

Jack Miles, '47, polio victim University of Notre Dame
in the iron lung for over 8 Religious Bulletin
weeks needs prayers--rosaries. November 14, 1949

Kindly remember him tomorrow
when you pray yours. Jack is
getting weaker.

Report To Student Body.

Views on chapel manners: there's been a noticeable trend upward in assistance at Mass and reception of Holy Communion.....But there are a few old cronies with "aching backs" yet to be corralled....When receiving Communion outside Mass, some hasty Joes should pay more devout attention to preparation and thanksgiving. Saturday morning two recipients were asked to prolong their thanksgiving. They had skipped out within three minutes after receiving. Such haste is uncalled for, not to say disrespectful. Graces derived from Communion are in direct proportion to your dispositions. Haste is not commendable, unless there be an extraordinary reason for it.

Furthermore, when the priest goes up to the altar to distribute Communion, begin the Confiteor yourself. When he blesses you, make the sign of the cross. After the Blessed Sacrament has been put away, remain kneeling until the priest blesses you again, and again make the sign of the cross. It is disconcerting to bless your retreating back or the women at the 8th Station on their way to Jerusalem.

Posture: If you are going to kneel, then kneel. If you are going to sit, sit down. Don't combine the two until you are past sixty....During the consecration--the most solemn part of the Mass--be extraordinarily quiet. If standing in back of the church or chapel, kneel on both knees. Don't enter the confessional, or leave it either, during the consecration. Just be nice and quiet....Pay attention to what's going on--the substance of the bread and wine is being changed into the substance of Christ's Body and Blood....Christ becomes present on the altar just as much as you become present when entering the chapel...If several Masses are going on at the same time, unite your intention to each act of sacrifice and receive graces coming from each.

Confessionals--don't stand too close to them. It may be difficult for a penitent to be free and easy when he knows some unconscious cluck is within ear-shot.

Colds are contagious and easily spread in crowded places. Coughing and sneezing without a handkerchief is not only poor manners but poor hygiene as well....Get plenty of fresh air. Strong whiffs bring peripheral vasodilatation and reestablishes circulations in over-heated cutaneous and mucosal surfaces....Is it fear of catching cold that makes ochlophobic senior blockheads not yet chapel-wise?.....Among the freshmen there are not a few chips off the old blocks.

Liturgy Club -- Preview

On Saturday morning, November 19, the Ruthenian Benedictines of St. Procopius Abbey (Lisle, Illinois) will celebrate the Divine Liturgy of St. John Chrysostom in Sacred Heart Church on the campus. In the Oriental Churches the word "Liturgy" corresponds to our "Mass".

These monks celebrate their Liturgy, or Mass, according to the Byzantine Rite, the most widespread of the Oriental Rites. It is longer and much more elaborate than our Latin rite. Although the Byzantine rite is celebrated for the most part in Greek, five vernacular languages are used--the Ruthenian monks use their own "Old Slavonic".

All who attend the Mass will be privileged to receive Holy Communion under two species -- the Body and Blood of Christ under the appearances of both bread and wine. Important: you will be asked to sign up ahead of time if you want to receive Communion because the monks must know how many particles of leavened (unleavened in the Latin rite) bread are to be prepared.....The Mass will be explained during the services from the pulpit.It will begin at 5:45 a.m. and will last until 7 or 7:30.