If you want to sanctify University of Notre Dame your exams and pray in Religious Bulletin the most powerful way, February 22, 1946 assist at Mass. N.Y. CENTRAL HAVEAGOOD BUT DONT FORGET? (Lent) Seven days after you arrive home Ash Wednesday will 1. turn up. Vacation time or not, you must practice penance for sin. If you have sinned by intemperance, then give up all intoxicants for Lent. If you have sinned by impurity in speech, then mortify your tongue by giving up candy oremokes (at least in part, like after supper). A daily rosary will make up for your impurity. There is no reason why you can't attend Mass daily, even when home. Don't excuse yourself saying, "It's vacation time." It's not vacation time for yourfolks

and they will assist at weekday Mass. If you find it hard to warm up to the idea of penance, take a look at Christ on the cross. You put him there by your sins.

2. (Good Example) While home you are going to be present at a pre-lenten dance or two. You will meet old pals, and a few new girls. So make this resolution now: "I am going to influence everyone I meet for the good. Your acquaintances are going to be better or worse because of meeting you. If you do the right thing, they will be decent, charitable and zealous. Good example pays dividends on earth as well as in Heaven. A bad conscience is no picnic.

3. (Confession) Your examinations will be a flop (even the' you pass) and so will your vacation, if you are in mortal sin. God cannot reward His enemies, nor shower blessings on them. Leave your sins in the confessional tonight.

SPECIAL BLESSING... and departing service-students. Stop at The Office of the Prefect of Religion any morning or evening, after 7:30 P.M. The blessing will draw down God's protection on your future.

PRAYERS: (deceased) aunt of Father Kenna, CSC; uncle of Margaret Finneran; Miså Margaret Kane, aunt of Mrs. Tom Byrne, '28; friend of Bill Siebert (Sor); grandfather of Charles Trotter (B-P); Kirby Healy, brother of Father James Healy, CSC; niece of Very Rev. Albert Cousineau, CSC; sister of Brother Robert, CSC. (Ill) Mrs P.J. Finneran. Three Special Intentions. One Thanksgiving.