

Tony Ray is still in
critical condition.
Pray for him at Mass.

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To pass your exams:
get rid of sin, study,
and pray.

How To Make A General Confession.
(Of special value to graduating Seniors)

What is a General Confession? It is a get-together with yourself and God, and then with a priest, to mention past sins, past or present obstacles to advancement in virtue, and problems that require the judgment and advice of a priest -- all this for the purpose of burying the past forever and of preparing one's self for a more perfect service of God in the future.

Subject Matter for the Confession: One's principal sins and problems; not all past sins and all details, is the object of the Confession. Past sin, bad habits, unsettled worries, unsolved doubts are material for the General Confession. The Confession can cover one's entire life, or a period, or phase of it, for example: the past year, college days.

How to Go About It: Serious Reflection is of the essence of this Confession. So plan to give two or three days to turning things over in your mind and heart. Carry the remembrance of the General Confession quietly and without effort for forty-eight hours or so. You will be surprised at the picture of yourself this easy reflection will give you.

This recollection will cause two or three big things to bubble to the top; these are the items you will want to bring to the priest. They may be past sins which continue to disturb you, a fear over a bad habit, or a question of how to act in the future. Make no effort to arrive at numbers in reference to sin; a general survey suffices, for example: "A habit of two years." "About once a week." "About twice in my life." The General Confession is not to be an ordeal. If it will upset one's peace of heart or cause scruples, it should not be made. There will be no lasting profit from a preparation of a few moments.

Prayer is also of the essence of the General Confession. This Confession will be a failure if one gets a good picture of his sinful past and then makes no acts of sorrow, no workable resolutions and no firm determination to avoid future o-

ccasions of sin. It is fitting that this prayer be made in the presence of Christ in the chapel. **MAKE THE CONFESSION WHEN THE PRIEST IS NOT RUSHED.** Make a special appointment with your confessor, or use the evening facilities of the Prefects of Religion. Now, before the examinations, is the time to make the General Confession.

The General Confession is recommended to anyone who wants to get a new start in life, (the sinner, the worried person) or a good start in a new state of life. (marriage, business or professional life).

PRAYERS: (ILL) friend of Tom Walsh (D11); Mrs. Rose Murphy. Ten Special Intentions. One Thanksgiving.

