

No Adoration  
Saturday morning,  
nor Monday.

Univerwity of Notre Dame  
Religious Bulletin  
February 20, 1948

Note for Monday:  
Masses in Dillon and  
Cavanaugh at 7:20.

### How To Say The Rosary.

The Rosary is story-telling time accompanied by prayer. Mary, the Blessed Mother of God, is the story-teller. We are the listeners. In every Rosary Mary tells us five different stories. Each one of these deals with an important event that once took place in her life and in the life of her Divine Son.

We begin the Rosary by touching the crucifix, and saying while fingering it the first rosary-prayer, the "I believe in God." This prayer is sort of a short preview of what is to follow. It brings to mind some of the principal actors and scenes Our Blessed Lady will describe during the course of the Rosary. "The Father Almighty. . . Jesus Christ, His Son . . . Mary . . . Pontius Pilate . . . crucified . . . died . . . rose again. . . ascended into Heaven."

The second rosary-prayer is then said -- the Our Father. Here we are to remember that it was Our Heavenly Father and His Goodness towards us that gave us Jesus and Mary and Redemption. Three Hail Marys follow the Our Father. During these prayers we pray for Faith, Hope and Charity, the virtues that must be practiced in understanding and profiting from the rosary.

Next comes the last prayer of this introductory section of the rosary which prepares us for the entrance of Mary on the stage. This prayer, the Glory Be To The Father, is always a closing prayer. It is an act of praise we give to the Three Persons in God for their part in the events the Mother of God describes.

Now Mary enters. We first announce to ourselves the scene we are about to consider; or the leader of a group does that for us. We should immediately try to imagine the scene as Mary saw it, and we have every reason to believe that Christ in some supernatural way allowed His mother to see Him go through all his sufferings, even though she was not physically present. While looking at the scene, we say one Our Father, ten Hail Marys and one Glory Be To The Father. Of course some scene can carry us away, and we may forget Mary and the prayers we are saying. We are not to worry about this; the Rosary is still an act of devotion to Mary, because we are reflecting on the things which make us love and serve her Son better. Occasionally our attention will be drawn to some phrase of the Hail Mary we are saying and we will want to weave this into our reflection, like "Pray for us sinners," when we see how much Christ suffered for our sins in the Agony in the Garden.

Beginners at the work of meditation or reflection on the Mysteries (events) of the Rosary should know my memory definite virtues to be looked for in each scene; for instance humility in the Annunciation scene and patience in the Scourging scene. (In the Rosary section of the Notre Prayerbook, p. 31, you have such a list).

The Rosary of five decades said in this fashion will not take long to complete, maybe twelve minutes. Thinking about the life of Christ and His Blessed Mother is bound to bring joy and refreshment to ones heart. And since meditation is prayer just as much as vocal prayer, there will be an increase in virtue and in blessings of every sort.

"With desolation is the world made desolate, because no man thinketh in his heart." The rosary is prayerful thinking. Carry the rosary beads with you. By fingering them you tune in on Mary and the greatest stories ever told.

PRAYERS: (deceased) mother of Bernard Hennessey, '34; cousin of Bill Dwyer (Dil.) (Ill) Brother Aidan, CSC, critical; Father McKeon, CSC. Three Special Intentions.