

University of Notre Dame Religious Bulletin November 3, 1947

Plenary Indulgence Today

You can gain a plenary indulgence for a Poor Soul every time you visit Sacred Heart church or any hall chapel today, provided you say the Our Father, Hail Mary and Glory Be To The Father six times for the intentions of the Pope.

These indulgences can be gained until midnight. Plan to spend nearly an hour visiting the church or chapel, not at one time, but during free periods throughout the day. A visit is concluded by merely stepping outside the church or chapel. You may return immediately and begin another visit.

Your charity will get a severe test this month. Are you going to assist at Mass <u>daily</u> for your deceased relatives and friends?

How Holy Communion Helps The Poor Souls.

The souls in Purgatory are called "poor", because they have no means of earning spiritual cash, other than by suffering, with which to pay their debt of temporal punishment for sin. We, the friends of the Poor Souls, are able to shorten their time of suffering in many ways: by Mass, Holy Communion, prayer and sacrifices. Here is an explanation of how our reception of Holy Communion will bring relief to the departed souls.

- 1. When Christ comes in Holy Communion He gives each communicant a store of satisfactory merit which can be applied to ones debt of sin. This is Christ's gift to the communicant; who may transfer this merit to the account of some Pour Soul. The more fervent the reception of Holy Communion, the more satisfactory merit does Christ give; therefore, fervent Communions are more profitable for the Poor Souls, if the communicant plans to transfer his merit. (No one can give away the special grace which makes one more charitable, more pure, more patient, etc.)
- 2. Every Catholic grows up with the truly Christian idea that a good action has all the petitionary power of prayer. Thus Catholics "offer up" their sufferings and their daily labor for some particular intention, which can be temporal or spiritual. A student can play basketball as a prayer of petition for success in an examination, or for the recovery of a sick person. Since receiving Holy Communion is a good act, It too can be offered up for any intention. This month one should offer his good works for the Poor Souls.

An Irishman's Idea of Dying

Think of stepping on a shore and finding it heaven.
Think of grasping a hand and finding it God's.
Think of breathing new air and finding it celestial.
Think of feeling invigorated and finding it immortality.
Think of passing from storm and tempest to an unknown calm.
Think of waking, and finding you are home.

PRAYERS: (deceased) mother of John'27 and Art 31' McManmon. Two Special Intentions. (III) Tom and Jack Dacey, uncles of Bill Dacey (Morr)