University of Notre Dame Religious Bulletin April 8, 1948

Training to Chastity

"The rash of articles on sex breaking out in public print indicates it has struck sex o'clock in America. The February Cosmopolitan, for instance, featured a "study" on "How shall we tell out young people the truth about sex?" And the daily press on February 21 published a Gallup poll summary showing that a widely heralded book of recent date which details a survey on human sex behavior "has won wide approval from the American public." Both articles, as well as the book, indicate not only how much printer's ink is being spilled over sex but also how deeply the public in becoming immersed in it and stained with it. Too, both articles trace prevelant sex aberrations to ignorance of the physical side of sex, and harp on the "need" of public education on the subject.

"That there is grave need of counteracting the growing tendency to sexual laxity is, of course, unquestionable. Our young people must be protected against these dangers. But neither public articles on sex nor the method they propose--public sex education--can ever help. They are not only futile; they are actually dangerous. Such articles as well as the antidote they prescribe--mass sex education on physiological and biological lines--not only fail to lessen sex delinquency but often actually incite to such indulgence.

"Sex instruction itself we do not decry. Ignorance is not synonymous with innocence. But the experience of centuries proves that such information can best be imparted not to groups but to individuals according to their own problems. Each individual needs the same attention required by a patient who consults a physician about a physical infirmity. And such attention must be given not by the school or press but by the parents, the directors of souls, and those whom these s lect for that purpose.

"In contrast to the superficial methods of sex education is the age-old and most effective method of combating impurity: Prayer for God's help, the worthy reception of the sacraments, the avoidance of the of the occasions which lead to impurity, plus an all-round education. Such an education means not merely informing of the intellect but training of the will. Such will training, strengthening character as it does and forming habits that will enable one to adopt a right attitude towards sex, every person needs. Mere sexual knowledge, as advocated in the Cosmopolitan article and by the majority interviewed in the Gallup poll, not only does not give such training but may actually be highly injurious. Often it destroys shame, arouses fresh curiosity, coarsens character, and leaves in the human heart a longing for that very lust which the advocates of such education propose to eradicate." (Catholic Telegraph Kegister)

Vocation Tips.

A chat or two with a priest usually clears up ordinary vocation problems. Students who think God is calling them to the higher life should seek counsel soon. They should face the situation and get their minds settled.

PFATEFS: (doceased) May Hartnett, aunt of Frank Hartnett (Dil); mother of Father Victor Dean, CSC; father of Cal Murray (Sor). Three Special Intentions.

JUNIOF PROMERS: You and your guests are invited to use the Dillon Hall facilities Saturday morning: Mass at 7:20, and Holy Communion until noon.

ESAY A PRAYER NOW FOR VOCATIONS