 8 is a Holy Day. Mass in your hall chapel at usual time, and 5,6,7,8,9,10:10 in Church. . .

University of Notre Dame Religious Bulletin December 5, 1945 Also 7:20 in Sorin and 8:00, Solemn Mass in Church.

A Benefactor In Need.

In Ohio there is a young girl who seldom forgets you in her prayers. She has been sick for a number of years. Many of her sufferings have been offered for you. She was recovering nicely, and now -- well, read her letter. It's your turn to help her. Make a visit at the Grotto tonight and ask Our Lady to cure her.

"Dear Father: Have you any prayers left over for this ailing beggar? Yes, here I am down in bed again, and feeling low. How hard it is to submit to God's Holy will. What's wrong with me anyhow, Father? Sometimes in praying I've got about as much devotion as a fly. I feel the saints must look upon me as a big fake.

Did so want to be up for Christmas and here is the old chest rattling, again. I'm so afraid that portends a bad x-ray and thus a rib operation. You will pray to Our Lady for me that I might escape this, won't you? I am enclosing a dollar if you would please honor her with some lighted candles at the Grotto. It is my one great desire to kneel there in person some day.

One of our soldiers boys had the good fortune to visit Lourdes and he brought some water and grass from there, especially for me. I also made a novena for the souls of all the N.D. men who died in service, to intercede for me. I pray for them daily, and all of this must make her give ear to my petition. If only I have no cavity or activity, I'll be so happy. Father, please tell her for me. After her feastday, may my report be a good one!"

How To Make A Period Of Adoration.

When Our Lady wrapped her Son, the Infant Savior, in swaddling clothes and laid Him in the manger, she spoke words of love, praise, thanksgiving and petition to her little child. That was the first period of adoration ever made. That's all adoration is -- a personal, heartfelt chat with Out Savior.

When the angels came and sang their songs over the stable that first Christmas night, their carolling was adoration. When the shepherds came and looked at the Little One and wondered and offered to help Mary and Joseph, that was adoration. The three Kings knelt before the crib and spoke to the Infant King of Kings. Their words were adoration, and they must have spoken about God's goodness to them and to their nations, and about the needs of the poor and of sinners.

All you need for adoration is <u>Faith</u> to see that Christ is on the altar, truly present, but veiled from the human eye by the appearances of a piece of white bread. All you need is a <u>heart</u> that loves and that is humble enough to tell its God and Savior about its necessities.

Our Lord will be expecting a half-hour visit from you sometime First Friday. You should wear the cassock and surplice and kneel in the sanctuary. But you are not obliged to do this if you sign for a period. The prayerbooks in the kneelers will help you warm up to prayer.

FIRST FRIDAY ADORATION: IN CHURCH FROM 8 AM to 7 PM. At 7 PM Benediction for all. SERVICEMEN *** Holy Day Mass for you Sat., 6:15 A.M. in Lyons and Howard Chapels.