### University of Notre Dame Religious Bulletin May 16, 1949

## How to Avoid "Bad Thoughts."

No Snooping. Curiosity has led more souls into mortal sin than you can imagine. You are no exception, so beward! If you go thumbing through magazines, lingering over sexy pictures, it is inevitable that your mind will be filled with images, as you read, and later.

Turn Quickly. Even approved national magazines have their immodest sections and advertisements. One must learn to turn to another page when his eye comes upon such objectionable sections - and quick! Failure to take flight by flipping over the page is sure death. There is no obligation for anyone to read every page of a magazine. If there is much flipping to be done, then the magazines ought to be considered as a real darger and thrown away.

Admit Weakness. Some men are dumb. Every month they sin by locking at the contents of the same magazine--and yet they keep buying it. Continued dumbness of this sort ends in Hell.

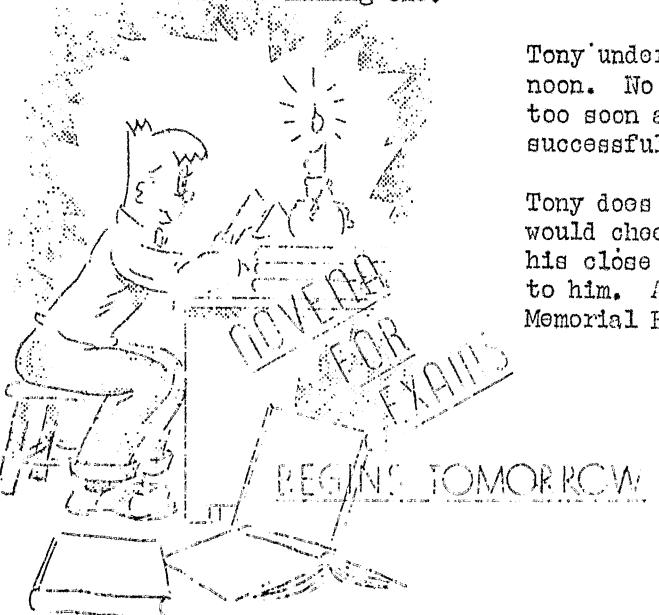
Be Deaf, that is, block your ears at times. An impure story makes images run through the mind. Always try to avoid impure stories that onter your hearing.

Love Furity. Life is not sex. Sex is only a part of life. Until one has put sex in its proper place in his life, he has not begun to live. Those who love purity do all in their power to keep from offending God by even the slightest venial sin.

Receive Holy Communion. Holy Communion is Christ. When he enters your body, He goes to work in developing all the virtues in you, including purity.

#### General Confession.

Seniors who are anxious to make a General Confession before they leave the campus ought to prepare for it now. This is not a confession to be made in a hurry. Its success depends on proper preparation. A later issue of the <u>Religious Bulletin</u> will give detailed information about the General Confession. No one is obliged to make a General Confession of Devotion, and those who fear scruples will arise from it, are not to think of making one.



¥

## Tony Fay.

Tony underwont a brain operation last Saturday noon. No blood clot was found, and it is still too soon after the operation to tell how successful it was. He is still in danger.

Tony does have moments of recognition. It would cheer him to receive letters from some of his close friends. His mother will read them to him. Address your correspondence to Wesley Memorial Hospital, Chicago Illinois.

# High Mass For Scucuss.

You are invited to assist at the High Mass opening the Novena for Examinations, Tuesday, 6:45 A.M. in the Lady Chapel in the Church.