

University of Notre Dame Religious Bulletin September 30, 1948 Tomorrow: First Friday Rosary at 5 in Church. Pray for 5 Spec. Ints.

## What To Do At Adoration.

You will be blessed immensely, if you spend a half-hour each week before Christ in the Blessed Sacrament.

Divide up the thirty minutes into three or four parts. Give a little time to acts of gratitude, to reparation, to petition, and then recite your resary.

To help you get warmed up to your prayers, use one of the prayerbooks placed in the pew.

Another aid to your devotion will be the cassock and surplice. Wear them. They will give you the sense of being a special adorer before the Throne of God. You will find these vestments in the room next to the sacristy.

## The Message of Fatima

Our Blessed Mother appeared a number of times to three little children at Fatima, Portugal, in 1917. Those apparitions were not meant for those children alone. They were meant for everyone, for you. At Fatima Our Lady pleaded for us to do something now. Here is the program she gives you, and everyone.

Amend your life. "Men must not offend Our Lord any more, for He is already much offended. They must amend their lives, ask forgiveness of their sins." If you are living in mortal sin, go to confession tonight and begin anew.

Save sinners from Hell by sacrifice. "Pray, pray very much, make sacrifices for sinners. Remember that many souls are lost because there is nobody to pray and to make sacrifices for them." "Sacrifice yourself for sinners, and say often, especially when you make sacrifices, 'Oh Jesus, it is for love of You, for the conversion of sinners, and in reparation for the offences committed against the Immaculate Heart of Mary.'"

Prevent war and convert Fussia. "To forestall this (war) I shall come to ask the consecration of Russia to my Immaculate Heart and the Communion or Reparation on the First Saturdays. If they heed my request Russia will be converted, and there will be peace. If not, she shall spread her errors throughout the world, promoting wars and persecutions of the Church, the good will be martyred, the Holy Father will have much to suffer, various nations will be annihilated..."

Consecrate yourself to the Immaculate Heart of Mary. "Jesus wants to use you to make me known and loved. He wants to establish the devotion to my Immaculate Heart in the world. I promise salvation to those who embrace it, and their souls will be loved by God as flowers placed by myself to adorn His throne."

"Recite the Mosary every day." (There are rosary beads in Dillon Pamphlet Pack.)